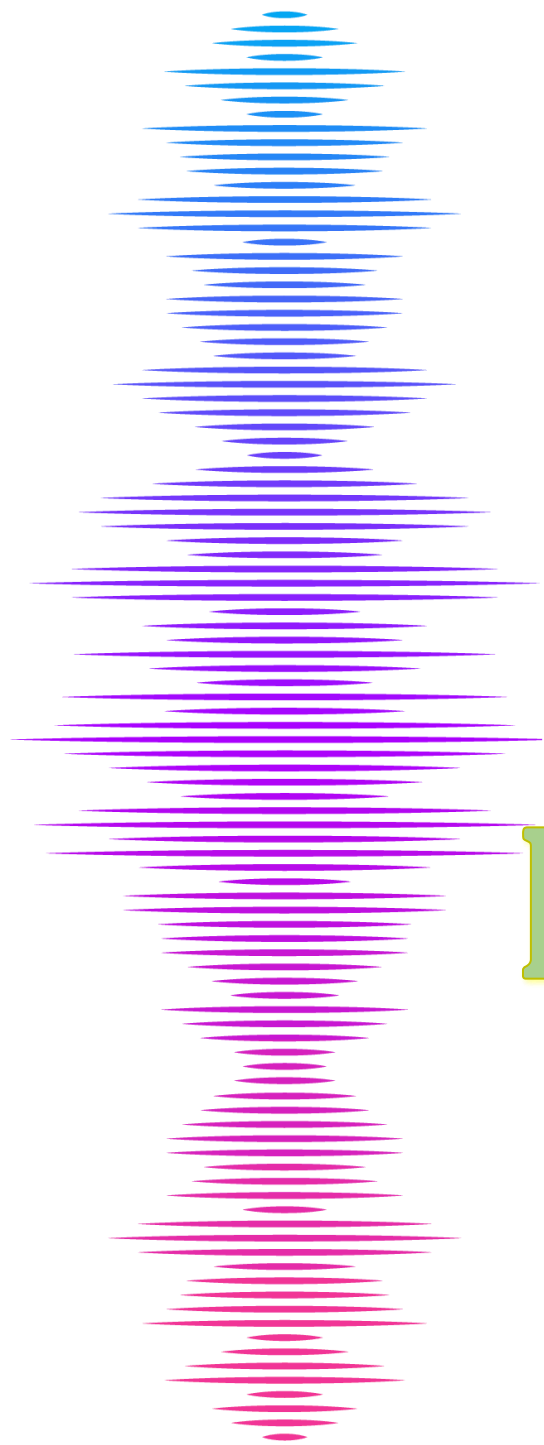




JBAB

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A peer-reviewed publication dedicated to
human bioacoustic vocal profiling and
sound presentation

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Is Frequency our New Medicine or an Ancient Mystery Revealed?

It usually takes a well-funded scientific breakthrough or an overwhelming catastrophe to facilitate change that makes a difference. People are slow to embrace new scientific information because anything fundamentally different from the status quo intimidates them.

Although a major disaster forces transformation, people don't always adjust willingly. The most profound and permanent way to cause a shift in perception is through affirmative life experience. To shift perceptions concerning health care, a small, yet highly innovative educational research institute located in southern Ohio, Sound Health, is reporting novel research that supports the assertion that ancient architecture contains math codes that support frequency-based medicine. The idea of revisiting lost knowledge using computer-assembled biometrics provides a new paradigm that will change the face of future medicine.

Known as Human BioAcoustics and Vocal Profiling, this innovative biotechnology is the inspiration of a uniquely talented pioneer, Sharry Edwards™. It has been written that many great thinkers have attempted to decode the mysteries of the universe using math, geometry, music, frequency and architecture. The recent popularity of the movie: "The DaVinci Code" and Dan Brown's new book, The Symbol have sparked our imaginations concerning information that has been kept hidden from the populace. While Brown's book hints at architecture as hidden knowledge, Edwards' work proves that the ancient Templar cross contains the math codes that support cellular rejuvenation.

The idea of revisiting lost knowledge with a mathematical matrix of the frequency field of the body is very important to our future of understanding physics. Edwards' research provides many of the answers concerning Pythagorean string theory and how it can be combined with modern string theory to explain how DNA "strings" can be dominated using frequency.

Vocal Profiling is an innovative biotechnology inspiration by the pioneer of Human BioAcoustics, Sharry Edwards™, M.Ed.

Using frequency as an intrinsic healing modality is an ancient tool brought forward into the modern era through BioAcoustic Biology; a major innovation that could change the face of future medicine. Through dedication, tenacity and hard work the foundational principles of the voice as an indicator of health will soon become as common as taking your temperature or blood pressure when you visit your health care provider.

This new technology utilizes the premise that the body can identify and prescribe for itself using the algorithms of vocalized frequencies to accurately quantify, organize, and extrapolate biometric information.

“The list of how Vocal Profiling can be used seems endless and provides an avenue for the integration of energy medicine with the allopathic approach,” states Roman Chrucky, MD. Dr. Chrucky credits this new technology with predicting his heart attack last year and for helping his body reverse a diagnosis of prostate cancer. “My experiences with this technique are very real because they have made a difference in my own life and those of my patients. I’m very happy with this work and very happy that Sharry has stuck to these ideas in the face of much adversity. In my opinion she’s the doctor’s doctor. I send all my perplexing patients to her even though by definition, what she does is not medicine.”

Known as Vocal Profiling, the idea of analyzing the frequencies and modulation of a human voice to determine emotional, biochemical and structural status of a person, is being used by medical facilities and schools; for military applications; in police work for verification purposes; in research studies for issues thought to be incurable; to determine wellness patterns; to relieve the stress of pain and to determine exposure to toxins and pathogens.

From working with the firefighter’s union and engineers at Ground Zero, to assisting physicians in determining the potential cause of health-related mysteries, this novel work is “Star Trek” medicine in the making.

Edwards has organized a network of people that are being trained in these techniques so that a groundswell of people can attend to their own communities should a health catastrophe occur. Her premise is to create a new paradigm of health while leaving the present broken system behind.

She is following the advice of another uniquely talented pioneer, Buckminster Fuller, who said, *“In order to change something, don’t struggle to change the existing model. Create a new model and make the old one obsolete.”*

Holy Grail Mystery Math has Potential to Promote and Extend Life

Ancient mysteries were deliberately withheld until mankind was ready. The da Vinci Code helped enlighten an audience to what was believed to be a myth but a real-life Holy Grail Keeper has been identified and her work and results do indeed defy modern science.

“It’s stunning what comes out in these reports. Only my best friends would know these things and it answered questions I didn’t even ask even though they told me that each report would probably be topic specific.”

Albany, Ohio – April 15, 2016 -- Sharry Edwards, the pioneer of the emerging field of BioAcoustic Biology, has been identified by Sylvia Francke as one of the few living Keepers of the Holy Grail mysteries in her 2007 publication, *The Tree of Life and the Holy Grail*. BioAcoustic Biology attempts to define human health through frequency-based biomarkers.

Three other original thinkers, Royal Rife, Wilhelm Reich and Alfred Tomatis were also named as individuals who helped rediscover the Tree of Life Energies. All three are deceased but during their lifetimes each was enormously influential in originating a diverse form of frequency-based medicine. Much of the work of Rife and Reich, however, has been lost due to the FDA's destruction of their written works. Edwards presently continues her work with vocal codes, as a representation of human health, in a small experimental research center, Sound Health, located in rural Southern Ohio in the US.

Francke's manuscript published by Temple Lodge discusses ancient mysteries and how secret knowledge has been kept hidden from all but a few "enlightened" beings. Two hugely popular movies, *National Treasure* and *The Da Vinci Code*, demonstrate the immense public fascination in seeing these ancient mysteries brought to light. Through the ages the blood lines of the Knights Templar have been seen as the protectors and keepers of these spiritual Truths which are believed to guide the evolution and unity of the planet.

It was not evident to Edwards that she had any special place in the world of hidden knowledge until her unique talent of being able to hear and sing the frequencies that emanate from the human ear was made public. Although this sounds far-fetched, Johns Hopkins researcher, Wendell Browne has substantiated that the ear does emit sound which can be used to diagnose disease. Information about these otoacoustic emissions is being published by PubMed and is believed to be the same frequencies heard by Edwards.

Although Edwards' talent was initially thought to be an esoteric one, she has now computerized the process so that others can use her ideas to reveal the vocal codes within the human voice.

Many prominent scientists are working in similar areas as Edwards. James Gimzewski, a physicist from UCLA, has been able to establish that all cells within the human body create frequency and sound patterns. Gimzewski believes that these cell sounds can be used to diagnose disease. He hoped that his research could be used to listen to healthy versus diseased cells but he states that he does not understand what the frequencies mean. Edwards' research fills that gap. Her work can use vocal profiles to identify and predict disease patterns using a math matrix created by vocal frequencies. Traumatic injury, nerve and muscle regrowth, anti-aging and genetic issues as well as metabolic and immune topics have been modeled by Edwards' team.

Many of the ailments investigated by Edwards were considered incurable by conventional standards. Robert Day, a long-time sufferer of Macular Degeneration, heard Edwards on the internationally syndicated show, Coast to Coast, hosted by George Noory, and thought she might be able to help him with his deteriorating eyesight. Day visited Edwards' experimental lab and reported, *"I never thought my eye problems could be reversed but the very first day I saw Sharry in her clinic, much of my eyesight returned. I could see street signs; I could drive; I could read a newspaper. I have my life back and I'm very happy that George Noory had the vision to have her on his show."*

This work could change the lives of thousands of Macular Degeneration sufferers who have been told that there is no hope for recovery through normal medical channels. Another convincing account is that of Russ Rudy, MD., who suffered from what had been diagnosed as multiple sclerosis. Not only did Edwards' experimental technique help his body regrow the nerves in his legs from the waist down (a feat considered impossible by conventional medical standards) but she was also able to help him when a car accident left him without the full use of his left hand.

Rudy comments, *"It only took minutes to find the sounds that allowed my hand to move without restriction...I don't know how this works, it is beyond our present medical science but I'm certainly glad it does and I'm very happy to be a part of Sharry's work."*

Based on this kind of clinical study, Edwards hopes that this technique could revolutionize sports rehabilitation because the math-based evaluations that have been created can predict which muscles are going to be in stress. What professional sports team wouldn't want to know who's going to be injured before it happens?

Lynn Taggart has written a very popular book, *The Field*, in which she explains that the body has a field of energy that can be controlled using the mind. Edwards' work not only substantiates Taggart's suppositions but goes beyond *The Field* to show that

the body's energy can be managed using the presentation of individualized, low-frequency sound formulations.

Edwards' work also moves into the realm of modern String Theory which proposes that our DNA, the blueprint of our being, emanates from infinitesimally small bits of matter called Strings. The issue with String Theory is that no one knows how these undisciplined strings become structure. Edwards' work goes a step beyond to show how the frequency matrix of matter becomes RNA, the regulatory proteins of synthesis and transmission of genetic information. Edwards' work is clearly a new foundation for understanding how the structure of DNA can develop into specific structures of life.

Although Edwards and her staff have “decoded” thousands of genes into frequency patterns, she says that her research can show that a gene's controlling proteins are just as important as the genes themselves especially in her work with antiaging, the liberation from pain, weight management, amplified immune response; and degenerative diseases like arthritis, macular degeneration and heart disease.

The Secret is one of the most popular movies of all time. It attempts to teach us that we can have whatever we want just by our intention. Edwards feels that this perspective needs a bit more inquiry because many people do not know what they want.

A recently developed computer program, nVoice, used Edwards unusual ability to associate personality traits with changes in vocal tones to create 5–6-page profiles that move people past what they think they want, to the realization of who they are and what they represent to others. *“It’s stunning what comes out in these reports. Only my best friends would know these things and it answered questions I didn’t even ask even though they told me that each report would probably be topic specific,”* stated one astonished client.

Human BioAcoustics, as Edwards calls her work, combines the concepts of Vocal Profiling and analog Sound Presentation to create the new science of Sonistry. She explains that “just as there is a system of biochemical pathways within the body, there is also a system of frequency based Mathways™ that can be used to assess and predict states of health. She has amassed a database that includes math-based biomarkers for many issues thought to be incurable.

A few years ago, Pfizer pharmaceuticals published a paper showing that Parkinson's disease could be predicted through vocal analysis. Many of the concepts used by Pfizer were techniques used and published by Edwards nearly two decades ago. Edwards has taken a very old idea - that sound can influence personality and health - and has transformed it into a modern concept of math-based medicine. Her work has appeared in numerous publications including The Definitive Guide of Alternative Medicine, Health on the Edge (entire chapter) by Larry Trivieri, The Duke Encyclopedia of Alternative Medicine, and The Scientific Basis of Alternative Medicine.

Edwards was named Scientist of the Year by the New Frontiers of Science and has received awards together with first lady Betty Ford, John Nash of a Beautiful Mind (movie) and William Tiller, the father of psychoenergetics. Her company, Sound Health has been recognized by the State of Ohio as a unique and innovative biotech endeavor. In combination, the diversity of Edwards' work shows an astounding blend of the old and the new; the esoteric with the scientific.

Many people have attempted to imitate Edwards' work and they all fall short; she is the original. Sylvia Francke has proclaimed an appropriately graceful position for Edwards' work that allows Edwards to take her rightful place among the greats in Energy and Frequency Medicine. Edwards feels that she is just doing what comes naturally but even a quick look at her life's work shows that she is driven to understand her own very extraordinary auditory talent and to search for answers that validate her work so that it can be made available to all people.

Title: How to Easily Reach Theta for Optimal Self-Programming

Condensed Summary: Tried-and-True Technique to Reach the Healing Layers of the Brain

or

If You Can Moan, You Can Tone

From the first wail at birth to the funeral lament, sound and rhythm are a part of our lives. In between these two moments, we use a variety of notes, pitch and intonation to express ourselves. Some of these vocalizations are learned; others are quite natural and spontaneous.

All manners of systems have been devised to organize the various sounds we produce. Language and musical composition are probably the two most well-known. Techniques such as toning, praying, chanting, and primal screaming are just a few of the methods that have been used in our attempts to dominate our physical and emotional selves.

But it is the natural tones that seem to be the most useful. Granted they are the ones that we often don't use, at least in public. The natural grunts, groans and sighs are the sounds used when we find ourselves in our most vulnerable states: when we are ill, afraid, grieving, angry or making love. These sounds are associated with the most fundamental aspects of our lives.

We didn't have to learn to moan or weep. It is not required that someone teach us to groan or laugh. With few exceptions, the ability to produce such verbalizations comes as standard equipment.

Almost anyone can tone. Make a sound, any sound. Make the sound originate from your throat, your nose, from deep in your gut. Close your mouth and make a sound. Do you feel it move through your nose? Experiment. Run a scale from the lowest to highest note you can make. Do you like one sound better than the other? Does one tone make you vibrate more than the others?

The sounds that cause you to vibrate are the most helpful. Vibrating tones in your sinus cavity or throat have been known to reduce the pain of a headache and decrease sinus, ear, or throat infections. Puff out your cheeks and blow a sound through your, barely touching, front teeth. See if you can find a note that will make your teeth or inner ear vibrate. Congratulations, you just learned to tone your own Signature Sound!

Do any of the sounds make your ears ring? A high-pitched ring that you could not possibly match vocally is present in your ear if you know how to listen. This is your own Soul Note. If you haven't heard such a ring maybe you haven't trained your ear to focus.

Try this exercise: Listen, for a few seconds, to someone talking who is very near you. Now listen to someone who is several feet away, maybe in another room. Now listen close again. Now far. Keep changing your focus. Can you feel your ears change focus? If you use this same technique, you will soon begin to hear a high-pitched ring in your ears. This is your own intrinsic frequency that animates you and keeps you alive and manifests as your

Energy Body. It is exactly right for you, every minute of every day. Listening will feed you the tones you need, every moment.

Another way to listen for your own sound is to lie down and place a pillow over each ear. Listen to the pillow as you practice changing your hearing focus. If you have difficulty hearing your sound this way, try making a very low note and then slowly slide up and down the scale as you listen for your ears to ring. Sometimes cupping your hands over your ears will help you hear the sound more easily. Once your ears start to ring, quit making the sound and listen to the tones inside your ears. Actively listening to these patterns takes you to a theta brain wave level. According to Robert Becker, MD. Theta is the healing frequency level for the body.

Even professional speech therapists are now admitting that the sound of your voice has a lot to do with your energy and health. Just open your mouth and make a sound, a noise. It doesn't have to make sense, even to you. It doesn't need to be pleasing to anyone else. Although some people may want you to believe that toning must be done in a special form or fashion, don't believe it. No one is better at moaning (or toning) for you than you are.

Is Frequency our “New Medicine” or an Ancient Mystery Revealed?

What did we forget to remember?

What caused us to begin to ignore self-healings such as prayer, food, meditation, song, dance, potions, music, laying-on-of-hands, incantations, sand paintings, mud baths, blessed water...and turn to strangers who think they have a right to dishonestly report experimental results to convince us to trust them, even though their first and foremost goal is financial gain; profit?

When did the goal of better health become the fodder of greed, where the goal was to “harvest” our pockets, leaving wellbeing adrift? Many people have begun to believe that the ultimate objective of our modern-day health care system is our entry into an artificial health care scheme that keeps us tethered until we have run out of money or the will to live. Where does the goal of optimal health and wellness fit into the modern business system? How can we move HEALTH to the top of the priority list of our present-day disease management?

It usually takes a well-funded scientific breakthrough or an overwhelming catastrophe to facilitate overall change that makes a difference. People are slow to embrace new scientific information because anything fundamentally different from the status quo intimidates them. Although a major disaster forces transformation, people don’t always adjust willingly. For a great many people, they won’t even admit the problem if they have no hope for something different than what is. Along with hope there must be tools and solutions, and choices and options for change.

The most profound and permanent way to cause a shift in perception is through affirmative life experience. To help shift perceptions concerning health care, I became involved in the creation of a small, highly innovative educational research facility, the Institute of BioAcoustic Biology and Sound Health. Through the years their studies have supported the assertion that ancient architectures and languages contain math codes that support frequency-based cellular regeneration. Through the journey of revisiting lost knowledge using computer technology, a novel paradigm has emerged which uses frequency as a basis for future “medicine” in support of natural homeostasis.

Our bodies are animated through a complex network of nerve frequencies that serve as a communication math matrix from our brain and spinal cord to every nook and cranny of our bodies. The neural system generates frequencies that move along these pathways. Any self-healing of the body must interact with these “bio-frequencies.” Every aspect of this communication network reaches the brain as a measurable frequency, from sound, to thought, to aroma, to light, to touch.... Bottom line, the brain uses frequency to maintain and dominate our structure and function.

If we accept that the brain performs in such a fashion, we must advance the notion that the language of the brain is math. So, what do all modern and ancient healing modalities have in common? Frequencies defined by math, which can be measured, defined, quantified and manipulated to provide understanding and consensus. If we want to combine all healing methods of evaluation and restoration, we could use the common denominator of frequency.

Known as Human BioAcoustics and/or BioAcoustic Biology through Vocal Profiling, the work undertaken by the Sound Health staff is being recognized by conventional medical providers and “remembered” by those who work with ancient healing arts. The Duke Encyclopedia of New Medicine has acknowledged that “Vocal Profiling is an innovative biotechnology” while AT&T has announced that bioacoustics is “the medicine of the future.”

It has been written that many great thinkers have attempted to decode the mysteries of the universe using math, geometry, music, frequency and architecture. The popularity of the movie *The da Vinci Code* and Dan Brown’s *The Symbol* has sparked our imagination concerning information that has been kept hidden from the populace. While Brown’s books hint that ancient architecture contains hidden knowledge, BioAcoustic outcomes provide support indicating that the ancient Templar Cross contains mathematical codes that may initiate cellular reconstruction.

A few sages have even suggested that the ancients somehow imbued our DNA with the knowledge of self-healing and that we only need to remember how our bodies have been innately programmed to stimulate rejuvenation. Could we be self-sustaining, carbon based, propagating robots who have forgotten how to connect with our regenerating codes? Are sequestered memories just a part of planned obsolescence as if we are simply a replaceable appliance? Sylvia Franke in her publication *The Tree of Life and The Holy Grail* explores some of these possibilities: “Providing a mathematical matrix of the bio-frequency field of the body is very important to the future of understanding the body’s ability to regenerate. Research from many fields is converging to provide many of the answers concerning Pythagorean harmonic theory and how it can be combined with modern string theory to explain how DNA ‘strings’ can be dominated using frequency.”

James Gemjewski, using an electron microscope, discovered in 2004 that cells emit sound. In a statement that provides a connection between sound and healing, he states that “sounds emitted from cells, if we could decode them, might someday help doctors “hear” disease and diagnose their patients much more quickly and easily.” Science can now approach the problem, looking for elusive energy patterns that indicate disease/stress that BioAcoustic Biology answered more than a decade ago.

Buckminster Fuller said, “In order to change something, don’t struggle to change the existing model. Create a new model and make the old one obsolete.”

No one argues that the present health care system is in crisis, and that people are seeking alternatives. The intention behind the many public software giveaways conducted by Sound Health is to create unity in healthcare by providing options and solutions in support of SELF-HEALTH and self-responsibility.

From birth to death, we use sounds to express our needs and emotions, but there are additional layers of information hidden within the frequencies expressed as language. In modern times we possess only limited conscious awareness of this information for ourselves, and to understand the intentions of others.

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted at the Institute of BioAcoustic Biology have consistently demonstrated that math can be much more than a measurement tool; math, as frequency, can be the solution to therapeutic predictability and resolution. Imagine a future in which the individual frequency-based biomarkers contained within the voice can be used to keep us and our world healthy and emotionally balanced.

The leading-edge research from Sound Health and the Institute of BioAcoustic Biology demonstrates that the voice is a holographic representation of the body that can be used to transform the concepts of math into useful medical models.

To date, there is no universally accepted modality that can assist in the survival of biological, radioactive and pandemic threats; reverse stroke and muscle trauma or support space travel (as frequency-based solutions show the ability to overcome bone loss and muscle atrophy). In many instances, by the time the cause has been identified, it is too late to provide remediation. Frequency-based medicine can provide a prompt and corrective direction in person or via the internet.

Our brain communicates using the language of math expressed as frequency. As these signals reach the brain, the bio-frequencies are sorted, routed and assigned an interpretation and responsibility. Our brain and biology are hardwired to respond to these basic principles of math.

Strange, yet profound, BioAcoustic Biology may be able to explain how a physician might instruct a heart patient to “listen to a specific frequency combination (known for its ability to stabilize heart rhythm) and call me in the morning.”

The research being conducted by the Institute of BioAcoustic Biology is on the forefront of energy medicine, creating the doorway to our next dimension of health evolution. In addition, the techniques hold promise in answering questions about how our universe was formed, and how our aging and perception of time can be monitored using frequency.

Such a novel protocol utilizes the premise that the body can identify and prescribe for itself, using the algorithms of vocalized frequencies to accurately quantify, organize, and extrapolate biometric information. BioAcoustic Biology is an area of scientific endeavor that is in the process of becoming scientifically established. Visionary leaders will see this novel idea as a prophecy for a new future which can provide conclusions based on measurable outcomes, ancient traditions and current observation. This emerging paradigm will become part of future medicine as the consistent and efficacious outcomes continue to accrue.

In developing these techniques, The Institute of BioAcoustic Biology has created a dilemma. How can we take this potential to the public when we don’t have enough trained practitioners to serve the need?

To survive, the human race NEEDS BioAcoustic Biology. For BioAcoustic inquiry to survive, practitioners, clinicians and trainers are needed. Public and Professional classes are offered each month, many free with accompanying software.

Whoever controls health controls the quality of life. Health is much more precious than wealth. If we can find a way to dominate our own health, through thought or deed, then we have province over our own evolution. Sound Health has provided the initial steps to humanity so each person can explore this

pioneering path to New Medicine! Gift: To have your vocal frequencies analyzed go the SoundHealthPortal.com – SERVICES.

Does Your Voice Reveal Your Secret Self?

Finding your true voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are. Imagine a future in which our individual vocal frequency is our identification, where the use of frequency-based biomarkers contained within your voice can be used to keep you healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions, but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

Everything that happens to the body reaches the brain as biofrequencies that are then sorted, routed and assigned an interpretation, but it seems, in modern times, that we carry very little conscious awareness of this information. Did we as a human race forget, or were we forced to abandon a great deal of our intrinsic abilities to glean information about another person simply by hearing their voice?

The recent popularity of the da Vinci code sparked interest in the possibility that a great deal of knowledge has been kept hidden from the general population. Is the idea that we dominate our lives through our thoughts and intentions an intrinsic fact of human spirit? Can we, in truth, chant the words and create our Reality?

The obvious success of the tide-turning movie *The Secret* showed that people are ready to accept the fact that we can think or say something and have it manifest. Have we matured enough to receive the bounty of consciousness-produced reality with wisdom? Do people really know what they want, deep down, devoid of old parental “tapes,” advertising, peer pressure, the “oughts” and “shoulds” that we are subjected to daily?

If we want to manifest our neighbor’s car or wife for ourselves, is this a lack of respect, or our basic right of conscious intention? If we accept the reality that we all fit perfectly into the ideally conceived, flawlessly interlocking puzzle of life, then how can we allow any two people to want the exact same item? Someone would do without and therein resides a basic problem: If we both pray for the same thing, who gets the prize? So how can someone “program” their lives with the voice of prayer and mantra without bumping into the needs and rights of others?

Many spiritual leaders throughout the ages have claimed that we have the power to be who we want to be, to have what we want. Could it be that the world is designed perfectly, and if we really knew the ideal life to manifest, then everything would be in harmony? But how can we ever know what will perfectly balance our lives? How can we know what we really want underneath the layers of greed and need? We can find our true voice and identify the true voice of others.

Christian Bible:



Nothing is hidden from your own voice. You may be able to lie to your friends and deceive yourself with your words, but the voice does not lie. Vocal Profiling computer software has been built that can evaluate the frequencies, architectures, and harmonics of your voice. Vast frequency-based databanks can now be used to create a report of what you really think, who you are emotionally and the status of your health. The frequencies missing from your voice are just as important as those that are present. An entire matrix of information, from your DNA to your partner preferences, can be evaluated.

Using this modality, your voice can be used to reveal who you really are under the layer of public personality you have created. This is an opportunity of humanity to break free of all the deceit and deception that we live with on a daily basis.

What would our world be like? Our legal system would be unneeded if your true voice could be so easily read: Unsound relationships would crumble, businesses would fall because for the most part, our world is built on what we can keep hidden from those who think they know us.

Vocal Profiling can let us know the intentions of our leaders, the motivations of our partners and the pathway to our sense of self. Would that be of value or an avenue toward destruction?

What would a world be like if everyone only spoke the TRUTH? Can you image a society where we are all known by our frequency signatures that people could read through a voice that truly represented who we are? Could finding our true voice allow us to create a world full of grace and dignity?

BioAcoustically Speaking, we loudly proclaim that truth should be a virtue. Should it have taken a computer program for us to discover our internal truth and clarity?

Find your Secret Self using this download of *nanoVoice*™, a program especially created to initiate the possibility that we can all experience a nano-glimpse into what is and who we truly are.

nanoVoice is available from the link below.

Nano software -<https://bit.ly/DBNano>

Nano Class - <https://vimeo.com/467407585>

Nano install instructions - <https://adobe.ly/3aFnPvI>



NanoVoice is a micro version of our professional **nVoice Personality Profiler**™, which uses math frequency-based biomarkers within the frequencies of your voice to allow you an enlightening peek into your Secret Self.

NanoVoice can help you understand and solve issues using unconscious levels of awareness. This innovative technology is the forefront of future medicine based on personal biofrequency correlations to emotional, genetic, structural, and biochemical information about YOU.

There is still much work to do. This is just the beginning. After you have been convinced that using the voice can bring you information about yourself, go to www.SoundHealthOptions.com for more information, or www.jbab.org if you are research inclined. Read and download the information, charts and videos – all public.

Join us in spreading the word about this unique technique and the options for freeing ourselves from deception. Join us in this vision to allow each of us to be alive with grace and dignity.

What will happen when those that manage the purse strings of health care costs discover what we have done? We don't know yet, but we are willing to risk it. But once the word is out in mass, there will be no stopping it. Things are gonna change! Please join us for the next evolution!

Sharry Edwards, M.Ed. is the acknowledged pioneer of BioAcoustic Vocal profiling. To comment or question – SharryEdwards@gmail.com

Disclaimer: The Personality Profiler and Nano Voice are based on Human BioAcoustics, as originated by Sharry Edwards, M.Ed. Results are intended for self-education and entertainment only. These programs do not diagnose or prescribe for medical or psychological conditions nor does it prevent, treat, mitigate or cure such conditions. They do not provide diagnosis, care, treatment or rehabilitation of individuals, nor apply medical, mental health or human development principles.

The 9/11 Story You Have Never Heard

What health information did the government and the Union withhold from Ground Zero Responders?

In 2001, shortly after the 9/11 attack that startled the world, a then-little-known Research Company, the Institute of BioAcoustic Biology and Sound Health, took part in a pilot study by evaluating the vocal prints of eight of the scientists who dared to venture into the gaping hole.



What they found was so important that they immediately contacted the Center for Disease Control (CDC) in Atlanta, Georgia. The official word from the CDC is that they could not be involved since there was no FDA approval for the protocol that was emerging from the data which allowed the alleviation of the "Fireman's Cough." Reports have emerged to show that thousands of these heroes experienced devastating lung/health issues as a result of their efforts to help during this tragedy.

A few days later, the Institute received a personal call from an employee of the CDC. That phone call set in motion a series of events that could have saved billions of dollars and eliminated horrendous suffering.

Openly, four representatives of Sound Health were asked to evaluate 17 additional Union members of the Uniformed Firefighters Association of Greater New York at the union headquarters in New York City. From the window as they were working, the gaping hole was visible as an incredible reminder of how many lives could be involved.

A demonstration of healing frequency techniques revealed the elimination of the Fireman's Cough and even helped one Firefighter stop the pain from what was believed to be a gallbladder attack. Immediately the group was asked back to help the remaining thousands of people who were involved or near the deadly toxins that the explosions and consequent fires created.

The idea was a Godsend until the Union officials demanded that the small nonprofit research company foot the entire bill for the enormous undertaking of testing and treating EVERYONE involved. This would have taken millions of dollars to bring in a large crew of trained professionals to stay for months to provide the care and help that was needed. It was an impossible situation. The funds needed were ten times the entire annual budget of the non-profit Institute.

The Union has been receiving millions of dollars daily in donations to help those in need. The trip had been made to New York using borrowed funds to make a difference in the lives that were damaged. The proof was there in front of everyone to see. Yet the Union would not fund this important health evaluation to their members or even allow access even though there was proof that they had witnessed, that the protocol stopped the Fireman's Cough in just a few minutes.

The crew went home to Ohio, disappointed and dejected but still attempted to find ways to fund the project. For two years they tried and were turned away because there was no FDA approval of these novel, yet phenomenal, outcomes.

When asked if she knew why her company's efforts were rejected, Sharry Edwards, M.Ed., Director of the Institute replied: "It reminds me of the lost wisdom of the willow bark. Centuries ago the inside bark of the willow tree was used as flayed toothbrushes and chewed on for pain relief. Hippocrates left records from 460 BC about the use of willow bark to treat pain and fever. But it wasn't until much later (1828) that salicylic acid was isolated as the cause of the pain relief and even later as a remedy for muscle, joints and circulation activities. It wasn't until this last decade that a popular medical journal published the how and why of the pain relief gained from the properties of willow bark. So the comparison is, if it works, use it. We showed that we could stop the Fireman's Cough. Why allow the FDA – whose record for mistakes and recalls is well known – to stand in the way? The World Health Organization allows, in emergency situations, that any efforts - whatever works - can be used to save lives; why not use what we know works so that many could have been spared the agony of a slow, debilitating death?"



There is much more to the story and we have attempted to find some of the union representatives that we originally worked with but we were unable to find anyone. We can only assume that they were so close to the damage that they all died agonizing deaths that could have been prevented.

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There Are Enough Sick People to Go Around

Everyone likes to choose their own variety of sound healing: Gongs, singing, tuning forks. Every Sound Healer likes to choose their favorite instrument, methods and scales. But did you ever want to know how effective your sound healing techniques really are? Do sound healers want to use objective, as well as subjective, feedback? Vocal Profiling feedback can show the notes that need healed, expanded and/or balanced.

Your voice is like a song. When collective notes of your voice don't match in frequency or scale, the song is not very pleasant, indicating unbalance (manifesting as disease). A software program has been in use for over 20 years (and is being provided to the public) that can show before and after objective data that can be used to support healing efforts.

A Reiki story illustrates the power of healing energy transfer. We had a Reiki healer and a client read the same passage into a microphone using vocal analysis software. The vocal frequencies were very different for these pre-sessions. It was not surprising that after the Reiki healing session, the vocal prints were very similar. The energy was shared by the Reiki healer into/onto the client. The vocal prints confirmed it.

The nanoVoice™ Personality Profiler can be used in a variety of ways to support Sound Healing:

- 1) Be used to identify the notes that are out of balance
- 2) Confirm what notes need attention by showing high/low energy
- 3) BioAcoustically confirm allergies or sensitivities to environments, people, pets and situations
- 4) Confirm the coherence or scattering of the voice from a healing session
- 5) Confirm the compatibilities of objects (ex: jewelry) or substances (ex: chocolate)

Sometimes immediately after a healing, the voice scatters. However, after 15 minutes of so, it is incredibly balanced, showing health and vitality. It is something like a crash and reboot for the body.

Vocal Profiling can answer the question as to how a full vibrant voice can indicate a healthy body. Vocal Profiling files can indicate that a healthy voice can indicate a vibrant state of being.

- Try the nanoVoice™ software for free on our online WorkStation, otherwise known as “the Portal” – <https://soundhealthportal.com/nanoVoice/index.html>
- For Sound Healer friends – watch this demo - <https://vimeo.com/322353431>

- Learn more about nanoVoice™ here - <https://soundhealthoptions.com/nanovoicetm/>
- Make sure to check out all of Sharry Edwards' videos on Vimeo!

<https://vimeo.com/user23961032>

Sharry Edwards, M.Ed., Director

Institute of BioAcoustic Biology & Sound Health

SoundHealthOptions.com

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This article contains many links to articles that have been compiled into one booklet --

<https://tinyurl.com/GuardianPapers>

This article also offers the opportunity for public vocal analyses to BioAcoustically evaluate each individual's exposure and possible cellular and stem cell damage due to Covid exposures.

COVID – The Subsequent Factors?

Your brain is your central processing unit (CPU). Like a computer, it uses units of information sent to it via a communication network to monitor and direct activities. Like the human brain, your computer's CPU employs units of measurable frequency to command and respond to the constant needs of your body to animate and survive.

This knowledge is so accepted in scientific circles that we use the frequencies of the body to measure and evaluate bodily functions: with MRI, CAT scans, nerve impulses, brain waves...

We are bombarded by frequencies, internally and externally. This column brings you information about frequencies that can influence your quality of life.

The Institute of BioAcoustic Biology & Sound Health attempts to support optimal form and function by sharing frequency-based information established by the collection of vocal analysis data that we have correlated over the last 30 years. We do this by evaluating vocal frequencies which we believe to be a holographic representation of the brain, and thereby the representation of the function and processes of our biological systems. People with similar vocal anomalies have similar, if not identical, Vocal BIOMARKERS of stress and disease.

This writing will cover the frequency relationships that we have disclosed over the last twenty years as we have investigated pathogen-based issues.

We have been following and publishing information for many years, starting with an October/November 2000 article published in *Nexus Magazine*. It reported on an experiment which showed that a pathogen could be decloaked using low-frequency sound. As a pathogen was revealed, the body's own killer cells were enabled to move in and neutralize the intruder. The very intelligent pathogen was

using the body's own undigested proteins to cloak itself and escape detection by the innate immune system. <https://nexusmagazine.com/product/decloaking-pathogens-with-low-frequency-sound/?v=7516fd43adaa>

Since that publication, the studies at Sound Health have been following CDC guidelines concerning pathogen-based threats to the world's population. We have created frequency-based information about Gardasil; bird, swine and ancient flus; mosquito infections; STDs...

Toward the end of 2019, we turned our efforts toward Corona (later renamed Covid). We found that based on previous studies, the BioAcoustics-based math did not align with what we knew about pathogens. Essentially any antidotes that we could construct did not align with what we had previously encountered. Each math equation must have an eventual solution. In the case of Corona, the answers were contrary to previous evidence. An equivalent example might be $5 = 5$, which means nothing.

We knew the math was contradictory, but we published our findings anyway, noting that the math of this scourge was acting more like an allergen than a virus.

Nutrients such as Quercetin, iron, Glutathione, Vitamin D and Zinc were involved. Some of the frequencies were associated with HIV.

Our data showed that the Coronavirus would cause respiratory difficulty, fatigue, stem cell damage, blood clotting, and inflammatory, respiratory and circulatory issues. Everything we reported earlier has now been investigated and reported by the mainstream media. We published our initial findings online at: <https://soundhealthoptions.com/never-before-released-information-revealed-about-the-coronavirus-2/>.

Excerpt: "Coronavirus overwhelmingly corresponds to the body's use of many aspects and variabilities of Glutathione, second only to Quercitrin. Both show strong relationships with the immune system. **Glutathione** is involved in the **detoxification** of both xenobiotic and endogenous compounds. It facilitates excretion from cells (Hg), facilitates excretion from body (POPs, Hg) and directly neutralizes (POPs, many oxidative chemicals).

With **Quercetin** being a powerful flavonoid, there are a wide range of health **benefits**, including its ability to reduce inflammation, eliminate pain, protect against cardiovascular diseases, act as an anti-cancer, boost the immune system, reduce histamines, and decrease irritation of the skin.

Research suggests that adding **quercetin** to the diet may help to relieve allergy symptoms. Research reports that **quercetin** can have anti-allergic and

antihistamine properties. **Quercetin** is naturally present in many foods and herbs, including apples."

[One version of Glutathione Transferase has the same frequency as Ivermectin. We didn't know it at the time, but we could have been able to predict that Ivermectin may have been an appropriate antidote to Covid.]

Additional Frequency Equivalents BioAcoustically Associated with the Coronavirus Included:

- T-cell Activation Inhibitor
- Ovulation Regulation
- Carbon monoxide
- Several 9/11 Toxins
- Pituitary Gene and Stem Cells
- Hemolysis Gene Deficiency
- A component of fuel products
- Mitochondrial Enzymes, ATP, Carbon
- Disulfide
- Iron Regulation
- Nagalase
- Arachidonic Acid
- Eye Proteins
- Cholesterol Metabolism
- Several Vertebrae, C-4 and S-4
- Histamine
- Choline
- Stress Response Gene

A second publication offered three possible solutions:

<https://soundhealthoptions.com/corona-a-different-approach-summary-and-solution-3/>

To date, we can offer three possible solutions.

1. Download of Le Ciel audio created by James Marshall, actor/composer. James worked to create a Covid-specific piece of music that we have made available to the public. The

piece is now available: <https://soundhealthoptions.com/product/le-ciel-8-minute-version/>

- A Corona Conflicts BioAcoustic evaluation is available online 24/7 - SoundHealthPortal.com offers individual vocal profiles dealing with the information we have amassed so far. BioAcoustically monitor your nutritional and immune system requirements under the SERVICES tab.

An additional BioAcoustic BioMarker bundle has been added that includes information about Corona Conflicts, the Immune System, allergy responses, individual energy and metabolic systems, radiation exposures and inflammatory status.

Link to the demonstration: <https://vimeo.com/396458125>

- Use this listing of beginning frequencies in a binaural manner via an online frequency generator: www.OnlineToneGenerator.com.
 - Use at your own risk. Use biofeedback of oxygen and heart monitoring to check for positive/negative reactions. Link: <https://soundhealthoptions.com/wp-content/uploads/2019/11/LeCiel-NegReactions.pdf>
 - If you can't hear the tones on your device, simply double the frequencies until the tones are perceptible
 - For best results play each set of tones separately using the binaural setting
 - Each tone should be played no more than one minute each
 - Play each tone through twice, every 2-3 hours or as is comfortable
 - Tones should be low in volume; barely audible
 - The lower frequency should always be on the A Channel (Ac)

At this point we created an online workstation for people to use vocal analysis to test themselves for Covid exposure – SoundHealthOptions.com – CAMPAIGNS

Our third publication decoded and shared the frequencies for Spike Proteins for people to use with the following link for an online generator, which is appropriate since the generator is digital which acts to defeat pathogens:

<https://soundhealthoptions.com/tenets-of-math-as-medicine-support-covid-survival/>

A fourth paper outlined the inflammation and stem cell damage that would likely happen to anyone who had experienced Covid or who had been near Covid-compromised persons or had any Covid-related immunizations. An additional BioAcoustics-based stem cell online evaluation opportunity was provided to the public at SoundHealthPortal.com. Our publication outlining stem cell damage can

be found here - <https://soundhealthoptions.com/can-covid-create-cellular-inflammation-and-stem-cell-interruptions/>

Daily I'm bombarded with pleas and information concerning Covid damage. Funeral directors are revealing the devastating issues associated with Covid deaths. Medical articles report a perplexing array of seemingly untreatable conditions associated with long-term Covid. Countless people report that they are very unhappy because they allowed themselves into forced inoculations by reckless government mandates.

Over 1000 people have volunteered their vocal prints to our research efforts. Their vocal data confirms what is being published: Covid is attacking the weakest part of an individual's body, making each case unique. This is being accomplished by disturbing stem cell activity, interfering in the body's ability to renew itself.

Present-day literature cites a myriad of damage: limited fertility, spontaneous abortions, circulatory and vascular issues, sudden deaths of infants and adults, liver damage, respiratory issues, burning skin, and thyroid disturbances. Using BioAcoustic evaluation, the frequencies most often cited as problematic are multiples of 14, 17 or 19.

What we have observed in vocal prints is a large increase in organ damage, particularly to the pancreas. This has not been cited in present-day literature about Covid damage.

The pancreas is really two glands that are mixed into one organ with two separate functions: digestion and blood sugar regulation.

Current articles concerning Covid show that the data reveals:

- Far higher accident and emergency admission rates for non-Covid in the vaxxed vs. unvaxxed (five times higher rate)
- Significantly higher rates of hospitalization due to non-Covid respiratory illness in the vaxxed
- Even higher numbers in those who were double vaxxed
- Plus, much more interesting data that doesn't fit the usual agenda the global governments have tried to coordinate
- What is the cause of this influx of emergency admissions?
- Why are people struggling after receiving the vaccine?

And, most important of all, what can the vaxxed do to reverse the negative effects of the jab and heal their body?

There is no doubt that our health is immune compromised. Depopulation is inevitable unless we can devise a plan to at least identify the damage. There have already been looming threats of medical rationing, especially for elderly. Is this the start of control through health? Sick people can't fight. Is it the intent of those in charge to start over with a controllable populace?

Based on the urgent need, we have created a large online database that will allow people to identify and address their own Covid-related issues:

SoundHealthPortal.com – CAMPAIGNS – **Subsequent Factors**. Included in this data set are the Yamanaka Factors that purport to identify aging factors for life itself.

Information concerning a well-researched, yet little-known survival protein called Galectin-3 and the role it plays in chronic illness and, more specifically, mycotoxins, has been recently added.

There are over 75 published studies on Galectin-3, including four clinical trials. Some of the many studies have included:

- Reducing Myocardial Fibrosis
- Prevention of Cardiac Fibrosis
- Prevention of Blood-Brain Barrier Disruption
- Potential Treatment of Covid
- Reducing Diabetes-Associated Cognitive Impairment
- Reducing Kidney Disease Severity

Solutions for this worldwide dilemma will need to be individually addressed, suggests Dr. David Jockers. A myriad of solutions is offered below:

https://unbreakableseries.com/wp-content/uploads/2022/08/TEST-UBR-Vaxx-Virus-Recovery_-Expert-Protocols-to-Heal-Your-Body-After-COVID-and-the-Toxic-Jab_compressed.pdf

Sound Health has decoded and used frequencies that emulate pain medications. Together we can work together to support optimal form & function in our future

that will eliminate all disease by identifying frequencies for insulin and cancer treatments... - Public WorkStation = SoundHealthPortal.com

Q & A

Answer to a question from last month's column: A headline read "BioAcoustically Speaking, everything is something else" and people asked for an explanation. I meant that each frequency could have several associates: ATP's frequency and white light are the same frequency. ATP is the first chemical created when conception takes place and white light is often the last vision someone has at the moment of passing.

Oxygen and sulfur are nearly the same frequency. When you consider a frequency as an issue, consider it in context. Does your client have respiratory (oxygen-related) or an immune (sulfur-based) issue?

Sharry Edwards, M.Ed. is the acknowledged pioneer of BioAcoustic Vocal profiling. To comment or question – SharryEdwards@gmail.com

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“This comes as an independent pollster found that a significant number of Americans regret receiving the vaccine in the first place.

10 percent of those vaccinated said they wish they hadn’t done so, while 15 percent of adults said they have been diagnosed with a new condition by a medical practitioner weeks or months after the first dose.”

“Ten percent of Americans who received the COVID-19 vaccine regret having done so, according to a recent poll.

In addition, 15 percent of the [1,038 adults that took the survey](https://www.theepochtimes.com/1038-adults-that-took-the-survey) said that they have been diagnosed with a new condition by a medical practitioner, weeks or months after taking the vaccine.”

https://www.theepochtimes.com/risk-of-heart-inflammation-remains-elevated-after-covid-19-booster-study_4647530.html?est=%2BqARiyaYRZTsc38RW3C63C9ODA2NH0d%2FmlrxmdR8l4y5PgTEjLhLUaH3KBOoDsyCku

Crop Circle architecture may provide anti-viral information against international pandemic

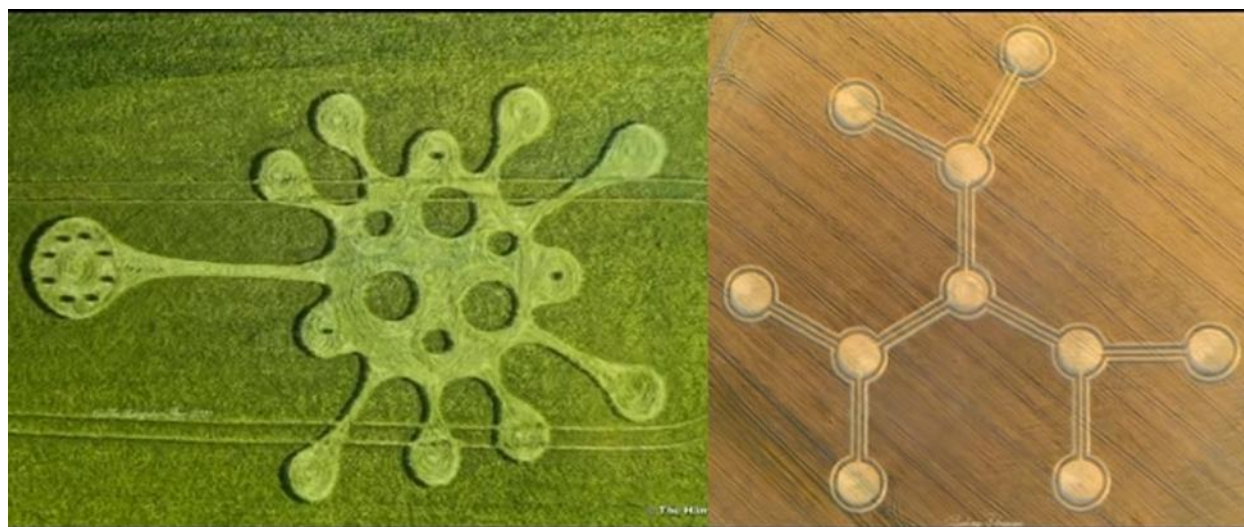


Jeff Rense & Frank Joseph presented a revolutionary show - Did ET Crop Circles Just Cure Coronavirus?

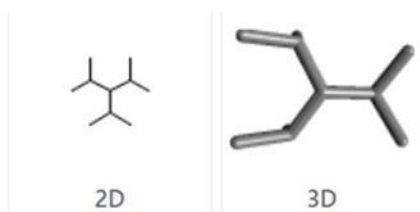
Frank Joseph, author, joined Jeff Rense, talk show host, to discuss a recent 200-foot-wide crop circle found in England that they believe emulates the architecture of the corona virus. The crop circle shows one enlarged portion of the virus that Rense and Joseph believe might depict an obvious starting point to consider for annihilation of the virus.

About Twenty miles away another crop circle depicted, according to Joseph, a compound

used to ward off pathogens such as Corona: **2,4-Dimethyl-3isopropylpentane**



Our immune system may be able to fend off an entire series of corona-based pathogens. PubChem lists Dimethyl-3-isopropylpentane as an antiviral: 2,4-Dimethyl-3-isopropylpentane information below from PubChem.



[Find Similar Structures](#)

$C_{10}H_{22}$

2,4-Dimethyl-3-isopropylpentane

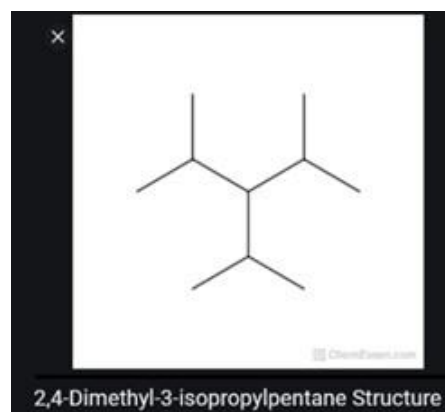
Pentane, 2,4-dimethyl-3-(1-methylethyl)-
13475-79-1

CTK4B9394

2,4-Dimethyl-3-(1-methylethyl)pentane

Bio

The BioAcoustically-based frequency decoded for 2,4 Dimethyl-3-isopropylpentane turned out to be an identical mathematical equivalent to Cytotoxic T-Lymphocyte Antigen 4 (CTLA-4).



BioAcoustically Speaking, frequencies can pitch-hit for each other.

It is incredible that:



- 1) A crop circle could depict a pathogen threatening the earth.
- 2) An potential antiviral hydrocarbon crop circle nearby could indicate a potential cure for the pathogen threatening the earth.
- 3) That the hydrocarbon indicated by the crop circle

could have identical mathematical properties to a member of a known immunoglobulin superfamily already known the scientists to be involved in regulating the body's immune responses.

FROM WIKIPEDIA: Cytotoxic T-Lymphocyte Antigen 4 (CTLA-4 CTLA4) is a member of the immunoglobulin superfamily that is expressed by activated T-cells and transmits an inhibitory signal to T cells. CTLA4 is homologous to the T-cell costimulatory protein, CD28. CTLA4 transmits an inhibitory signal to T cells, whereas CD28 transmits a stimulatory signal. CTLA4 is also found in regulatory T cells

(Tregs) and contributes to their inhibitory function. T cell activation through the T cell receptor and CD28 leads to increased expression of CTLA-4.

https://www.youtube.com/watch?v=QaU7_hyFXrw&feature=youtu.be

https://www.youtube.com/watch?v=QaU7_hyFXrw&feature=youtu.be

Frequencies Suggested:

Ac Bc

13.34/22.23 - associated with cellular oxygen

15.56/20.01 – associated with bioflavonoids and cellular healing

17.51/18.06 – associated with essential immune nutrients

Use this listing of beginning frequencies in a binaural manner using an online frequency generator:

<https://www.OnlineToneGenerator.com>

1. Download of Le Ceil created by James Marshall, actor/composer. It is a CV specific piece of music. <https://soundhealthoptions.com/product/le-ciel-8minute-version/>

Jill Mattson's Corona Defense music can be downloaded here: <https://www.coronavirusdefense.org>

Jill created meditation music with the Corona Conflicts frequencies in the background – many versions; download your favorite.

2. A Corona Conflicts BioAcoustic evaluation is available online 24/7 – SoundHealthPortal.com offers individual vocal profiles dealing with the information we have amassed so far. BioAcoustically monitor your nutritional and immune system requirements under the SERVICES tab.

In addition a BioAcoustic BioMarker bundle has been added that includes information about Corona Conflicts, Immune System, allergy responses, individual energy and metabolic systems, radiation exposures and inflammatory status. Link to demonstration: <https://vimeo.com/396458125>

3. Use this listing of beginning frequencies in a binaural manner using an online frequency generator: <https://www.OnlineToneGenerator.com> .

a. Use at your own risk or under appropriate supervision: Use biofeedback of oxygen and heart monitoring to check for positive/negative reactions. Link:

<https://soundhealthoptions.com/wpcontent/uploads/2019/11/LeCielNegReactions.pdf>

- b. If you can't hear the tones of your device. Simply double the frequencies until the tone are perceptible.
- c. For best results only each set of tones separately using the binaural setting.
- d. Each tone should be played no more than one minute per tone
- e. Play each tone through twice, every 2-3 hours or as comfortable
- f. Tones should be low in volume, barely audible
- g. Lower frequency should always be on the A Channel (Ac)
- g. safety use under the guidance of a trained supervisor

August 26, 2020 - © Sharry Edwards

Additional Information - 2,4-Dimethyl-3-isopropylpentane

Patent info: <https://europepmc.org/article/PAT/US2009176730> - N4ACYLCYTOSINE NUCLEOSIDES FOR TREATMENT OF VIRAL INFECTIONS

The present invention is directed to a method and composition of treating or preventing viral infections, in particular, human immunodeficiency virus (HIV) and hepatitis B virus (HBV) infections, in human patients or other animal hosts, comprising the administration of N.sup.4-acyl-2',3'-dideoxy-5-fluorocytidine or

N.sup.4-acyl-2',3'-didehydro-2',3'-dideoxy-5-fluorocytidine, and pharmaceutically acceptable salts, prodrugs, and other derivatives thereof.

CTLA-A-4 - Function

WIKIPEDIA: The mechanism by which CTLA-4 acts in T cells remains somewhat controversial. Biochemical evidence suggested that CTLA-4 recruits a phosphatase to the T cell receptor (TCR), thus attenuating the signal. This work remains unconfirmed in the literature since its first publication. More recent work has suggested that CTLA-4 may function in vivo by capturing and removing B7-1 and B7-2 from the membranes of antigen-presenting cells, thus making these unavailable for triggering of CD28.

In addition to that, it has been found that dendritic cell (DC) - Treg interaction causes sequestration of Fascin-1, an actin-bundling protein essential for immunological synapse formation and skews Fascin-1-dependent actin polarization in antigen presenting DCs toward the Treg cell adhesion zone. Although it is reversible upon T regulatory cell disengagement, this sequestration of essential cytoskeletal components causes a lethargic state of DCs, leading to reduced T cell priming. This suggests Treg-mediated immune suppression is a multi-step process. In addition to CTLA-4 CD80/CD86 interaction,

fascindependent polarization of the cytoskeleton towards DC-Treg immune synapse may play a pivotal role.[17]

CTLA-4 may also function via modulation of cell motility and/or signaling through PI3 kinase[18] Early multiphoton microscopy studies observing T-cell motility in intact lymph nodes appeared to give evidence for the so-called 'reverse-stop signaling model'.*19+ In this model CTLA-4 reverses the TCR-induced 'stop signal' needed for firm contact between T cells and antigen-presenting cells (APCs).[20] However, those studies compared CTLA-4 positive cells, which are predominantly regulatory cells and are at least partially activated, with CTLA-4 negative naive T cells. The disparity of these cells in multiple regards may explain some of these results. Other groups who have analyzed the effect of antibodies to CTLA-4 in vivo have concluded little or no effect upon motility in the context of anergic Tcells.[21] Antibodies to CTLA-4 may exert additional effects when used in vivo, by binding and thereby depleting regulatory T cells.[22]

Clinical significance[edit]

Variants in this gene have been associated with Type 1 diabetes, Graves' disease, Hashimoto's thyroiditis, celiac disease, systemic lupus erythematosus, thyroidassociated orbitopathy, primary biliary cirrhosis and other autoimmune diseases. Polymorphisms of the CTLA-4 gene are associated with autoimmune diseases such as rheumatoid arthritis[23], autoimmune thyroid disease and multiple sclerosis, though this association is often weak. In systemic lupus erythematosus (SLE), the splice variant sCTLA-4 is found to be aberrantly produced and found in the serum of patients with active SLE.

Proposing a Third Spoke of Health

What do smart meters, cell phones, Starlings, 5G, Fukushima fall-out and Covid-19 all have in common?

All are associated with iron metabolism (cryptochrome) – a magnetic potential protein of the body of living organisms

One cannot prove that creativity is a thing. Only by outcomes can it be demonstrated to exist, such is the dilemma of self-healing. What is the mechanism by which the body heals itself? Throughout history, mankind in his quest to solve this conundrum has attempted to describe our life force as prana, chi, the aura, the biofield (to name a few), but only acupuncture has even come close to explaining the energy system of the body. Even then there is no accepted “system” that can adequately explain the core of our animation and self-healing ability.

Some people have an innate navigational ability like fish, whales, and birds such as starlings. These animals can innately align with the earth’s gravitational field to navigate long distances. To do this they use an ancient protein, cryptochrome, in the eye and brain. In most cases, these proteins control daily rhythms using magnetic iron alignments to create optimal form and function. Humans, for example, have two cryptochromes – CRY1 and CRY2 – which help to control our body clocks and responses to magnetic fields. But Lauren Foley from the University of Massachusetts Medical School has found that CRY2 can double as a magnetic sensor. If something has an electrical field, it has a magnetic field.

Studies at the Institute of BioAcoustic Biology show that the body’s iron alignment, akin to the earth’s iron core, has a great deal to do with the body’s self-healing and intuitive ability. We have postulated for the last few decades that the body needs a frequency (brain-related) and a specific rhythm (heart related) to monitor and initiate. Why not a third component, cellular core alignment – much like the core alignment of the earth – why not as above, so below?

Entertain the idea that each cell has a cellular alignment-- a core that is managed by iron and magnetics. When the core is not balanced, the body is misaligned with the earth’s environment and disease results. In the early days, we had “canaries” (coal miners used canaries to monitor for bad gas within a mine). Today, we have cellular core canaries - people who can’t wear a watch, use cell phones or tolerate smart meters.

<https://www.youtube.com/watch?v=mqrO0nKJrAs> – The navigational apparatus in the starlings’ brains was interrupted and they lost their sense of direction. The birds’ cryptochromes had been interrupted by the 5G tower emissions.

Human BioAcoustics has not been able to establish a coherent, acceptable proof of self-healing over the last three decades simply because no such paradigm seems to exist. However, incredible, seemingly impossible evidence-based outcomes do exist via BioAcoustic protocols. Watch the video Breaking the Sound Barriers of Disease - <https://goo.gl/BGOJ7Q>

A recent breakthrough combining the alignment of iron via the interstitium (a structural barrier, such as a cell wall or the skin, and internal structures, such as organs, including muscles and the circulatory system) and frequency-based directives from the body show innate intelligence may be a major element in the idea of self-healing.

This supports the premise that the brain is the body's central processing unit combined with a powerful neuro-network of nerves on which frequency-based directives are delivered for implementation, but from where are these directives conceived and directed?

In 2000, the Sound Health Institute published an essay that warned about approaching superbugs and offered a solution (https://soundhealthoptions.com/pathogen_article) based on what was thought to be a very esoteric talent. That "talent" of being able to hear sounds that others could not perceive has been tested in university and military labs and was thought to be a mutation of the ear's hearing apparatus.

In August 2019, one of our BioAcoustic Providers, Robert O'Leary, JD, published a paper concerning iron, BioAcoustics, superbugs and 5G towers: <https://nexusnewsfeed.com/article/health-healing/bioacoustic-biology-andsoundhealth-answers-tough-questions-focus-on-5g>. In January 2020, the Institute began to investigate the coronavirus (Covid-19). We found that the superbug was mutating faster than we could mathematically keep up.

As we had been doing for many years, we decoded the coronavirus but soon realized (based on our previous extrapolations) that this superbug was like no other. Every year we publish countervailing frequencies based on the mathematical principles of BioAcoustics. Covid-19 contradicted the pattern we have seen before. We published our results here: <https://soundhealthoptions.com/never-before-released-information-revealedabout-the-coronavirus/>

We realized that the superbug proteins were mutating in many divergent directions simultaneously. With this in mind, we decided to take a different approach: Instead of trying to protect against this superbug, why not find a way to protect cells from any pathogenic vulnerability or invasion? A comparison of vocal profiles implicated radiation poisoning. Those who had more severe symptoms of Covid-19 proved to have elevated BioAcoustically chosen radiation biomarkers.

A strong immune support response seemed a reasonable alternative approach that did not need to wait for each new outbreak. Instead of fighting Covid-19 or any new flu, why not prepare the body to avoid a pathogenic incursion? This approach led to two important BioAcoustic formulas that created the signature frequencies for a combined corona and vitamin C.

We used the formulations with local volunteers who had a version of the flu with labored breathing. The results: a cessation of symptoms (cough, congestion), but it caused dry mouth and loose stool - emulating the symptoms of an overdose of vitamin C. Common frequency formulations relieved and/or significantly improved breathing difficulties.

We found numeric associations with iron, heme, quercetin, vitamin C, vitamin D, and indicators that, using our previous math formulation, might awaken frequencies associated with West Nile, AIDS, cancer, toxicity, immune suppression, brain damage, cell death, allergies, and Epstein Barr.

To date, others have been following our protocols and publications, including prestigious higher-learning establishments. Only days after we announced that we had created music as a coronavirus antidote (and we providing it to the public – links: <https://www.coronavirusdefence.org/frequencies-for-defenseimmune-stre> and <https://soundhealthoptions.com/product/le-ciel-8-minuteversion/>), MIT's Lincoln Lab and Carnegie Mellon followed suite. Read the article: <https://www.dropbox.com/s/->

fbuofdp0y7k9tmx/Pioneer%20of%20Vocal%20BioMarker%20Technology%20Shares%20Future%20Medicine%20with%20the%20Public.pdf?dl=0

A deeper dive into the radiation connection shows that iron and heme are involved, both with oxygen at a cellular level and damaging free radicals. I want to propose that the Covid-19 superbug and radiation poisoning are the stressed depression of cellular oxygen - hypoxia. Amending the cellular iron related vulnerability of each cell will go a long way in preventing any pathogen from invading the body. Align the iron in each cell that is involved with DNA repair using iron and our association with earth's dynamic core and we may have the final component of self-repair.

Look at the body's use of iron core, realign it, and the body may heal itself. See each cell as a tiny gyroscope that constantly realigns its core-based iron and carbon alignment and sync with the earth. We need frequencies to enjoin the brain in rhythm to engage the heart and iron to provide the stability and communication of our physical and emotional wellbeing.

With a Covid-19 patient's vocal print, we circled back to iron and its use at a cellular level. Just as our August 2019 paper had predicted (Link: <https://soundhealthoptions.com/addressing-pandemic-threats-lack-offorethought-or-man-made-crisis-of-deliberate-proportions/>), now we see the involvement of hypoxia at a cellular level.

There is software that will allow each person to access a vocal print based on iron available (equilibrium stability and radiation impairment) on our website SoundHealthPortal.com.

Through the study of BioAcoustics, we have discovered that math is the diagnostic tool, the evidence and proof, and can be the cure—the medicine of the future.

Sharry Edwards, M.Ed., Director

Institute of BioAcoustic Biology & Sound Health

SoundHealthOptions.com

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Question: Who changed the level of radiation poisoning that is now considered safe? How long has the poisoning been going on? With 5G, cellphones, Fukushima (Link: <https://soundhealthoptions.com/-bioacoustic-biology-and-sound-health-answers-tough-questions-focus-on-covid-19-5g-summary-with-solutions/>)? <https://www.nexusnewsfeed.com/article/science-futures/revealing-the-magnetic-nature-of-tornadoes-in-the-sun-s-atmosphere/>

<https://fullfact.org/online/birds-5G-netherlands/> - Researchers at the Natural History Museum in Rotterdam and Wageningen University did autopsies on 15 of the starlings. From the birds' internal injuries, the researchers concluded that they had probably died from hitting objects (possibly the ground, tree branches or each other) at great force. The exact reason why the birds hit the objects is not known, but the university suggested that it may have been caused by panic due to a hunting owl or another disturbance. They were too ignorant to realize that the birds' navigational apparatus' cryptochrome had been interrupted by the 5G tower emissions.

The Math of Mechanical Sentients

What if Math, conventionally used to explain the basis of everything, is more than synthetic equations? What if math is organic? If so, could we be considered math-based life forms? If we break the codes of our existence, could that information be used to provide optimal form and function for our planet and all its inhabitants?

Studies conducted by the non-profit Institute of BioAcoustic Biology & Sound Health, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool. The case studies they have amassed, using Math as frequency-based BioMarkers, indicate that the solution to therapeutic predictability and resolution has the potential to be a matter of frequency based mathematical equations. Such has been trialed in cases of severe allergic reactions, drug overdose, pain resolution, accelerated bone restructuring, heart arrhythmia, muscle and nerve atrophy, stroke recovery, sports trauma predictions...

The body contains hundreds, if not thousands, of mathematical relationships. For example, the BioAcoustic frequency for the diabetes gene is the same frequency of a specific protein for the lens of the eye. This could potentially explain why diabetes and vision issues often appear together. Could they be mathematically cured concurrently? Could reducing biology to a math-based framework give additional knowledge that simple symptoms cannot provide? Although in its early stages, the science to this last lasting human conundrum appears to be on its way to being unveiled.

The Institute has provided a foundation which demonstrates that just as there are Pathways of compounds called Chemistry, there are Mathways of subtractive frequencies that can be used to create numeric biomarker matrices capable, individually, and collectively, of being therapeutically predictive, diagnostic and prescriptive.

Mathematical relationships become apparent when a deeper dive into the math of medications is undertaken. It is this author's opinion that these techniques are known by Big Pharma but they are being kept secret in the hopes of controlling physical medicines because frequency-based solutions known to the public have little chance of creating revenue. We propose to share this information with the public so that a nearly unlimited map of frequency formulations can be made available to the populace.

To date, there is no universally accepted modality that has the potential to assist in our biological survival or threat of biological, radioactive and pandemic threats, reverse stroke and muscle trauma or support space travel.

Using math in this way allows for an intrinsic evaluation of nutrients and biochemicals in a unique way – using octaves of mathematical music scales to peer below simple serum levels of conventional medicine. We actively take a sixteen-layer-deep view that helps discern root cause.

The Institute's frequency-based solutions show the ability to overcome bone loss and muscle atrophy. Conventionally, in many instances, by the time the root cause of an issue has been identified, it is often too late to provide remediation. Frequency-based medicine can provide a prompt and corrective direction in person or via the internet.

Consider the brain as our central processing unit. Frequency-based signals are generated and have been determined to be a communication pathway travelling along neural networks that self-monitor and provide stasis.

Frequency can be represented in terms of mathematical equations. If math can be proven to be a form of optimal self-regulation, does this indicate that math may be organic, or that we may just be sophisticated art forms that someone/something created using mathematical algorithms?

Human BioAcoustic Biology may be well on its way to definitively proving that at our core we are very sophisticated math-based robots. BioAcoustic Biology hopes to confirm that life forms on earth can be “managed” through individual frequency/energy-based Signatures. This might prompt one to imagine a future in which we can be individually identified and maintained using personal biomarkers that keep us healthy and emotionally balanced.



The intrinsic work being done by the Sound Health Research Institute has shown that we can each have dominion over these frequencies by individual mind management and/or by a simple remote control that is completely programmable. Using the unique techniques of Vocal Profiling and evaluation, anomalous emotional, as well as physiological, issues can

be unraveled and resolved. The goal is to actively teach individuals and wellness providers to understand the freedoms created by the potential of Math as Medicine.

Studies substantiate that the human voice can reveal data which indicates that people who share similar traumas, stress, diseases, toxicities...share similar, if not identical, vocal anomalies. The data brings together ancient knowledge with modern ideas of harmonics and frequency

relationships to show that math can be used as a form of predictive, diagnostic and curative foundations for optimal wellness.

Through entrainment of the frequency grid of the brain, the body can be programmed to support its own optimal form and function if the basic understanding of individual math-based homeostasis can be gleaned. The essential element is accurately identifying the appropriate/significant frequencies associated with each desired outcome.

String theory proposes that infinitesimally small strings create our bodily structures but doesn't answer how this transformation occurs. The brain communicates using the language of frequency and can reveal individual DNA/RNA templates that have the potential to promote and extend life. BioAcoustic Biology provides many of these answers as to how these theories can be used to bring the Truth to the surface about who we are, how we got here and where we are going in terms of our intention and health.

Elon Musk, founder of SpaceX, was inspired by Nick Bostrum, an Oxford philosopher, to think that it is likely that everyone on Earth today is living in a Simulation. Theoretical Physicist, S. James Gates, PhD, states that he and his students have found a mathematical structure that is indistinguishable from error-correcting code of digital information transformation. Because of this concept, many people have concluded that the Universe in which we live must resemble the science fiction movie, *The Matrix*. He also claims that he has found computer code in string theory and plant DNA and that our Universe is basically a Simulation created by a Maker.

We have created computers in the image of our brain, music that emulates our DNA, movies in the image of our lives, and books in the image of memories. How hard is it to believe, as is related in many religious writings, that a Maker created us and placed us in a Simulation that allows us to play and learn? Disease results when our programming mechanically wavers off-key, literally.

A few evidence-based outcomes are shared here to confirm the breadth and depths of the potential for vocal profiling to create Miracles of Non-Medicine

This column hopes to bring wholistic math-based frequencies that influence our well-being. We wish to thank the thousands of people who have volunteered their vocal prints so that our research can explore a more complete living potential. Listed below are just a few scattered correlations we have been able to reveal and share for the benefit of all living systems.

Heart Damage – Denny's family reached out to see if frequency could help with their father's heart condition, arrhythmia and a thickening of the heart walls. Using his vocal print as a guide, an analog set of frequencies was devised. A few months later the pacemaker was disengaged, and the heart walls have begun to return to normal. Full story link: <https://bit.ly/DennyRadio>

A mathematical relationship between the frequencies of the knees and heart muscle has been established. If you are having issues with your knees, likely your heart muscle also needs some attention. Thousands of such relationships have been found.

Root Cause Revelations – Adrienne’s father, Dr. Robert Rodgers, recruited the use of Vocal Profiling to help identify the cause of his daughter’s debilitating episodes that she had suffered for nearly 20 years. In his own words, “Adrienne’s own vocal frequencies succeeded in identifying several very rare conditions that were responsible for her episodes. It is the first time we have had any understanding of what has been causing the pain episodes. This is the first time we have an approach that is helping her heal. Once Adrienne began listening to the tones several weeks ago, her episodes have become less frequent and less severe. Clearly, healing from the inside out is happening for Adrienne. More time is needed for her body to come back into balance, but the early signs of success are a true miracle.”

Russ Rudy, MD had been sent home with a diagnosis of crippling Multiple Sclerosis. He had traveled to well-known centers such as the Cleveland Clinic and the Mayo Clinic looking for answers, but they had no further news for him. Rudy was finally referred to the Sound Health Research Institute, where it was revealed that Rudy did not fit the frequency profile for MS, but his vocal print results showed damage to his spine. Rudy denied the allegation but finally remembered a skiing incident many years prior. Frequencies for repair of nerve and tissue damage were provided for him to listen to overnight. This was around Thanksgiving. In May he had an EMG that showed that his quadriceps had completely regenerated. The nerves of the tibialis anterior (front muscle of the leg below the knee) had also completely regenerated and the nerves of the muscles in his calf were regenerating at a rate of 3:1. See lab report below:

ELECTRODIAGNOSTIC RESULTS:

EMG

Side	Muscle	Nerve	Root	Ins Act	Fib	Pos	Amp	Dir	Poly	Recrt	Est Pat	Comment
Both	PeroneusLong	Sup Br Peron	L5-S1	Inc	1+	1+	Inc	>12ms	2+	Reduced	50%	pockets of denervation only R>L.
Both	MedGastroc	Tibial	S1-2	Inc	1+	Nml	Inc	>12ms	1+	Reduced	25%	"pockets"
Both	AntTibialis	Op Br Peron	L4-5	Nml	Nml	Nml	Inc	>12ms	1+	Reduced	75%	Regeneration>>>degeneration R>L, regeneration only (R.)
Both	Soleus	Tibial	L5-S2	Inc	1+	Nml	Inc	>12ms	1+	Reduced	50%	spotty denervation <<regeneration R>L.
Both	VastoLat	Femoral	L2-4	Nml	Nml	Nml	Inc	>12ms	0	Reduced	75%	

Link to the article: <https://bit.ly/3QTT9Wu>

Cancer: BioAcoustically Speaking there are four main features that nearly all cancer clients display: Catalase (a protective enzyme) is low, there are issues with Oxalosuccinic Acid – part of the pathway of cellular energy cycle (Krebs), calcium is compromised, and an inability to detox the cells is apparent. Krebs cycle nutrients and support can be found online. Publicly available Vocal Prints evaluations for cancer can be found at SoundHealthPortal.com. BioAcoustically Speaking Environment-based cancers often respond to frequencies based on sulfur.

PTSD: A project completed for the Army dealing with PTSD (Post Traumatic Stress Disorder) revealed two stages of PTSD: One had no personal awareness which was associated with unbalanced levels of Niacin, Calcium, Linolenic Acid and Zinc. The other, more damaging level, was for those who were aware but unable to free themselves from the emotional shackles, had the common nutrient imbalances of Progesterone, Pantothenic acid (B5), magnesium and Choline. All these nutrients are available locally in most areas of the US. Vocal Prints for PTSD and Traumatic Brain Injury are available to the public from SoundHealthPortal.com – Support. The ability to define these deficiencies is a first step in finding a way to correct the issues.
<https://vimeo.com/246135130>

Tinnitus – Many people have come forward with complaints of ringing in the ears after vaccines and/or military services. A series of evaluations of persons experiencing tinnitus show a commonality of frequencies assigned to Mercury toxicity. Articles from TinnitusTalks.com report that mercury poisoning has an affinity for the hearing nerve. Zinc and NAC (N-acetylcysteine) are said to protect the nerves of the ear. Thimerosal is a Mercury-based vaccine preservative. Protein Kinase, which functions to support nerve terminal maturation, is also commonly found in the voice prints of Tinnitus sufferers. Presenting sound formulas using these frequencies in combination have relieved Tinnitus.

MS Recovery – Since her diagnosis of MS, Gelene had many issues with Optic Neuritis which caused near blindness in one eye. The long-term effects of MS had caused her to be colorblind since 2008 after the first flare up which has continued to cause scarring damage each time. The treatment for Optic Neuritis is IV steroids which her body could not handle so the average length of time it had taken for vision to return at best was three months.

In Gelene's own words: "Sound Health Research Institute and its Director, Sharry Edwards, heard about my case and asked that I immediately contact them should my MS flare up and it did, as Optic Neuritis. It was 9:30 at night but Sharry asked me come in to the BioAcoustic Lab right away so she could look at my vocal print during an episode. After Sharry analyzed my voice frequencies, she tried out a tone. My nearly-blind right eye improved a little but when she went to the next tone, my vision not only cleared but I also regained my ability to see color correctly and vividly. It was almost instantaneous, about two or three seconds. I used the tones regularly for about a week and a half until the vision did not deteriorate the way it ordinarily did before I used the tones. After this episode my eye doctors looked at my eye and said it was incredible because it seemed like the eye had healed nearly two months' worth. The doctor could not explain what had happened but was fascinated by what she had witnessed. The effect the tones had on my eye was unmistakable – her remarks: "Gelene has a history of Optic Neuritis in her right eye and has had color vision abnormalities in the past. Today her color vision is normal. I can't even tell which eye had the optic neuritis without close examination within the eye to view the atrophy which is minimal now." – Julie Lew, MD, reported, "The color vision test went from 2 out of 14 to 14 out of 14."

Macular Degeneration is suffered by millions, and it is said to be incurable, yet many instances of MD have been reversed using the frequencies associated with Rectus Muscles of the eye. Frequencies associated with cholesterol (Drusen) are also linked in many MD vocal prints. Link to Miracles of Non-Medicine video: <https://vimeo.com/126935179>

Drug and Allergy Reactions – both Narcan and Epinephrine have been used BioAcoustically in emergency situations with great results. Suboxone addiction evaluations have revealed solutions that show the brain involvement and frequency-based solutions.

Rehabilitation: Bob was involved in a motorcycle and was destined to be crippled for the rest of his life. His lower leg had been sheared off. He could see it laying a few



feet away as he waited for the ambulance. A year and a half later they said they had done all they could. No more tennis and a life of pain pills were going to be his future. Nearly two years Later Bob used tones of the peroneus muscles that his vocal print identified as his greatest stress. Within a short time, his pain receded. His back muscles that were transplanted learned to become leg muscles and he is now back to being a tennis coach, all with only BioAcoustic intervention.

These reports only begin to scratch of the potential of Miracles of Non-Medicine video: <https://vimeo.com/126935179>

Sports Remedies – A Myriad of Sports injuries have been identified and influenced by BioAcoustic protocols from concussions to foot injuries to accelerated bone and muscle recuperation. One of the most important aspects of BioAcoustic Biology evaluation is the ability to predict what muscles are in stress before symptoms or injury occurs, allowing coaches to keep their players off the bench.

Sports Recovery - Tyler sustained a serious knee injury during a high school football game; an opposing player cleated him from the side directly into his knee. X-rays confirmed that nothing was broken; an MRI the next day confirmed nothing was torn but Tyler was still in excruciating pain and could not bear weight on his leg. Stairs were particularly difficult for him to navigate. Visits to a sports doctor continued for the next two weeks with no relief even though exercise,



steam and ice were used in the hopes of relieving the pain and getting Tyler back into the game.

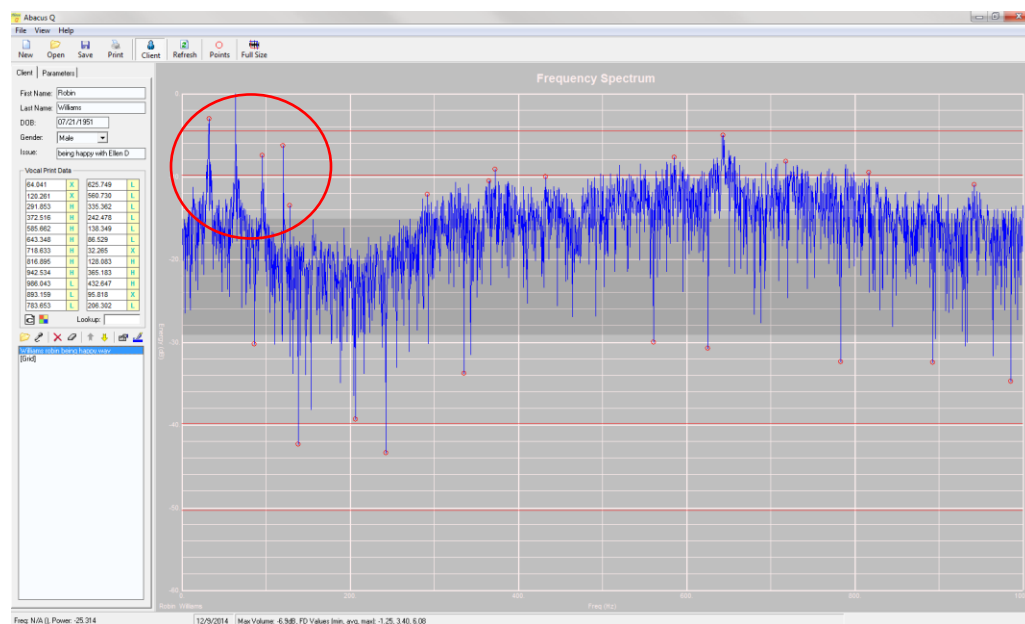
Word reached the Sound Health Research Center of Tyler's injury and they offered to help. "We were skeptical but Tyler described his pain at a high 6; we were desperate to find him some help," explains Tyler's Mother, Cindy.

The evaluation of Tyler's vocal frequencies took about 30 minutes and came back with information that indicated that Tyler had two thigh muscle frequencies in stress. Ambient sound was presented to Tyler for about a minute; Tyler's parents were elated and amazed when he reported that his pain was diminishing.

One additional sound was presented to Tyler, after which he was asked to step up three short steps. The look on his face was astonishment; the pain was gone. His parents didn't understand what was happening, but it certainly was a relief to them that he was out of pain and able to walk normally again.

Tyler ran down the steps as he and his parents were leaving the building. Sound Health representatives cautioned Tyler that he needed to keep using the sounds until he checked with his doctor the next day.

Dementia – Many years before the symptoms of dementia occur, the architecture of dementia can be seen in a vocal print. Several types of dementia have been evaluated: Alzheimer's, Lewy Proteins, Parkinson's and diabetic dementia. This is consistent and has been confirmed over the 30-year tenure of Sound Health Research. These issues are generally environmental, biochemical, or genetic, mostly dealing with nutrient and/or biochemical pathways.



Stroke Recovery – typical results may vary. This is just one of many.

In November my husband, Hector, suffered a stroke. Immediately we could see that there was damage on the right side of his body. His leg dragged, his arm was limp, he could not form a fist, the right side of his mouth was drawn downward, and he could barely speak.

Working with speech a therapist for fifteen months, he made good progress, but only regained about 60% of his speaking abilities.

Hector worked with a Physical Therapist and a rehab clinic to focus on fine motor skills. His body responded well to the therapies, and he regained about 80% physically. Emotionally, Hector was depressed that although he was better physically, he still could not carry on a conversation. He was only able to speak in five- and six-word sentences and often could not find the correct words to convey real meaning. He started counseling with a psychologist to sort out the issues because of the stroke.

By June, Hector was nineteen months from the stroke. His cardiologist had told us that at twenty-four months the average stroke victim has maxed out his physical recovery. Aware that the two-year date his family was desperate for suggestions as to anything more that we could be doing. Anyone who knew us knew that we were grasping at straws. In August an acquaintance of Hector's told him about Sound Health Research. In September we had an appointment with our state rehab counselor who informed us that the State would pay for the therapy.

Hector's appointment quickly moved to a vocal profiling sound assessment specifically-designed software. Hector was asked to recite the alphabet. He did so, haltingly, missing two letters. Low-frequency sounds were played ambiently as Hector was asked to recite the alphabet again. This time he recited it with confidence, missing one letter, but stopped to correct himself before continuing. Hector and I were giddy with the results.

It is thirteen months since then. Hector has his own sound box specifically constructed for his needs. He has an amplifier so that he can listen to the tones several hours a day while watching TV, visiting or reading. His tones have changed, and his progress continues. His speech is 80-85% recovered. He can converse with people and talk on the telephone. Although the stroke damaged many brain cells, the sound therapy continues to stimulate his cells to find alternative paths to allow his speech to improve.

Is frequency our new medicine or our Maker's mysteries revealed? There have only been a few modern keepers of the Holy Grail mysteries. Sharry Edwards, M.Ed. has been identified by author Sylvia Franke as one of the extraordinary beings walking the earth that is bringing forth the secrets kept from the populace for many eons. Her work has helped identify the hidden Codes of life that add meaning and new dimensions to our existence. She will likely be best known for her ability to bridge the gap between the innate, esoteric, and scientific realms of human evolution.

The technique of using sound/frequency to support optimal wellness has been with us since ancient times. We may have just forgotten to remember – article link: <https://bit.ly/3BUfCOW>

Need for explanation

We don't know why the body responds to the many levels of frequency; we just know that is does. We look forward to working with other visionaries and those who seek our help.

US throws millions at AI to diagnose diseases by the sound of your voice

7 

Speech can be impacted by cancer, Parkinson's, depression, and more

Katyanna Quach

Tue 13 Sep 2022 // 21:41 UTC

https://www.theregister.com/2022/09/13/ai_health_medicine_diagnosis/

The US National Institutes of Health (NIH) has earmarked as much as \$14 million in funding to support the training of AI software that can analyze patients' voices to diagnose and study illness.

Twelve research institutions led by the University of South Florida (USF) will receive the money to varying degrees over four years.

Their goal will be to collect, in a privacy conscious way, a training database of people's voices that can be used to train applications that doctors can use to potentially detect diseases and neurological disorders by examining a person's speech.

The Voice as a Biomarker of Health project will focus on software that can pick up on these five types of diseases:

- **Voice disorders: (laryngeal cancers, vocal fold paralysis, benign laryngeal lesions)**
- **Neurological and neurodegenerative disorders (Alzheimer's, Parkinson's, stroke, ALS)**
- **Mood and psychiatric disorders (depression, schizophrenia, bipolar disorders)**
- **Respiratory disorders (pneumonia, COPD)**
- **Pediatric voice and speech disorders (speech and language delays, autism)**

"Our team chose the five categories of diseases based on existing work in voice AI that has been published over the last 20 years," Yael Bensoussan, the project leader and assistant professor at USF's Department of Otolaryngology, told *The Register*.

Recent progress in machine learning algorithms to analyze voice and speech data have shown how technologies can be used to assess physical and mental health. A study led by researchers at MIT, for example, connected jitters and tremors in speech to depression and anxiety.

Academics believe the results are promising enough that listening and processing the sound of speech or breathing using AI could provide a low-cost method to detect diseases and disorders at an earlier stage.

"Voice is one of the cheapest bio-markers to study," Bensoussan told us.

"When you think of biomarkers such as genetic testing or imaging like MRIs or scans, they are all quite resource-intensive and can be invasive in a sense. CT scans cause radiation for patients, for example. Voice is the easiest biomarker to collect, does not cause any physical risk for patients, and can be collected in very low resource settings especially with modern technology."

The NIH will give \$3.8 million in the first year to the Voice as a Biomarker of Health initiative for participants to construct a large, diverse voice database that can be assessed alongside other data gathered from medical imaging and genomics. Speech data will be recorded from selected patients in clinical settings in a pilot study in the first year.

The database will be shared among researchers to train AI algorithms to recognize common features in the voices of patients diagnosed with specific diseases. To make sure the sensitive data is kept private and secure, the models will be trained using federated learning supported by Owkin, a startup focused on assisting biomedical research using machine learning software.

"Federated learning technology – a novel AI framework that allows machine learning models to be trained on data without the data ever leaving its source – will be deployed across multiple research centers by Owkin to demonstrate that cross-center AI research can be conducted while preserving the privacy and security of sensitive voice data," a spokesperson representing the company, told *EI Reg*.

More money, as much as \$14 million, may be granted to the initiative with congressional approval.

Voice as a Biomarker of Health is part of a wider effort from the NIH to accelerate the adoption of AI in R&D in the hopes that new technologies will revamp US healthcare. The medical research org promised to invest as much as \$130 million

over four years to numerous projects aimed at creating flagship biomedical datasets, universal software tools, and resources to train healthcare researchers in AI. ®

Who Are “They?”

Who is behind the drive to shut down the civil liberties of “WE The People?” We often hear references to an elusive “they” when such topics are discussed. Let’s define the word “they” in this context as “any individual or group who puts their own need for power and money in front of the needs of We THE People.” For example: the priority of health care in the US at this point is profit, not health; money, not people. In that light, let’s look at some “theys:”

Government entities such as Homeland security, NSA, IRS – A few years ago, Ron Paul read a prepared statement on the Senate floor regarding the US government’s “right” to assassinate American citizens. Paul reported that Dennis Blair, Director of the National Intelligence Committee, admitted in open testimony before the Committee that our government has an explicit policy that allows the US government to assassinate American citizens at the government’s discretion. WE HAVE BECOME A POLICE STATE!

Who is behind this movement to ignore decency, freedom and privacy in exchange for tyranny, intimidation and repression? Where did this mandate originate? How did those in charge position this mandate without even considering an opinion from We THE People? Are executive orders like this meant to be used to allow it to die?

Big Pharma – look no further than the swine flu fiasco. Who benefited? Who made billions in profits in addition to the billions supplied by the US government to develop these vaccines? It was recently reported that 80% of “We The People” were wise enough NOT to be injected with untested—actually proven to be tainted—vaccines. “They” need to stop using fear and scare tactic to position \$\$\$\$\$ as the goal of health care.

Question: Why weren’t those who were caught tainting vaccines punished or taken to task for having a dirty lab? Articles about this suggest that such an event could not have been accidental; that safety protocols would have prevented this. People were required to pay for these mandated vaccinations. Now we are being threatened with additional rounds as the WHO (World Health Organization) recommends mandatory vaccinations for everyone, no exceptions.

The People have spoken. Why aren’t these bureaucrats being taken to task for the scams they are perpetuating? They are supposed to be serving the public, not serving up We The People to be exploited.

Faked Research from Big Pharma – Scott Ruben, MD confessed that he faked 21 studies for Pfizer. He was able to publish one study of Celebrex in 2005 in scientific, peer reviewed journals. Ruben has reportedly agreed to return the \$420,000 he was paid by Big Pharma for these bogus studies. He may also face prison and a fine. Who is watching these guys? What about the people who were taking the drugs Ruben tested: Celebrex, Bextra, Vioxx? What about the Trust that the FDA is supposed to ensure that medications are safe? Even our National Institute of Health (NIH) bureaucrats have been taken to task for taking bribes. Who’s watching out for We The People?

Big Farma – Monsanto, along with other food growers and manufacturers, in cooperation with the US government (most of the world’s governments) has genetically engineered our foods to the point that our genetic material is being distorted. To add to the confusion, there is a massive effort to prevent

labeling of Genetically Engineered Organisms (GMO) so that consumers are not aware that the foods they ingest may be polluting the very essence of our chromosomal nature. If these foods are safe, why the controversy about labeling? Heritage seeds and animal species are being systematically destroyed to allow corrupted GMO to be the only means of renewable food sources.

Uneducated, contaminated legal systems - In Maryland in November 2007, parents and children were herded into court under watch of the military with guns and dogs to receive vaccinations. It was reported that the Attorney General who ordered this debacle had not had his own kids vaccinated. Why are the rules different for the elite than the rules mandated for We The People?

The information and pictures of this gestapo-type event was nearly buried, but the story is available from www.NVIC.com. These kids were vaccinated against the wishes of the parents, and “they” did nothing; “they” obviously sanctioned the march to Court under the threat of bullets and attack dogs. What do you think “they” would have done if one child had been attacked by a dog, or what would have happened if one parent had taken a bullet for freedom? There are many more examples of this type of behavior on the internet.

Obama announced on October 24, 2009 that we were under a national emergency concerning the swine flu. Three days earlier, Barbara Loe Fisher of the Vaccine Information Center announced that, based on world statistics, the US flu season would be no more of a concern than usual. The only reason Obama could have for his announcement was either ignorance of the facts or that he was assuring that no person would be able to collect any damages suffered from the untested, proven tainted, swine flu vaccine. These are just a few of the examples that have come from top-down strategies to suppress We The People.

["If the State can tag, track down and force citizens against their will to be injected with biologicals of unknown toxicity today, there will be no limit to which individual freedoms the State can take away in the name of the greater good tomorrow."](#) — Barbara Loe Fisher, Co-Founder NVIC (National Vaccine Information Center)

Faked Research from Scientists and ex-vice-presidents – When it was discovered that global warming research was fake, why weren’t the laws that were based on that counterfeit research repealed? Why does Al Gore still possess his joint award with the Intergovernmental Panel on Climate Change and the Nobel Peace Prize in 2007? Laws that wanted farmers to pay for cow flatulence because it contributed to global warming (which is now a joke) and extra taxes on cars for their dangerous emissions are still in the books. Is nothing going to be done about this mess? Who is behind this attempt to make a buck based on deliberately falsified information? How does this benefit the majority of We The People?

Bankers, Investors, money lenders took money from the government to improve the economy. Yet many of these organizations use the money to party-hardily provide insane exit packages and bonuses to their top people while the common person is stuck with 29.99% interest – some reported as high as 79.99%. There is also a plan underway for “them” to take our retirement money and invest it in low-return projects. Are We The People so dumb we can’t handle the money we earned? This measure is only to be foisted upon the common person because “they” who have lots of money know how to handle their own cash. Just another scam brought about by those who want our money in their pocket. Let’s start our own banks and stay out of their scamming system.

Oil companies – a few years ago, oil companies insisted that gasoline must be raised to over \$4.00 a gallon, yet their profits for those years were the highest in all of history. The rise in price was a scam. I was an accidental guest for a meeting about alternative fuel, and I sat in on a top meeting in which it was stated that oil prices must be raised so that people will begin to buy the cheaper fuel alternatives and, in that way, through their pocketbook, consumers would be forced to go to alternatives. Are We The People too dumb to make our own choices? The rise in gasoline prices was also for more research for alternative fuels. Is the secrecy and threats associated with this latest BP fiasco in the Gulf appropriate in a country that once prided itself in its freedom of the Press? Are “We The People” too dumb to be told the truth? Is this another cover-up by those who are supposed to be protecting the rights of “We The People”?

The Media – If there is acute shame that should be felt, it is from the Media for going along with this rot, but then again the drug companies are its major sponsors. Just watch the commercials to see who is REALLY running it.

What the Media deliberately did to Ron Paul and his presidential bid was horrifying, unfair and unprecedented. It shows the power of selective information getting to the public. If it weren't for We The People, the media would have quashed Ron Paul completely. Those visionaries who could see what “they” were doing continued to stand behind Ron Paul and his group, and now stands ready to help put the country back into the hands of “We The People” where it belongs.

More and more of our representatives are waking up to what is going on, primarily because We The People are making our voices heard. Mike Rogers (Michigan) is one such Guardian of the People. He stated in an address to our elected officials that the only thing that needs reform is “their” way of doing business. Many physicians are closing their doors because of government interference and failure to pay physicians for their services in a timely manner. “They” can't fix the disorder “they” created by creating a bigger jumble, which is what is happening. We need to continue the pressure from the ground level by meeting with our local and state representatives. Health is not the business of the big government legally, morally or constitutionally.

Can We The People change this course of events? A State can refuse to follow a Federal Law unless that right of jurisdiction is explicitly provided to the Federal Government by the Constitution. Hawaii has already rebuked the Federal mandate that all citizens must submit to the swine flu vaccination. Seventeen other states have followed a similar route when they moved to allow legal marijuana for medical purposes.

In addition we must demand the right to nullify any law or regulation made by any government agency that is not in the best interests of the People. Andrew Napolitano, a retired NJ Judge who is now a commentator for Fox News, is beginning a dialogue with several people and organization in the health freedom movement to explain that we must demand a right to nullify unjust laws.

The first step is that We The People must care. We must take the time and energy to create change from the bottom up. What must “they” be thinking? The world is too populated, they reason. Some people must go. Some people must die. Let's hatch a plan. Let's kill them off with vaccinations, forced drugs and irrational health care laws and regulations. The “sheeple” are too ignorant and too trusting

not to believe that we want to protect them. Well, guess what? 82% of people knew better than to fall for that line. FACT: the government – in this day and age – does not do what is best for “We The People.” They do what they are told because a great many of them have been bought off by lobbyists of Big Money. Some have even convinced themselves that what they are doing is for the good of the people.

We need to look at this issue in at least two ways: What is good for the planet versus what is good for We The People. There are too many inhabitants on the planet to support so we must get rid of some. Few would go voluntarily. Let’s dig a pit and ask them to jump in for the good of the country. Should we do it by lottery? If it’s your mother or sister or child, it changes the story. What is good for the planet needs also to be good for We The People. What is good for the government needs also to be appropriate for us.

Do you stand ready to help create an alternative reality to the present deteriorating system that we are being forced to endure? How can these privileged groups and autocratic individuals, who by subversion and suppression, intend to bend “We THE People” to their will be exposed for who and what they really are? Let’s begin to identify and make public “they,” who are involved in these efforts to lead us into servitude.

(http://www.youtube.com/watch?v=0ndCgNN_oQI&NR=1)
<http://www.nvic.org/NVIC-Vaccine-News/April-2010/Vaccine-Contamination-PigVirus-DNA-Found-in-Rota.aspx>
<http://www.youtube.com/watch?v=G44NCvNDLfc>

A Call to Stand Up, America

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SoundHealthOptions.com

We cannot claim to be proud Americans when we don't know who to believe, don't know who to trust. It seems like those in charge are keeping everything in chaos for a purpose. Many Americans are feeling disheartened, loss, leaderless, fearful and resentful. For me, the refusal of authorities who are refusing to consider the evidence is maddening.

In psychology, if you want to cause cognitive distress, you keep the subjects guessing about what actions are expected and what their actions will produce. Give a mouse a food pellet every time he presses a bar and the critter will remain happy, self-sufficient and motivated. Change the pattern, or change to none at all, to receive the reward and the mice get resentful and erratic in their behavior. And so, here we are running the gauntlet of a planned political maze and social upheaval.

We don't know when to push the bar or how many times. Events are not happening as they used to. Plus, we are being quarantined and punished without scientific rhyme or reason. And beyond that, the rules are not consistently applied, nor are they the same for everyone. Is someone or some organization attempting to deliberately unhinge the entire American populace? For what purpose?

I work with a company that examines the frequencies in individual voice prints for the presence of truth or lies in the speaker. During the last several years, I have noticed three very inconsistent aspects of public speech from our leaders: 1) deliberate attempts to place blame, fault, falsehoods and smears that cause dissention while intentionally withholding the rules of appropriate conduct, 2) using inconsistent penalties and erratic rules for different levels of society and 3) a lack of punishment when people step out of line, even if their actions are seriously harming others. What is okay to say? What's not? Is it okay to get a haircut depending on your social status?

Confused as to how to act, react, believe? What a perfect scheme to erode the personal power of all individuals not privy to the plan of annihilation for our country! One of the most significant losses is to our freedom of thought/opinion.

Censorship keeps us from the truth about events that intrinsically affect our lives- events that allow us to make informed decisions. Google and Twitter - both massive social medial groups – have obviously been censoring information meant to be heard by the public.

These self-appointed overlords keep us from effectively communicating and all the while they use us to line their own pockets. These groups sell our personal information and we are their product. Without us they have nothing to sell, yet they dictate what we are allowed to know. Let's stop supporting those who withhold and distort communications meant for us; all the while they steal from us, spread disinformation and withhold vital information needed to survive. I would like to propose a way to exert our power - our personal, self-power - that is being assaulted right now. Consider the following:

As America increased in population, individuals gave away more and more of their self-power and began to accept that others had the right to dictate our behaviors. We allowed this because we believed

that they had our best interests at heart. There was a plethora of people who willingly took up what we gave up. A few suggestions:

1. Don't allow yourself to be divided. Come together in unity. – United we stand, divided we fall. Remember our heritage and that truth, and most of all TRUTH, was the goal of our Founders.
2. Refuse to be censored - abandon FAKE media and platforms; they need us; our info is what they sell – use DuckDuckGo.com; drop Twitter, Google, WSJ, NYT and those who exploit and betray the TRUTH.
3. Evaluate evidence using TRUTH and JUSTICE as your values – examine the evidence yourself and don't believe anyone's words.
4. Insist on election reform to protect our future that is free from potential fraud and illegal interference and distortion.
5. Support those who cannot be BOUGHT but who are being threatened with savage censorship and disenfranchisement.
6. Let TRUTH and RULE OF LAW direct our future equally for every citizen – stop bullying, harassment, distortions, judging. Embrace differences, respect diversity – ALLOW NO DESERVING PERSON TO BE SUPPRESSED UNDER YOUR WATCH
7. Work to get the children back in school – don't let obstructionists turn you away – work to solve the barriers that are stifling/suppressing our children.
8. Evaluate local leaders – from the local level up – get rid of those not defending/protecting your FREEDOM - DON'T STAND FOR PARTISON POLITICS ON ANY LEVEL.
9. Know your RIGHTS – read the CONSTITUTION.
10. Challenge rules that are not just and equal for everyone.
11. Insist on health autonomy.
12. Work to change the rules of POLITICAL REPRESENTATION so that all people are represented equally.
13. Believe the suppressors actions, not their words.
14. Let truth be our beacon in the dark.

Famous Actor Saved Through Human BioAcoustics

After taking the advice of a conventional medical provider, actor James Marshall thought his life was over. That's when he heard of Sharry Edwards, the Pioneer of Human BioAcoustic Vocal Profiling, who agreed to help. After receiving his health report and following Sharry's advice, his life started to get back on track. It was James' wish to then help Sharry (which led to the creation of the song Le Ciel, which seems to influence and reverse symptoms that have a pathogenic nature.

"I had always wanted to be a part of the Hollywood scene and I was finally reaching the peak of my career. I had a role on the television show Twin Peaks, and was cast in numerous roles in films such as; Cadence, starring Martin Sheen and Charlie Sheen, Gladiator, starring Cuba Gooding Jr., and A Few Good Men, starring Tom Cruise, Jack Nicholson, and Demi Moore. I thought this was the beginning of a wonderful career when all of a sudden it had to be put on hold.

I thought my life would end after taking the advice of a conventional medical provider, and it almost did. ***The medicine that was prescribed to me destroyed my large intestine to the point where it had to be removed. After nearly two years of being bed-ridden in a hospital room, I weighed less than 100 pounds and my lack of energy and bad health had ended my acting career.***

One fateful night, I was up late searching for an answer. I began to listen to the Coast to Coast radio show. George Nooray was interviewing a woman (Sharry Edwards) about a healing technique that she had been developing using sound frequencies. ***After research was done on this theory, it was proven that sound could heal people; you only had to find the right frequency and match it to the person.***

I took a chance and called her research center. After hearing my story, she agreed to help. She used her own computer software to analyze my voice and it created a report on my health status. This report indicated which vitamins and nutrients I needed to help my body heal itself. Then I was told which foods would provide this for me and which I should avoid. Along with this I was given sound frequencies that would supposedly help to heal me as well.

I started using this information and my life began to fall back in place. My mind began to clear, I started to gain weight, and my energy returned.

I started playing the frequencies on my guitar. It was not the same as playing music; it had a greater impact on me. I spent hours with the sounds and I began to feel like my old self.

I became so fascinated at my own progress using sound that my wife and I began to study sound healing. We wanted to spread the word and be a part of something significant, something timely, something useful to the public. We wanted to bring these ancient techniques into the modern era.

My wife and I contacted the woman at her research facility again and told her what we wanted to do and together we chose to focus on the work done with swine flu. She decoded the genetic make-up of the strains of swine flu, as she had done for so many other pathogens. ***Using this and extrapolations***

from her previous research she came up with the frequency biomarkers for the swine flu and was able to mathematically determine the frequency-based antidotes.

When I was given the set of frequencies, I began to work on putting it to music. ***I discovered that this would not sound like a traditional song. I had to remind myself it would be a musical piece meant to kill a pathogen in the body. It (the musical piece called Le Ciel) has shown signs of doing just that.*** My wife, I and others have found relief from cold and sore throat symptoms. In addition, the frequencies have been used to reverse swine flu symptoms that were resistant to Tamiflu.

Can these results be trusted? Many years of research substantiates the ability of music and sound to support optimal human form and function. What more can you ask? Do the techniques conform to the standards of conventional medical practice? No, but you can't argue with the results. How does it work? I don't think any of us can answer that yet. We only know that it does and that the public has a right to know about it.

In my case, standard medical practice had nothing to offer. ***I believe that frequency-based biomarkers that can be translated into music, holds the potential to change the face of medicine. This is too new, too innovative, too out there for people to wrap their heads around, but I'm living proof that it is real.*** It can help thousands of people who have been left with no conventional options."

-James Marshall

Le Ciel seems to influence and reverse symptoms that have a pathogenic nature. It is helpful for relieving cold, bronchial, lung and sore throat symptoms.

Download the song for free here: <https://soundhealthoptions.com/product/leciel-8-minute-version/> (8-minute version) OR purchase the 18-minute version here (better for kids): <https://soundhealthoptions.com/product/le-ciel-18-minute-version/>

****For Research Purposes Only****

**Please Note: This music may not work for everyone, but we would like to hear your stories!
Email us at info@soundhealthmedia.com to let us know how Le Ciel works for you!**

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Why Scientists Are Turning Molecules Into Music

<https://www.smithsonianmag.com/science-nature/why-scientists-are-turning-molecules-into-music-180980022/>

Converting DNA sequences and particle vibrations into notes allows researchers to recognize unseen patterns and create songs for outreach

Sofia Quaglia

May 17, 2022

Scientists are turning scientific data, like DNA sequences, into sound. Emily Lankiewicz

Mark Temple, a medical molecular biologist, used to spend a lot of his time in his lab at Western Sydney University in Australia researching new drugs for cancer treatments. He would extract DNA from cells, put it into small tubes, and then add a drug to see where it was binding along the chemical sequence. Before he introduced the drug, he'd look at DNA combinations on a screen to see what might work best for the experiment, but the visual readout of the sequences was often overwhelming.

So Temple wondered if there was an easier way to detect favorable patterns.

"I realized I wanted to *hear* the sequence," says Temple, who is also a musician. "You know, the combination of some sort of audio display and a visual display is much more powerful than either in isolation."

He started his own system of assigning notes to the different elements of DNA—human DNA is made of four distinct bases, so it was easy to start off with four notes—and made a little tune out of his test-tube materials. This trick indeed helped him better spot patterns in the sequences, he says, which allowed him to make better choices about which DNA combinations to use.

Temple isn't the first person to turn scientific data into sound. In the past 40 years, researchers have gone from exploring this trick as a fun way to spot

patterns in their studies to using it as a guide to discovery. Some scientists are turning such sounds into songs they say can be therapeutic, while others imagine a future where sounds can be altered and reverse engineered to make new materials.

The first experiments in which scientists turned biological data into sound started in the early 1980s. In the United States, David Deamer, now a biomolecular engineer at the University of California, Santa Cruz, and a pianist, says that he was talking with a researcher friend when he first noticed that three of the four bases of DNA correspond to letters which also correspond to musical notes: A, G and C. He decided to assign the note “E” to the base “T” and started playing the notes on the piano, only to realize that some of these combinations actually represent two chords on the musical scale—C Major 6th or A Minor 7th. Later, he gathered a couple of colleagues and composed melodies from these notes, culminating in a cassette they titled “DNA Suite.” It consisted of about half an hour of music based on the human insulin gene and some bacterial DNA sequences. On August 3, 1982, Deamer appeared on “Walter Cronkite’s Universe” on CBS and played his DNA songs on piano.

In the meantime, in France, the physician and composer Joël Sternheimer was doing something similar. He was developing a framework rooted in physics to transcribe the vibrational frequencies associated with each of the 20 amino acids that make up proteins into musical notes for a score.

Since then, experts from various fields have ‘sonified’ viruses, hormones, proteins, spiderwebs and even flames, using a variety of techniques on the spectrum between what Deamer and Sternheimer used. Some have even turned their efforts into commercial enterprises. Composer Stuart Mitchell founded the startup Your DNA Song that uses a sonification method to turn an individual’s genetic information into a personalized tune.

The scientific community has come to realize that there’s some long-term value in this type of work. Temple, who from that first experiment has created his own algorithmic software to convert data to sound, believes the

resulting music can be used to improve research and science communication.

“Sometimes we have thousands of data points from experiments, which is quite hard to look at, but if you can stream through those data points in audio, then you can quickly scan them and listen for outliers and listen for changes in the data,” says Temple. He mentions research in which scholars successfully sonified electrocardiography signals in order to diagnose cardiac diseases: trained cardiologists could spot anomalies with 78 percent accuracy after a short training with the sonification technique.

Temple’s own method consists of assigning each individual DNA “base”—the four building blocks of human DNA, also known as nucleotides, labeled with the letters A, C, T, G—to a musical note. He then takes subsequent pairs of bases, and maps them to a slightly wider collection of notes. Finally, he takes triplets of bases—which in DNA are responsible for converting amino acids—and maps those to notes too. This system produces a series of stacked notes, which can be interpreted as chords. Played in sequence, the chords make music, he says, in a process very similar to the Deamer’s method.

“DNA is read in the cell by proteins that physically move along the DNA sequence in one direction, from start to end,” says Temple. “This is like a play-head reading a cassette tape from start to end.”

During the pandemic, Temple decided to add layers of sound to make the sonification into songs. He sees a stark difference between “sonification” and “musification.” Using sound to represent data is empirical, and scientific, but very different from using creative input to make songs. The musical notes from DNA may be melodic to the human ear, but they don’t sound like a song you’d listen to on the radio.

So, when he tried to sonify coronavirus RNA, he added layers of drums and guitar, and had some musician friends add their own music to turn the virus into a full-blown post-rock song.

Temple sees this work as an effective communication tool that will help a general audience understand complex systems in science. He has performed his songs in public at concert halls in Australia.

“There's some of the sort of nerdy science applications that people have been doing, but also think about it in terms of outreach as well,” he says. “Trying to get across science ideas in a public setting to draw people in.”

He's not the only one to think so.

Recent research published in the *Journal of Chemical Education* by a group of scientists at the University of Illinois at Urbana-Champaign aims to spell out the steps for how sonification can be used in a classroom setting. The scientists provide lecture materials, homework assignments and sound and video examples to explain to teenagers how proteins fold.

Similarly, Linda Long, a biochemist at University of Exeter in the United Kingdom, developed an interactive educational exhibit to teach youths about the human body. The exhibit, which ran for 12 years at Bristol's cross-boundary science center, used an interactive, musical touch screen to associate instrumental sounds to common proteins found in the body.

“The potential for music to offer a simple and inclusive way for people to connect and emotionally engage with science, nature and the very building blocks of life that make up their bodies is exciting and inspiring,” says Long.

Long assigns sounds to proteins—what's transcribed from the DNA—according to their shape. She uses a technique called X-ray crystallography in which a protein is literally crystallized and then X-rayed to see its structure in fine detail. This process produces strings of numbers representing the three-dimensional structure of the protein molecule. By passing these numbers through a computer program, she converts them into a sequence of musical notes. So, you can actually “hear” the shapes of the proteins, Long explains. The helices in the protein shapes, for example, can be heard as arpeggios—notes of a chord played in sequence.

Long has translated plant proteins into music in an album, *Music of the Plants*, and has translated human hormones into a music album, *Music of the Body*, as well.

"I am particularly interested in using molecular music to strengthen mind-body connection and to explore any arising therapeutic benefits," says Long. She thinks the songs can engage a listener's subconscious mind, promoting a state of mind optimal for self-healing and receiving therapy.

For example, she is working on recording a series of molecular music pieces tailored for use in hypnotherapy sessions to help patients with weight loss, by using music translated from the fat-burning hormone iricin. And she's producing five tracks of music translated from the human antibodies which neutralize the coronavirus.

"My intention is for the music to be used to help people visualize a resilient immune system, so as to help reduce any feelings of fear and anxiety they may be experiencing in relation to the Covid pandemic," Long says. No clinical trials have yet been performed using Long's music as a therapeutic intervention.

Carla Scaletti, a music technologist and member of the Biophysics Sonification Group at University of Illinois at Urbana-Champaign, notes that it is impossible for now to say if Long's work has clinically relevant therapeutic properties. "Although I am skeptical," says Scaletti. "I remain open to reading and evaluating a peer-reviewed article reporting on the results of a clinical trial when they decide to do one."

Scaletti says that sounds and music can have profound effects on us, and many individuals are adept at self-administering just the right sounds or music they need to calm themselves down, march into battle, or fall asleep. But that doesn't automatically mean that listening to a translation of a 3-D protein structure as a sequence of tones could impart the antiviral properties of the original protein, for example.

Markus Buehler, a materials engineer at the Massachusetts Institute of Technology and also a musician and composer, believes the crossover

between molecules and music goes even further than “music therapy.” He says we could potentially use music to make new treatments.

His lab at MIT has been studying the sonification of molecules by capturing their vibrations. Since atoms are constantly vibrating, he “recorded” their properties. Then, through a computer program, he turns these mini-vibrations into audible sounds for the human ear.

Last year his team sonified a spiderweb into an eerie melody of rustles and turned a flame’s vibration into a meditation-like reverb of gongs. Buehler argues that because everything vibrates we can use anything as an instrument.

“Of course we need technology to actually mine that information, we can't just literally take a tree or fire and make music from that,” Buehler says. “You have to use technologies and mathematical theory to do this, but now you have a way of using a flame as a musical instrument... you can interact with it as a human.”

Buehler has also worked the system the other way around. He’s converted music into entirely new proteins, never before found in nature. For example, he recently converted a variation of Bach’s Goldberg into new proteins. He says he can even go as far as turning a protein into music, and then through music—maybe by adding a riff here and there—improve the protein to be a better variation of itself.

On an evolutionary level, he wonders, who knows where these fit? Maybe his system could create a protein which turns out to be a substitute for meat, or a protein from which it’s possible to synthesize a new drug. Now, for example, Buehler is searching for a protein to extend the shelf-life of perishable food.

Buehler believes that since creativity has led to such complex varieties of music over the years—from classical to techno—maybe this creativity could be translated from an immaterial, pleasant experience, to scientific knowledge to make something physical. As if in those complex melodies, there are hidden formulas to create new materials.

“Actually music has a lot to offer to the science community. We haven't really mined all that data yet,” says Buehler.

Acknowledged Pioneer of Vocal Profiling creates Online WorkStation to Promote Sound Health & Self- Health

Elizabeth Brown

May 15, 2019

Wellness providers and the public can submit a voice sample and receive a computerized, quantifying report of their own vocal BioMarkers.

The Vocal BioMarker market is expected to reach revenues of 2.5 Billion in the next few years because conventional giants like MIT and the Mayo Clinic have joined the extensive investigation efforts of this emerging science.

The acknowledged pioneer of BioAcoustic Vocal Profiling, Sharry Edwards, MEd, wants to provide access to the originating protocols to the public in order to support the opportunity for SELF-HEALTH.

Edwards has created an online, public WorkStation that offers access to thousands of frequency-based metabolic biomarkers that can provide self-evaluation and create computerized Management Reports for Wellness Providers. Edwards sees the human brain as being akin to a computer's central processing unit that sends binary signals of instruction to support physiological and psychological functions. The evidence she and her staff at the Institute of BioAcoustic Biology & Sound Health have amassed shows that the body can be influenced to heal itself using frequency, sound and music.

Early on Edwards met with the National Institute of Health and followed their recommendation of using case studies to prove her theories. In 2004, the Institute was able to provide a tenant to the world, "People with similar wellness issues have similar, if not identical vocal BioMarkers." Like sour notes in a song, discordant vocal sounds indicate a lack of equilibrium. Likewise, the voice anomalies can indicate a lack of optimal health in the body.

The SoundHealthPortal (.com) WorkStation offers access to thousands of frequency-based biological biomarkers that can support for self-evaluation and create computerized BioAcoustic Management Reports that can act as mathematically generated guidelines for potential health markers. Each month they sponsor Vocal Profile workshops for professionals, individuals and for those who would like to set-up BioAcoustic Community Centers.

The American Academy of Anti-Aging Medicine (A4M) is a medical consortium committed to spreading awareness concerning innovative, cutting-edge science and research. In addition, they educate and advocate for innovative diagnostic tools to aid physicians and health care providers in the hopes of reshaping, redefining and restructuring the face of medicine.

Last year this prestigious group of physicians and scientific organizers decided to include Human BioAcoustics as part of their annual international conference held in Las Vegas.

A BioAcoustic case-study concerning Russ Rudy, MD, who had been diagnosed with Multiple Sclerosis (MS) which resulted in serious leg muscle atrophy and neuropathy, was introduced. Rudy was informed

that his situation was dire, incurable and nothing more medically could be done for him; he was sent home to die with a Baclofen pump installed to help control the pain.

Instead of accepting the death sentence, Dr. Rudy visited the Institute of BioAcoustic Biology & Sound Health in Albany, Ohio where voice analysis was being explored as a diagnostic tool for health issues.

A computerized evaluation identified frequency-based BioMarkers which indicated spinal damage signatures within Rudy's vocal architectures and further indicated that MS markers were not present.

Rudy consequently remembered a skiing accident 20 years prior which confirmed the computer-identified spinal injury. Specific ambient sound formulations designed to entrain the brain to return the body to normal form and function were provided to Rudy based on the individual properties of his voice.

Over the next few weeks, lab reports consistently confirmed that nerve recruitment was taking place from Rudy's waist to his toes. The Baclofen pump was removed (usually done at autopsy), his legs now support him, and he no longer needs a scooter to move about.

Rudy was able to return to his medical practice as an emergency room physician once again.

Larry Trivieri, author of *Health on the Edge* and editor of *Alternative Medicine: The Alternative Guide*, states "In my long career as a lay investigator of and writer about, cutting-edge healing methods, I've had the great fortune to meet literally hundreds of truly exceptional healers and visionaries. In Sharry, we have someone who is both, and the work that she is doing in the field of sound therapy is to me among the most important breakthroughs in the entire field of healing, both conventional and holistic.

I say without hesitation that her work represents a giant leap forward, not only in our understanding of healing, but also of our true nature as multidimensional 'energy beings'."

Projects recently initiated by the Institute under the tutelage of Edwards include a frequency-based epi-pen, muscle enhancement for sports and trauma, the incitement of stem cells, predictive wellness, proper Parkinson's finding, pain relief, PTSD, reversal of MS, resistant pathogens, fibromyalgia and macular degeneration. The ability to pre-test medications for side effects is also on Edwards' horizon.

Edwards' conclusions show that her work has been able to reveal the foundational mathematical codes of frequency-based medicine. "Math as Medicine has been a long-time coming but it is our Future," states Edwards.

References

[*https://www.openpr.com/news/1193798/Vocal-Biomarkers-Market-2018Expected-Reach-USD-2-5-Billion-Revenue-at-Booming-CAGR-of-14-5-DetailedAnalysis-by-Global-Industry-Revenue-Asserts-MRFR-Till-2023.html](https://www.openpr.com/news/1193798/Vocal-Biomarkers-Market-2018Expected-Reach-USD-2-5-Billion-Revenue-at-Booming-CAGR-of-14-5-DetailedAnalysis-by-Global-Industry-Revenue-Asserts-MRFR-Till-2023.html)

Duke Encyclopedia of New Medicine, page 556 - History - Bioacoustics as a therapeutic approach was developed by American Sharry Edwards, M.Ed., in 1982, after she realized she could hear unusually...”

Alternative Medicine: The Definitive Guide - This innovative to health and wellness, pioneered by Sharry Edwards, was chosen to be listed after lengthy interviews and investigation. In addition to being listed as a recommended therapy, article highlighting BioAcoustic methods and research has been included in the chapter on Sound Therapy. Sound Health, the research company responsible for developing the new field, now known as Human BioAcoustics, is located in Southeastern Ohio near Albany.

Professional organizations such as the Acoustical Society of America are considering the standards for technical definitions for Human Bioacoustics. This paper suggests specific language for such definitions arising from the considerations presented herein.

Through the years with Prince Charles

<http://www.youtube.com/watch?v=IRTul37mua4> – Lady Diana interview before wedding

<http://www.youtube.com/watch?v=ZZn3HgmuzFA>



In a picture before the wedding Charles shows disinterest and aversion to his marriage to Diana. What was really going on?

Vocal Prints of Charles before the wedding show

- That he was looking for a mother figure; that is certainly not what Diana portrayed
- He is not much interested in any intellectual endeavor; only in using words that will convey that he is interested in the public's opinion but only what he wants for himself



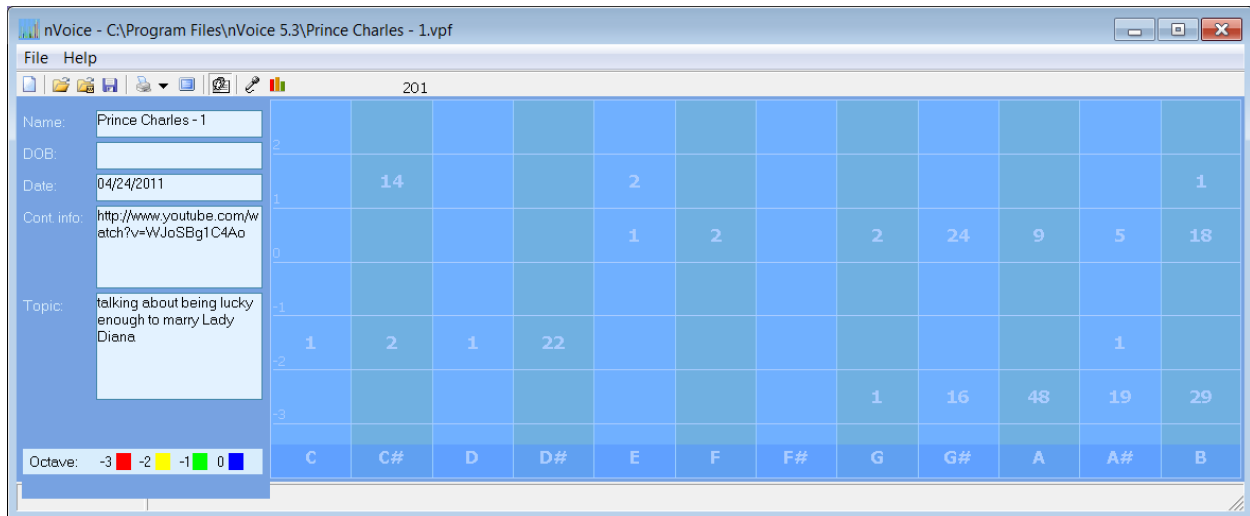
- Is responsive to the needs only to manage the opinions about a situation
- Emotional talking about impending marriage but only on a surface level
- There is an obvious split between what he is thinking and what he is saying
- Diana was nothing

more than an obligation. He was not necessarily a faithful partner

- The marriage had potential; they had similar interests but different approaches. It took someone to persistently run after Charles to make him turn away from Diana not because of his emotional commitment but from his high respect for what he considered his duty. You might see this reaction from a resigned martyr

Today, Charles' vocal print shows him to be loyal [in this order] to his personal needs and duty to the crown but not to one person. Camilla, as she has allowed herself to become a nagging wife instead of the dominant mother figure looking out for only his needs, has lost her edge.

- Charles lacks personal direction and could be controlled by a strong-willed person who showed him unconditional approval and appreciation, even at this age.
- Even today, as in the days of his impending marriage to Diana, Charles is still in conflict as shown in today's spit-octave vocal print. He leads many separate lives: One for the public, one with his wife, one committed to resigned duty and one secret life which only pleases himself.



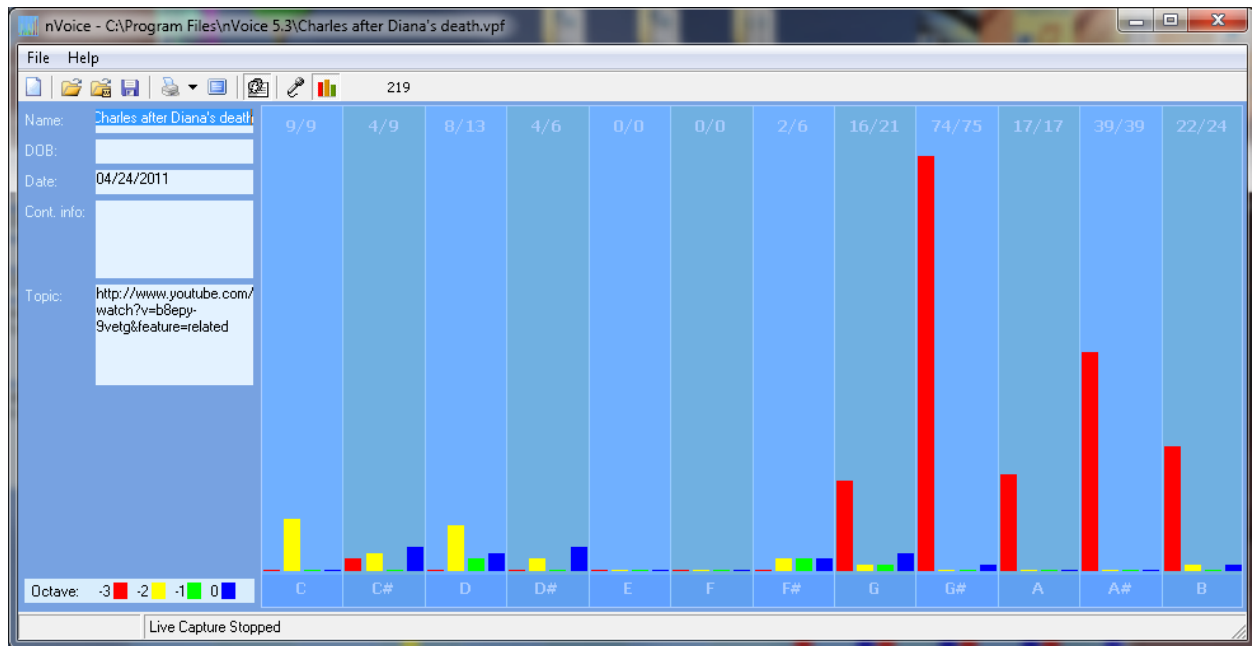
At this point, it would likely have taken someone running after Charles persistently to make him turn away from Diana. Charles lacks direction and could be controlled by a strong-willed person who showed him approval. In this picture to the right, the body language indicates that Camilla is clearly in charge.

BioAcoustic Opinion:

Even after Diana's death, Charles is still mostly reactive to what is being put into his way rather than being proactive, introspective or emotional. His ego seems nonexistent while his concern for physical priorities are dominant at this point in his life. Vocal Prints show that Charles has almost no emotion in response to anything in his life: Diana's death, his children, grandchildren, his marriage, Camilla's demands to be Queen.



His print indicates that he most likely wanted a “mother” figure that could tell him where to go, what to do and what to think. He is mostly just reactive in public; demanding in private.



The picture below clearly demonstrates the split between the royal couple.

If Diana had been more forceful, perhaps things could have been different, but that was not her personality.

Prince Charles Links:

<https://www.youtube.com/watch?v=fNul9pFb01M>

<https://www.youtube.com/watch?v=1pQETIViDds>

<https://www.youtube.com/watch?v=IHIm2KCO9Is>

<https://www.youtube.com/watch?v=Y1HhdnZaU5Q>

https://www.youtube.com/watch?v=t_2l33mqNbw

<https://www.youtube.com/watch?v=RzRnFU-Bwpw> – Charles about his sons and death – not very clear

<https://www.youtube.com/watch?v=EHzHMhtZ7h4> – about the kids after death – some Charles but very good at being a performing monkey

https://www.youtube.com/watch?v=v_iRrQjNW1Q - Kate pregnant

<https://www.youtube.com/watch?v=oiZTbubclyY> - Diana's death; no Charles speech

<https://www.youtube.com/watch?v=RzRnFU-Bwpw>

<https://mail.google.com/mail/u/0/?tab=rm&ogbl#all/WhctKJVZIQNHBJmxPSTDftdSJjCLHsdNTNxPtVWgXmdDndbKWNgMbCGRIqPZvLgcTDIXctv?projector=1>



Queen Elizabeth talks about Princess Diana's death.

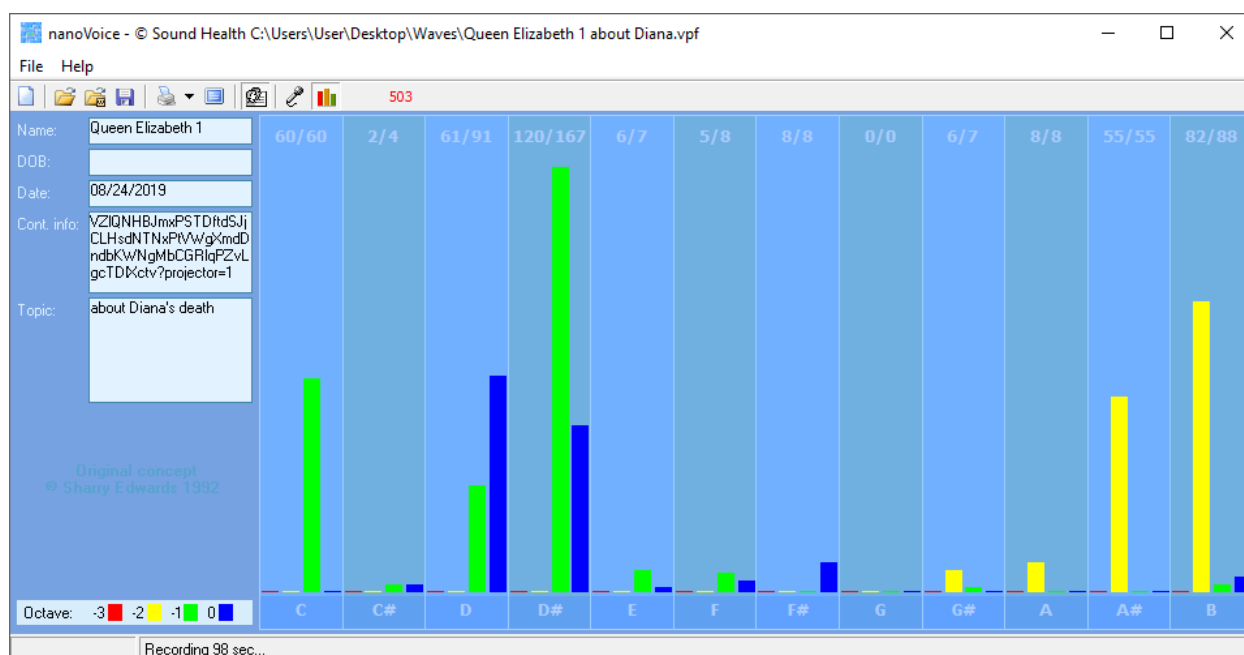
The four color indicators of a nanoVoice are Yellow, think; blue, feel; green, do and Red, future.

For Queen Elizabeth there are indicators of mixed feelings.

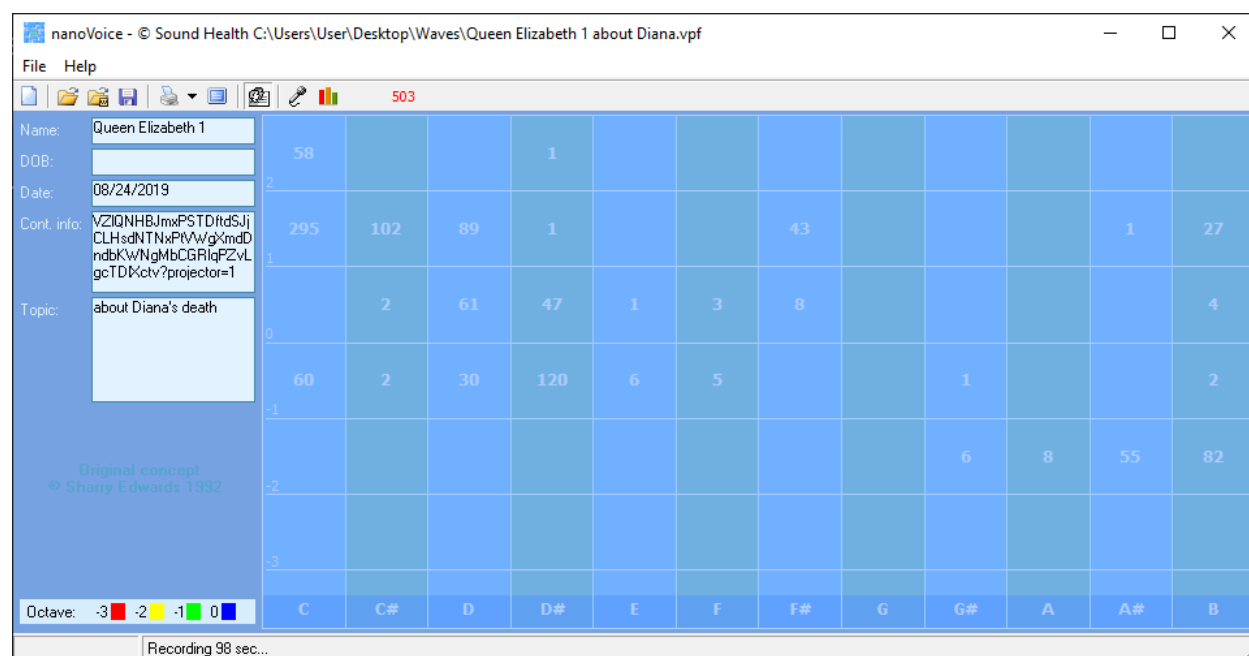
When she describes Diana, the Queen is in intellectual mode.

When she states that she is with the people to

share in Diana's memory, that too is from an intellectual perspective.



The only emotions shown are from doing what is correct for others. The green is from an ego perspective somewhat but is obviously being used in an informative way. It is “correct” of the Queen to make this speech and most of the information shared is MOST IMPORTANT TO HER. The highest note of D# - sharing or use of information.



No foundation perspective is evident, and she has very little control over the situation.

Strongest emotions are shown at D# (120) - showing that the information itself was for a purpose but
The same note D# also indicates some naïveté.

She didn't plan it, carry it out, or know about it – but felt it was a relief.

Most hits are in Fantasy ego at 295; she had to present this to the people in this way but did it to preserve image.

Also has 58 in GOD layer. Represents higher than God ego in her opinion. I've seen this in persons who have an entitled self-ego.

Lacks foundation – My opinion: she wasn't involved but is glad it happened.



Two recordings were used to complete this BioMarker evaluation of Meghan Markle, Duchess of Sussex, to determine potential indicators of wellbeing:

1. <https://www.youtube.com/watch?v=TZQiB1ChLAQ> - published Oct. 2018
2. <https://www.youtube.com/watch?v=ipuU0hHYiF4> - published Nov 27, 2017

Both vocal prints were evaluated for common frequencies that may indicate ongoing issues and should be Management Reports for medical professional

interpretation.

Meghan Markle, Duchess of Sussex

Both vocal profiles indicated significant ongoing genetic and metabolic issues dealing with the use of Choline, a B vitamin family member. This is particularly important in terms of the Duchess' current pregnancy because choline deficiency during pregnancy has been linked to Autism by a study done at the Boston University School of Medicine.

Choline is a nutrient precursor to the brain chemical acetylcholine, which plays a key role in cognitive and nerve function, brain development, muscle movement, liver function and memory sustainability. Low acetylcholine levels are strongly associated with a lack of cell signaling and dementia.

Choline and acetylcholine showed significant stress in both of Markle's profiles which were recorded about a year apart. In addition, choline receptors showed to be an issue indicating that the choline deficiency cannot be managed by simple supplementation.

Emotionally, choline helps increase the ability to cope with stress. It is an essential component of the central nervous system and helps move fats throughout the body. Choline impairment often leads to a fatty liver and issues associated with weight management and blood sugar issues. This often shows as alcoholism on the side of the family that carries the associated genes.

Choline is sometimes referred to as B4 and can be synthesized by the human body, but not sufficiently to maintain good health. Dietary choline can be found in eggs, liver, peanuts, meat, poultry, fish, dairy, spinach, beets, wheat and shellfish. Wheat and milk sensitivities would exacerbate the Choline issues.

References:

<https://www.psychologytoday.com/us/articles/201701/the-case-choline> - best article

<https://www.sfari.org/funded-project/perinatal-choline-supplementation-as-a-treatment-for-autism/>

Vocal Biomarkers Market 2018 Expected Reach USD 2.5 Billion Revenue at Booming CAGR of 14.5% | Detailed Analysis by Global Industry Revenue – Asserts MRFR Till 2023

Press release from: **Market Research Future** - 08-22-2018 12:50 PM CET - Health & Medicine

These BioAcoustic Management Reports were created by Sharry Edwards, MEd, from computerized reports provided by the Institute of BioAcoustic Biology & Sound Health.

© by Sharry Edwards, MEd. the recognized pioneer of Vocal BioMarker informatics via Vocal Profiling.

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740-698-9119

SoundHealthOptions.com

STATEMENT OF FACT: The information herein contains opinions concerning correlations between personality traits and frequencies found within the voice. The computer printouts are generated by a computer using fast Fourier transforms and voice spectral analysis developed by the Institute of BioAcoustic Biology – a non-profit research organization: SoundHealthOptions.com – 740-698-9119.

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<https://www.youtube.com/watch?v=ipuU0hHYiF4>

Prince Harry and Meghan Markle detail proposal and romance | First post-engagement Interview – ARE THEY COMPATIBLE?

BioAcoustic Opinion



Harry

1. Strongest concern = Spiritual Justice
2. He has the note of E missing
3. Ego is normal
4. Has above average frequencies representing justice, especially in fantasy layers (an overload actually) indicating that he has ideas of justice that he would like played out
5. Harry has A# and B slightly high – meaning he wants to spiritually support himself and others
6. Harry's foundation is a bit scattered indicating that he will look to Meghan to bring issues and emotions into focus
7. Harry is solid in both his physical and spiritual environments
8. Harry is strong spiritually and instinctively lives from that perspective where personal matters are concerned

9. Harry's overall perspective is working toward supporting others
10. Equal in intellect, Harry is less emotional than Meghan but balances it with caution; equally spontaneous, Meghan's active frequencies are more toward right-brained creativity – maybe writing children's books.

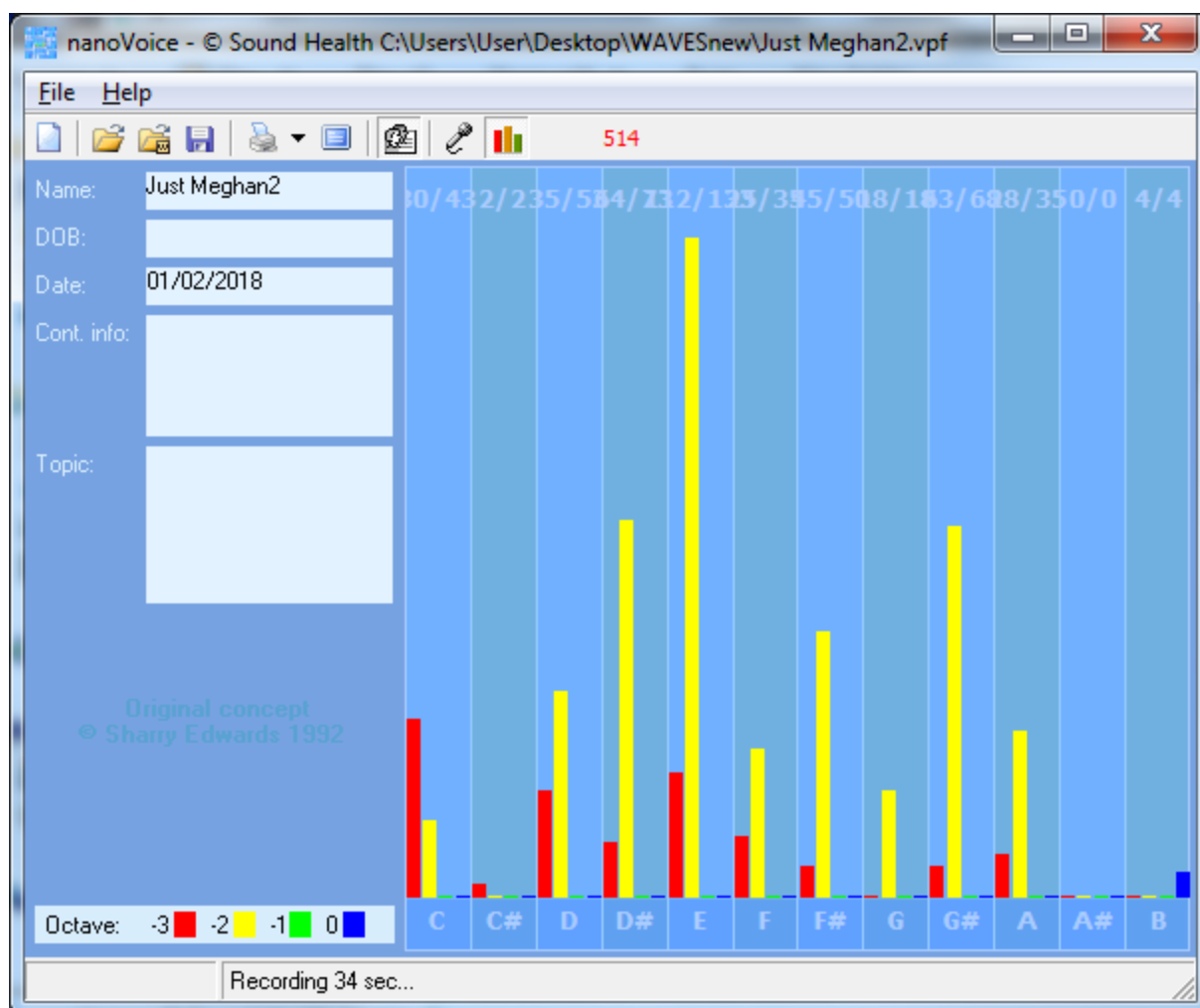
Meghan

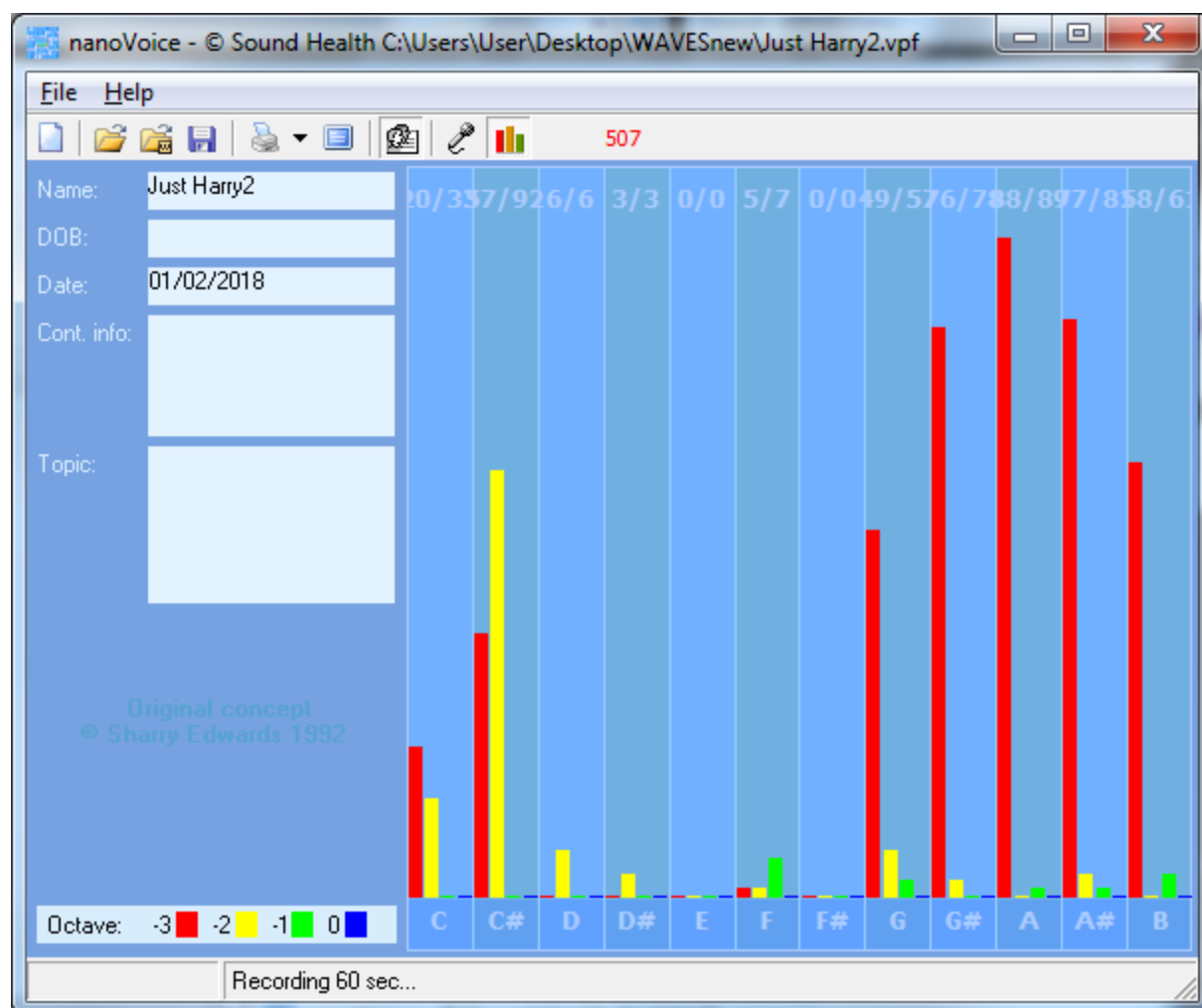
1. Strongest concern = intellectually saying the right thing
2. Her highest note is E
3. Meghan's fantasy ego is higher than normal but not outrageous
4. Megan has a strong foundation except for the note of C#, justice – which Harry has ample frequencies of – making this a supportive relationship where they fill in for each other on this topic
5. While talking about this engagement, Meghan did not display any spiritual issues toward herself or others – I think she is very disciplined while Harry shares his mother's love of the people
6. Meghan's foundation is more focused intellectually
7. Meghan lacks security in her physical environment – Princess Diana shared this trait
8. Meghan is more comfortable after she has intellectually considered all options
9. Meghan overall has a strong emotional ego associated with the engagement discussion
10. Equal in intellect, Meghan is less equal in her emotions; equally spontaneous, she does not want to be as active toward accomplishment.

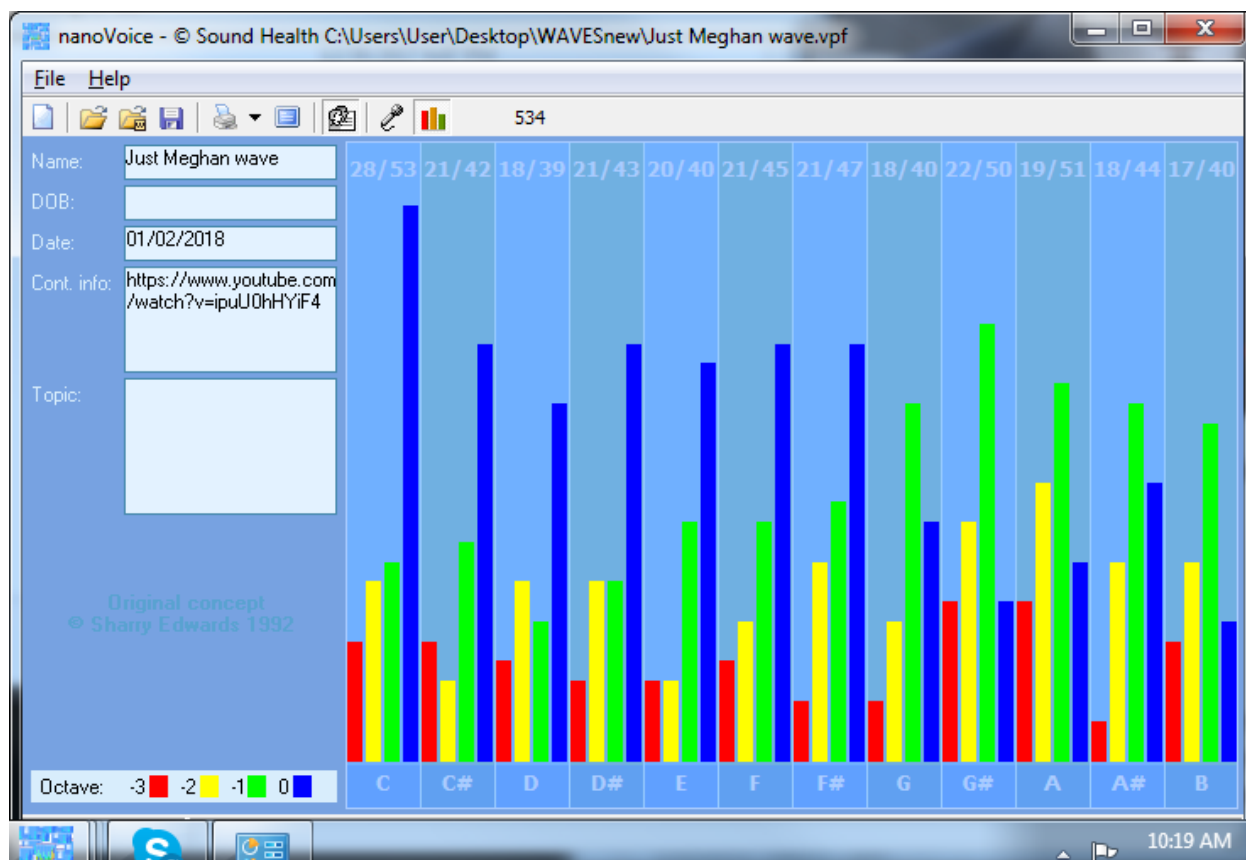
BOTH

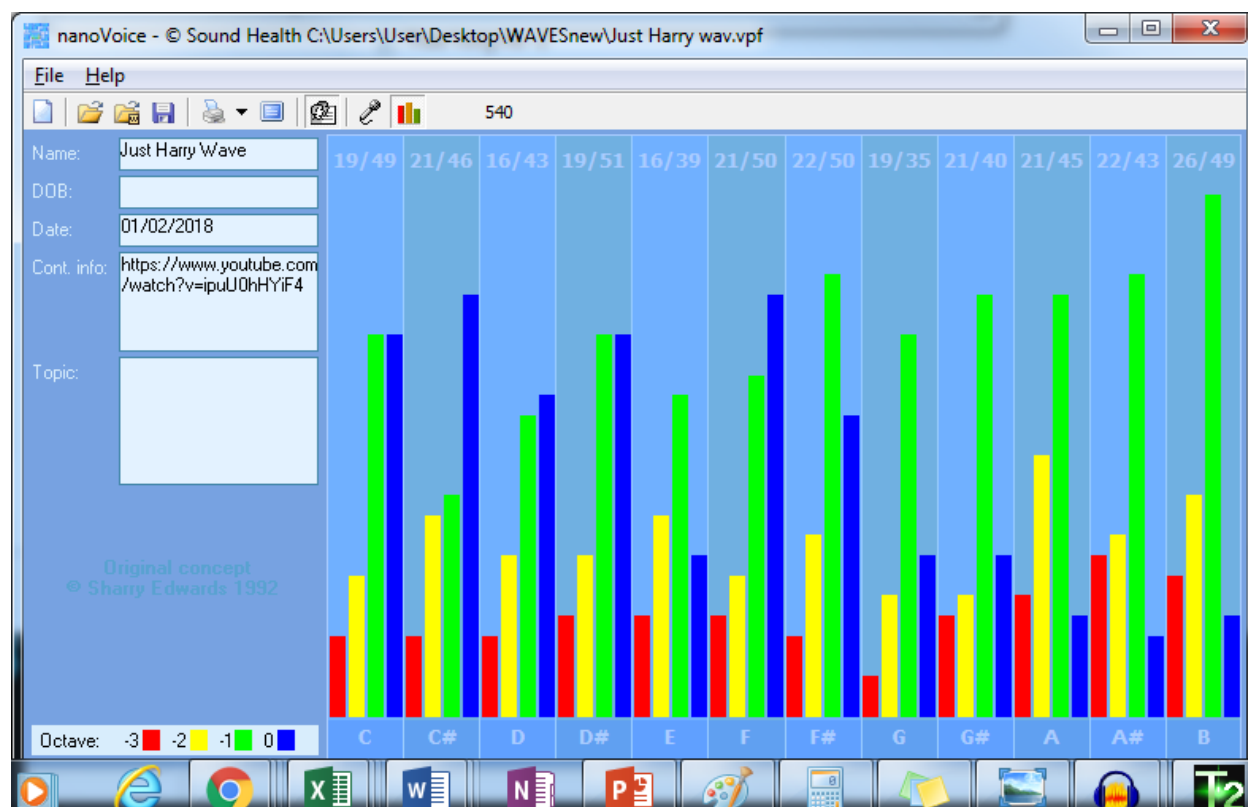
1. Are spontaneous, Harry more so than Meghan
2. His missing E and her overload of it makes this a needy relationship
3. Gut level spirituality versus thinking at length
4. Emotional overtones to activities
5. A love of justice brings them closer

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Vocal Profiling Note Correlate Chart

NOTE CORRELATE CHART		
EMOTIONAL		PHYSICAL
Self power, ego, self direct, leader, excitement physically motivated	C	Large, thick muscles, heart gross circulation, female reproduction
Champion of justice, fair play, hard on self, stubborn, hard on others as a cover	C#	Tendon, ligaments, tissue linings, circulation of digestion, bowel
Self approval, expects reciprocation caretaker, likes to organize, examine and fix self and others	D	Liver, gallbladder, pancreas digestion, appetite, production of enzymes and hormones
Information brokers, not apt to share "real" self easily, uses narrative examples to teach	D#	Cellular oxygenation, transport of minerals and oxygen to eyes and muscles
Self approval issues, uses words first to convey message and meaning, appreciation	E	Wet moist tissues, lungs, eye, nose, bronchial structures diaphragm,
Planner, ability to see flaws in the plan of others, balance between perception and action	F	Kidney, environmental allergies prostate, male reproduction, lower back, cranial balance
One who carries out the plans, does intuitive about the needs of others share and loves wholeheartedly	F#	Blood filtering and screening manages mineral balance flow of fluids, nutrients
Game player, likes to mix and manage the physical aspects of life motivated by future events	G	Neurotransmitters, balance of minerals and enzymes bone matrix, water balance
Wants to make a difference, likes to help and satisfy others hands on, time conscience	G#	Resource maintenance and storage, with C# retrieves nutrients from the bowel
Spiritual, takes care of the needs of others, interprets/acts from within self	A	Eye flexibility, electrical issues non-physical issues, resource management, aging
Highly intuitive, reads between the lines, can put aside self for others likes mental games, hurts easily	A#	Immune system, adrenal issues with E-allergy related, body detoxification, oxygen regulation
Link between self and universe needs harmony and balance in personal life and occupation	B	Subtle circulation, body/mind connection, small body mechanics nerves, body magnetics
Meditative, answers to God's LAW	B/C	Body system integration and communication
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Thank you for taking the opportunity to experience the **nVoice™** Personality Profiler computer program. As you speak into the microphone, the computer will catalog your words into musical notes and patterns. Your print-out will reflect the twelve notes of the musical scale – C, C#, D, D#, E, F, F#, G, G#, A, A# and B, plus the octave(s) in which you speak. The notes, octaves and general architecture of your vocal graph are used to create a computerized **nVoice** Personality Profile for you. Each of these notes has general characteristics which are explained in the chart above.

Remember that each written report will reflect what you say as well as what you don't say.

The database used for your analysis has been developed over the last twenty-plus years as we collected data. We would appreciate feedback as to how you think your profile matches the REAL you.

For this vocal profiling, your emotions can greatly influence the outcome. If you would like information about a variety of subjects, take several voice samples, keeping to one subject for each profile. Every print-out will be "flavored" by the subject you talk about.

You may find conflicting statements on your report. This indicates that these same conflicts reside within your personality. As you talk about different subjects you will be able to determine the conflicts and joys of each.

If you doubt the accuracy of your **nVoice** Personality Profile, ask a friend who will tell you the truth about how you are perceived by others.

If you print your report in color, there is a possibility that you will have one or more of four different colors on your chart - blue, red, yellow and green. Multiple colors on one chart indicate a multi-faceted approach to that subject.

Blue is indicative of an overall love for humanity, the ability to put others first, an emotional perspective and possible naiveté. A nun or minister type who gives more than they receive.

Yellow is indicative of mental processing, an intellectual outlook, a logical, cautious perspective. A lawyer type who can see all sides and acts depending on the desired outcome.

Green indicates a need to accomplish, someone who can plan ahead, appears reliable and is ready to go after careful thought. A Farmer type; on the negative side, a con man.

A demo version of
this software can be
downloaded from
www.nanoVoice.org
along with
instructional video
and charts

Red is indicative of a physical call to action but without a lot of thought for the consequences. Red likes to see and do things first before the rest of the crowd. A Fireman type who can assess a situation quickly and act accordingly.

Each note needs to be matched with a color and its interpretation.

For example someone could have a very high note of C that was red – this person might use his/her ego or strength to get their way without much thought for the outcome. A bully or autocrat.

If the same high C was green that person might use their first-hand experience to manage getting something accomplished. A leader by qualifications alone who may

or may not have many people skills. A workaholic who has little respect for the time commitments of others.

If the high C was yellow the person might want their way because of their education or position. They tend to think they know best for everyone involved. There is usually a disregard for the opinions of others with this politically astute yet authoritarian perspective.

If a high C is blue this is likely to be an emotional leader who champions a cause for the rights of others. This is not always a logical or rational leadership style but more of a charismatic approach. An uncompromising extremist.

Each note can be assessed using the color and note information. Remember that the examples above are for extremes of a note being well above normal.

Nothing is wrong in your voice; it is what you do with the information that is important. This evaluation is by no means inclusive. It serves to provide a perspective about you as it relates to the topic you chose. For more information about your **nVoice** report, please visit your nearest Human BioAcoustic Vocal Profiling professional.

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King Charles III pays tribute to his mother in first speech

By George Bowden

BBC News

- Published 9 September

Share



Watch: King Charles's first speech in full

"Queen Elizabeth's was a life well lived," King Charles III said, as he renewed his "darling Mama's" promise of lifelong service.

In an emotional first address to the nation, he praised her warmth, humour and ability to see the best in people.

Prince William and Catherine will become Prince and Princess of Wales, he said, as he expressed his love for his son Prince Harry and wife Meghan.

The Queen **died peacefully** at Balmoral in Scotland on Thursday aged 96.

The speech was broadcast as a service to remember the late Queen, attended by senior politicians and 2,000 members of the public, got under way at St Paul's Cathedral.

It saw the first official rendition of the national anthem - God Save the King - since Charles became monarch.

- **King Charles III's address in full**

In his televised address, the King, 73, said: "Her dedication and devotion as Sovereign never waivered, through times of change and progress, through times of joy and celebration, and through times of sadness and loss."

He announced he had made his son William the Prince of Wales, with his wife Catherine the Princess of Wales - the title last used by William's mother Diana. And he expressed his "love for Harry and Meghan as they continue to build their lives overseas".

Speaking about his wife of 17 years, Camilla, 75, who becomes the Queen Consort, he said: "I know she will bring to the demands of her new role the steadfast devotion to duty on which I have come to rely so much."

He acknowledged his life had now changed, saying: "It will no longer be possible for me to give so much of my time and energies to the charities and issues for which I care so deeply.

"But I know this important work will go on in the trusted hands of others."

Heir to the throne Prince William will now take on the King's former Scottish titles and responsibility for the Duchy of Cornwall.

"With Catherine beside him, our new Prince and Princess of Wales will, I know, continue to inspire and lead our national conversations, helping to bring the marginal to the centre ground where vital help can be given," the King said.

Looking ahead to the Queen's funeral, the King expressed his hope that despite the sorrow felt around the nation and Commonwealth people would "remember and draw strength from the light of her example".

He concluded: "And to my darling Mama, as you begin your last great journey to join my dear late Papa, I want simply to say this: thank you.

"Thank you for your love and devotion to our family and to the family of nations you have served so diligently all these years.

"May 'flights of Angels sing thee to thy rest'."

King Charles III

DOB: 11/14/1948

Recording Date: 09/28/2022

Subject/Topic: Queen Elizabeth's death

Points of Importance, Attention and Consequence

You have an unusual sense of time. Not having all the information needed to make a decision stresses you. You will go to great lengths to protect your reputation. You appreciate others who recognize your ability to be of service. You have high ideas and expect the same of others. Sometimes there is conflict between your inner ideals and what you want others to think of you. You want everything done but you do so much that some things don't get done on time. You can be fussy about your physical space, which needs to satisfy you and no one else. Sometimes you spend a lot of energy trying to get even the smallest detail right the first time. Your highest note is associated with the expression of your internal perspective of insight and self-awareness, along with internal faith, fairness and fulfillment, the expression of service to humanity and human spirit, your feelings and desire to help others, the expression of physically prioritizing what you need and want to accomplish and personal control over what happens in your physical environment.

You sometimes depend on others to support your place in the world. You can see how a situation needs to play out but you don't want to look interfering. You don't always express your sense of confusion to the appropriate person when others attempt to deal with you inappropriately. Note that thinking about an action is not the same as doing it, so go ahead and send that little gift, card or note. You like pointing out the mistakes of others but sometimes have a hard time receiving the same type of constructive criticism. You like nice things in your life and people who you think have "class." Physical issues are not your priority. You often have more chores than you can possibly get done. You don't need structure to be comfortable.

Points of Communication, Complications and Complaints

Seeing every side of an issue is important to making the right decision that is for the betterment of all concerned. You can easily put yourself aside for the benefit of others. You can be good counsel for them if you allow them to keep their own systems intact and not insist they follow yours.

Being appreciated is especially important to you. You sometimes help others to the detriment of yourself. Your emotions run strong and can influence your health.

Working to improve yourself is a strong issue. You seek information about yourself that allows you to be resourceful in your interactions with others. You approve of yourself and let others know by the good example you set. You are not likely to allow yourself to be pushed around by other people's opinions. You tend to teach by your actions.

You know how to get things done but don't always have the time for the details. Remember that planning something is not the same as getting something done. Thinking and doing need more balance.

You don't always know how to fight back to secure what is properly your due. It is hard for you to understand why people take your peaceful nature as being an easy target. As long as a rule doesn't pertain to you or yours personally, you don't often bother to object. You very much appreciate those who come to your verbal rescue.

Your spiritual side may be neglected because of the responsibilities you hold. Taking time for yourself is important but you don't often do it. Allowing all that you do to be for the benefit of all concerned, even if it stresses you personally, is the best solution for you in the long run.

Points of Cooperation, Learning, Opportunity and Growth

Having time for inner thought is important to you. You often put others ahead of yourself. Inner dialogue is important to seeing who you want to be. Calling on the help of spirit can make your life lighter.

You don't always take time for the spiritual side of life. Balance between spiritual and physical aspects of your being is important. You can allow your spirit to carry you when the body is weak.

You do for others just because they ask not because they deserve your time. You do for others more quickly than you do for yourself. Helping people grow emotionally is rewarding to you.

You can see what needs done and give direction to complete it. You can visualize yourself in other places and situations and often use this ability to plan your actions. You can physically breathe yourself through stressful situations.

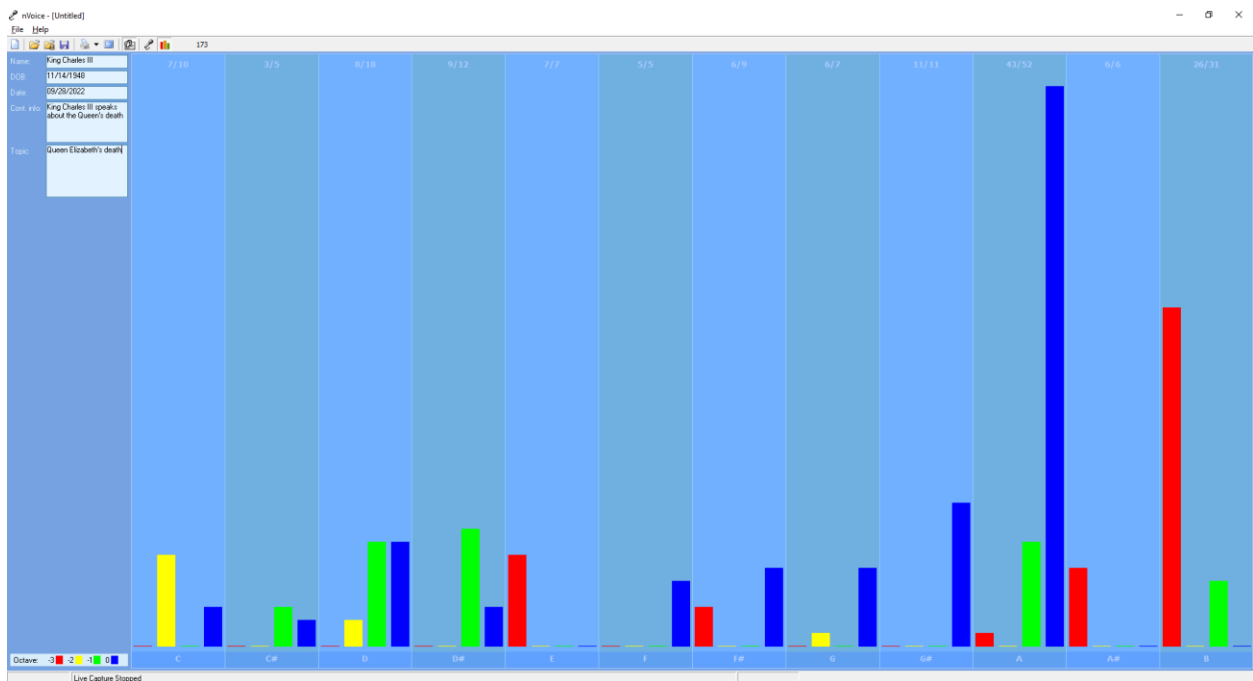
Your self-approval often depends on how satisfied you are with what you have accomplished. You work to please yourself by your accomplishments not necessarily for money or reward. You gain self-approval by helping others gain self-reward. People often come to you to clarify their own thoughts. You shine when you are being appreciated.

Providing others with your reasons for an action, would produce more cooperation. You have a hard time understanding people's ability to be so unfair to each other. You will quickly come to the aid of those who are not being treated fairly.

You strive to bring together what others think of you with what you think of yourself. You can second guess yourself in a heartbeat. You let others convince you that your feelings are in error because you care about them and their opinions.

Your self-power will increase when you begin to demand equal treatment. Your desire to help others can override your ability to accept from others. Always doing for others first is sometimes a lonely life.

The balance of pride and a love of humanity keeps you committed and busier than you would like. You can lose interest in a project without warning. You are likely to be put into a position to require others to finish projects because you spread yourself too thin.





<https://www.youtube.com/watch?v=Nap2XkAiyWo&t=53s>

Princess Anne

DOB: 08/15/1950

Recording Date: 09/28/2022

Subject/Topic: Queen Elizabeth II

Points of Importance, Attention and Consequence

You have an unusual sense of time. Not having all the information needed to make a decision stresses you. You will go to great lengths to protect your reputation. You push yourself and others to finish the job. You love new ideas that mean you can have a project to work on. A sense of belonging is important to you. You have a high degree of intuition when it comes to listening to what people are not saying. You have strong opinions about protecting others who can't protect themselves. You will come back again and again to a situation that is unsettled until you find an answer that satisfies you. It distresses you when someone is attempting to prove you wrong. You know when you have settled your mind about a situation because you no longer have a need to talk about it. Being without a reason/cause for an unsettling event can be disturbing and very mentally time-consuming for you. Your highest note is associated with the expression of your internal perspective of insight and self-awareness, along with internal faith, fairness and fulfillment, the expression of duty to work and accomplishment, the ability to see the flaws in a plan and make it right, the expression of change of the body, mind and/or spirit and the balance between self-expression and self-worth. Seekers of internal Truth live here.

Note that thinking about an action is not the same as doing it, so go ahead and send that little gift, card or note. You like pointing out the mistakes of others but sometimes have a hard time receiving the same type of constructive criticism. You like nice things in your life and people who you think have "class." You sometimes depend on others to support your place in the world. You can see how a situation needs to play out but you don't want to interfere. You don't always express your sense of confusion to the appropriate person when others attempt to deal with you inappropriately. Providing balance between what you want and what you will allow yourself will result in harmony in your life. Those around you will allow you to give too much unless you define your own needs. You tend to do more for others than they do for you.

Points of Communication, Complications and Complaints

You use established morals and guidelines easily. Your stamina levels are closely related to your emotions. You can find the energy if something needs to be done.

Seeing every side of an issue is important to making the right decision that is for the betterment of all concerned. You can easily put yourself aside for the benefit of others. You can be good counsel for them if you allow them to keep their own systems intact and not insist they follow yours.

Working to improve yourself is a strong issue. You seek information about yourself that allows you to be resourceful in your interactions with others. You approve of yourself and let others know by the good example you set. You are not likely to allow yourself to be pushed around by other people's opinions. You tend to teach by your actions.

Your standards for emotional trust are high. You understand intellectually that trust should be earned but often give trust without reservation. You think about how your words will be received before you speak. You understand that stubbornness of thought exhibited by others is likely a lack of appropriate information about the subject. You can see through people who are trying to convince you that wrong is right. You work well behind the scene but you expect to be compensated for a job well done not necessarily in money but in appreciation.

Your connection to universal truths can be easily misplaced if you allow others to demand your time. Deciding to put yourself first may require considerable contemplation. Being proactive will lead you where you want to be. You like to see what others think and then add your opinion later. You can put yourself aside for others and often do.

You don't always know how to fight back to secure what is properly your due. It is hard for you to understand why people take your peaceful nature as being an easy target. As long as a rule doesn't pertain to you or yours personally, you don't often bother to object. You very much appreciate those who come to your verbal rescue.

You know how to get things done but don't always have the time for the details. Remember that planning is not the same as doing. Thinking and doing need more balance.

Points of Cooperation, Learning, Opportunity and Growth

You don't always take time for the spiritual side of life. Balance between spiritual and physical aspects of your being is important. You can allow your spirit to carry you when the body is weak.

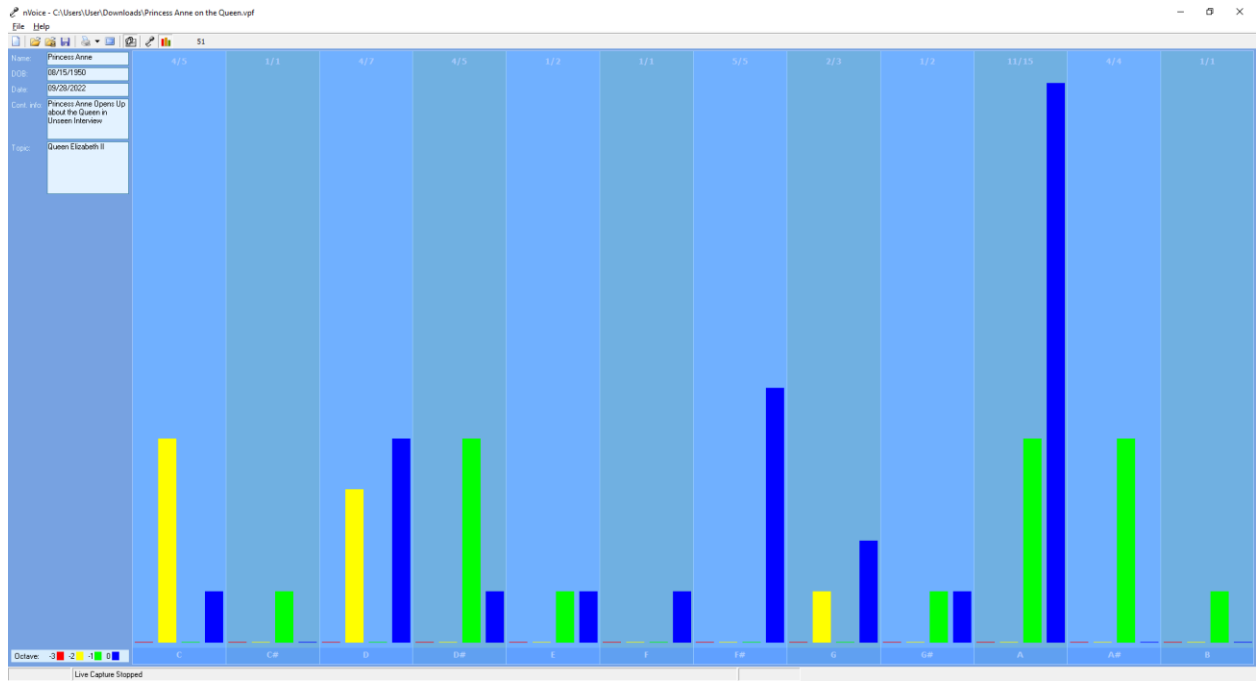
Having time for inner thought is important to you. You often put others ahead of yourself. Inner dialogue is important to seeing who you want to be. Calling on the help of spirit can make your life lighter.

You tend to think you ought to fight authority to prove personal points of honor even when it costs you. Joining a group that thinks like you do will help bring justice to a situation. Your own self-approval issues can get in the way of expressing your opinions that need to be heard. You can be quick to judge before you gather all the pertinent facts. In most cases it is a lack of understanding your motivations.

You strive to bring together what others think of you with what you think of yourself. You can second guess yourself in a heartbeat. You let others convince you that your feelings are in error because you care about them and their opinions.

The desire and ability to be a leader is not often recognized until you speak up. You don't always do things because you want to but because it is expected of you. You tend to give too much or too little of yourself. Reciprocal appreciation is important to you.

The balance of pride and a love of humanity keeps you committed and busier than you would like. You can lose interest in a project without warning. You are likely to be put into a position to require others to finish projects because you spread yourself too thin.



Computerized biometric frequency modeling used to detect and compile mathematically designed disease, staging and diagnostic biomarkers

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BioAcoustic Biology is an emerging science capable of providing biometric information through a mathematically-based evaluation of anomalous vocal acoustics. Published reports indicate that vocal analysis has been used to determine levels of hormones and biological reactions during drug trials. Stephen Williams, Pfizer's executive Director of Clinical Technology, states that Pfizer has been able to detect otherwise invisible efficacy reaction biomarkers using voice spectral analysis.

Defining disease and staging biometrics is still novel but "diagnostic biomarker" is not yet a defined biomarker category (Boguslavsky, 2004). In fact most biometric information is being used only in clinical trial selection and evaluation except for the exploration being done at the Sound Health Research Institute in Ohio. Their investigative work, spread over the last three decades, includes evaluations of biochemical cascades, structural configurations, nutritional assessments, heart and eye disease templates and genetic make-up, plus toxicity and pathogenic exposure information. The Institute, in addition to the Acoustical Society of America, has taken a leading role in defining this field.

Vocal pattern assessment incorporates mathematical analysis of anomalous vocal acoustics, coupled with the evaluation of amplitude decay among low-order harmonics. The results are being used to model the frequencies and architecture of coherent acoustic parameters contained within the human voice. This emerging system of articulation of sample analysis is being uniquely investigated for its potential to develop reliable frequency-based protocols that can define innate, mathematically derived templates of human biology and definitive disease with health biomarkers.

Embracing the idea that the voice is a biometric representation of health and wellness, through the recurrent laryngeal and direct vagus nerve associations with the brain, Vocal Assessment can provide significant bioinformation.

BioAcoustic Biology research has established and is testing predictive biometric templates for nutritional needs, heart and eye health through biomarkers gained from acoustic vocal samples. Additional research includes anti-aging potential, Alzheimer's biomarkers, Fibromyalgia, autism and stroke recovery.

The brain communicates using the language of frequency that can be expressed mathematically. The brain receives and assigns signals to ranges and areas of it for interpretation and possible reactions. Events experienced by the body reach the brain as biofrequencies that are then sorted, routed and assigned an interpretation designation. The brain uses a network of frequencies to communicate internally. When we speak, the vibrations of the vocal cords create resonances that reverberate

throughout the body. These resonant frequencies have an entrainment influence on the brain and nervous system.

Like music, the voice is a measurable arrangement of sounds. The voice as spoken language is a complex, often mathematically discordant cacophony. Each word contains individual sound units called phonemes. Vocal analysis mathematically examines the chaos, the dissonance, of these phonemes. Language barriers do not play a part in this type of evaluation. Any sound, including moaning, crying, laughing or nonsense syllables may be used to reveal biometric information.

The foundational principle on which BioAcoustic Biology has been established is the concept that the voice is a comprehensive representation of the body that can be mapped through uniquely devised algorithms to provide a glimpse into the individual biological, chemical, and structural make-up of the body.

Through distinguishing mathematical calculations, termed in the field of Human BioAcoustics, as “Mathways” (as in Pathways when referring to chemical cascades of reference), BioAcoustic Biology-related studies have shown considerable promise in allowing science to observe the interconnected systems of the body; not merely as closed systems working independently, but as actual frequency-based structural as well as biochemical interactions of the body. As an example, a recent evaluation of a pregnant volunteer showed that hormones responsible for labor and delivery could be monitored by studying the changes in vocal acoustics during pre-labor and the labor initiating process. The Frequency Equivalent (FE) of a labor-inducing medication, Pitocin, is indicated in Chart 1 using a frequency-domain vocal print, and reported in terms of time intervals in Chart 2.

Most labor and delivery hormones can be monitored in the same way. This technique would allow a quick assessment to discriminate between false and actual labor thereby saving considerable resources for insurance companies, medical personnel and clinical resources. Like chemistry, which draws conclusions using elements and compounds, BioAcoustic Biology uses sound to explain our frequency-based biological systems. Vocal Profiling, Human BioAcoustics and BioAcoustic Sound Presentation are clinical aspects under the master heading of “Sonistry,” which is being defined as the study and application of sound and sound frequencies as a universal measurement of biologically related events.

The opportunity to create precedent-setting protocols has the potential to significantly expand understanding of the human body as a collection of predictable math-base compilations. The need for advanced biometric diagnostic templates is apparent in light of Secretary Michael Leavitt’s (Health & Human Services) commitment to “transform the healthcare system.” Among his plans is the initiative that wellness and prevention should be sought as rigorously as treatment, and that health care should be available and affordable.

Routine vocal assessment could be used to monitor medications; the overall health of a person with limited mobility; suspected toxin or pathogenic exposures; and the status of persons in remote locations. Sites such as airports, airplanes, land-based transit systems, buildings or other geographically sensitive locations could be monitored. Since the vocal samples are digital in format, they can be sent and received via satellite or the internet to a central location with no loss of integrity.

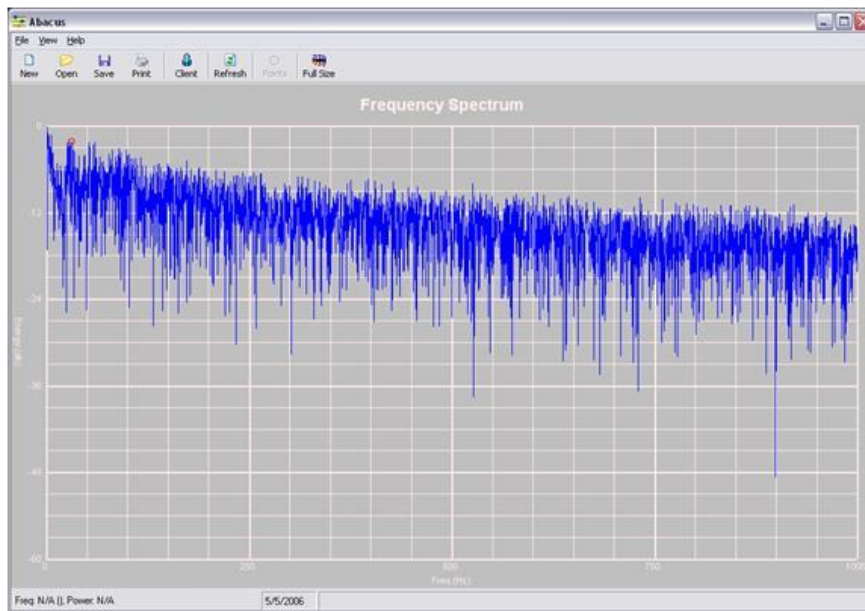


Chart-1 Frequency

Domain Vocal Sample - The circle indicated by the arrow represents the Frequency Equivalent (FE) of Pitocin. In the example monitoring Pitocin during induced labor, the FE of Pitocin began to ascend beyond the coherence range of the vocal architecture as the dosage increased.

Frequency Equivalent(FE) Monitoring of Pitocin* using FFT of Vocal Acoustics

Date	Time	Pitocin FE Q	Dosage
5/1/2006	5:22am	-9.50	none
5/1/2006	8:40am	-7.65	1mU
5/1/2006	9:15am	-8.46	2mU
5/1/2006	9:30am	-4.98	3mU
5/1/2006	10:06am	-1.97	labor contractions initiated

*Pitocin=synthetic form of natural labor inducing hormone, Oxytocin

0 = highest FE representation -60 = lowest FE representation the higher the presentation FE, the more likely the substance is active

Chart-2 – Time table key of Pitocin FE vocal acoustic evaluations for an induced labor due to previous C-section; labor was induced nine days prior to the due date.

Charts 3 and 4 represent Frequency Equivalent (FE) levels of Pitocin and a CONTROL comparison.

It was expected that the Frequency Equivalent (FE-Q) of the drug would increase as the dosage increased. Such was the case.

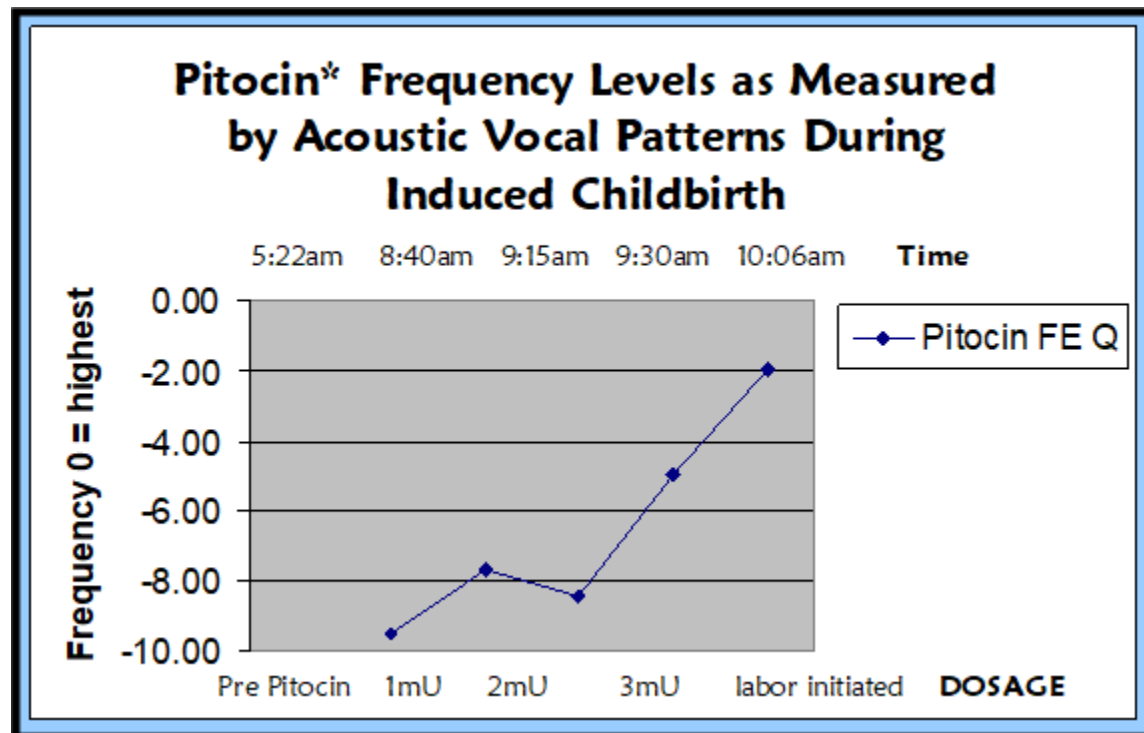


Chart-3 - During childbirth the labor inducing drug, Pitocin, was monitored as the dosage was increased. It was expected that the Frequency Equivalent (FE-Q) of the drug would increase as the dosage increased. Such was the case. 0 = highest frequency

During the observation sequence additional hormone FE's were sampled and could likely have been used to predict the emergency (3:30am) C-section that was the result of this induced labor.

Time	Pitocin FE(Q)	Dosage
10:06 am	-1.97	no increase
LABOR	INITIATED	
9:30am	-4.98	3 mU
9:15 am	-5.09	2 mU
8:40am	-7.65	1 mU
5:22am	-9.50	none

As early as 10:30am, the vocal print indicated that the body was producing biochemicals known to act as blocking agents to the onset of labor contractions.

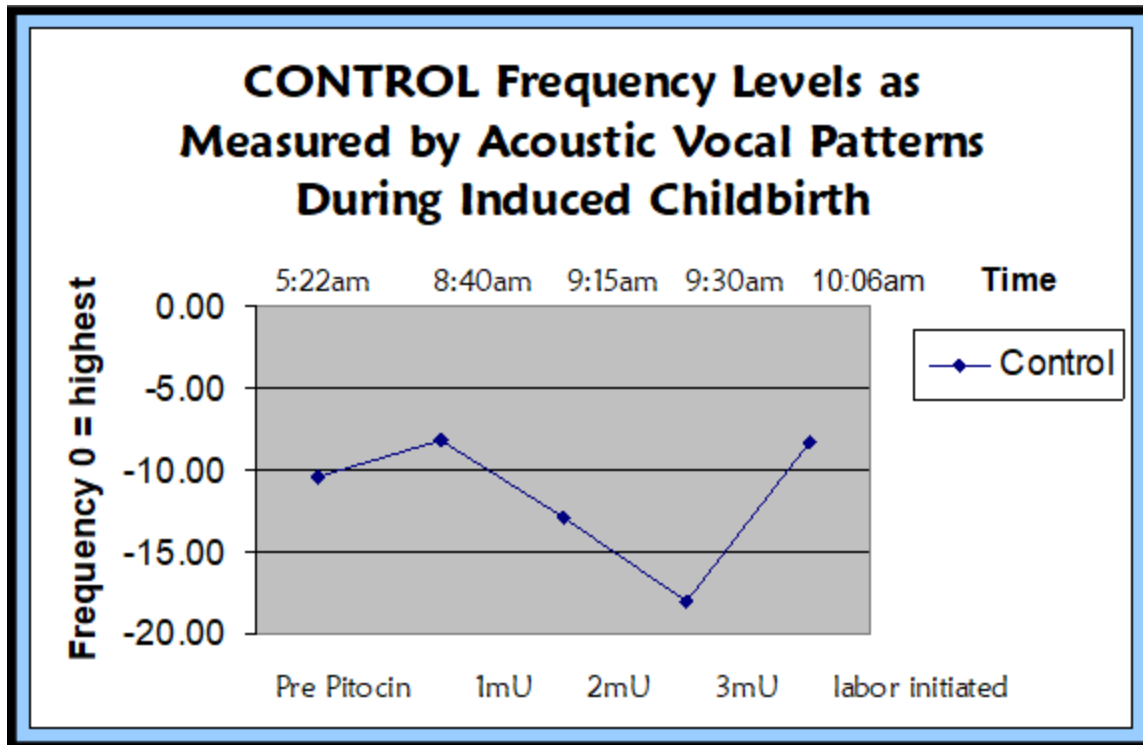


Chart-4 - During childbirth/labor, a CONTROL frequency was used for comparison with the labor inducing drug, Pitocin.

As expected, the CONTROL showed erratic frequency fluctuations.

Time	Control
5:22am	-10.39
8:44am	-8.26
9:15am	-12.87
9:30am	-18.08
10:06am	-8.39

Vocal Profiling is an innovative methodology that has the potential to answer the demand for efficient, non-invasive and mobile methods of monitoring health status.

A review of blood analysis laboratories indicated that it can take as long as two weeks to return an evaluation of nutritional status. On-line Vocal Profiling would make the assessment nearly instantaneously.

The system, once funded and in place, could provide the ability to evaluate health in a timely and cost-effective manner, making it possible that inequities in our present health system could be abated.

The theoretical basis of such use of sound has progressed to the stage that preliminary technical definitions can be advanced.

The therapeutic potential of using the evaluation of anomalous vocal acoustics for the identification of pre-diagnostic biometrics could enhance or render inert, disease-based biomarkers depending on the desired outcome. The results promise to add significant confirmation to the idea that our bodies constitute a predictable system of mathematical computations.

Vocal algorithms give us an unprecedented window into individual BioAcoustic Biology. To further advance the field of Human BioAcoustics, based on the clinical and research experiences of the Institute, the author proposes the following draft definition for consideration by the Acoustical Society of America: "Human BioAcoustic vocal pattern assessment incorporates the mathematical analysis of anomalous vocal acoustics, coupled with the evaluation of amplitude decay among low-order harmonics. The results may be used to preliminarily model the frequencies and architecture of coherent acoustic bioinformation contained within the human voice. This emerging system of Vocal Profiling has the potential to develop reliable frequency-based protocols that can define intrinsic, mathematically derived templates of human biology and definitive disease and health biomarkers."

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Keynote NOVEMBER 22

Astrology Association: SCORPIO

Color Association: Green Blue

Nov Keynote 2022

Frequency is ... (everything). Nearly everything can be measured as a potential mathematical frequency.

Using frequency to define human form and function is the mission of this column. We believe that you can better prepare for life's lessons if you know which frequencies are influencing YOU, much like preparing for tide changes to help predict water tables around the world.

For the month of November, Vitamin D seems to be in stress throughout the month. This is important because of the body's response to the current Covid fiasco, which is intricately involved with several forms of Vitamin D, along with zinc, glutathione, quercetin, Vitamin C...

BioAcoustically Speaking, the present flu environment is also involved with the ability to detox at an intracellular level. The Glymph System, recently brought to the attention of the public, postulates that we have a waste maintenance system (much like the Lymph System but without actual vessels). The Glymph system works interstitially (between tissues) as a waste removal and messenger service throughout the body. It is a system dependent upon Aquaporin.

From Wikipedia: Aquaporins are intrinsic proteins that selectively conduct [water molecules](#) in and out of the cell, while preventing the passage of [ions](#) and other [solutes](#). Aquaporins are integral membrane pore proteins. Some of them, known as [aquaglyceroporins](#), also transport other small uncharged dissolved molecules including ammonia, CO₂, [glycerol](#), and urea.

Aquaporin comes into play strongly on Nov 5 (associated with temperature regulation) and Dec 3 (Which if overexpressed is associated with cancer). Remember, sensitive persons will feel this influence a few days before and/or after the actual date. Individual Vocal analyses for Glymph are available to the public at: <https://www.soundhealthportal.com/sample-upload/>.

Two Spike proteins are active this month: NSP11 and NAP8. More info: <https://soundhealthoptions.com/tenets-of-math-as-medicine-support-covid-survival/> and Guardian Papers - <https://bit.ly/3pWP094>

Frequency influences for the month of November 2022

Oct 30 – Nov 5

Milk protein is the most prominent frequency activated this week. Milk allergies can cause sinus, throat, bronchial and lung issues. Streptococcus pneumonia pathogens will come into play by the end of the week. Vitamin B2 is activated on Wednesday [Riboflavin is a B vitamin. It can be found in certain foods such as milk, meat, eggs, nuts, enriched flour, and green vegetables.].

The gene that is most in stress is familial Alzheimer's, but at the same time, the herb Curcumin is active. Curcumin is often touted as a spice that can dissolve deadly brain plaques that can cause Alzheimer's [Curcumin comes from Turmeric, an herb.].

Edema might be in the air as the mineral Sodium comes into play on Monday. You might find yourself craving salt-loaded fries or chips.

The Multifidi muscle, along with the Iliocostalis lumborum, continue to stress the back in general, and specifically the lower back.

For those whose ph. (acid/alkaline) balance might make you susceptible to Scabies, severe itching (pruritus), especially at night, is the earliest and most common symptom. Utter Balm is a sheep lanolin-based salve that may help. Campho Phenique (local pain aisle at Walmart) may also help.

A toxin – food additive high on the active list this month: MSG (Monosodium Glutamate) is contained in steak sauces, salad dressings, meat tenderizers, and as a flavor enhancer in many packaged foods such as Hamburger Helper, Lipton's Onion Soup Mix and Progresso's and Campbell's soups. Sauces, gravy mixes, Bacon bits.... also contain high amounts of MSG. Most all fast-food restaurants and Chinese restaurants utilize it, and snack foods are frequently enhanced (Pringles, Doritos, Planters nuts, Cheese-Its...) with it.

Reactions can be slight to severe, from burning feelings in chest, arms and face, chest pains, headache, fatigue, heart palpitations, numbness, sweating and nausea. The incidence of reactions to MSG has become so prevalent that it has a name: Chinese Restaurant Syndrome. Some people claim that taking B vitamins, particularly B6, will help eliminate some of the symptoms. Long-term reactions to MSG can include still joints and connective tissue disorders, such as Carpal Tunnel.

The pathogen in stress for the next few days is Borrelia – a strain of Lyme disease.

Muscles include the tailbone area and above along with the muscles of the lower leg. Secondary muscles just coming into stress are the eye muscles and thumb.

Insulin becomes vulnerable on Monday, along with Zithromax (Z-pak), which is nearly the same frequency as one type of insulin. Vasopressin, a biochemical that helps regulate blood pressure and blood sugar, plays a part in blood glucose frequency balance over the next few days.

Nov 6-12

EBV (Epstein Barr virus), Cholesterol, myostatin, niacin, caffeine and magnesium stress combine to cause feelings of fatigue for the next few weeks.

Joint pain – especially the knees kick in this week – inflammation of and lack of joint fluid is the culprit. Too much fibrin can also contribute to joint pain. If you test your voice, you will find that the notes of F-G are too high. You can ask for a free nutrition evaluation at SoundHealthPortal.com.

Thyroid stress continues for the next two weeks. Iodine, selenium, and zinc are all thyroid support nutrients. The internet lists food that are problematic to thyroid function. Selenomethionine may be supportive – can be found at your local health food store.

Niacin (vitamin B3) is very important to brain function this week.

Expect shoulder girdle muscle to start to flare.

Genes for colon cancer and diabetes come into play.

Nov 13-19

Knee muscles continue to flare and begin to involve thigh muscles. Muscle evaluations are available from SoundHealthPortal.com – CAMPAIGNS.

Nutrients in stress SAME, vitamin D4, 25-hydroxycholecalciferol, calcifediol and Vitamin E.

Nanobacteria come into stress this week and can cause tooth plaque and heart sac inflammation. Heart Muscle is stressed this week.

Thyroid stress continues, especially for those using thyroid medications.

Stress involving proteins are active now and may cause gout symptoms.

Shoulder muscles continue to aggravate, involving Rhomboid, trapezius and chest wall that help support.

The diabetes frequencies continue to soar; those with fatty livers will be especially vulnerable with a high-carb diet.

Muscle atrophy, both genetic and those caused by statins and aging, continue to plague especially the elderly. You may find your muscles seem weak for the next few weeks.

Candida may be more active toward the end of the week. Sugar may cause a flareup.

Nov 20-26

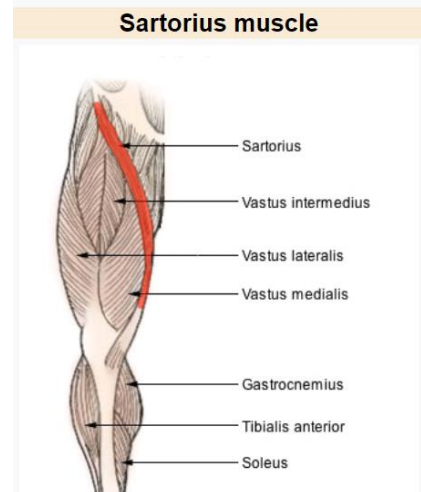
The use of iron is obvious for this week. Spine issues associated with Lumbar 5 (lower limb circulation), (Prostate, sciatic nerve) and Thoracic 4 (gall bladder, liver) may become active.

Shoulder and hip joints continue to need detoxification to relieve lymph system fluid (waste clearance). Nitric Oxide – found in beets - may be of assistance.

The pancreas starts a fortnight of stress this week.

Staphylococcus aureus found as a cause of upper respiratory and skin issues comes into play on Wednesday.

Nutrient in stress – L-Carnitine, which supports energy metabolism of the mitochondria. Carnitine concentrates in cardiac and skeletal muscles.



The Sartorius Muscle begins to activate near the weekend. The Sartorius is a strap-like muscle from the upper outer thigh to the inside of the knee that supports the hips and knees.

From Wikipedia

Nov 27 – Dec 3

The Liver starts to stress via the gallbladder and bile salts – particularly cholic acid, which is synthesized from cholesterol – Co-Enzyme A is involved – Statin related.

Myopathy genes continue to activate. HMB (Hydroxy β -methyl butyric acid) may be useful. It is used to prevent muscle wasting and is available as a dietary supplement.

Thigh muscles and upper jaw will need extra care and stretching. You may want to consider a massage and facial.

Glutamate and glycine receptors and stressed this week. Aspartame MSG toxicity may be more noticeable.

Sharry Edwards. M.Ed. is the acknowledged pioneer of BioAcoustic Vocal profiling. To comment or question – SharryEdwards@gmail.com