

Health & Healing Vibrations

Sharry Edwards, MEd

Color association: Green Blue

Musical note association: G

Astrology Association: Scorpio

For her musical composition, *Sequentia*, Susan Alexander created music based on the mathematical composition of human DNA. The music is haunting yet familiar to almost anyone who listens to it.

In this article, I would like to share how the math created by the movements of the planets created the vibrations that became music, that became matter that became us; emotionally and physically.

But let's start at the beginning with the concepts of Pythagoras and Johannes Kepler — two ancient visionaries who proposed that the movements of the planets in our solar system created vibrations that could be measured as music that we could not hear, but vibrations that our soul recognized. Both considered that the vibrations of the planets created our physical reality.

Hence, everything we experience and conceive is made up of vibrations that are measurable frequencies. In modern times, this was a concept embraced by brilliant luminaries such as Einstein and Tesla.

Both believed that to understand anything, we must first consider that everything is energy measured as frequency. How can we use this information to explain that we and our physical universe actually exist?

The Center for BioAcoustic Biology & Sound Health has been pondering this question for the last forty years.

The Institute has amassed enough data to confirm that living beings possess a Mathematical Constitution and that our research and data can substantiate that there is a Mathematical Rosetta Stone of being; of health and healing.

My ears and vocal cords are mutated so that I can hear and duplicate the otoacoustic emissions — aka Signature Sounds in ancient times - that are emitted by most living beings.

I've used that talent through the years to create protocols and computer applications to measure frequency signatures, via vocal analysis that have proven frequency and vibration of our cells can be detected, quantified, and used to verify and manage our emotional and physical selves.

James Gimzewski, a Distinguished Professor in the Department of Chemistry and Biochemistry at UCLA, confirms that living cells make distinct sounds, which might someday help doctors "hear" diseases. He reasoned that although a noise generated by a cell would not be audible, it might be detected by an especially sensitive instrument.

Through Wikipedia, Gimzewski states that cell sounds are theoretically within the range of human hearing. "So all we're doing is turning up

the volume,” he adds. Gimzewski reports that cell sounds might eventually be applied to diagnosing diseases such as cancer, which is believed to originate with changes in the genetic makeup of cells.

Researchers like Gimzewski are just beginning to embrace the idea that human cells can create frequencies. I think our ancestors knew and used this knowledge long ago but the information has been lost. I want to bring back this awareness so that it can be shared globally. With that aim in mind, all readers are welcome to download the software, classes, texts and videos that we have amassed. Our professional website is BioAcousticSolutions.net.

Pythagoras and Kepler both proposed that as the planets orbit in our solar system they set up sub-audible vibrations that cannot be heard with our ear but are attuned to our soul which hears it and attempts to quantify the sounds as music – Pythagoras created musical scales, Kepler cited Music of the spheres – using phrases like Cosmic choir and celestial mechanics, defined as cosmic harmony that people could use to recognize global kinship.

As these frequency layers and relationships were created they in turn created matter and hence life. In other words, the planets created frequencies and oscillations that could be defined and understood. Hence we created music in our own planetary image. Tesla and Einstein agreed that our universe could only be understood as energy measured as frequency and vibration.

Robert O. Becker, MD used this foundation to state that we have an analog body of frequency that is used for creativity, healing acupuncture, homeopathy, laying-on-hands healing... He postulates an analog body that connects us to our intrinsic self and all that is matter. Becker writes that we humans perceive and heal ourselves through an analog body.

This energy can be found in our brain and nervous system with the crossroads being the Vagus nerve that is activated during meditation, heightened awareness, prayer and states of bliss. This ethereal

“system,” when activated, joins with our physical body to create our reality.

In 2006, a bestselling movie, *The Secret*, hinted that our thoughts and emotions can create our actuality. Reviews speculated that something in the movie sparked a secret memory of how we create our own reality.

Sounds, that we vocalize, move through our recurrent laryngeal nerve and those frequencies can be considered a holographic representation of our physical and emotional bodies. This nerve monitors the body’s homeostasis and can be measured as an indicator of our overall health and wellbeing. Our brain, central nervous system and body are measurable vibrations.

My undergraduate degree is in interpersonal communication – I noticed during a class on persuasion that the voice had distinct characteristics when someone was lying.

My thought was how important the Truth is to our quality of life and freedom from stress. In 1982 I decided to create a computer application, the nanoVoice, to try to test this hypothesis. I believe to this day that the Truth will unite us and set us free; but the lack of Truth will continue to make us miserable and confused.

We have proven that the nanoVoice software can reveal personality through layers of sound patterns we recognize as speech.

Each note spoken by a voice has meaning, influence and a physical attribute.

Tucker Carlson, a US TV personality who was reportedly fired from Fox News for telling the truth, says we should “hone our Spidey senses.”

“The truth ‘hums’ inside of us like a tuning fork. The only reason we don’t act on it is because we have been talked out of it by professional liars.” Tucker states, “We doubt our own gut instincts!” He suggests that we all need to “hone our Spidey senses.” He cautions us to remember that misinformation should immediately be labeled as a deliberate lie.

Truth should be available to everyone. Lies hurt and bewilder us. Every one of us can likely remember a time when a lie cut deeply; sometimes irreversibly. The computer application that I created and tested extensively will not likely reveal something you don't already know or at least, suspect. It will simply provide conformation!

A vocal print I recorded of Desmond Tutu using the nanoVoice software shows his general perspective. A computer printout reveals that he is "Future oriented with lots of feeling of compassion and concern for how we treat each other." Nothing you didn't know but it confirms, with a computer analysis, what people perceived already. What a wonderful ability – to know the Truth and have it confirmed.

"The TRUTH will set you free." -John 8:32

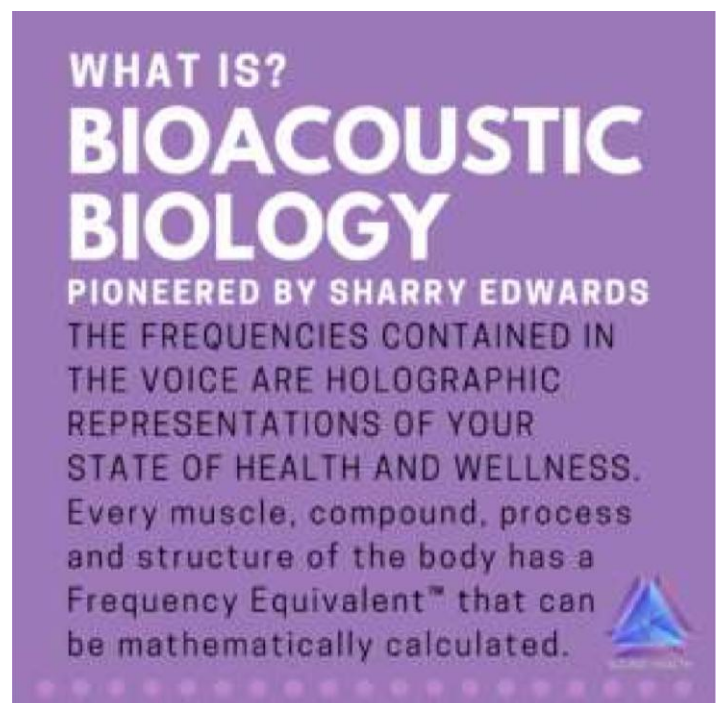
Compare with Zohran Mamdani's vocal print – he is currently running for mayor of New York City. His words don't necessarily match what people report they feel when they hear him speak. His words often create cognitive dissonance for the listener. His Vocal print shows a lack of foundation which isn't likely identified openly by the listener but the computer program recognized and reported it.

Which person would you be more likely to Trust as a leader?

Our research has been able to develop a math matrix of a human voice – which led us to the idea of a mathematical Rosetta Stone of health and healing. This information indicates that we have a Mathematical Constitution that can be detected and managed through frequency formulations.

From a database of thousands of vocal prints, we have been able to extract math patterns of disease: cancer, vision disturbances, muscle regeneration, energy patterns, diabetes, PTSD, metabolism conflicts ... Just as there are chemistry pathways of disease and imbalances; we have been able to create Mathways of health and personality issues. This is what we share in our classes – many of them free.

Over the years we have been able to establish that certain frequencies correlate to physical and emotional issues – they relate to music notes, colors and personality traits – many even match astrology associations. Below is the chart that can be used as a comparison sheet.

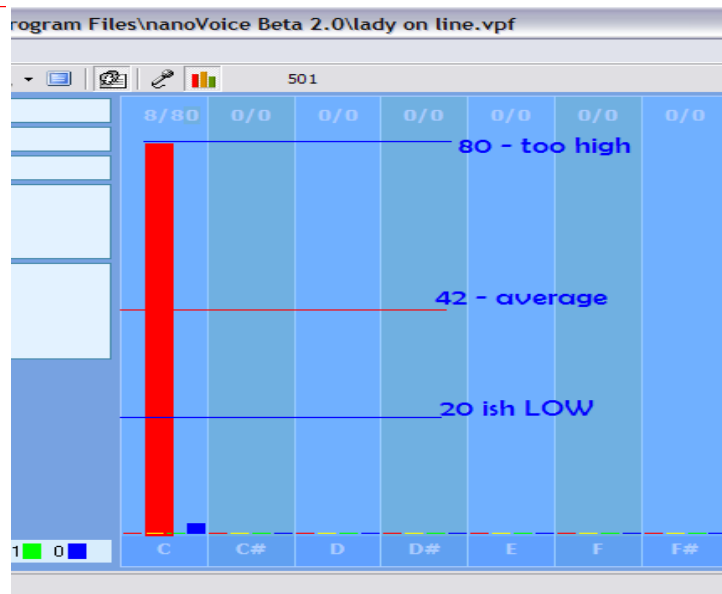


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NOTE CORRELATE CHART

EMOTIONAL		PHYSICAL
Self power, ego, self direct, leader, excitement physically motivated	C	Large, thick muscles, heart gross circulation, female reproduction
Champion of justice, fair play, hard on self, stubborn, hard on others as a cover	C#	Tendon, ligaments, tissue linings, circulation of digestion, bowel
Self approval, expects reciprocation caretaker, likes to organize, examine and fix self and others	D	Liver, gallbladder, pancreas digestion, appetite, production of enzymes and hormones
Information brokers, not apt to share "real" self easily, uses narrative examples to teach	D#	Cellular oxygenation, transport of minerals and oxygen to eyes and muscles
Self approval issues, uses words first to convey message and meaning, appreciation	E	Wet moist tissues, lungs, eye, nose, bronchial structures diaphragm,
Planner, ability to see flaws in the plan of others, balance between perception and action	F	Kidney, environmental allergies prostate, male reproduction, lower back, cranial balance
One who carries out the plans, does intuitive about the needs of others share and loves wholeheartedly	F#	Blood filtering and screening manages mineral balance flow of fluids, nutrients
Game player, likes to mix and manage the physical aspects of life motivated by future events	G	Neurotransmitters, balance of minerals and enzymes bone matrix, water balance
Wants to make a difference, likes to help and satisfy others hands on, time conscience	G#	Resource maintenance and storage, with G# retrieves nutrients from the bowel
Spiritual, takes care of the needs of others, interprets/acts from within self	A	Eye flexibility, electrical issues non-physical issues, resource management, aging
Highly intuitive, reads between the lines, can put aside self for others likes mental games, hurts easily	A#	Immune system, adrenal issues with E-allergy related, body detoxification, oxygen regulation
Link between self and universe needs harmony and balance in personal life and occupation	B	Subtle circulation, body/mind connection, small body mechanics nerves, body magnetics
Meditative, answers to God's LAW	B/C	Body system integration and communication

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Current Projects

One of our most current, comprehensive and useful projects is Weight Management. It is estimated that over 80% of the US population is concerned and unhappy with their weight. Worldwide the number is more likely around 60% for persons over 18.

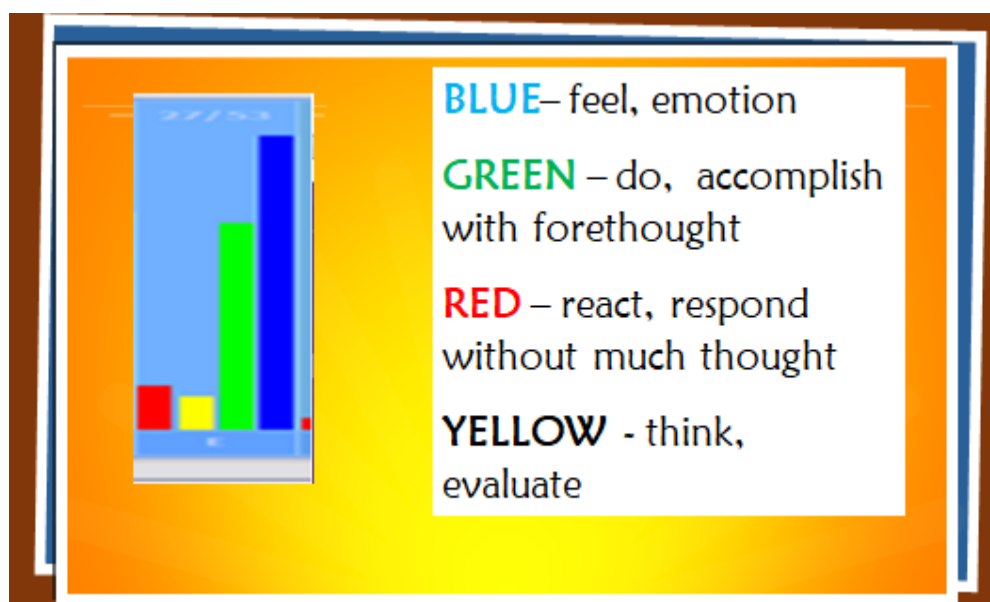
Quote from World Health Organization web site

“As of 2022, the World Health Organization (WHO) reported that approximately 43% of adults aged 18 years and older were overweight, and 16% were living with obesity. This means that nearly 60% of the global adult population had weight issues in that year. In 2024, an estimated 35 million children under the age of 5 were overweight. Additionally, over 390 million children and adolescents aged 5–19 years were overweight in

A Note Correlate Chart shows not only notes but associated octaves show strong relationships to overall perspective.

How much of a note appears is important but the balance of the notes is paramount to understanding the person on multiple levels.

The COLOR associated with each note is an important part of the evaluation.



2022, including 160 million who were living with obesity.

These figures highlight the growing global health challenge posed by overweight and obesity, affecting individuals across all age groups."

It seems that many causes of weight issues are not being fully shared with the public. Our ten-part series for Masters of Health Magazine attempted to relay BioAcoustically revealed, but not readily available information. For example many people who had been diagnosed with Diabetes actually had no significant issues with physical insulin but the issue is involved with the hormone, Adiponectin, that regulates insulin.

We have arranged for the public to receive preliminary, individualized evaluations of weight management issues from our online WorkStation SoundHealthPortal.com.

As part of our work we have developed Mathical Maps to reveal the redundancy of the body's systems. The March 2025 issue of Masters of Health Magazine shows the relationship between muscles and weight management biochemicals. Such a map can be used to identify specific weight management issues without using a vocal print.

For instance the hormone Adiponectin mentioned above is the same frequency as an arm muscle that often shows adipose tissue accumulation. Excessive fat tends to gather on and around muscles that have similar frequency values.

References

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James Gimzewski

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[World Health Organization+1](#)

[World Health Organization+2World Health Organization+2](#)

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<https://www.youtube.com/watch?v=Oh44YGlW3DI> - The Forbidden Manuscript of Pythagoras | The Power of Vibrational Healing

<https://www.physicsforums.com/threads/did-albert-einstein-say-everything-is-energy.583449/>

<https://consciousspaces.com/en-us/blogs/science/good-vibrations-how-frequencies-hold-the-key-to-life>

SOUND HEALTH KEYNOTES

OCTOBER 2025

Every moment frequencies are hurling toward the earth that influence our emotions and physiology.

These monthly Keynotes are meant to forewarn you of things to come. Generally for the month of October: the lower back, hip muscles, eye proteins and blood pressure issues are all active throughout the month.

Week One

Proteins that keep the eye lens clean are active this week. Troponin, an enzyme used to monitor heart trauma, is active now.

Hip muscles and lower abdominal muscles, which help support the back, are active and may cause back strain and pain.

Eye issues concerning Opsin and the Cornea are both in stress this week. Lipid (fat) overload and likely fatty liver issues may become obvious as digestive or hormonal upsets may cause discomfort.

Finger and joint connections may become cranky. Turmeric may help some of the inflammatory responses you are having. Blood sugar may be harder to control this week.

Week Two

The hip muscles continue to cause discomfort. Vitamin B1 may help.

Blood flow may be an issue this week. The stress chemical, cortisol, may cause emotional swings. Iron stress by mid-week may cause more fatigue than usual.

Lipase (helps digest carbs) will be in stress for the next 10 days or so. Blood sugar continues

to be an issue. This week calls for quality sleep so your body can detox more efficiently.

Week Three

Muscle stress from lack of progesterone may cause more muscle and joint exhaustion. Eye stress continues. Sometimes eye stress can be ameliorated by using colored glasses. Amazon has colored sets of lens or if you have a local store that handles such items, try on different colors. The appropriate color will allow you to walk a straighter line down an aisle.

Low Glycine - supports muscles among other duties, may cause your legs to feel sluggish. You can test your muscles and nutrients using SoundHealthPortal.com. It provides muscle and nutrient software even at the Guest level subscriptions.

Week Four

Lower back stress comes strongly into play this week. There are several low back stretches on the internet that you can try before getting out of bed. Selenium (Brazil nuts – supports vascular issues) come into play this week along with Bile salts that help digest fats.

Eye strain continues. Candida and chlamydia frequencies are coming into play at the end of the week.

Wikipedia: Chlamydia pneumonia is a bacterial pathogen that causes respiratory tract infections in humans. It is transmitted through respiratory droplets and can lead to symptoms such as cough, fever, and chest pain. It is a common cause of community-acquired pneumonia and can also be associated with bronchitis and sinusitis. Early diagnosis and treatment with antibiotics is important to prevent complications and further spread of the infection.

Week Five

Back stress continues along the spine. Choline and hemoglobin frequencies may cause mental confusion and fatigue.

For those with dairy issues, this may be a trying week, including for those who suffer mucous causing sensitivities. Watch out for sinus and swallowing issues.

Insulin metabolism and cardiac muscles are stressed this week and into the beginning of next month.

Questions or Comments: write to
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BioAcoustic Tidbit

Using chewing muscles together, the Masseter and Pterygoid, stimulate the frequency of Dopamine – a feel good biochemical.

So next time you feel the need to eat, are you hungry or just need to chew?

Vocal analysis to BioAcoustically evaluate your hormones, including CORTISOL, can be performed at our public WorkStation: SoundHealthPortal.com