

Keynote Mar 2025
Astrological association: Pisces
Musical note: B
Color Association: blue violet

Body Connections
The Body Matrix/Array
BioAcoustic Strategies for Better Health

This article is meant to be the fourth article in a BioAcoustic Series incorporating the idea that potential weight management issues can be revealed using frequency-based vocal analysis.

BioAcoustically Speaking almost everything is something else: meaning that one frequency may have many correlations. Iridology; hair, pulse & blood analysis are all seen as ways the body can provide information about itself. Body systems are redundant and interconnected and have many ways to reveal intrinsic secrets. This article will propose the idea that weight management issues can be diagnosed visually using a map of where fat tissue tends to gather on the body.

The map within this article depicts muscle frequencies as they relate to weight management. By examining the location of fat molecules of the body, can the explanation for excess fat tissue be identified? Being overweight is a massive problem in the US with nearly 60 percent of the population; and without a reasonable explanation of what is going on. For Example – actual case study:

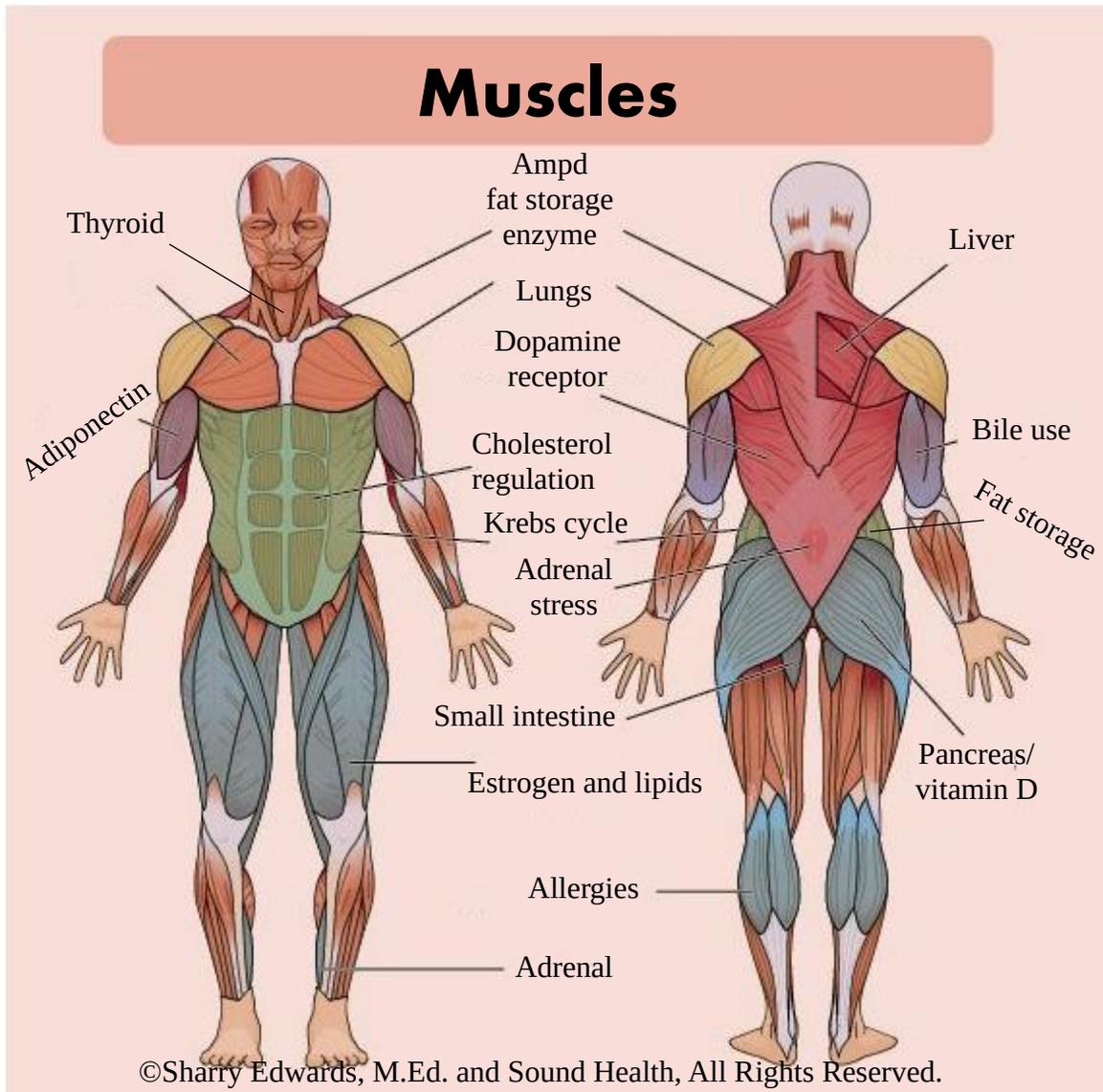
Rachel, a 66-year-old female with uncontrolled diabetes, high bad cholesterol, and high blood pressure had been subjected to continued scolding, lectures and new medications each time she visited her conventional medical provider. When her vocal print was evaluated using our online weight management template, her vocal analysis revealed the root cause to be inadequate lipid management.

Further questioning revealed that her gallbladder has been removed over 30 years ago without any instruction as to what would happen without bile salts to help break down fats. She continued to have gallbladder pain symptoms but modified her diet to avoid gastric issues.

The underlying cause was an inability to process lipids – fats; a concept not readily addressed by conventional medicine but vocal analysis quickly ascertained that the issues were a lack of adiponectin and leptin. Adiponectin is the same frequency as the

bicep muscle located underneath the upper arm. This “bat wing” image is often associated with a physical manifestation of diabetes.

[Adiponectin - Adiponectin is a protein hormone and adipokine, which is involved in regulating glucose levels and fatty acid breakdown. In humans, it is encoded by the ADIPOQ gene and is produced primarily in adipose tissue, but also in muscle and even in the brain.]



Rachel revealed that she was very concerned with the hanging fat bags below her upper arms. The map of fat storage biochemical and muscle correlations was accurate in depicting the biochemicals associated with her weight issues. Additionally several bile salts – they break down fat for digestion - were involved. Adiponectin and Leptin were added to her supplement regime. The frequencies of both compounds were provided to her via an analog tonebox which entrains brain frequencies for use by the body. She has

reported more energy, better sleep and feeling stronger and more flexible since starting this innovative protocol.

When incoming food stuff comes into the body, your metabolism has two choices. Use the energy or store it. The lack of adiponectin causes the body to store incoming calories; resulting in fat deposits.

Case study #2 – Peggy needed help to find the root cause of her allergies and chronic rhinitis – a stuffed up, drippy nose. She had never found a health provider who could provide a solution that would eliminate her symptoms. Her vocal print revealed a leaky gut, inflammation and a fatty liver causing hormonal and metabolic symptoms. The offending allergens were caused by her leaky gut but her gut issues were causing additional issues.

[A leaky gut indicates that the lining of the gut wall allows bowel contents to leak into the abdominal cavity causing an inflammatory response.]

Peggy was also experiencing unrelenting fatigue and blood sugar challenges plus her thyroid showed stress. Her vocal analysis revealed a fatty liver from cholesterol issues which turned out, BioAcoustically, to be genetic. This in turn was causing liver related hormonal issues. She had been on Statins for a while but they made her so ill that she stopped taking them. She reported that her weight continued to climb especially in her midsection.

Peggy reported so many seemingly unrelated issues that her health care provider did not take her seriously.

Vocal analysis revealed issues with her body's energy cycle (Krebs). She was not using the incoming resources that allowed her body to convert foods into fuel. Krebs Cycle support can be obtained from a local nutrient outlet or online.

The frequencies of the oblique muscle near the waist are the same as biochemical frequencies that deal with thyroid and adrenal issues. Calcium usage can be in stress when a spare tire begins to accumulate around your middle.

The mid section of the body was accumulating fat as a part of the protection system for the body. When a toxin enters the system, the body wants to eliminate the culprit or if that is not possible at the time, the body will encase the toxin in a cocoon of fat and put it away to deal with later. A belly full of fat is indicative of a body full of toxins. Check online about how to detox before starting a diet to avoid any toxicity issues.

Other maps that will be involved in this series include frequencies associated with fat stabilizing Hormones, Peptides, bile salts, biochemicals, toxins and behaviors. BioAcoustically Speaking it is not just one frequency involved in using sounds as body support but the combinations of frequencies that can cause change.

Breaking the code of obesity – down to the root cause - seems to still be a mystery for conventional medicine.

Learning these combinations is what we teach and share with the public – when adiponectin and leptin are combined, they influence the gracilis muscle so that as you walk, one foot is pointing to the side rather than straight forward.

Other concept of muscle and fat tissue placement that have been borne out using vocal analysis: AMPK, lymph issues, pancreas, gallbladder, ghrelin, insulin resistance, glymph system...

We invite everyone to check out a personalized Weight Management assessment at SoundHealthPortal.com – Weight Management.

Anyone interested learning this protocol to share with you client and community, please check out our class information at: <https://www.bioacousticsolutions.net/portal-class-info>

REFERENCES

<https://diabetesjournals.org/care/article/27/3/794/23033/Multiple-Symmetric-Lipomatosis-A-paradigm-of>

Adipose Tissue as a Site of Toxin Accumulation

[Erin Jackson](#) 1, [Robin Shoemaker](#) 1, [Nika Larian](#) 1, [Lisa Cassis](#) 1

PMCID: PMC6101675 NIHMSID: NIHMS966074 PMID: [28915320](#)

Frequencies associated with the month of March:

Feb 23-Mar 1

Through the first two weeks of March – the heart Muscle frequencies are stressed; frequencies for the last two weeks of March involve thyroid function and the knees. For all of March, the forearm and wrist muscles may be vulnerable. Bad time to take up golfing.

Mar 2-8

Specific Nutrients/Biochemicals in stress during this time: B3, myosin, biotin, adiponectin (weight related), catalase (blood detox related). B3 helps thin the blood. Myosin helps stop Tinnitus damage. Systems in stress this week: liver, blood pressure.

Muscles in stress: little finger, pterygoid, lesser toes, supinator (forearm), palate, elbow, eyelids.

Mar 9-15

Muscles in stress: heart, forearm, major hip muscles, trapezius (upper back)

Nutrients/Biochemicals in stress: phosphorus, magnesium, myoglobin (oxygen to heart)

Systems in stress: thyroid, blood pressure, blood clotting, joint flexibility

Medications: Prozac, watch for side effects

Mar 16-22

Muscles in stress: pterygoid, trapezius, minor hip muscles, wrist, joints

Nutrients/biochemistry in stress: thymine, hypericin, hemoglobin, taurine, glucose, ATP (energy currency of the body), choline, iodine, collagen

Systems in stress: Liver, thyroid, immune system, iron delivery, immune – influenza, joint and movement flexibility, collagen.

Medications: Dilantin, Oxytocin

Pathogens: Epstein Barr Virus (fatigue)

Mar 23-29

Muscles in stress: wrist, eye muscles.

Nutrients/biochemistry in stress: brain plaque, serum amyloid, B12, bromelain, glucose, hydrogen.

Systems: mitochondria-originating genetic material

Meds in stress - wrist and fingers are stressed for anyone taking GLP - 1

Mar 30-Apr 5

Week one influences that may impact your physical and emotional well-being:
You may notice a lag in muscle response as the Dystonia gene becomes active now.

Glycine may help with muscle signaling and is involved in producing bile salts along with arginine and lysine. Glycine may be important for anyone with any kind of muscle stress: Parkinson's, ALS, multiple sclerosis...

The platelet-activating factor and vasopressin, both known to be associated with the circulatory system, may be active for the next few weeks.

DNA and stem cells will continue to be stressed until the end of April.

Nutrients and biochemicals in stress for the beginning of April:

hydroxyproline, DNA, nerve growth factor zinc, leucine, isoleucine, magnesium, GABA receptor (brain activity), keratin, asparagine, and ornithine.

Muscles in stress are mostly the rectus eye muscle associated with Macular Degeneration.

Do a BioAcoustic vocal analysis on your own. Catalog link:

https://www.bioacousticsolutions.net/files/ugd/70d3ff_66637d3e8944493db16e303adacad62a.pdf

Interesting BioAcoustic fun fact: when chewing the two jaw muscles when used together create the frequency of dopamine – a pleasure frequency.