the emerging field of human BioAcoustics in support of SELF-HEALTH.

# Sound Health KeyNotes for February 2023

## By Sharry Edwards, M.Ed.

#### **BioAcoustically Speaking**

SoundHealthOptions.com

#### **Almost Everything is Something Else**

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## Ancient Mysteries of the Voice By Sharry Edwards, M.Ed.

A few years back I was unceremoniously dumped as a speaker at an international sound healing conference. The justification offered was that I had no musical talent and therefore would not be an informative nor entertaining speaker.

It is likely that I have one of the most unusual "musical" talents on the planet and that my "no talent" abilities will certainly change human history. I can actively hear tones and music emanating from people and I can duplicate the tones as pure tones; something reportedly

impossible for the human voice. I hear these sounds not from people's voices but from their ears. Providing people their own Signature Sounds via ambient or mechanical means seems to provide an innate, individual restorative agenda for each person.

This unusual talent has led to the uncovering of information about human physiology that may make our future survival more feasible. It is the stuff of *Star Trek* medicine, but it is available now.

Even though I was jolted by being disinvited, I refused to be put off. From my own past experiences, I knew that the tones I heard and sang to my daughter saved her life, helped relieve pain, assisted in reconstituting human tissue, restored nerve function, influenced emotions, and helped people recover and walk again. These events show that there is so much more to these Signature Sounds than entertainment.

If examined using an oscilloscope, the vibrations of the sounds I sing create pictures. Research at the Institute of BioAcoustic Biology & Sound Health have shown that individual tones can be diagnostically supportive, have long-term health implications, show that frequency can create form but more importantly these innate mechanisms need to be understood in order to elevate our knowledge of the planet and our existence. Already many large companies are filing patents based on vocal analysis.

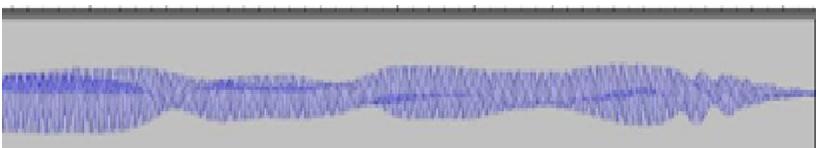
Below is a sound picture of a tone I created for a comatose woman who had an undiagnosed spinal bleed. The adage that our voice and thoughts can create reality is shown true here. Is that a useful talent?

that this is an ancient, forgotten talent being brought back into fruition.

Johns Hopkins University has confirmed that the ear emits a sound called an otoacoustic emission. My ears have been tested in university and military labs; indeed, I'm hearing the otoacoustic emissions that are consistently being emitted by living systems. Not only can I hear the sounds, but I can also duplicate the sounds accurately to two decimal points.

With training, people can hear their own otoacoustic emissions. Would being able to hear and interpret your own sounds, that would facilitate complete wellness, be useful?

From the studies that have attempted to interpret individual otoacoustic emissions in support of optimal health, it has been determined that the sounds from the ears are mimicked by the voice and from measurements of its frequencies, frequency-based solutions can be created and quantified. Does this mean that mathematical, frequency-based tones could be used for healing?



I had never heard of anyone else hearing music coming from the side of a person's head. Is this an ancient talent that humans lost or is it a future talent just now being embraced? Sylvia Franke, author of *The Tree of Life and the Holy Grail* states that Sharry Edwards, MEd is a "modern keeper of the Holy Grail information" so we can suppose Dorinne Davis, MA, CCC-A, FAAA, author of *Sound Bodies through Sound Therapy*, works with helping children regain speech.

She is involved with Alfred Tomatis' method of evaluating otoacoustic emissions to assist in regaining brain function and language. Her studies have proven that 100% of the time, the voice emulates the tones being emitted by the ear.

The science of Cymatics postulates, and can prove, that frequency vibrations can animate small particles into geometric shapes. My ears can "hear" the shape of a room and based on the dimensions can identify the architecture. If I "sing" the exact harmonics of a space, an echo is created. Many ancient enclosures are considered to be healing. How much did the ancients know about what we are do we just not remember?

The knowledge that the tones I created, as musical notes, could make people physically weak or

strong set me on a quest that led to Susan Alexjander who set human DNA to musical notes (see her Sequencia album) and James Gimzewski, a UCLA Professor who has proven that living cells create sound.

Alexjander's group created haunting music based on the frequencies of DNA and Gimzewski stated that if we could figure out the cellular sounds of humans it would change the face of medicine allowing us to "fix" ourselves using different frequency formats. Humans throughout recorded history used frequency as music to heal and soothe!

People with similar<br/>trauma, illnesses,<br/>syndromes,<br/>psychologies, diseases,<br/>toxins... have similar, if<br/>not identical, vocal<br/>anomalies.

According to the Word of God and the mandates of Science everything is frequency; and frequency is everything.

Science shares this thought by stating that the most

common denominator of all structure, the atom, is energy; a form of frequency.

An expression attributed to God states that "in the beginning was the word" and since sound is also frequency, God joins science in the observation that at its' foundation, frequency is the basis of our universe.



When you consider that our DNA frequencies can be transformed into musical representations, it supports the idea that we created music in our own mathematical image.

It turns out that the sounds I hear create a sound matrix for each individual. These frequency patterns are hiding in the voice. Could the music of our own voice be used to identify the math matrix required for each person to become whole?

But there is more. How long has this information been around, unnoticed? The journal, *Nature Neuroscience*, devoted a special issue to the topic.

In an article in the August 6, 2023 issue of the *Journal of Neuroscience*, David Schwartz, Catherine Howe, and Dale Purves of Duke University argued that the sounds of music and the sounds of language are intricately connected.

It is possible, that we could be living systems managed by innate frequencies measured as music, aroma, vibration, color, brain waves, language... Could we be self-contained, completely "manageable" through our individual frequency/energy-based Signatures?

Vocal analysis comparisons at the Institute of BioAcoustic Biology & Sound Health have shown

that humans have an innate system of body frequencies that can be managed using ambient tones or by a simple remote control that is completely programmable. Would that make us very sophisticated carbon-based robots?

This leads to the unique protocols of Vocal Profiling for evaluation and frequency-based outcomes for anomalous emotional as well as physiological issues that need to be revealed and resolved.

Music, as frequency formulations, create seemingly magical results that defy conventional medicine. Frequency is the basis of our universe. We measure it, study it, quantify it and use it to understand ourselves, our environment, our biochemistry and our behaviors. But what if there was more to our origins? What if Frequency (the measurement of Vibration), the basis of everything, is more than synthetic equations? What if math is organic? If so, could we be considered math-based life forms?

It is well known that Music, or simply instrumental tones, have the ability to influence our emotions, mood and healing potential. At its core, Music is math-based. Therefore – the concepts of math can be healing. Brian Butterworth, Cognitive Neuroscientist at the University College of London, argues that humans, even as babies, are hardwired for math.

Do vocal frequencies contain the intrinsic codes of math as medicine for each individual? Was it once, an individual common Octave of music that could be used to create, to cure – everything? How useful is it that we have become individually unique? Is there a math magic of our existence? Were we vibrated into existence? Math is consistent and dependable. Is it advantageous to humankind that everyone is individual or would anyone benefit from us all being the same, therefore more readily manageable? Is recombinant DNA distribution the only difference between any of us?

Our brain communicates using the language of math expressed as frequency. As these signals reach the brain, the biofrequencies are sorted, routed, and assigned an interpretation and responsibility. Our Brain and our Biology are hardwired to respond to these basic principles of math. (Esoterically this might explain the fascination with numerology and astrology.) Can precise music, the right set of frequency formulations provide each of us dominion over our own existence? Does our voice contain the secrets for optimal form and function?

The talent of creating music seemed magical to me, but it turned out to far more than I ever imagined. From ancient knowledge to our future destiny, it seems that we have not even begun to exhaust the potential of sound, frequencies, math, and music.

Studies have substantiated that the human voice reveals that people who share similar traumas, stresses, diseases, toxicities...share similar, if not identical, vocal anomalies in their speaking language as well as any music they create. The data brings together ancient knowledge with modern ideas of harmonics and frequency relationship theories to show that math can be used as a form of predictive, diagnostic, and curative foundation for wellness.

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Through entrainment of the frequency grids of the brain, the body can be programmed to support its own innate perfection. The essential element is accurately identifying the appropriate/significant frequencies associated with each individual.

Imagine a future in which our individual vocal frequency is our identification; where the use of frequency-based biomarkers contained within our voice can be used to keep us healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions, but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

## Math as Medicine: Using frequency domain to predict, enrich and promote optimal health

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice.

Studies conducted by the non-profit Institute of BioAcoustic Biology, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool; math, as frequency, can be the solution to therapeutic predictability and resolution.

Just as there are Pathways of compounds called Chemistry; there are "Mathways" of subtractive frequencies called Sonistry that can be used to create numeric biomarkers capable, individually and collectively, of being predictive, diagnostic and prescriptive. To date there is no universally accepted modality that has the potential to assist in our survival of biological, radioactive, and pandemic threats; rid us of vaccination damage/residue and support our dwindling immune responses. In many instances, by the time the cause has been identified, it is too late to provide remediation. Frequency-based medicine has the ability to provide a prompt and direct correction.

Travel to outer space can be overcome with mobile frequency-based solutions that have shown efficacy to overcome bone loss and muscle atrophy. BioAcoustic Biology has been shown to be able to predict reactions to medications, chemicals, and allergens. Muscles traumatized from stroke and/or muscle signaling disorders have recovered. Documentation confirms that these changes can sometimes occur within a few minutes as muscles gain strength and mobility.

Parkinson's has become a diverse diagnosis covering a variety of situations and possibilities. Using BioAcoustic Biology, Biomarkers gleaned from groups of persons identified as suffering from Parkinson's have shown that the cell signaling issues are actually from a multiplicity of causes; allergens, inability to process certain amino acids, iron errors, genetic factors, tetanus pollutants, DES residues, radioactive isotopes, vitamin deficiencies, closed receptors...the list seems endless.

BioAcoustic Biology is an area of scientific endeavor that is in the process of becoming scientifically established. Visionary leaders will see this novel idea as a prophecy for a new medicine which can provide conclusions based on observation and information. Those who wish to support the status quo will see this paradigm as a threat but will find it hard to argue with the consistent and efficacious outcomes that continue to accrue. This protocol remains in a research mode as of the date of this article.



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## UNIVERSAL FREQUENCIES FOR FEBRUARY 2023

#### Note: A#; Color association: Violet; Astrology association: Aquarius

Muscles of the arm, wrist and hand take a beating in February along with eyelid and toe muscle stress that lingers the entire month. This would be a bad month to take up golf.

JAN 29 – FEB 4: Keratin, the stuff that makes up your hair and nails is in stress this week. You may notice a bit of thinning or splitting.

Muscles in stress this week: Masseter (jaw), Elbow, pectorals (chest) and toes; especially the great toe.

Nutrients/biochemicals in stress: Quercetin, Vit D deficiency, B12, bioflavonoids, melatonin (for going to sleep), Vitamin A (hair), Myosin VII (associated with hearing loss) may be noticeable this week.

Might be a good month to start a muscle detox since Nitric Oxide (beet related) is active for the next few weeks and may help clear out body trash.

**FEB 5 – 11:** Pneumonia and cataract frequencies are activated this week. Immunoglobulins in stress this week will emerge as allergens about 4 hours after exposure.

**FEB 12-18:** Herpes frequencies are active for the next few weeks. Nutrients: frequencies for threonine – an essential amino acid, calcium

pantothenate, and several cell salts are stressed this week. Medication: albuterol (breathing support) – watch for erratic reactions.

**FEB 19-25:** Big week for flu reactions, liver may be acting up – there are several herbs on the market to help clear liver toxins. Nitric Oxide continues to help relax the vascular system and carry out waste. Cysteine helps clear the body of mucous and comes active this week.

Arm muscles, especially forearm and triceps continue to stress along with the lumbricals of the foot. Jaw muscles continue to stress. Lymes' reactions rise this week. Nutrients in stress: Silica, sodium, copper, molybdenum, cysteine, and magnesium sulfate.

**FEB 26-MAR 4:** Calcium available to the heart begins to stress now along with several metabolism biochemicals.



Important note regarding cysteine which active this month: Research showing it and bromelain used together can counteract Spike proteins: Viruses 2021,13(3), 425; https//doi.org/10.3390/v13030425

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We aspire to provide inspiration without judgment, knowledge without prejudice. It is our hope that all who enter here share in the joys of discovery. For even one closed mind is a liability to all mankind.

Sharry Edwards, 1988

Sharry Edwards, M.Ed. is the acknowledged pioneer of BioAcoustic Vocal profiling. <u>To comment or ask a question click here.</u>

