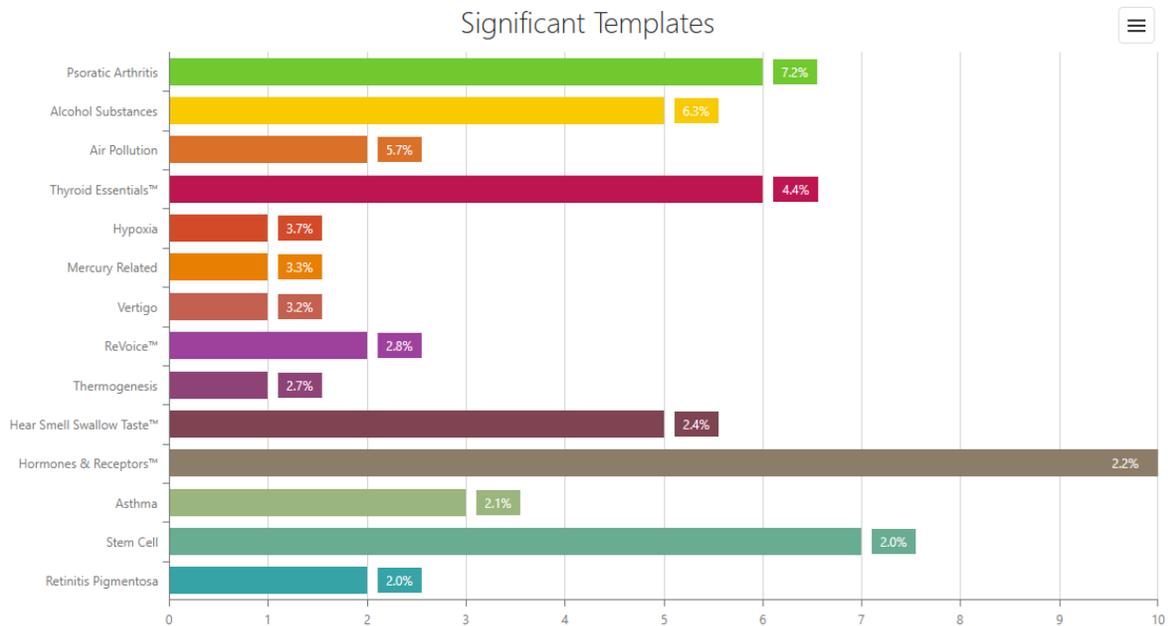


Online public Evaluations for Weight Management

This is the 6th in a series about weight management information that may not be known by the public. During this series, the most asked question from our readers has been how the public can get a BioAcoustic online weight management evaluation.

Quick solution: go to SoundHealthPortal.com. Follow the prompts on the landing page that will lead you through the process. In a day or so, you will receive a preliminary report via email.

Input your voice and receive a personal, computerized, quantifying report of your own vocal BioMarker anomalies.



This report in particular identifies thyroid and thermogenesis as potential issues. Having cold hands and feet or trouble staying warm are usually noticeable

symptoms. There are online articles and tests about low thyroid. You may need the help of your health care provider for this one.

Our initial article identified more than 20 weight management issues. See Dec 2024 issue of Masters of Health Magazine or our web site - BioAcousticSolutions.net.

During our studies we found that the most often reported problem was a lack of information about past gallbladder stress. Few people were told what to expect or what could likely occur.

Using the Portal a subsequent report using a gallbladder template may look like this:

Name: **Christina Client**

				Rank
Research Results				Rank
Actigall	Medication	H	Used to dissolve gallstones; aka Ursosan	1
Chenodeoxycholic acid	Biochemical	H	Produced by the liver from cholesterol; 1 of the 3 major biliary bile acids	1
Cholesterol 7 Alpha-Hydroxylase	Epigenetic	H	Suppresses enzymes in bile acid synthesis	1
Sucrose	Biochemical	L	Excessive consumption may increase the risk of gallstones	1
Ursodeoxycholic acid	Biochemical	H	Bile acid produced by the liver and stored in the gall bladder	1
Ursodeoxycholic acid	Biochemical	H	May dissolve (cholesterol) gallstones; also known as Ursodiol	1
Ursodeoxycholic acid	Biochemical	H	Reduces the rate at which the intestine absorbs cholesterol	1
T-12 Thoracic vertebrae	Muscle - spine	H	Innervates gallbladder	2
Cynarin	Polyphenol	H	Chemical constituent of artichoke; may increase the flow of bile	3
Taurocholic acid	Biochemical	H	AKA: Cholaic Acid; a bile acid	3
Taurocholic acid	Biochemical	H	Constituent of bile; involved in the emulsification of fats	3
Acetyl Carnitine	Biochemical	H	Improves liver function	4
Cholic acid	Biochemical	H	1 of the 3 major biliary bile acids; produced by liver from cholesterol	4
Curcumin	Food Additive	H	May help prevent gallstones	4
Betaine Hydrochloride	Medication	L	Alkaloid that may reduce the risk of gallstones	5

In bioacoustic analysis, one of the challenges is that each detected frequency can correspond to multiple causes. This means that a single anomalous frequency might be linked to various factors or conditions, making it difficult to pinpoint the exact source without further analysis. This complexity requires careful interpretation to avoid misleading conclusions and to accurately identify the underlying issues.

The above Gallbladder evaluation indicates if an item is **High** or **Low** and shows its priority: 1 through 5 that may need attention. The computer does the analysis for each individual. Each Item has a blue line beneath it, that is designed when clicked to take you to a resource. These reports can be shared with your wellness provider for potential remediation.

These protocols use information showing that the frequencies of the voice are a holographic representation of the body. BioAcoustic Biology has gathered information which indicates that the voice can potentially be used as a diagnostic tool but could provide sound-based solutions for health.

The online Portal is open to the public at www.SoundHealthPortal.com. It includes tutorials, evaluations, documentaries, campaigns, articles, and references plus the opportunity to scan your own voice for errant frequencies (sour notes). Record your voice and receive a personal report of what your voice reveals about you.

Your body is designed to heal itself. Fat burning is individual. Let your vocal analysis help you identify what your body needs to return to normal form and function.

This column strives to bring you information concerning the frequencies bombarding our planet each day in the hope of explaining how frequencies outside our solar system can impact health.

Each cell can renew itself or morph into something else if provided the correct frequency and energy

METABOLIC MAGIC

Frequencies for May 2025

Joint inflammation will be felt over the next few days. Glucosamine and docosahexaenoic acid (DHA) – both available at your local health food store - may be helpful.

Time for some liver pampering as liver enzymes come into stress. There are some great herbal liver cleanses

The Body Green



Every human spent about half an hour as a single cell.

described online; love your liver for great enzyme, hormone, and cholesterol health.

Chlamydia pneumonia (attacks the heart sac) and Epstein Barr (chronic fatigue virus associated with the liver) continue to plague our energy systems. It has been reported that Nutribiotic grapefruit extract doesn't allow pathogens to attach to your cells when they attempt to set up housekeeping; it can help with pathogenic threats year 'round.

Disease genes activated now include colon cancer and Diabetes Insipidus.

Nutrients in stress: Magnesium (diabetes associated), B5 co-factors (help support energy metabolism and muscle biochemistry). B5 is also associated with tremors and the use of dopamine. L-dopa will be in stress by the end of the week.

Muscles in stress: Gluteus Medius and minimus (hip-butt muscles) and the trapezius (upper back muscles), finger flexors, Hamstrings and Levator (shoulder). By the end of the week the big toe and a jaw muscle, the Masseter will begin to rise.

Sometimes you can determine how in tune you are with the Universe when you begin to experience these muscle responses before they come into full influence.

Foreknowledge of what frequency influences are on the way makes it appear that you are magical because you always know what stressors are about to occur.

Watch out for Vitamin D deficiencies and thyroid stress combined for the coming weeks.

April 27 - May 3

The management of calcium comes into stress on Tuesday. Cortisol disturbs calcium utilization. Those with cortisol issues may find it especially troublesome with possible calcium related issues, muscle cramps, sleep disturbances, nerves on edge. Calcium is instrumental in protecting the body against cancer.

Tooth plaque continues to be an issue as nanobacteria are still active. The literature reports that tooth plaque may be an indicator of heart sac disruption. If you are having trouble walking up stairs or you are experiencing exertion stress that you didn't notice before; this may be an issue. Nanobacteria is a disturbance of calcium metabolism.

Mother Nature indicates that spring is the time for renewal and growth. The same is true for humans as reproduction hormones peak this week in an attempt to prepare the body for new life.

Brain derived neurotropic factor stirs over the weekend making this a time for renewal of cells and nerves of the body and brain. Time for some brain games to take advantage of creating new pathways.

May 4-10

Fatty Acids, particularly linoleic acid, are essential to utilizing the amino acid, Carnitine. Carnitine, in turn, is essential for the body to manage weight issues.

BioAcoustically speaking people who cannot utilize Carnitine or those with high carnitine, find it hard to manage weight.

In addition to the frequency-based issue with Linoleic acid, the gene responsible for adrenal based obesity is active for the next week or so. You may find it difficult to lose weight; especially with the troublesome water weight. You may feel sluggish and swollen.

Muscles in stress are all digit related; fingers and toes may be taking the brunt of this temporary water weight gain. Muscles related to eye focus are also in stress; you may find it more difficult to focus and keep focus without some blurring.

Calcitonin, a calcium regulating biochemical comes into play mid-week. Remember that calcitonin is a major player in the control of cancer food, 5-HETE. Thyrocalcitonin, aka, calcitonin, is a calcium regulator of the parathyroid gland that comes into play at mid-week through the weekend.

May 11 - 17

Frequencies for Gardasil vaccines become active this week and remain so through the end of the month. Gardasil is a series of injections provided, mainly to youngsters, as prevention to cancer; and cervical warts contracted through sexual interactions. California has passed a law allowing girls as young as 12 to submit to a three-part series of separate injections without parental permission even though serious adverse effects (including deaths) have been reported in large numbers; consequences that would fall on the shoulders of uninformed parents.

Four strains of HPV (Human papilloma virus), contained in the CDC recommended Gardasil vaccination database, are being pushed on the American population; HPV 1, 11(x2), 16 and 18. Are these vaccines safe or do they pose a greater threat that has not yet been exposed? This possibility was BioAcoustically explored, and the information is compiled in the Frequency Equivalent™ chart below.

BioAcoustically Speaking Frequency Equivalent™ Chart for			
Gardasil HPV vaccines			
	Same Frequency as		Reproduction Relationship
HPV 1	parathyroid hormone		helps regulate calcium necessary for ovulation and fertility
HPV 11	lithium, valium		mood regulators
HPV 11	progesterone		hormone required to maintain pregnancy
	ATP and Measles virus		associated with male sterility
	Herpes		sexually transmitted disease associated with infertility
HPV 16	Vitamin A		an essential fertility nutrient
	NADPH		levels associated with male infertility
	calcitonin		helps regulate calcium necessary for ovulation and fertility
HPV 18	Estrogen and testosterone		Reproductive hormones
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SoundHealthOptions.com			

A Quote from Dr. Diane Harper, lead researcher concerning Gardasil says that 70% of all HPV infections resolve themselves with a year, and within two years that percentage climbs to 90%. Dr. Harper also states that Gardasil would do little to prevent cancer and she does not recommend Gardasil or Cervarix (a similar vaccine) to anyone younger than 15.

An additional statement by Harper in 2013 is that parents should be warned of the harmful effects of the Gardasil vaccinations. She quotes so far that “15,037 girls have reported adverse side effects from Gardasil alone to the

Vaccine Adverse Event Reporting System (V.A.E.R.S.), and this number only reflects parents who underwent the hurdles required for reporting adverse reactions. At the time of writing, 44 girls are officially known to have died from these vaccines. The reported side effects include Guillian Barré Syndrome (paralysis lasting for years, or permanently — sometimes eventually causing suffocation), lupus, seizures, blood clots, and brain inflammation. Parents are usually not made aware of these risks.”

May 18-31

Strongly manifesting for the next few days: Frequencies associated with Chronic Lymphocytic Leukemia (CLL) – cancer of the white blood cells which are responsible for fighting infection by producing antibodies to protect the body. CLL creates a compromised immune system in which the body is weakened to the point that it cannot fight stress, pathogen invasion and disease.

Muscles in stress: Interossei of fingers which provide flexibility to the hands and fingers are moving out of range allowing arthritis-like symptoms to let up a bit.

Activated Nutrients: Zeaxanthin – as an important bioflavonoid, it helps rid the body of free radicals. The vitamin most influenced is Lutein – A form of Vitamin A for eyes. If this is an issue for you, you may find that your eyes are a bit slower to focus – lots of allergies may be contributing to this factor for people.

Stearic acid is a biochemical found in cosmetics. The body uses Stearic acid to insulate nerves; it is also associated with cholesterol management.

The toxin active now is Hexachlorobenzene – It was used on marijuana as a pesticide until they found out that the residue causes mummified hands – then whole-body atrophy.

Morphine - A medication - we don't often report on medications, but this may be an important one because it is often left over from surgeries so you may feel a bit groggy or out of it for a bit as it activates and moves out of the body. Medication frequencies of Valium/Diazepam are being activated at the end of the week. Both are used as medications to treat anxiety,

alcohol withdrawal, muscle spasms, and panic attacks. Watch for side effects. Morphine, a powerful pain killer is also stimulated until mid-week.

Several forms of papilloma virus (HPV) – which causes common warts on hands, feet and mucous membranes of the oral, anal and genital cavities - are in stress over the next few weeks. HPV (Gardasil/Cervarix) immunizations were developed allegedly to prevent HPV outbreaks.

BioAcoustically Speaking, the chart above shows that the frequencies of Gardasil and Cervarix correlate with issues of fertility and conception. These would potentially also cause issues with reproduction.

Resources:

<http://video.foxnews.com/v/1164906002001/controversial-vaccine-bill>

<http://www.activistpost.com/2011/09/3-girls-dead-others-hospitalized-after.html>

http://www.cbsnews.com/stories/2009/08/19/cbsnews_investigates/main5253431.shtml

http://www.naturalnews.com/032330_vaccines_iPod.html

<http://www.afullcup.com/forums/cvs-101/260374-flu-shot-100-coupon-book.html>

<http://naturalsociety.com/advisory-panel-urges-cdc-to-push-gardasil-on-young-boys/>