

the emerging field of human BioAcoustics in support of SELF-HEALTH.

Sound Health KeyNotes for January 2023

By Sharry Edwards, M.Ed.

BioAcoustically Speaking

SoundHealthOptions.com



Almost Everything is Something Else

It is not easy in any endeavor to be first, to open new doors, to expand new ideas.
Thank you for caring enough to read and share this column.

THE IMPORTANCE OF TRUTH

Downloadable Software to listen to the hidden secrets about the lies

By Sharry Edwards, M.Ed.

It is the Truth that humans lie, a lot.

A point to ponder might be, “Why do humans continue to lie?”

“When did lying become a beneficial behavior?”

Animals lie and deceive primarily as a matter of survival.

Sometimes with little or no provocation, consequence, purpose or thought, humans lie. To protect themselves, their reputation, to

manipulate/gain advantage, to avoid punishment, for self-preservation. to appear superior... On the other hand, if you are a recipient of a lie, the consequences can be devastating, life-altering, life-threatening.

Think about the last time someone you cared about, lied to you, betrayed you; attempted to manipulate you using a deliberate falsehood. You wanted to believe but your lack of faith in your own perceptions put you into a state of conflict. You did not know who or what to believe.

When did we begin to distrust our own perceptions about a person's honesty? Would the world be a better place if deception was impossible? What kind of world would it be if everyone were required to tell the Truth?

What if there was a computer program that could help you discern the Truth? Would you believe a computer analysis? FACT: You can lie with your words, but the sounds of your words will give you away.

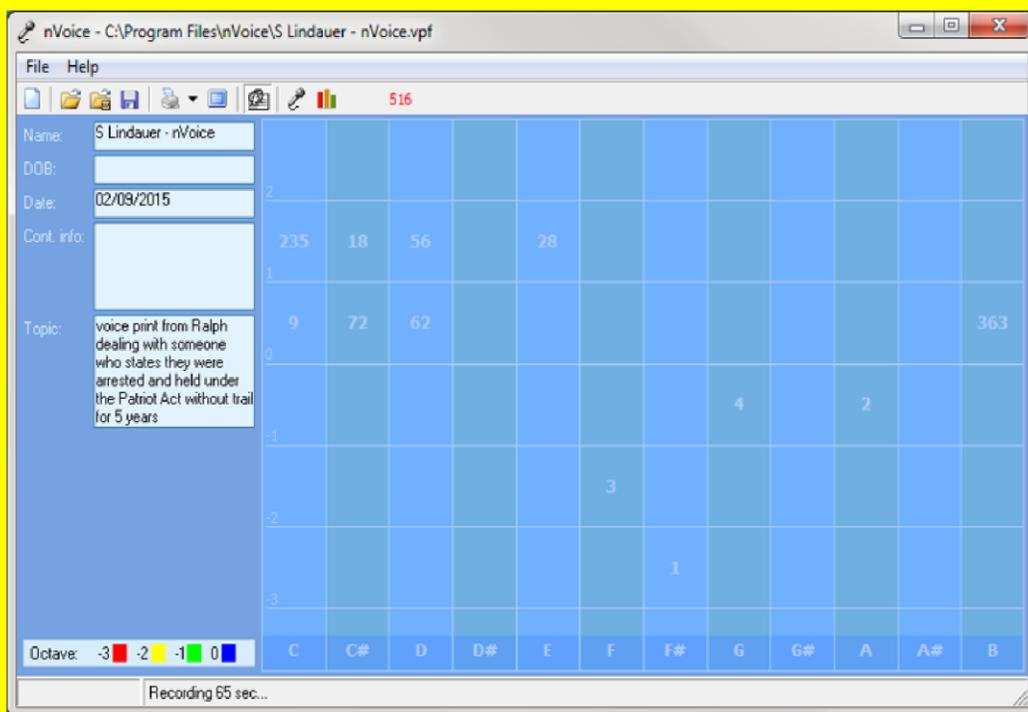
People have an intrinsic sense of unease when people are being deceitful because the pitch and jitter of the voice gives away the attempted duplicity. A computer can pick up the nuance of the voice frequencies that can be used to ascertain genuine motives.

Have you called an organization only to be told that your voice is being recorded for quality assurance purposes? Chances are you are being screened to determine the emotions behind your motives for calling.

NanoVoice is computer software that I created in the 80s when I was a student at the College of Communication at Ohio University. It was designed to help determine if people were truthful. The software evaluates the octaves and frequencies of a person's voice. Years of trial and error have concluded that the voice contains valuable information beyond the spoken word.

Like a song, the voice contains frequencies that can be quantified. The nanoVoice software evaluates 6 octaves and 12 musical notes gleaned from each person's vocal frequencies. Numeric

Octave Layers show underlying Motivations



Omnipotence

Fantasy

Naivety

Emotion

Control

Instinct

values should all be connected. Columns should be balanced in color and size.

The energy in your voice creates a matrix which can show your motivation and emotional coherence. This vocal graph shows a lack of foundation and the person speaking on a naïve, fantasized level. He is likely making up the story and leaving out a lot of pertinent information.

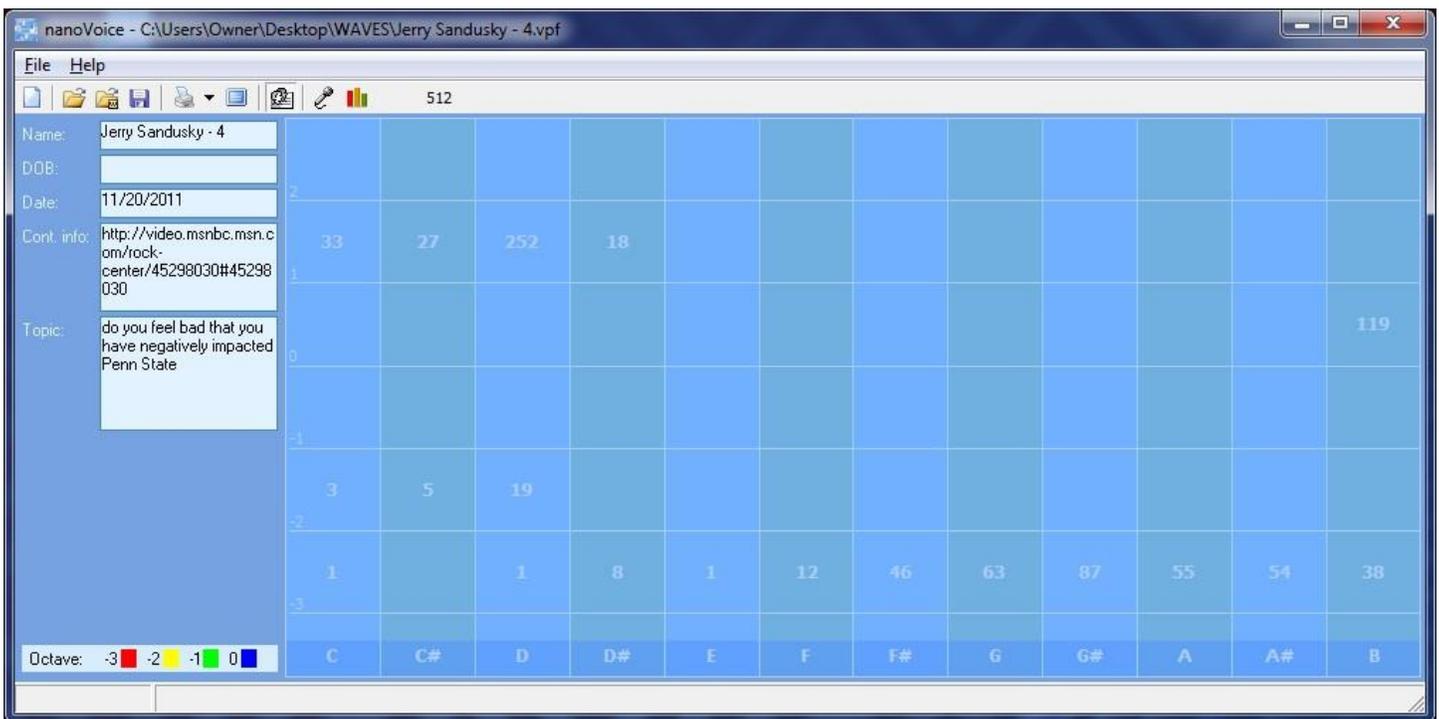
Only you give credibility to the words of others. If you don't think their words contain any truth, you won't be influenced.

If you are sitting here in your absolute best red dress and I say, "That is the ugliest yellow dress I have ever seen," you would likely laugh at me, or at least argue that I might be colorblind. But if I

said, "Your dress doesn't really look good on you," you may doubt your choice of clothing for the occasion. Only you accepted the truth or untruth about the comment.

Sometimes vocal octaves can be split. The person can actually feel two distinct ways about a topic. In the graph below the person has been accused of sexually assaulting a young boy in a locker room. On one level he feels such behavior is appropriate (instinctual level) but there is a large gap between instinctual and fantasy layers indicating he has not accepted his own behavior on a personal level.

He may believe the behavior is normal. It may have happened to him. He was found guilty.



People who are telling the Truth, the whole Truth, have balanced, connected octaves and columns. Every box that contains a number is connected to another

number-filled box showing topic coherence of the speaker.

Name:

DOB:

Date: 12/13/2022

Cont. info:

Topic:

Original concept
© Sharry Edwards 1992

Octave: -3 ■ -2 ■ -1 ■ 0 ■

			1									
2												
		2	1		1							
1												
	14	22	18	15	9	8	9	13	6	3	3	
0												
	14	12	13	17	17	14	22	15	21	17	25	21
-1												
	8	12	7	12	13	14	8	9	9	12	12	14
-2												
	2	5	5	6	7	6	8	6	9	9	10	7
-3												
	C	C#	D	D#	E	F	F#	G	G#	A	A#	B

On Feb 24, 2010, Ron Paul read a prepared statement to the Senate regarding the US government's assassination of American citizens. Paul reported that on Feb 3, 2010 – Dennis Blair, Director of the National Intelligence Committee

admitted in open testimony before them that our government has an explicit policy that allows the US government to assassinate American citizens as well as foreign, at the government's discretion. Below is a BioAcoustic evaluation of that speech.



His thoughts are coherent, showing blue (emotions) as his main concern. Green relates to accomplishment, yellow to intellect and red to future concerns.

Analysis: Emotions run strong in the need to help others (High Note of "D") which is balanced with the need for that help to be well thought out and useful. Second layer of awareness is planning and doing for long-term outcomes. There is a very balanced mental outlook here. The words are well thought out, balanced and are spoken for the benefit of all concerned (yellow, green and blue balance of the note of "B").

Ron Paul is telling the TRUTH. He is the most TRUTHFUL vocal print I have ever examined.

How to tell the Truth tellers from the Liars:

Truth tellers want what is best for the most people. The prevaricators want what is best for themselves and their personal agendas.

Liars share half-truths, withhold information, spin, manipulate, bully and attempt to control your decisions – they want you to see and accept their truths, like the lover who attempted to betray you so they could continue having an affair without disruption.

The good guys tell all of the truth so you can make intelligent, informed decisions based on all information relevant to the topic, even if it may not be the best thing for them personally. When a person loves you, really cares about you, they provide all the pertinent information because that is respectful and the right thing to do.

People deserve the truth but sometimes don't want to hear it.

On the other side of trying to share the truth, you may run into resistance. Once upon a time my husband put on a tie that I didn't think matched the suit he was wearing. I tried to tactfully share my Truth, "Do you really think that tie matches your suit?" He responded, "You, Miss Frump of 1968 are attempting to tell me how to dress." He denied my perceptions, but he never wore the tie with that suit again, ever. He wanted to strike out at me to justify his own choices. He listened, but he had already made his decision. He was required by his own mind to negate me. His ego was talking.

People who really care about what is best for you, will tell you the Truth because they honor your right to make decisions based on reality.

People who lie and distort the truth only care that you see the world their way and, in that situation, will honor their needs, not your own. They want you to serve their purpose.

People who truly care about you, don't lie to you to suit their own agenda; against what you know to be appropriate for you.

To me, it is an honor to share my truth. It doesn't presuppose that you will accept my truth as your own.

What about white lies? Long ago, I accompanied a friend to an important job interview.

When it came time for her to interview, she stood up, did a twirl and asked, "How do I look?" I responded, "Perfect." Had I told her she had a "run" in her stocking, she likely would have been so self-conscious, that she would not have been able to participate in an optimal interview. It was

a white lie, done for her benefit. The purpose of the fib was to support her best interests.

She got the job! Sometimes very discreet but hidden information can be ascertained from a vocal graph. Below all of the numbered blocks are connected, except two, in the note of A.

This indicates a lack of connected information dealing with management in a naïve or more likely fantasized level. It shows stress about what was being said.

A chart of the overall general meanings of each note is on the next page...

NOTE CORRELATE CHART

EMOTIONAL		PHYSICAL
Self power, ego, self direct, leader, excitement physically motivated	C	Large, thick muscles, heart gross circulation, female reproduction
Champion of justice, fair play, hard on self, stubborn, hard on others as a cover	C#	Tendon, ligaments, tissue linings, circulation of digestion, bowel
Self approval, expects reciprocation caretaker, likes to organize, examine and fix self and others	D	Liver, gallbladder, pancreas digestion, appetite, production of enzymes and hormones
Information brokers, not apt to share "real" self easily, uses narrative examples to teach	D#	Cellular oxygenation, transport of minerals and oxygen to eyes and muscles
Self approval issues, uses words first to convey message and meaning, appreciation	E	Wet moist tissues, lungs, eye, nose, bronchial structures diaphragm,
Planner, ability to see flaws in the plan of others, balance between perception and action	F	Kidney, environmental allergies prostate, male reproduction, lower back, cranial balance
One who carries out the plans, doer intuitive about the needs of others share and loves wholeheartedly	F#	Blood filtering and screening manages mineral balance flow of fluids, nutrients
Game player, likes to mix and manage the physical aspects of life motivated by future events	G	Neurotransmitters, balance of minerals and enzymes bone matrix, water balance
Wants to make a difference, likes to help and satisfy others hands on, time conscience	G#	Resource maintenance and storage, with C# retrieves nutrients from the bowel
Spiritual, takes care of the needs of others, interprets/acts from within self	A	Eye flexibility, electrical issues non-physical issues, resource management, aging
Highly intuitive, reads between the lines, can put aside self for others likes mental games, hurts easily	A#	Immune system, adrenal issues with E-allergy related, body detoxification, oxygen regulation
Link between self and universe needs harmony and balance in personal life and occupation	B	Subtle circulation, body/mind connection, small body mechanics nerves, body magnetics
Meditative, answers to God's LAW	B/C	Body system integration and communication

Below is someone telling a **story for the future** (red).

future scenario in mind. This is someone invested in future outcomes but in what they are withholding.

The notes of C#, D, and D# are missing indicating that information is only being included with some



The screenshot shows the nanoVoice interface within the Sound Health Portal. The title bar reads "Sound Health Portal". The main area features the "nanoVoice™" logo, the text "VOICE SAMPLING 14" with a progress bar, and instructions: "Speak Normally - Minimize Pauses Record in a Quiet Space". At the bottom, there is a piano roll with notes C through B and a bar chart. A "RESTART" button is located at the very bottom.

**We are all influenced by the frequencies
constantly bombarding the earth.**

UNIVERSAL FREQUENCY INFLUENCES FOR JANUARY 2023

For the entire month of January, the balance of iron continues to be an issue.

See last month's column if you are experiencing fatigue. Eye muscles are stressed the entire month.

Jan 1st - through 7th

Lower legs (ankle muscles) continue to be in stress this month. Specifically, this week, plantaris, soleus, tibialis. Increasing iron may be warranted – check with your wellness provider. Nutrients in stress: folic acid (especially important during pregnancy), B5 (especially good for nerves and tremors), 5HTP, magnesium cell salts, phosphatidylcholine (supports brain function), manganese, and lithium. Eyes need oxygen and more sunshine exposure.

Adrenals may start to droop by the end of the week. Thyroid-stimulating hormone, open this week may contribute to further fatigue. Migraine sufferers beware, the temporalis muscles come into stress this week. Watch for blood thickening as the month goes on. There are several vitamin-based blood thinners – niacin for one.

Jan 8th-14th

Ankle muscle frequencies continue to stress. Those trying to shed a few holiday pounds may find their efforts nonproductive because the ability to make any headway against stored fat

becomes difficult as glucagon and leptin frequencies become Pervasive. Iron continues to be an issue until the end of the month. Eye issues include glaucoma along with continued issues dealing with eye dilation. Wheat sensitivities come into play mid-week.

Jan 15th-21st

Inflammation and auto immune issues start here and continue through most of February. Pectin is a good choice now – it supports the immune system to monitor against invaders. The eye lens becomes vulnerable this week. Check out some good eye support nutrients. Occuvite is a good choice. Throat muscle stress and the diaphragm may cause breathing issues. Muscles of the upper shoulder (muscle) come into play this week.

Jan 22nd-28th

Inflammation continues. Taking sulfur and/or Boswellia is suggested for immune-centered inflammation. Back muscles are stressed this week. Nutrients stressed: proline (collagen and connective tissue support), Vit D and B1 (thiamine). Jaw muscles and the pecs come into stress this week.

Jan 29th-Feb 4th

Iron continues to be stressed and now involves age-onset leukemia. Nitric Oxide (aids circulation) comes into stress for the next few weeks. Extra bioflavonoids now might help ward off what is

coming in February. Allergies influencing hearing forearm muscle frequencies are stressed this come into play until mid-February. Elbow and week.

Nano software

Nano install instructions

Nano Class – watch video below



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We aspire to provide inspiration without judgment, knowledge without prejudice. It is our hope that all who enter here share in the joys of discovery.

For even one closed mind is a liability to all mankind.

Sharry Edwards, 1988

Sharry Edwards, M.Ed. is the acknowledged pioneer of BioAcoustic Vocal profiling.

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