

Weight Loss for the People by the People

Sharry Edwards, MEd

Astrological sign: Leo

Musical Association: Note of E

Color Association: Yellow

This is the ninth article in a series revealing the clues to personal Weight Management which will soon be a flip book available on our web site BioAcousticSolutions.net.

Years ago I stumbled upon something I did not understand: I was able to hear single notes and sometimes a series of sounds when I was near living things: animals, plants and people. What sounded like humming came from some objects, like rocks, but I could not hear anything from plastic.

Through years of research, I learned that in ancient times, these tones were called Signature Sounds. In modern times, at least for living entities, these sounds are called Otoacoustic Emissions (Wendell Browne, Johns Hopkins). Over the last forty years I used this information to develop a system called BioAcoustic Biology.

Robert O. Becker's work revealed that BioAcoustic protocols were tapping into the "analog body," an electromagnetic system associated with a reliable math matrix of frequencies. Becker speculated that

this is the system used by acupuncture, homeopathy and other alternative healing modalities. BioAcoustic Biology taps into these frequencies through vocal analysis. The body is mathematically redundant throughout many layers of frequency-based systems.

This article continues this trend using mathical information concerning weight controlling systems, biochemicals, nutrients, peptides, genetics and stem cell frequencies.

Sarah Westall, an entrepreneur, business executive, and investigative podcast host, recently undertook a peptide supported weight loss program and as you can see below, the results were astonishing.

Below is Sarah before her journey (left) and after 30 days in (right).

Sarah's journey mainly consisted of using the peptides Retatrutide or Tesofensine combined with 5-Amino-1MQ, and SLU-PP-332.



She states these peptides blend cutting edge science with practical protocols designed to maximize fat loss while preserving lean muscle. More of Sarah's story can be found: <https://sarahwestall.substack.com/p/the-ulti-mate-peptide-guide-for-weight>.

Peptides are short chains of amino acids linked by peptide bonds. They typically consist of 2 to 50 amino acids, distinguishing them from proteins, which are longer chains composed of more than 50 amino acids. Peptides have been recently touted as strong weight loss contributors.

Stem cell frequencies in our massive weight management database include obesity genes, fatty liver and thermogenesis, pathways, energy, glucose and cholesterol metabolism. Adiponectin, AMPK and Apolipoproteins are three of the most prevalent lipid (fat) faults that can cause fat accumulation, yet these are rarely checked by allopathic providers. These biochemicals plus thousands of other stem cells and genetic related frequencies can be BioAcoustically analyzed through a vocal print.

People can test their own vocal frequencies for these Peptides, stem cells, transporters and genes at SoundHealthPortal.com – Weight Management campaign. This is a public online WorkStation that can produce personalized reports that contain BioAcoustic information about a person's wellness profile.

BioAcoustics is not musical, nor medical, it is mathical! BioAcoustics can reveal predictive, current and long term reports using the frequencies of the voice. Living systems are first a conglomerate of frequencies and that combination of frequencies creates our physical manifestation. We are essentially a Math Matrix and when the math is not balanced, our bodies begin to create dis-ease. BioAcoustic Biology has been able to identify and map the body's mathical distress.

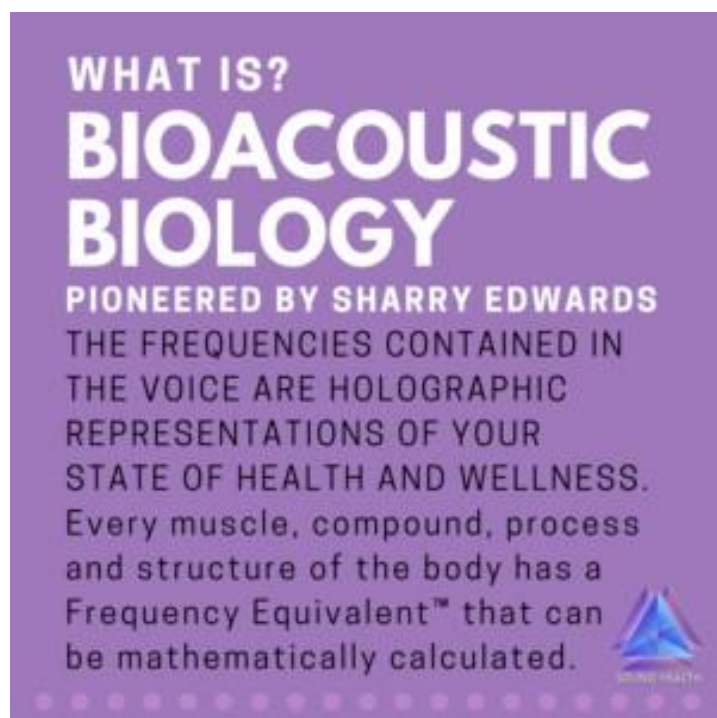
Our mission is to provide the public with personalized vocal profiles of the body's mathematical misalignments.

Many wise masters from ancient to modern: Pythagoras, Einstein, and Tesla tell us - "If you want to find the secrets of the universe, think in terms of energy, frequency and vibration."

And so it is with Sound Health and BioAcoustic Biology. We were set up to create a pathway for people to embrace the idea of SELF-HEALTH.

We have set up a class for the public for August 6th, 2-4 pm eastern US daylight time. We have valued this course at \$500 because it will allow you to help others with weight issues and charge \$30-\$50 per report you generate for people. The class requires that you join our SoundHealthPortal.com to work on and store your client files.

Scholarships are available! Please contact me at SharryOnAir@gmail.com to inquire about how you can attend. It is designed to prepare you to train to use BioAcoustic protocols to help yourself, your family, neighbors and clients to manage weight loss issues.

A purple poster with white and light purple text. The title 'WHAT IS? BIOACOUSTIC BIOLOGY' is at the top. Below it, 'PIONEERED BY SHARRY EDWARDS' is written. The main text describes the concept: 'THE FREQUENCIES CONTAINED IN THE VOICE ARE HOLOGRAPHIC REPRESENTATIONS OF YOUR STATE OF HEALTH AND WELLNESS. Every muscle, compound, process and structure of the body has a Frequency Equivalent™ that can be mathematically calculated.' At the bottom right is a logo for 'SOUND HEALTH' featuring a stylized blue and white triangle.

WHAT IS?
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SOUND HEALTH

Announcements

A Mathical Map comparison of fat accumulation and muscles is available in the [June 2025 issue of Masters of Health Magazine](#).

I have a new book coming out in the fall – ***Breaking the Sound Barriers of Disease***.

We will be publishing several Mathical Maps soon showing the frequencies of muscles, toxins, nutrients and body systems.

We plan to create a calendar of frequencies for an entire year to help prepare people for frequency based issues that may be lurking in our personal environments.

We have decoded the frequencies of predicted pathogens, including the renewed bubonic plague and black death threats, and will be holding informational seminars for the public.

Interesting videos –

The Medicine of Frequencies with Dr. Mitchell Abrams



Video about getting rid of belly fat by Dr David Jokers



BioAcoustic Tidbit

Using chewing muscles together, the Masseter and Pterygoid, stimulate the frequency of Dopamine – a feel good biochemical.

So next time you feel the need to eat, are you hungry or do you just need to chew?

SOUND HEALTH KEYNOTES JULY 2025

This column strives to bring you information concerning the frequencies bombarding our planet each day in the hope of explaining how frequencies outside our solar system can impact health.

Frequencies bombard the earth in a yearly cycle. Here, we attempt to report active frequency correlates for each week/month. Sensitive people will begin to notice the effects 8-10 days earlier than posted.

For most of August the muscles of the neck and upper back will be stressed along with B vitamins and their co-factors. Expect fatigue unless you load up on B vitamins and B Vitamin containing foods. The Literature suggests that NAD, a supplement, is great for those suffering from fatigue.

Jul 29 – Aug 5 – iron comes into play this week, further stressing fatigue symptoms. Cellular inflammation initiates this week. There are lots of anti-inflammatory articles on the internet. Breathing may become strained as the diaphragm frequencies come into play. Nerve sheathing proteins and biochemicals are active; including actin and myosin associated with Tinnitus. GLP-1 associated frequencies, Ozempic, Wegovy... come into play on August 2.

Aug 6-Aug 12 - This is “be kind to your liver” week. It is working overtime to produce the enzymes and hormones that you need. Lyme’s pathogen frequencies begin to come active this week.

Aug 13-Aug 19 - Herpes Simplex, Hepatitis Pathogens are active this week. Stress on B vitamins continues. Inflammation frequencies deepen.

The Vitamin K gene, along with Selenocysteine (enzymes and detox) and gout-causing

biochemicals come into play at the end of the week.

Aug 20-Aug 26 - Allergic reactions bloom all this week. Control of mast cell reactions will be tricky. Tooth plague will be more noticeable. Iron and nerve sheathing issues may be as well – neuropathy and restless leg symptoms for example may be more bothersome.

Spine issues dealing with the neck: C-2, Thoracic – spleen, pancreas, gallbladder, (T-7) prostate, and legs, (S-2) - lower spine.

MSG as a toxin may cause increased brain fog this week.

Aug 27 - Sept 2 - Some beginning throat and tongue irritation may be noticeable. More Covid symptoms may appear as hemorrhagic virus spike proteins become more active (clotting). Abdominal muscles become stressed and may cause more low back pain.

Several issues that deal with male sexual performance are beginning to climb. B1 is more stressed than other B vitamins this week. Boron, a mineral (known to support bone health and alleviate the pain of arthritis), is activated this week.

It will depend on your brain dominance how you react to these frequencies. Play it safe and pay attention to your body’s responses.

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Or Website: <https://shorturl.at/jMCsy>

BIOACOUSTIC SOLUTIONS

Breaking the Sound Barriers of Disease!

Can Your Voice Reveal the State of Your Health?

Evaluating your own voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are. Imagine a future in which our individual vocal frequency is our identification; where the use of frequency based biomarkers contained within our voice can be used to keep us healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

Every Body has a Sound

BioAcoustic Biology has verified that the frequencies of your voice are a numeric holographic representation of those brain waves. Correlations of these frequencies to human health and wellness have been decoded by the Institute of BioAcoustic Biology & Sound Health since in early 80's

**Create a BIOACOUSTIC CENTER
for YOUR COMMUNITY**

Exploring the Potential of Math as Medicine

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted by the non-profit Institute of BioAcoustic Biology & Sound Health, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool. The case studies they have amassed, using Math, as frequency-based BioMarkers, indicate that the solution to therapeutic predictability and resolution may be possible.





BioAcoustic Keynotes are brought to you by the Institute of BioAcoustic Biology & Sound Health

Go to – SoundHealthPortal.com
to have your vocal print analyzed.

Download the software, practice with it, and use the tutorials.

For live online class, please contact Sharry at SharryOnAir@gmail.com
To comment or ask a question – SharryEdwards@gmail.com

BioAcoustically Speaking

SoundHealthOptions.com

*Accelerating human healing through Vocal
Mapping: our future depends on its acceptance.*



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