

**Sofia:** And we're back. My very dear Alex Crenshaw, it's a pleasure to see you and greet you, very good afternoon.

**Alex:** Sofi, good afternoon, as always, a great pleasure to be here with you and with the public.

**Sofia:** Hear me, Alex, wow, I've been talking about it nonstop since yesterday, because we were talking next to the theme yesterday just about what is the big and marvelous potential of this instrument, that we have already installed since the birth that is the voice and the ability to transform our lives that it itself has. My very dear Alex, it's all yours.

**Alex:** Thank you very much, Sofia, this is the power of the voice is something we have like a gift it gave us to change our life, to make us healthy and make others healthy, not only with what we talk about but also with the vibration that's behind the voice. What do we intend for it? And to see this, what is the potential? Let's look at the case of Sharry Edwards. And look, Sofi, when you were preparing the material, I thought, look, when a society gives the woman her place because what is it that a woman can do? Because this woman gave a gift to humanity because as you know, in other societies, it relegates women to only having kids, washing dishes, and not speaking. And here it's the opposite. It was interesting when I was preparing the material.

**Sofia:** To give the power to only one woman with her voice, that credibility and that loyalty to do it, I believe it's wonderful.

**Alex:** Yes, in an advancing society, as we've seen when a society is going to advance, it's when the woman and the man are given this same place. And in the case of Sharry Edwards, she was born with a gift, that she, by listening to your voice, can diagnose diseases, you can know this is your state of consciousness, and she says we all have the same gift but it's asleep because it's in our DNA, but it's asleep, and our job is to wake it up.

Here we can see a book that was written next to these Secret Sounds, Ultimate Healing: Your Personal Frequencies to a Better Life using Sharry Edwards' Revolutionary "Secret Sounds."

**Sofia:** It's wonderful, the fact that behind your voice someone can know what it is you have, or you yourself, right? Examining it, you can know what diseases you have. Wow. I think it's wonderful.

**Alex:** Because it is the miracle of being human, right? That we can do it but as you know medical costs are sometimes clear for the people, they've had mysterious diseases for years and with this ability what the problem is can actually be detected. And a gift that Sharry gave humanity that she wanted for people to have access to this and she put it in a computer software program. Then she worked with a sound, computer engineer and through the application, this is the website we're looking at. She put that ability in a software program and you can download it to this computer and listen to the voice. For example, look, sometimes they recite a vitamin or mineral supplement for you.

But many times that supplement doesn't work well for your body and it rejects it. But you keep taking it. With this software program you capture your voice before taking the vitamin or supplement, and then you take the supplement and capture your voice again with the software program and you compare and it's going to tell you, look at this vitamin, it's not for you, change it, but as we know, sometimes the quality of the vitamins that we see on the market, it's not the best. Then that's going to help you. Imagine the applications that this software program has.

**Sofia:** And the best thing is that we all have access to being able to do it, right? Behind this page, this incredible power to predict, prevent any disease we have, it's that they're not finding what you have or they diagnose it wrong, then everything comes around. Everything is confusing and, in the end, having the possibility to reach a sure diagnosis. Wow, I think it's priceless.

**Alex:** It is, Sofi, look, the voice, as we saw last week, the energetic body, the voice is very much related to the energetic body, then what we saw last week, what really affects the energetic body are emotions. They're completely bound. Love raises frequency to serve others. It raises your frequency for envy, resentment, that under you, your frequency and it's reflected in your voice. Then obviously you apply it in reverse. If emotions affect your voice because it's a reflection of what you have internally that's very subtle because it's an energetic body. Then you go in reverse. You use your voice to cure the emotions. You fix the application when you have a more integral concept of being human.

**Sofia:** Okay, and then do we apply this to ourselves? For example, let's see, and I'm going to go back a little. What you're saying is completely true. In the voice all the emotions are reflected for more than you want to pretend, right? To be okay when you're not, your energy sounds a little low with your voice tone, with the intention of putting it in your voice. Then we can go into this application that it gives us. Speaking in any tone, or whatever, you don't have to pretend, do you? Because the application catches it for you.

**Alex:** It tells it to you, you can read a book, say "Hi, my name is Alex" and then it grabs your voice and gives you a voice diagnosis. Now I also advise you to comment, invite the audience to say, I want every city in the world to have stability, then you can certify yourself with her applying this because you have to study the material. It's a special software program but you can do it, she trains you, you pay for the training and you're certified with her to help other people, and I now see I'm certified with her and a woman was talking about this case, there was a gentleman who had a problem with aging, he was going with better doctors and they didn't find the problem. Then he went with this person who certified him with the software, grabbed his voice and the software that's more specific. It tells you exactly what kind it is. And it detected the problem effectively and then with that information he now went with the appropriate doctor. They said yes, you have this problem, they confirmed it and the man became faster. Then they said everyone has this global-level disposition

**Sofia:** Look at the incredible tool, but above all this woman's generosity towards humanity moves me so much, because not everyone.

**Alex:** Exactly, Sofi, look again. An exemplary woman who said it well. I'm going to cover it because the people do it as you're commenting, people who charge a lot of money. No, this is for the world because we all have this ability and people have to remember and you can do it and it's true. It's very important for us to develop this and send it to ourselves because we're all evolving as a society, because as you know, it's a healthier system in a society in more advanced health but if people are sick, are weak, and it's an economic cost for family, for society. It's this woman's vision she had.

**Sofia:** Exactly. Imagine what a great tool it is that you can go into, go into this application, get certified with her, we practiced, I agree yesterday where this application is it costs \$300. Yes, they're \$300 in what you're going to be certified in and you're going to be able to make many people well, hoping for you. Hoping for your family and hoping to keep it that way with the rest and I believe that from there it's a great service.

**Alex:** Yes, and it only requires a computer, the \$300, because look at the gift because we're going to penetrate the great knowledge of sound and vibration. It's such a beautiful science, Sofi. Music that comes from Pythagoras has to come. This is really ancient, but thanks to science and advancements we now have a more expansive vision of that.

**Sofia:** Now imagine those who we work justly for, right? With the voice, behind the voice, we want to move emotions, where we work suddenly with markers to move emotions, the important thing is that this is a great instrument.

**Alex:** That's right, Sofi.

**Sofia:** My head is spinning, my dear Alex, tell me that we're going to join you here live and in all color.

**Alex:** You are, Sofi, we're going to be in the month of November with you in Cuernavaca giving conferences, changing your paradigms. That's the name of the conference where we're going to explore all these topics, how to change our things that limit us, they can find me on Facebook, on Instagram, that's my email and there's my phone on WhatsApp.

**Sofia:** It's wonderful, Alex Crenshaw, and while this is happening, thanks for sharing the generosity of your tools with us, all, excuse me, everything you do and the truth is we thank you, we wait for you with open arms and while just, also this happens the audience can find you via social media.

**Alex:** That's right, thank you very much. It's a great pleasure to be here with you and with the public.

**Sofia:** Thank you so much, we embrace you, we embrace you with much love and we expect you soon. Thank you very much.

**Alex:** Likewise, thank you very much.

**Sofia:** Well, dear audience, let's take a short break because sports are coming, don't go away.