

Sound Health's Monthly Keynotes for July 2020

By Sharry Edwards, M.Ed.

Keynote for the Week of July 5th – 11th, 2020

Explaining False Positives

Color = Orange/Yellow (Gold); represented by the note of D# – advancing into the astrological sign of Cancer

We have often said that, BioAcoustically speaking, almost everything is something else. By that we mean that one frequency can represent many things.

This week's keynote is a great example of this. The frequency of marijuana, a medicinal herb, is the same frequency as a natural hormone, progesterone, which varies significantly with the human reproduction cycle. This may be why some false positives show up during drug testing. Progesterone is found in both males and females. Low progesterone has the same symptoms as coming down from a marijuana high; you get the munchies.

Progesterone is necessary for the production of sex hormones (to maintain pregnancy) as a support for brain function and a regulator of libido.

The tenets of BioAcoustic Biology have stated for nearly two decades that frequency relationships can explain the connections between many diseases. For example, BioAcoustics can now show the root cause of between heart disease and diabetes; thyroid

and diabetes; high blood pressure and diabetes; blood sugar and brain function; Tylenol and autism. Conventional science knew these relationships existed but could not explain why they existed.

The concepts of Math as Medicine may help scientists take a leap forward in how disease can be predicted and treated.

Muscles in stress at this time: mostly neck muscles. It likely not your pillow-- it's just that time of year.

A protein that helps the body use leptin (that dreaded fat storage hormone) is high for the next few days. Might be a good time to start that diet you have been putting off. SOC 3 also helps mediate inflammation.

Keynote for the Week of July 12th-18th 2020

To Kill Cancer, Take Away Its Food

Color = A point of transition from Orange/Yellow (Gold) to the note of E (yellow); moving out the note of D# into Leo

BioAcoustically speaking, it is time to bring out a significant factor when it comes to cancer and nutrition. Our loyal readers already know that when the body is in a state of stress, it 'calls out' for the body's repair crew. Robert O. Becker, MD states that Calcium acts as the foreman of that team.

Cancer food (5 HETE) is nearly identical to the Frequency Equivalent of Calcium. Picture this scenario: The body is in a state of trauma, it requests calcium for healing, only to be provided 5-HETE that feeds cancer. How do we know that 5 HETE is what enters the healing cell? We don't, but there are two others issues associated with cancer in the body which, if present, are an indicator that cancer may be present: The Frequency Equivalent of Vitamin A goes high and the Frequency Equivalent of the enzyme catalase is less recurrent.

From Wikipedia:

"5-Hydroxyeicosatetraenoic acid (5-HETE) is an endogenous eicosanoid (signaling molecules that can be created by Omega 3 (chia, hemp, flaxseed, fish, broccoli...) and Omega 6 (nuts, vegetable oils, sunflower, soybean, safflower, pumpkin, pecans...) fatty acids. It is member of a closely related family of eicosanoids that are made by and able to stimulate a large variety of human and other mammalian cell types. This pattern of production and stimulations has led to suggestions that 5-HETE and its family members are involved in various physiological and pathological reactions in humans."

Calcitonin is known for its ability to keep calcium balanced in the body no matter what the task. Calcium supports healing, flexibility, nerves, immune response, blood pressure, intracellular osmosis, strong bones, teeth and hair, heart rate and much more. The literature lists at least 117 functions are listed for calcium.

This misidentification happens with a lot of toxic substances. With few exceptions, the Frequency Equivalents for nutrients do not overlap.

Also in stress: Nuclear Factor which supports the immune response along with sulfite (a preservative in dried foods, beer, bacon and

wines).

Toxin in stress: DDD – which is DDT converted and stored in the mid-section of the body.

The Sound Health Portal is providing an online WorkStation so that people who have excess fat around the middle can test themselves to see what is causing the issues. Visit SoundHealthPortal.com for more information.

Keynote for the Week of July 19th-25th, 2020

Color = A point of transition from Orange/Yellow (Gold) to the note of E (yellow); moving out the note of D# into Leo

Breathing may be a bit better or a bit worse this week depending on your brain dominance. For right-brained people, breathing may be more difficult. For left-brained (linear, logical) folks, it may have been more difficult the last few days and likely until next Wednesday. For those with difficulty, maybe take it easy on your job or going up stairs. It will pass it a few days. In the meantime, refraining from milk products may help those who are sensitive to dairy.

There is only one muscle in stress now: the Serratus Posterior (assists breathing). It is located in the back where your lower ribs begin to attach to the spine. These muscles are often tired at the end of the day just through normal waking activities. The Serratus Posterior assists in the rotation and extension of the trunk and contributes to the expiration of air as we breathe.

The bacterium *Helicobacter pylori* is in the air and is associated with ulcers. Along with enzymes for digestion and some additional cranky, invading intestinal pathogens, it may be a bumpy ride for digestion for the next few days. You may even want to try some probiotics; there are several upcoming

probiotics; there are several upcoming brands jumping into the market.

I prefer Nana (low fat) or Maya yoghurt by **Alta Dena** if you can find it. It is a bit more expensive, but well worth it because of the ancient cultures they use.

Nicotine and LSD show high frequency stimulation until Thursday or so, depending on where you reside on the planet. Those attempting to quit smoking may get a little boost as the interstellar frequencies provide the Frequency Equivalent™ for nicotine.

Might even be a good time to give up smoking in light of the extra charges ObamaCare piles on for those who smoke. Already in some states in the US, the tax on each pack of cigarettes is near \$5.00 per. That's enough disgust to make anyone want to stop puffing as those under ObamaCare smoking tax will mean you will now be double taxed.

Those who have experienced LSD may experience flashbacks or at least begin to remember the events associated with the participation.

Keynote for the Week of July 26th-Aug 1st, 2020

Color = Yellow represented by the note of E – advancing into the astrological sign of Leo

This would be a good time to confirm if stellar frequencies are actually influencing you. If you have any of the symptoms below today it is likely from an outside, environmental stellar influence rather than any actual physical issue with your structure.

Several vertebra frequencies are in stress:

C-2 – above the midpoint of the neck – you would notice more strain in doing close work and maybe some dull aching in this region.

C-2 controls the eyes (I've noticed considerable more eye strain coming on), sinus issues, earaches (maybe a flare up of an old ear issue).

T-7 – upper back – slightly below where the neck attaches to the body. T-7 controls the thyroid, shoulders and elbows. Conditions such as bursitis, colds or thyroid issues may occur.

S-2 - which would likely cause a dull ache or more notice of the lower back below the belt line. S-2 is responsible for providing nerve energy to the lower legs and ankles; the big toe would be especially vulnerable.

Vertebra information was gleaned from the following links: http://www.chiroone.net/why_chiropractic/index.html and www.SpineEffects.com

The Muscles in stress for this time are: the gluteus maximus-- the muscle that provides the overall shape to your behind/the muscle you sit on; and the long muscle that supports your upper and mid back, semispinalis thoracis.

Fibrin (a protein involved in blood clotting) and nattokinase (a nutrient commonly associated with blood circulation) are both coming into play at the beginning of next week.

Niacin (B3) is reported to help both of these issues. Cholesterol issues may exacerbate. People have been reporting that a combination of Red Rice Yeast and CoQ 10 have been useful in helping control cholesterol levels and blood thickening.

This is not a good week to agree to any vaccines as quercetin is stressed. Quercetin, when stressed, has been shown to be a contributing factor to vaccine reactions and stress.

Any stomach upset could be blamed on NAC being in the hot seat this week. N-Acetyl-Cysteine (NAC) plays a major role in digestion and the use of B12.

Nerves may be a bit on edge as myelin protein comes into play on Wednesday. Those joint pains may not really belong to you as an

inflammation protein (C-Reactive Protein) comes into play on Monday. Could be some swelling of the finger and toe joints.

Some people rely on Bragg's Natural Vinegar to take care of any of this stress. There are likely plenty of recipes online.

WHAT IS? **BIOACOUSTIC BIOLOGY**

PIONEERED BY SHARRY EDWARDS

THE FREQUENCIES CONTAINED IN THE VOICE ARE HOLOGRAPHIC REPRESENTATIONS OF YOUR STATE OF HEALTH AND WELLNESS.

Every muscle, compound, process and structure of the body has a Frequency Equivalent™ that can be mathematically calculated.



VOCAL PROFILING EMERGES AS **SELF-DIAGNOSTIC TOOL**



FROM THOUSANDS OF CASE STUDIES

conducted by more than two hundred trained BioAcoustic Research Associates, the perception of the human voice as a Mathematical Matrix of the body has become a useful concept to examine the architecture and frequency environments associated with the numerical pathways of human biology and physiology.



SOUND HEALTH COROLLARY

People with similar trauma, illnesses, syndromes, psychologies, diseases, toxins... have similar, if not identical vocal anomalies.



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