the emerging field of human BioAcoustics in support of SELF-HEALTH.

# Math as the Basis of Creation

Using math to unravel the how of human

existence

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## **BioAcoustically Speaking**

SoundHealthOptions.com Accelerating human healing through Vocal Mapping: our future depends on its acceptance.



According to ancient observers of our universe the planets within our solar system are arranged intelligently and the mathematical relationships of our planetary movements create musical relationships and harmonics that are the basics of our geometry, astronomy, and music. We have discussed in this column the idea that our DNA is set to music thereby showing that human existence has a relationship with planetary orbits.

An evaluation of the outcomes of the field of Cymatics proves that sound frequency can create structure and form.

Astronomer Johannes Kepler (1571-1630) believed that the music made by the movements of the planets did not need to be audible but could be felt by the soul.

Although many music relationships used today are derived from the ratios of planetary orbits around

the sun, other ancients used strict math-based concepts. Pythagoras believed that musical relations were dictated by math-based constants.

The mathematical principles of harmonics support the premise of doubling or halving a note's frequency to achieve different octaves. For instance, 1 doubled is 2, doubled is 4, doubled is 8, doubled is 16, 32, 64, 128 - each mathematically representing the same note in higher and higher octaves. Our brain emulates this layering as brain wave divisions which are roughly assigned, depending on activity as: 16-32 cycles per second (CPS) = beta; 8-16 CPS = alpha; 4-8 CPS = delta; 2-4 CPS = delta. Although some experts assign delta as 1-3 cps, I would like to defer to actual doublings of octaves and include a layer of 1-2 CPS. This correlates to the definitive divisions of frequencies assigned to the color spectrum. From our research at the Institute of BioAcoustic Biology, I would like to propose that all of our bodily systems consist of multiple layered biology that mimics the mathematical layering of our brain waves. We are frequency; capable of being managed and maintained by frequency. We are corporeal beings capable of being governed by math-based, layered frequency formulations.

Additionally, we have found that these body systems are redundant. Our comparison studies have shown a relationship between knee pain/stress and heart function.

If the knees are experiencing pain, it is likely time to check for potential heart issues because a muscle that supports the knee is identical in frequency to the heart muscle.

There are thousands of these mathematical relationships between muscles and biochemistry, biochemistry and biology; muscles and nutrients, nerves and emotions... For example, Serotonin (the wake up biochemical) is mathematically the square root of melatonin (a sleep biochemical).

Our studies, along with the work of Royal Rife further show that pathogens can be neutralized using low frequency sound oscillations. Evan the sounds we use as language mimic musical layering frequencies.

In our modern world science often attempts to emulate nature. A prime example of this in modern medicine: digitalis emulates the herbal principles of the herb foxglove. Science broke down the effects of foxglove and rebuilt it into a medication. Quandary: use the herb itself which is nature balanced or the singular man-made medication which may cause side effects?

This brings us to another quandary. Are slow, less expensive natural remedies better or worse than researched man-made medications? Which do we trust? Which should you trust? Unfortunately, this brings us to the many motivations of human behavior. Modern medications often are iust expensive representations of what can be accomplished alternatively. Migraine medication or aromatherapy? Soothing music or anti-stress meds? Pain pills or sound presentation to relieve discomfort? Anxiety or meditation?

Somewhere along the way we have been dupped into believing that something that is more expensive is better. Big pharma certainly likes that idea. They have even gone so far as to claim that artificial infant formula purchased from them is better than mother's milk. What is the motivation in this case? Would there be objections from those firmly attached to greed, to a form of frequency remedies that could readily be dialed in for any occasion based on the identified "out of tune" frequencies of the body? Do humans have the right of SELF-HEALTH?

Using the stable principles of math, side effects and muscle trauma can be predicted, and medication compatibilities can be ascertained through mathematical evaluations of vocal frequencies. The use of layered math frequency presentation has been used successfully to diagnose and ameliorate a vast array of human health issues even though the field of Human BioAcoustics is still in its infancy.

How can this help our present health dilemmas? Let's take a prominent health issue like diabetescaused weight issues to present a potential pathway to resolve a health-related issue using low-frequency sound. Nearly 40 million Americans have been diagnosed with diabetes.

Recently Semaglutide-based meds (aka Rybelsus, Ozempic, Wegovy and Mounjaro) have come on the market that are being used to lose weight and combat type 2 diabetes – at a cost of nearly \$2000 per month. Semaglutide et al, influences the Glucagonlike peptide that belongs to a class of medications known as incretin mimetics. Wikipedia reports that GLP-1 stimulates gluconeogenesis, which is the process the body uses to make glucose from protein or fat. This process lowers blood sugar by stimulating glucose uptake into the cells and increasing how efficiently the body uses insulin. GLP-1 lowers hepatic (liver) glucose output, which helps regulate blood sugar levels.

As gluconeogenesis increases, glucagon receptors are reduced in the liver, inhibiting glucose formation and stimulating glucose uptake by cells, thus lowering the amount of glucose in the blood.

An analysis of the math matrix associated with GLP-1 shows that the frequencies of GLP-1 medications emulate the frequencies of hepatic lipase (liver related). This is associated with the idea that weight issues and insulin resistance are both related to the liver's cholesterol functions.

In many studies that have been conducted, hepatic lipase is also closely related to obesity. Cedo's studies concluded that a deficiency of Hepatic Lipase leads to liver inflammation as well as obesity problems.

The question that the Sound Health Institute will attempt to answer: Is the \$2000 a month medication just an emulator of the frequencies of the body's own hepatic lipase? Does simply ingesting a form of hepatic lipase as a supplement or ambiently being exposed to the frequencies associated with hepatic lipase, have any bearing on stubborn weight loss issues and diabetes? Is the math matrix of Ozympic comparable to the math matric of the body's own hepatic lipase?

There comes a time in our lives when we need to perceive them through the motivations of those around us. Is it better to accept expensive medications based on reverse engineering of nature or is it reasonable for each of us to have an option to sustain our own optimal form and function?

Is greed the major motivation of modern-day drug companies? What about consideration for the compassionate needs of millions of weightstressed inhabitants of this planet? What about our rights to self-health and self-knowledge?

As above (planetary movements) and below (our cellular orbits) can we expect to have dominion over our own form and function by harnessing the predictable aspects of math? Can our known principles of math explain creation?

If we can influence our brains to heal us individually through the presentation of frequency-layered patterns of math – and we have proven that we can in many instances – why not explore that opportunity?



# We have opened our portal so that everyone can mathematically identify stress related to GLP-1.

Go to – **SoundHealthPortal.com** to have your vocal print analyzed – use the Template *insulin* 

# **KEYNOTES FOR JUNE 2023**

## Astrology sign of Gemini | Color orange | Note of D

## Each month this column lists frequencies bombarding and influencing earth and its inhabitants. The frequencies that are active this month range from multiples of 73.00 through 78.00.

#### 1st few days of June 2023 - The

eyeball and a cataract gene appear this week along with progesterone, a major reproductive hormone and are all active now. DHT (a sex hormone associated with the prostate gland), adiponectin (helps regulate glucose levels) and glutamate (an excitatory neurotransmitter) are all fighting for your attention. Prepare to feel a bit scattered.

Toxin: Those poisoned with agent Orange (Vietnam era) may experience abnormal reactions; Aspartame and MSG come into play this week. You may have additional issue with diet drinks and Chinese foods – MSG-laced food - this week. May include fogging, difficulty thinking and fatigue.

Muscle in stress this week: Platysma – it is located beneath the chin and extends downward to the chest. A double chin is located here and is often associated with low progesterone.

#### Week two of June 2023

Gonadotrophin Releasing Hormone is responsible for the release of follicle-stimulating hormone and luteinizing hormone from the anterior pituitary. Muscles in stress for the next few weeks – toes and back of neck Starches may be more difficult to digest because Amylase (the enzyme that breaks down starch and carbs) is in stress. Your ability to deal with Amylase stress may depend on your brain dominance – right brainers show the most difficulty.

A gene responsible for using sulfur at a cellular level (SUOX) comes up the end of the week. Sulfur protects the body against invading pathogens and is incredibly important as a constituent of connective tissue.

Grain mold frequencies are active now. There are many articles on detoxing on the internet. Berberine, an herb, may help lower blood pressure. Fosinopril, a medication for hypertension, is also active this week. Watch reactions of over- or underdosing.

The human obesity gene begins to surface this week along with the parathyroid hormone (energy related). It may be harder to start a diet or keep energy up.

Choline, a great brain booster, comes into play now. Choline has been shown to help increase focus and allow for greater cognition. Choline is also an excellent methylator of estrogen, getting rid of excess amounts we accumulate from our diet and lifestyle. Prostate issues were prominent last month with high estrogen being a cause.

#### Week three of June 2023 -

Allergies begin to creep in this week as histaminerelated issues emerge making way for respiratory viral invasions. Vitamin D receptors need to be active now to help support the immune system.

Glycine, an amino acid that helps treat insomnia and an enlarged prostate, is active now along with iron and B1. Sphingosine, a lipid responsible for transport signaling, is also active, as is Transthyretin, a protein involved in fluid transport. You may feel that your extremities are a bit sluggish.

Codeine becomes active the end of the week. Its painkilling benefit may be more or less than usual depending on brain dominance.

**Week four of June 2023** – Guanine is a nucleobase found in nucleic acid's DNA – BioAcoustic research shows that stress of this nucleotide is associated with sensitivities to milk protein.

Other biochemicals in stress this week include bioflavonoids, Hesperidin, Quercetin (touted as a good item to combat Covid), manganese, Xanthine, iron, and arachidonic acid.

Spine in Stress – C-4 – nose, lips, mouth, eustachian tubes S-4 – hips, buttock T-9 – adrenals Muscles – still the back of the neck Meds – Tylenol Keratin, a major constituent of skin, hair and nails, is in stress for the next ten days or so. There are a lot of gummy products on the market labeled **Hair**, **Skin**, **Nails** – might be worth taking a few this week.

Capsaicin, the active component of chili peppers, is activated until the first week of July. They may burn more going down but are known for being great for circulation and the heart.

Watch for indications of Chlamydia Pneumonia (labored breathing/stress). It attacks the heart sac and can sometimes cause extra tooth plaque. Cocaine and Scopolamine (mind-altering chemical) are both active until the end of the month.

**Last week of June 2023** — Adrenals are due for stress these last few days especially if you have a sensitivity to gluten.

Dopamine, a feel-good chemical, is stressed into the beginning of July.

Medicine in stress for this time: Prozac, an antidepressant. So, you may experience some emotional ups and downs – just know it is not coming from you but at you and it will be over by mid-July.

Nutrients in stress: niacin, glutathione and again, iron imbalances

For frequencies associated with spike proteins, cellular inflammation or stem cells go to <a href="https://soundhealthoptions.com/corona-corner-2/">https://soundhealthoptions.com/corona-corner-2/</a>



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The Music of the Spheres: Music, Science, and the Natural Order of the Universe. Paperback – April 24, 1995

For centuries, scientists and philosophers believed that the universe was a stately, ordered mechanism, both mathematical and musical. The perceived distances between objects in the sky mirrored (and were mirrored by) the spaces between notes forming chords and scales. The smooth operation of the cosmos created a divine harmony that composers sought to capture and express. Jamie James allows readers to see how this scientific philosophy emerged, how it was shattered by changing views of the universe and the rise of Romanticism, and to what extent it survives today – if at all. From Pythagoras to Newton, Bach to Beethoven, and on to the twentieth century of Einstein, Schoenberg, Stravinsky, Cage and Glass. A spellbinding examination of the interwoven fates of science and music throughout history.

https://abc7.com/weight-loss-drugs-ozempicwhat-is-mounjaro-wegovy/13192740/

Obesity is a major and growing problem around the world, but especially in the U.S., where more than 40% of adults and about 20% of children now meet the criteria for what doctors say has become an intractable chronic disease. Rates of the disease have soared in recent decades, spurred by the complex interaction of genes that make people more likely to store food as fat, a food system that provides easy and cheap access to process treats explicitly designed to be overconsumed, and social settings that limit access to healthy options and exercise for many people.

Hepatic lipase is also closely related to obesity. In one test, an experiment was created by Cedó et al. where mouse cells were created to have a mutated HL protein that has lost its function. They found that a build-up of triglyceride levels led to nonalcoholic fatty liver disease.

Obesity is linked to scores of health problems that can lead to disability or even death, including high blood pressure, diabetes, heart disease, stroke, cancer and joint problems.

Researchers have long looked for medications that can help people lose weight, mostly with disappointing and, in some cases, dangerous results. In recent years, however, drugs designed to help people with type 2 diabetes control their blood sugar levels have had the added effect of paring pounds. Ozempic, a Novo Nordisk drug approved to treat diabetes in 2017, Wegovy, a higher dose version of the same medication, called semaglutide, was approved for weight loss for adults in 2021 and for children aged 12 and older late last year.

Now, a new drug made by Eli Lilly and Co., called tirzepatide, is poised to become the most potent obesity drug on the market, promising users losses of more than 30 to 50 pounds over time. Already approved under the brand name Mounjaro to treat type 2 diabetes, tirzepatide is being considered for fast-track approval as a weight-loss drug based on the results of key trials, with the latest announced on Thursday.

Glucagon-like peptide-1 (GLP-1) and glucosedependent insulinotropic polypeptide (GIP) are hormones involved in blood sugar control [7]. After a person has eaten, these hormones are secreted by cells of the intestines and in turn cause the secretion of insulin. Tirzepatide is a GIP-analogue that activates both the GLP-1 and GIP receptors, leading to improved blood sugar control [7].

It is produced and secreted by intestinal enteroendocrine L-cells and certain neurons within

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the nucleus of the solitary tract in the brainstem upon food consumption.

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