

**Keynote Feb 2026**

**Color association: Violet**

**Musical note association: A#**

**Astrology association: Aquarius**

## **Proof of Humankind's Mathematical Constitution**



An article published by the prestigious **Massachusetts Institute of Technology (MIT)** claims a **groundbreaking discovery**. The article suggests human biology, from the moment of **conception**, follows the

same **mathematical principles** that govern the rest of the natural world. The article states that “It’s as if the birth of every new human life is tied to the same **universal laws** that govern the creation of stars, planets, and galaxies.”

MIT claims that the process of conception uses calcium with a bit of zinc and ATP (adenosine triphosphate)

completing a mathematical pattern that directs conception.

Those of you who have been attending our courses over the years will recognize the use of the frequencies associated with calcium as an integral part of the math matrix we have been advancing as a major indicator of health status. MIT's revelation supports our originating premise that every process and physical part of the human body is managed by a series or a combination of math-based frequencies. We have sought to provide evidence for the idea that during our lifetime we seek to support and balance our own need for mathematical equilibrium.

I have been very cautious over the years in this column and other writings to not share information that would appear too controversial sounding to the medical or science environments. For example:

1. The frequencies of Biology can be revealed by frequencies in the voice. Vocal frequencies are a holographic representation of individual biology.

2. The body can diagnose for itself using vocal frequencies. Vocal frequencies can provide predictive elements to reveal future stress and trauma.
3. Persons with similar vocal frequencies have similar, if not identical, metabolic issues.
4. Providing appropriate ambient frequency formulations can provide a person with the tools to self-heal.
5. Even newborns through their cries can reveal information about their present and potential health issues.
6. Humans and perhaps animals have Mathematical Constitutions and are what we have discovered that can be considered a Rosetta Stone of health & healing.
7. There is a mathematical biology of love, bonding, empathy, caring, greed, envy, jealousy, hate, depravation... Both Bruce Lipton and Candace Pert have covered these issues.

BioAcoustic Biology is the basic tenet of the research reported in this column reporting outcomes that have

used math-based biology to ameliorate health issues but also to express the notion of **universal significance**, by presenting the idea that every individual is connected to and is a part of, the **larger patterns of nature** through the expression of mathematical principles of life.

We have over the years used this idea to develop and expand the premise that human biology follows a coordinated set of mathematical standards.

**From these observations we can concluded that Health is a mathematically coordinated biological event!**

MIT's declaration has given me the courage to share herein one of the most profound math matrix discoveries that we have extracted to date:

Recently, through our deep dive into energy and fat metabolism, we have discovered what we believe to be the enzyme that is essential to all biology; the Cytochrome P450 gene is an activation signal containing heme as a cofactor. This gene influences blood sugar, blood pressure, iron/heme usage, immune response, cellular metabolism and energy, emotional stability, hormones and fertility, sleep disturbances, drug

interactions, cholesterol maintenance, proteins and fatty acid usage, electrolytes, obesity, inflammatory and nerve reactions, autoimmune disorders, adrenal stress...

Currently this conglomeration of seemingly unrelated symptoms, are being labeled as dysautonomia, mast cell activation and long term Covid vaccine trauma. Many people who are experiencing such seemingly unrelated symptoms are being told their symptoms are psychosomatic and therefore impossible to treat conventionally.

A recent peer reviewed review published in *The Vaccine Reaction* reported a link between vaccine trauma and six autoimmune disorders.

The study continues: “Several mechanisms of action linking COVID-19 vaccination and autoimmune disorders were reported, such as autoimmune inflammatory syndrome induced by adjuvants, molecular mimicry, bystander immune activation, and interactions with immunosuppressive and disease-modifying therapies.”

I believe many of these symptoms are directly related to individual iron and STRESS responses because once the

hormones related to stress are instigated, it severely interferes with the body's ability to direct the family of P450 enzymes.

We have developed a database for people to use our public WorkStation and have arranged for everyone to go to SoundHealthPortal.com (adrenal evaluation) and have their voice evaluated for the processing of the P450 enzyme genes.

### **What to watch out for:**

It has been reported that the first stressor of this gene is sensitivity to wheat and milk protein causing inflammatory trauma within the body. The American Indian population is particularly vulnerable to this stress by developing insulin resistance and diabetes.

Many people report a feeling of being disconnected from their feelings. At this stage people report not being able to experience emotions.

Another major symptom is the imbalance of Cortisol (a cholesterol/adrenal based issue). One of the first symptoms of cortisol imbalance is fatigue - usually related to iron based errors.

A prominently reported symptom is waking between 2 and 4 am with a racing mind and the inability to get back to sleep. This is basically an adrenal/liver issue at its root.

BioAcoustically Speaking, cortisol imbalances seem to be the major roadblock to controlling the adrenal related P450 gene through the cholesterol cascade. For BioAcoustically trained practitioners use these three Portal templates in combination to definitively confirm the mathematically involved faults that can be identified through a person's vocal print: adrenal, cortisol and P450 templates.

MIT reported **rhythmic patterns** and proportions that could be found throughout nature to be similar to the **Fibonacci mathematical series**.

According to MIT'S research, as the egg is fertilized, observable **biochemical waves** travel across the egg. These waves are not random, chaotic reactions—rather, they are organized signals, clearly supporting biological **“activation”** that sets everything that comes afterward, into motion. In essence, the fertilization of the egg is not just a biological event—it's the **beginning**

**of life**, triggered by a hidden signal that had never before been seen so clearly.

BioAcoustic Biology, for the last four decades, has been using these patterns to confirm the mathical matrix associated with optimal health. Pythagoras, Kepler and other sages have stated that humans have created music in their own biological image; perhaps in the quest to achieve perfect mathematical balance from external sources.

“Nothing activates the brain so extensively as music,” said [Oliver Sacks](#), famed neurologist and author of the book “Musicophilia,” which explores the profound and poignant ways music affects people on a neurological level. Sacks has researched the intersection of psychology, neuroscience, music, and medicine—a field that’s bearing fruit in clinical settings.

**Some social implications of emotions being mathematical triggered:**

These examples suggest that much of our sociology can be explained as a response to our innate patterns of math.

**The pleasure sensations of eating:** Each muscle has a frequency that will activate when used. Two jaw muscles, the masseter and pterygoid, when used to chew creates the frequency of dopamine – the pleasure biochemical. Is this a biological occurrence to keep us eating as a survival trait?

**Recalcitrant teenagers:** Often a teen will collect an inordinate and Intolerable amount of parental vocal notes in their own voice; making it very hard for the teen to tolerate any verbal interactions with that parent. Music or other ambient, countering sounds often helps communication stress.

**Affairs of the body:** Why are we attracted or repelled when in close proximity to other people, places or things? Often with no explanations, we are drawn to colors, sounds or situations that society might frown upon (having an affair for example) when what we are actually doing is seeking balance for our mathematical constitution. Every body has a Signature Sound which

they will seek to optimize. I'm not offering this as an excuse to have an affair but if you find yourself in such a tempting situation, comparing your vocal frequencies might provide some insight about your predicament.

**The White Light of Ascension:** The ATP frequency associated with conception is also the frequency of white light. Many people report that white light surrounds them when death is imminent. Biochemically, excess white light is stored in the eye balls. When death occurs that white light implodes. So white light frequencies are associated with both the beginning and end of life.

The information herein is so important, we have decided that we want to help establish a BioAcoustic Center in every community. We have set up a 2-for-1 campaign. For every person taking our professional class, we are offering an accompanying class to their supporting business partner, for free. Link community info here:

We are only offering this to ten sets of people per month. Two for the price of one, plus one set of equipment to be used conjointly.

## References

<https://ifeg.info/2025/12/28/the-beginning-of-life-mit-scientists-witness-the-moment-a-human-life-starts/>

<https://thevaccinereaction.org/2026/01/causal-link-found-between-covid-vaccine-and-six-autoimmune-disorders/>

<https://www.jillswingsoflight.com/product-category/shop-and-learn-about-sound-healing/metal-tuning-forks/>

Peert, C.B. (1999). *Molecules of Emotion: The Science Behind Mind-Body Medicine*. Simon & Schuster.

Lipton, B.H. (2016). *The Biology of Belief: Unleashing the Power of Consciousness, Matter & Miracles* (10<sup>th</sup> Edition). Hay House LLC

<https://www.innerbody.com/dr-gundry-superfood-to-eat>

DrAmyYasko.com

Masters of Health Magazine: Dec 2024 and Jan 2025 issues

=====

Frequencies bombard the earth in a cyclical pattern each year. Below are frequencies associated with Feb 2026.

## Jan 28 - Feb 3

Folic acid becomes stressed this week. Folic acid supports regeneration of the body and is a B family vitamin. Eye muscles become weak this week. **Leptin, an appetite inhibitor is active now. It helps get rid of fat deposits and storage biosignals. BioAcoustic BioDiet and Ultimate Diet softwares measure the hormones associated with hunger and fat storage.** You can have your voice analyzed at [www.SoundHealthPortal.com](http://www.SoundHealthPortal.com) – BioBundles – weight management.

Weight issues seem to be prevalent for the month of Feb along with digestive and detox concerns.

## Feb 4-10

The obesity gene came into influence during the last week of January and still stands. The most active frequencies biochemically seem to be the need to create an equilibrium for acid/alkaline balance; taking care of leaky gut issues; and clearing the blood of trash.

The acid issue can disturb the regulation of ammonia, the regeneration of hair follicles in the ears, kidneys, insulin regulation, digestive enzymes (Betaine) and B12.

Calcium balance is dependent on Calmodulin which will influence sensitive people by the end of Jan.

Asbestos toxicity will be more prevalent by the end of the week. Muscles in stress may include: elbow and forearm. Golfers may need a bit of extra warm up.

## **Feb 11-17**

5G and Corona conflicts seem to be threatening iron levels – it is unfortunate that a significant leukemia genome comes into power this week – online sites may have some excellent advice concerning iron levels.

Feelings of fatigue would provide a clue that iron levels may be stressed.

A BioAcoustic Fatigue voice analysis is now available at the public workstation: [www.SoundHealthPortal.com](http://www.SoundHealthPortal.com) - CAMPAIGNS. It may provide some supporting information that you may want to share with your wellness provider.

Muscles in stress this week: elbow, great toe, lumbricals of the foot, eyelids and jaw muscles are in stress.

In addition, nitric oxide and magnesium are in stress. Both are associated with Muscle cramps. ASIDE: if you are hungry but don't know what you want to eat, low magnesium may be the issue. Let me know if this solves any of your cravings.

The many aspects of adiponectin – incredibly for those with stubborn thigh and butt fat – is a bane for Jan/Feb weight watchers. The lack of adiponectin does not allow the body to move fat deposits out of the cells. Great when we need to store fat for the winter but a nuisance today in our world of plenty. Adiponectin works with NAD and AMPK to regulate the biochemicals of energy balance and weight control.

## **Feb 18-24**

The desire to wear your beautiful copper jewelry now may emerge as copper frequencies come into play toward the end of February. Copper is a great support for the immune system and inflammatory threats. It can

be found in shellfish, seeds, nuts, organ meats, wheat bran cereals and CHOCOLATE.

Copper is especially important with 5G stress and covid because it aids in iron absorption.

Muscles in stress: elbows still, toes, forearm, and the palate.

Pathogens active in Feb: several strains of Borrelia (Lyme's)

Vitamins in stress: B3 - niacin which supports circulation, DNA, mental acuity and helps fight fatigue.

Tetrahydrobiopterin comes in play this week. It has multiple roles in human biochemistry. Its major role is to convert amino acids that control mood and energy. See Amy Yasko's work for more information about this important biochemical. [Feel Good Nutrigenomics](#) by Amy Yasko link: [DrAmyYasko.com](http://DrAmyYasko.com).

## **25-31**

The last week in Feb brings help with adiponectin balance but also stress from a fatty liver that can cause

obesity, hormone and immune dysfunction, and insulin resistance. A fatty liver can also aggravate blood pressure and heart rhythm (magnesium related).

There are many wonderful liver cleansing protocols from reputable doctors online. My opinion, herbs work best.

Vitamins in stress: Biotin - associated with hair loss is now active. Biotin helps metabolize carbs and fats. Biotin is water soluble and is found in eggs, legumes, sweet potatoes, mushrooms, bananas, broccoli and pork products. Signs of biotin deficiency – weak and thinning hair, loss of body hair; scaly red rashes around body openings.

Muscles in stress: heart rhythm and the Supinator (back of the forearm). The Supinator originates from the elbow.

We hope to see all of you on our online public WorkStation to begin your SELF-HEALTH journey for the new year. Nutrition evaluations are available every day. Weight Management evaluations are available under BioBundles.

Questions/Comments: [SharryEdwards@gmail.com](mailto:SharryEdwards@gmail.com)

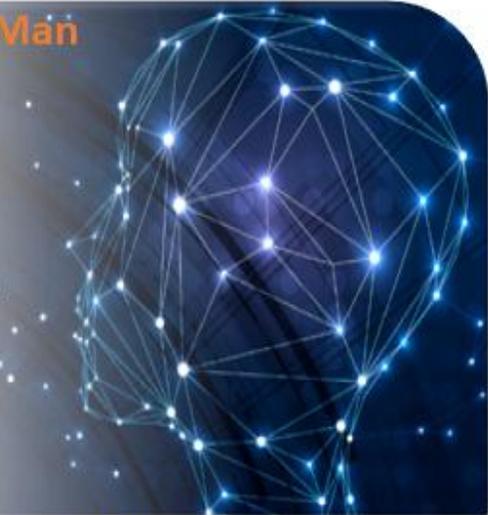
[241 class offer](#)

## Breaking the Sound Barriers of Disease Series

Connecting the Dots of Mechanical Man

# Public BioAcoustic Solutions for our Sound Health Future

- ✓ Self Paced- Tutorials
- ✓ Explore Math as Medicine
- ✓ Nutrition and Muscle templates included
- ✓ Create your own BioAcoustic Center
- ✓ Maintains Client History and Comparisons
- ✓ Sound Health Portal Subscription Required
- ✓ Access to Up-to-Date/Cross Referenced BioMarkers
- ✓ Earn \$30-\$50 dollars an hour – be your own boss
- ✓ Create Client Based Evaluations with Cross References Using A Few Clicks of A Button
- ✓ Open to the public



Based on work by Sharry Edwards, MEd.,  
[BioacousticSolutions.net/portal-class-info](http://BioacousticSolutions.net/portal-class-info)