# **BIOACOUSTIC SOLUTIONS**

Breaking the Sound Barriers of Disease!

### Can Your Voice Reveal the State of Your Health?

Evaluating your own voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are. Imagine a future in which our individual vocal frequency is our identification; where the use of frequency based biomarkers contained within our voice can be used to keep us healthy and emotionally balanced.

From birth to death, we use sounds to express our needs and emotions but there are additional layers of information hidden within our words. As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding of ourselves and others.

# The Breadth and Depth of BioAcoustic Solutions

Information: <a href="http://tinyurl.com/2sw9zk43">http://tinyurl.com/2sw9zk43</a>

# **Exploring the Potential of Math as Medicine**

In order to provide predictability and safety, the concepts of math and medicine often act conjointly to quantify, define and model medical practice. Studies conducted by the non-profit Institute of BioAcoustic Biology & Sound Health, located in Albany, Ohio, USA, have consistently demonstrated that math can be much more than a measurement tool. The case studies they have amassed, using Math, as frequency-based BioMarkers, indicate that the solution to therapeutic predictability and resolution may be possible.

Compiled and edited by Jocelyn Davies and T.J. Smith

# Contents

Why we must continue to break the sound barriers of disease	3
Predictive Medicine	2
Parkinson's Disease and BioAcoustics	2
Reversal of Multiple Sclerosis (MS) eye damage	6
Decloaking Resistant Pathogens	7
Mommy, Why Do I Feel So Dumb?	8
Macular Degeneration	9
Sports Injury	10
The Kennedy Within 2019	11
9/11	12
Labor and Delivery	13
A doctor's dilemma concerning Russ Rudy, MD	14
Jocelyn: A Fascinating Vaccine Story	15
Le Ciel, Departure from Toxins and Flus and Arrival of Healing	15
REHABILITATION	17
Elimination of Gout Pain	20
September 2024 BioAcoustic SUMMARY	26
Stroke Recovery	35
Confirmation with a look inside using Voice analysis	36
How important is the truth?	37
Pioneering BioAcoustics: The Sharry Edwards Story	45

# Why we must continue to break the sound barriers of disease A proof-of-concept exposé

Suspend what you think is your reality for a moment. Suspend the fact that you think you have a physical body. What if your earthly presence is just a manifestation of an unseeable biofield?

Although we do not completely understand the origins of a perspective unseen body, it seems that such a biofield can be influenced by frequencies of light, aroma, color, sound, magnetics, electrical impulses, consciousness, or acupuncture meridians.

Birds, fish, whales, and insects use these unseen systems as a common part of their existence such as companionship and feeding. This ability allows animals, such as birds, sea turtles, fish, and even some mammals, to sense the Earth's magnetic field and use it as a natural compass for orientation and long-distance navigation, especially during migration.

So let's imagine a world in which we can be individually identified, manipulated, and managed through the use of frequency-based biomarkers that can easily be identified through our individual vocal frequencies. What can we imagine?

Consider the brain as the central processing unit. Frequency-based signals are generated by the brain and have been determined to be a communication pathway traveling along our neural networks that self-monitors and keeps our bodies in stasis.

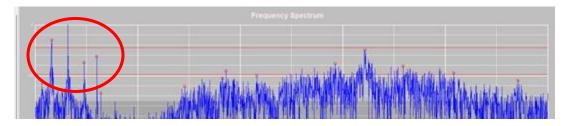
Since frequency can be represented in terms of mathematical equations, does this indicate that math could be the ultimate form of healing, and that math may be organic, or that we may just be sophisticated art forms that someone/something created?

Studies based on frequency-managed algorithms are well on the way to proving that at our core we may be very sophisticated math-based entities that can be "managed" through our individual frequency/energy-based Signatures.

Below is a broad listing that can be provided as a proof of concept for this idea:

**Predictive Medicine** – Comedian Robin Williams' autopsy revealed the presence of Lewy proteins which are usually confirmed by a brain examination after death. Williams' vocal print is just one example that verifies that Vocal frequencies can be used to determine the presence of unwanted brain proteins using only a 30-second vocal sample. This ability to predict menacing proteins in the brain before death, may, at a minimum, provide the opportunity to identify Lewy proteins (dementia-revealing frequencies) before actual symptoms occur. This would be an incredible advantage as increased numbers of people begin to suffer from various stages of dementia.

Prior to any autopsy reports Williams' wife announced that he was suffering from Parkinson's disease. A frequency-domain vocal graph, from over a year previous to his death revealed several spikes representing the Frequency Equivalent of Lewy Proteins: debilitating non-native brain deposits.



Robin Williams' suicide provides information that will have consequences for millions of Americans facing debilitating dementia.

### Parkinson's Disease and BioAcoustics

The pioneer of vocal profiling Sharry Edwards, and Dr. Apsley discuss underlying factors that may lead to Parkinson's Disease and Cancer.

Sharry Edwards: One of the things Dr Apsley said, which sort of blew me away, was "Sharry's work defines and demonstrates the unifying field theory that defied Einstein".

Marian Lewis, explains the issues she had from being exposed to radiation from her job at a nuclear energy plant:

### Marian Lewis' story:

Marians' story began when she was eighteen. She was exposed to radioactive material while working at a Uranium processing plant in Southwestern Pennsylvania. This plant is now buried under twenty feet of earth with a barbed wire fence around it. At age twenty three she developed a low thyroid problem. At age thirty seven she had cancer in the saliva gland. She had radical surgery on the left side of her face that took her facial nerve. The left side of her face is paralyzed. When she turned fifty she had lung cancer. Then at seventy one she started a little trimmer that they later diagnosed as Parkinsons.

Sharry has a Q & A session with Marian Lewis. Marian, whom worked at a nuclear energy plant when she was eighteen discusses how, now at seventy one, she was on a "goodbye" trip to see her family for the last time because she felt she was dying from Parkinsons. Instead, after hearing Sharry Edwards on the radio, she decided to make a seven hundred mile trip to Albany Ohio, from Florida, to see if Sharry Edwards could help.

After meeting Sharry, Marian said "not only did it help me with my Parkinsons symptoms, but many other issues that I have." On her first day of tone therapy, she started to feel tingling in numerous places of her body that had been numb for years. Then a few days later Marian stated "I went to the grocery store. Now the last time I had been to a grocery store, I couldn't even make it around the store. I had to use a wheelchair. But, here I was walking around the store swinging my arms unassisted and smelling all sorts of things in the store. I saw a pile of cantaloupe and I decided to test it......I picked one up, put it to my nose and I could smell it, and honestly, I sobbed over the darn cantaloupe". She was amazed at the progress she had made as a result of Sharrys tones and insight. Subsequently, in order to help others near her in Florida, Marian decided she wanted to become a BioAcoustic Practitioner or "BARA".

What causes of Parkinsons disease have you now been able to identify?:

Sharry details two major enzymes. COMT, which degrades Catecholamines such as Dopamine, and Aromatic I-amino acid decarboxylase (AKA Tryptophan).

It has been found that people dealing with Parkinsons have a tremendous load of toxins in their body. Toxins that come from herbicides sprayed on crops, and GMO's.

Sharry Edwards: There are three or four biggies being seen BioAcoustically.

Radiation poisoning: "robs the body of its electrical force so the body is in a constant state of stress in its attempt to get rid of free radical damage. It also breaks down the nervous system(another cause of PD). The sheathing surrounding the nerves does not get nourished and replenished. The cell signaling system becomes impaired and eventually breaks down.

How Bio-Frequencies work:

Sharry Edwards: You have a brain that is a central processing unit. All the signals from the brain go out to the rest of the body through your neural network. We just found a way to tap the system. If Marian, for example, is not getting signal to her toe, we can give her brain a signal that feeds her toe or gives her brain a signal that feeds the dopamine pathway and that addresses whatever is going on. We are tapping into the energy system of the body.

How can you find a local BioAcoustic Practitioner?

Sharry Edwards: You will find a map and a list of practitioners by clicking on the "Clinical Service" and the "Find a Practitioner" links on our website.

How can Bio-Frequencies help with detoxing heavy metals?

Sharry Edwards: We know what frequencies make the heavy metals give up their receptor site. You can do it with herbs, but you can also do it using Adenosine Triphosphate. That's the first chemical made when conception takes place. It's the same frequency as white light and it really takes care of the body in a very positive way. It also helps produce energy. It will bind heavy toxic metals including these radiation metals. You have to be really careful and watch for any kidney issues.

What can people do to get relief from their symptoms?

Sharry Edwards: Get away from Aspartame, MSG, Gluten and avoid eating GMO (genetically modified) products. There's an article about GMOs and cell signaling, and how that's related to Parkinsons. The article is on our website under "research articles."

What do the tones sound like?

Marian Lewis: They are very low sounds. It sounds something like the fan or refrigerator running in the background.

Sharry Edwards: The tones emulate the frequencies of your brain. Your brain speaks math: 0-64 cycles a second. If we want to talk to your brain, then we are going to need to speak math because that is the language your brain speaks, math can be defined using frequency.

Marian Lewis: If you cup your hands over your ears, you can hear the sounds of your body.

Sharry Edwards: That sound is a form of feedback called an Oto-Acoustic emission that is a perfect sound for you all the time. It's a feedback loop of how your body is supposed to heal itself. We get into this in class. All this ancient stuff, and how to teach people to do it for themselves. That is what we really like to do. Teach everybody to do this for themselves.

How could Bio-Frequencies do anything for a person with a Gene that's Defective?

Sharry Edwards: We can help a person shut off or turn on a gene. The way Dr. Apsley became familiar with my work is that he was working with a little girl named April that had Downs Syndrome. She came here with her mother. April's symptoms: The face, the large forehead, the slanted eyes, clubbed looking fingers. All of it disappeared because we were able to *shut down the gene*.

Here is what happens to the body. I'm not making this up. This comes from Dr. Robert O. Becker. When the body gets traumatized, hurt, or cut, the cells send out a "rescue me" signal that calls Calcium to the site. When there is no Calcium, there is a cancer food in the body that is 1/100<sup>th</sup> different from the frequency of

Calcium. If there is no Calcium in the system, it is our theory that the body calls this frequency to it which happens to be food for cancer.

Is there a connection between Tetanus inoculations and Parkinson's symptoms?

Sharry Edwards: Absolutely. Especially if you have problems with the little toe side of the foot. There is either pain there or that side of the foot is curling under. If this is the case, then it is usually the live virus that is causing it. And lockjaw, it looks like Parkinson's. People experience the feeling of muscle freeze a lot. They try to take a step and the muscles just wont behave. They wont go where they ought to go. It is really Tetanus and they're not willing to admit that there are vaccination relationships that are going on with Parkinson's symptoms. Marian had that in her chart and some of her toes were turning under. We had to give her the antidote for the Tetanus shot.

How to hear Marian Lewis and Sharry Edwards of Parkinson's radio:

Visit <u>www.blogtalkradio.com/parkinsons-recovery</u> and scroll back to find the show that aired August 31<sup>st</sup> 2011 featuring Sharry Edwards and Marian Lewis as my guest.

### Reference:

This article was abridged from the book "Pioneers of Recovery-Stories of Nine Pioneers who Reversed the Symptoms of Parkinson's Disease" written by Robert Rodgers, Ph.D.- Parkinson's Recovery. Pages 94-122.

### Reversal of Multiple Sclerosis (MS) eye damage

"Gelene has a history of Optic Neuritis in her right eye and has had color vision abnormalities in the past. Today her color vision is normal. I can't even tell which eye had the optic neuritis without close examination within the eye to view the atrophy which is minimal now." – Julie Lew, MD

"The color vision test went from 2 out of 14 to 14 out of 14." – Dr. Lew's Physician Assistant

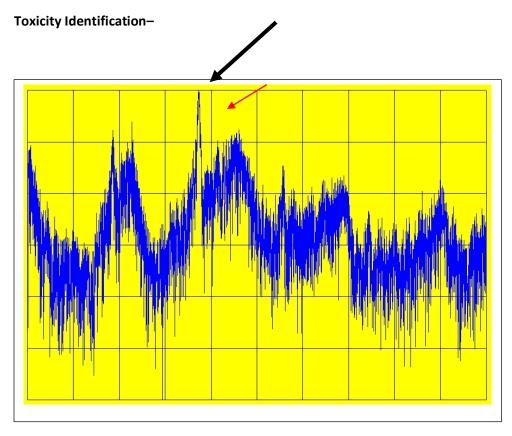
In the United States, it is estimated that over **1 million people** are living with **multiple sclerosis (MS)**. Given that **up to 80%** of people with MS experience some form of eye-related issue during the course of the disease, this means that

approximately **800,000** individuals with MS in the U.S. may face vision problems at some point. This could likely be prevented.

### **Decloaking Resistant Pathogens**

In 2000, *Nexus Magazine* published a preliminary study that showed that resistant pathogens could be decloaked using frequency oscillations. In December 2019, the same protocol was to examine the frequencies of Covid. Published information showed that this virus was likely synthetic. Their "synthetic" proclamation and frequency-based antidotes were shared in five additional articles. How many people died? How much profit was made in the name of a supposed pandemic?

Based on these findings, we created a template that could be used by the public to BioAcoustically evaluate their own vocal frequencies for these issues: Services/Campaigns at <a href="https://www.soundhealthportal.com/">https://www.soundhealthportal.com/</a>. The idea of putting health into the hands of the people, establishing SELF-HEALTH has always been paramount to the mission of the Sound Health Institute.



Toxin represented by high hollow peak.

This was a short study based on individual reactions to aspartame. Environmental Poisoning of a child explained by her mother, Ronna

# Mommy, Why Do I Feel So Dumb?

They said she had forgotten how to read! Over the summer, Andi, a top reader last session, had forgotten how to read. I couldn't believe it.

I met with her teacher, and it was decided that Andi should be put in a special reading class. Andi was embarrassed and reluctant to go to school. She cried every day. On the days she didn't cry she pretended to be sick. My heart ached for her. The special classes were not helping. I didn't know what to do.

One day while we were riding in the car, Andi wrote something on a small slip of paper and



handed it to me. Her head was down. She was staring at her lap. It read, "Mommy, I feel so stupid. Why can't I read anymore?" My tears were so quick and so thick that I pulled over onto the side of the road. We cried together, embracing, sharing the frustration and dismay. Was I such a failure as a parent that I could not find help for my child? I vowed to find an answer for Andi and for myself.

I was aware of a pioneering technique that used low-frequency sound to help another little girl in our area reverse mental retardation. I scheduled an appointment. During that session, using low-frequency sound, Andi was able to read clearly and without hesitation. Her relief and my joy were indescribable.

The test pointed to the possibility that Andi had been poisoned with formaldehyde, a chemical

preservative. Frequency-based antidotes were provided and Andi's self-esteem soared. I had a bright, cheerful, intelligent seven-year-old again.

We had the other two children tested. Both of them had been affected but not to such an extreme. As they all entered the program, behavior problems decreased and there were considerably less arguments in our home.

What would have been the consequences for my child? Her life would have been charged with unfair opinions and gossip that she did not deserve.

### **Macular Degeneration**

Macular degeneration, commonly referred to as age-related macular degeneration or AMD, is a condition in which the macula, the part of the retina responsible for detailed and central vision, deteriorates causing vision loss. The conventional medical literature states that there is no cure for AMD. According to a study published in *Archives of Ophthalmology* in 2004, an estimated 1.75 million US residents endure this condition, and due to an increase in the elderly among the population, it is estimated that by the year 2020 that statistic will rise to 3 million.

Pauline Ward has been a participant with Sound Health for 14 years since being diagnosed with dry macular degeneration almost seven years ago while in her early sixties.

According to Pauline, her optometrist was the first to detect the granules in her eyes, though it took six/seven years before the condition actually affected her vision. Her blind spot grew until about three years ago when its scope spanned the proportion of a quarter, which is visually the range of seventeen characters on a page of print.

Pauline travelled from Australia, where there were no methods of treatment, to the US to try the revolutionary technique of BioAcoustics. After about 10-11 seconds with the appropriate

frequency, she could see haze through the spot, though not clearly. After several days of tones, she was able to see complete letters within the holes and eventually the span of her impairment decreased as did holes in her vision. She even regained the ability to see rich colors myopically.

Pauline responded "...it wasn't the first sound you tried, or the second or the third; you know it might have been the tenth. So I'm sitting here thinking, 'Oh nothing's happening, nothing's happening, nothing's happening'; so I wasn't expecting it, you know, because you think nothing's happening and then suddenly the right sound (for) ten seconds and it's amazing. You can begin to see the letters and colors."

In the United States, **age-related macular degeneration (AMD)** is a leading cause of vision loss, particularly among older adults. According to estimates from the **American Academy of Ophthalmology** and the **Centers for Disease Control and Prevention (CDC)**:

BioAcoustically Speaking, it is the rectus eye muscle frequencies that are involved in all cases of macular degeneration seen at the Sound Health Institute.

### **Sports Injury**



# Tyler

Tyler sustained a serious knee injury during a high school football game; an opposition player cleated him from the side directly into his knee. X-rays confirmed that nothing was broken; an MRI the next day confirmed nothing was torn but Tyler was still in excruciating pain and could not bear weight on his leg. Stairs were particularly difficult for him to navigate. Visits to a sports doctor continued for the next two weeks with no relief even though exercise, stem and ice were used in the hopes of relieving the pain and getting Tyler back into the game.

The evaluation of Tyler's vocal frequencies took about 30 minutes and indicated that Tyler had two thigh muscles in stress. Ambient sound was presented to him for about a minute; his parents were elated and amazed when he reported that his pain was diminishing. "He was just standing there, listening. How could a sound decrease his pain?" questioned his mother.

### Kelly

Kelly stoically hobbled to work where she reported her pain to be a 5-6 on a scale of 1-10. She was immediately sent to the Sound Health lab where she was provided a sound known to alleviate bone pain. Within minutes her pain was gone and there was no limp; all swelling dissipated. Within a few days Kelly was able to wear her boots and bend her toe with no pain. Her doctors reported that her broken toe and related foot injury healed in record time; one of them wants to know more.



#### Jen

A fall down the front steps resulted in a fractured wrist and a deep muscle contusion for Jen.

The Sound Health Research Institute was nearby and offered to look at the trauma through Vocal Analysis protocols. In Jen's own words, "A sound was presented for my thumb, which relieved the thumb pain. My wrist was also hurting. The wrist sounds caused my wrist to quit hurting, but my thumb began to hurt again. A Tonebox was set for both tones and I continued to listen to them.

Sound Health personnel urged me to go to Urgent Care just to make sure my wrist and/or finger were intact even though the pain was minimal. The nurse was surprised that I had no pain considering that my bone was fractured, she thought I ought to be in more pain. She asked if I had taken any pain meds before I came in. I explained that the only thing I had taken was some sound. That likely sounded a bit strange to her, but she was impressed, and she wanted to look into sound therapy a bit further.

### The Kennedy Within 2019

A request came to the Institute that requested a BioAcoustic evaluation of the vocal frequencies of Robert Kennedy Jr. to possibly identify a cause for his stressed speech. BioAcoustic analysis sees the voice as a holographic representation of the brain. The recurrent laryngeal nerve is responsible for voice box function and has a direct connection to the brain. At that time, Kennedy's vocal print revealed that the frequencies associated with acetylcholinesterase, an enzyme that catalyzes the breakdown of Acetylcholine that functions as a neurotransmitter was stressed.

2019 interviews of Kennedy reported that, he "appeared to exhibit symptoms of spasmodic dysphonia, described as a "neurological disorder that causes involuntary spasms of the larynx."

The genetic inefficiency of Acetylcholinesterase can cause a multitude of issues associated with the use of Choline. Inositol, a companion to choline, was also BioAcoustically low for him at that time.

The frequencies associated with the cricoarytenoid posterior muscle appeared to be weak in the 2019 evaluation. This muscle opens the vocal cords and is also involved in breathing.

The biochemical information gleaned from his first BioAcoustic vocal map was impressive, but it was also intriguing what his voice revealed in his Personality Profile. His voice matrix was remarkably similar to that of Ron Paul, a Texas Congressman and presidential candidate in 2008. Ron Paul's was the most honest vocal print we had ever reviewed. Since his thwarted run for President, Libertarian Ron Paul has remained a determined patriot in support of the rights of the people.

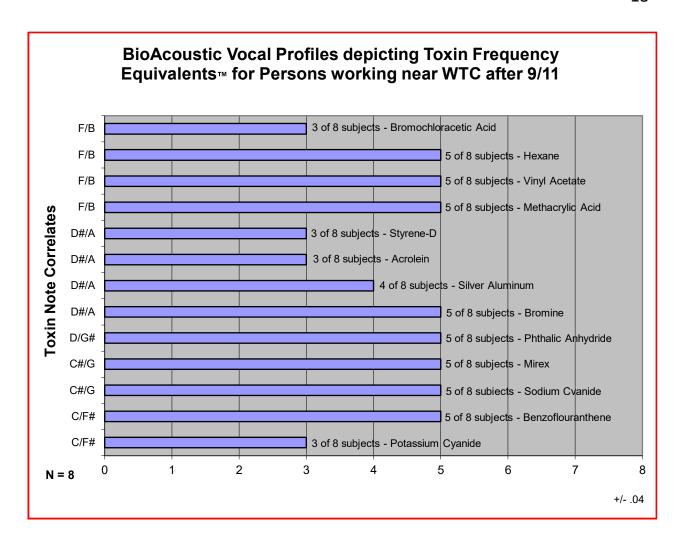
Kennedy's voice in 2019 and now (2024) show similar qualities with accomplishment being primary, emotions secondary with intellect as a strong foundation. He is a multi-tasker and balanced thinker, capable of considering all information needed to come to a knowledgeable

conclusion. He shows prejudice for balanced information, but he does not believe that is happening in our country today (His current words are supported by his vocal print).

Kennedy's main concern is intelligent, nonpartisan management of physical priorities. He adroitly uses facts to support his claims. His self-emotions are resilient, and I believe he is willing and emotionally capable of taking on the task of bringing America back to a state of freedom and equal Justice. His perspective concerning justice is not guided by personal needs but by equal justice for everyone. He will be supportive of the history of America as a bastion of freedom equally and wholly distributed to all those who deserve protection under the founding principles of democracy.

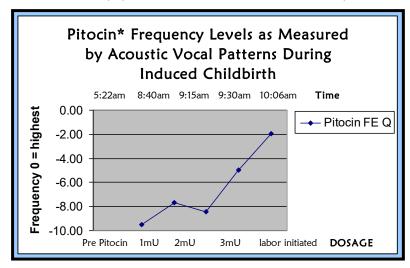
# 9/11

The staff of Sound Health was invited to evaluate several scientists working in the gaping hole left by the terrorist bombings of 9/11. Based on those preliminary findings they were invited to the Firemen's Union Headquarters in New York to evaluate 17 additional firefighters who were experiencing the "Fireman's Cough." Most had been exposed to Mirex. It was demonstrated on-site in the Union Hall that frequency presentation could stop the fireman's cough. We were invited by the Union President to test all 1700 exposed firefighters. The next day we were <u>dis</u>invited by his legal advisors. How much suffering could have been prevented?



### **Labor and Delivery**

A BioInformatic paper was delivered at a Ohio University Conference showing that the biochemical,



Pitocin (which artificially initiates labor) could be monitored using voice frequencies. An expectant mother went into the hospital for a planned birth but ended up having a C-section. We started monitoring her voice at 5:30 am and by 10:30, her voice indicated that her body was fighting the drug. She stayed in labor until 3 the next morning when both she and the baby went into stress – an emergency C-section was performed.

Think of how many trips to the hospital – only to be told it was false labor – could be prevented! Set up properly, a phone call to the hospital could be evaluated instantly.

Longer Pitocin article link: <a href="https://tinyurl.com/3xtk7jmy">https://tinyurl.com/3xtk7jmy</a>

# A doctor's dilemma concerning Russ Rudy, MD

At a recent international medical conference (A4M) a BioAcoustic case study concerning Russ Rudy, MD, was presented. Rudy had been diagnosed with Multiple Sclerosis (MS), resulting in serious leg muscle atrophy and neuropathy. He was informed that his situation was dire, incurable and nothing more medically could be done for him; he was sent home to die with a Baclofen pump internally installed to help control the pain.

Instead of accepting the death sentence, Dr. Rudy visited the Institute of BioAcoustic Biology & Sound Health in Albany, Ohio where voice analysis has been explored since 1984 as a diagnostic tool for past, present and future health issues.

A computerized evaluation of Rudy's vocal frequencies identified math-based biomarkers which indicated spinal damage architectures within his vocal sounds, and further indicated that no MS markers were present.

Over the next few months, lab reports confirmed that nerve recruitment was taking place from Rudy's waist to his toes. This is totally impossible by standard medical practice. The Baclofen pump was removed (usually done at autopsy), his legs now supported him, and he no longer needed a scooter to move about.

Rudy was able to return to his medical practice as an emergency room physician. To this day, he believes that his erroneous MS diagnosis would have condemned him to a shortened, inferior quality of life. He is incredibly happy that using the frequencies of his voice as a guide, the computer was able to reveal the definitive mathematical cause for his lack of wellness.

### Jocelyn: A Fascinating Vaccine Story

Twenty-six years ago a young three-year-old named Jocelyn, who had been diagnosed with hyperlexia, was brought to our Sound Health Clinic in Ohio. We were told that Jocelyn would only repeat sentences of others to convey what she wanted to express but would not create her own sentences.

Jocelyn's parents claimed that she could also read well beyond her age.



I was skeptical, so I put a Wall Street Journal in front of her. She read several sentences correctly. The computerized evaluation indicated that she had a negative reaction to the frequencies associated with a mandated vaccine known as DPT.

When she was ambiently presented with an antidoting frequency formulation, she turned to her father - she was sitting on his lap holding her doll – and said to him, "This is a dolly." We were all flabbergasted.

We created a tonebox layered with frequencies for her based on her voice architecture. She quickly began to initiate appropriate vocal interactions.

Using the information of her case and many others, we were able to create a database template – called PreVac - of frequencies associated with vaccine damage.

# Le Ciel, Departure from Toxins and Flus and Arrival of Healing

After taking the advice of a conventional medical provider, actor James Marshall thought his life was over. That's when he heard of Sharry Edwards, the Pioneer of Human BioAcoustic Vocal Profiling, who agreed to help. After receiving his health report and following Sharry's advice, his life started to get back on track. It was James' wish to then help Sharry (which led to the creation of the



song Le Ciel, which seems to influence and reverse symptoms that have a pathogenic nature).

"I had always wanted to be a part of the Hollywood scene and I was finally reaching the peak of my career. I had a role on the television show *Twin Peaks*, and was cast in numerous roles in films such as *Cadence*, starring Martin Sheen and Charlie Sheen; *Gladiator*, starring Cuba Gooding Jr.; and *A Few Good Men*, starring Tom Cruise, Jack Nicholson, and Demi Moore. I thought this was the beginning of a wonderful career when all of a sudden, it had to be put on hold.

I thought my life would end after taking the advice of a conventional medical provider, and it almost did. The medicine that was prescribed to me destroyed my large intestine to the point where it had to be removed. After nearly two years of being bed-ridden in a hospital room, I weighed less than 100 pounds and my lack of energy and bad health had ended my acting career.

One fateful night, I was up late searching for an answer. I began to listen to the Coast to Coast radio show. George Nooray was interviewing a woman (Sharry Edwards) about a healing technique that she had been developing using sound frequencies. After research was done on this theory, it was proven that sound could heal people; you only had to find the right frequency and match it to the person.

I took a chance and called her research center. After hearing my story, she agreed to help. She used her own computer software to analyze my voice and it created a report on my health status. This report indicated which vitamins and nutrients I needed to help my body heal itself. Then I was told which foods would provide this for me and which I should avoid. Along with this I was given sound frequencies that would supposedly help to heal me as well.

I started using this information and my life began to fall back in place. My mind began to clear, I started to gain weight, and my energy returned.

I started playing the frequencies on my guitar. It was not the same as playing music; it had a greater impact on me. I spent hours with the sounds and I began to feel like my old self.

I became so fascinated at my own progress using sound that my wife and I began to study sound healing. We wanted to spread the word and be apart of something significant, something timely, something useful to the public. We wanted to bring these ancient techniques into the modern era.

My wife and I contacted the woman at her research facility again and told her what we wanted to do and together we chose to focus on the work done with swine flu. She decoded the genetic make-up of the strains of swine flu, as she had done for so many other pathogens. Using this and extrapolations from her previous research she came up with the frequency biomarkers for the swine flu and was able to mathematically determine the frequency based antidotes.

When I was given the set of frequencies, I began to work on putting them to music. I discovered that this would not sound like a traditional song. I had to remind myself it would be a musical piece meant to kill a pathogen in the body. It (the musical piece called Le Ciel) has shown signs of doing just that. My wife, I and others have found relief from cold and sore throat symptoms. In addition, the frequencies have been used to reverse swine flu symptoms that were resistant to Tamiflu.

Can these results be trusted? Many years of research substantiate the ability of music and sound to support optimal human form and function. What more can you ask? Do the

techniques conform to the standards of conventional medical practice? No, but you can't argue with the results. How does it work? I don't think any of us can answer that yet. We only know that it does and that the public as a right to know about it.

In my case, standard medical practice had nothing to offer. I believe that frequency-based biomarkers that can be translated into music, hold the potential to change the face of medicine. This is too new, too innovative, too out there for people to wrap their heads around, but I'm living proof that it is real. It can help thousands of people who have been left with no conventional options."

#### **REHABILITATION**

In 1993, Bob Bethel, an attorney, survived a serious motorcycle accident that left his lower right leg severely damaged. Several major surgeries and hours of reconstructive surgery were required to create the illusion that his leg muscles were intact. Bethel's physicians had little hope for a complete recovery and told him to consider himself lucky to be alive.

Bethel moved back home to Ohio to recuperate. He had little hope that he would ever be able to practice law again and still less hope that his passion for tennis would be a part of his future. At a local grocery store, he bumped into a fellow tennis player. During this brief encounter, Bethel learned that a local company, Sound Health Alternatives, was conducting experimental research to evaluate the idea that low-frequency sound could be used to help regain muscle strength and control.

"I'm a lawyer and an engineer, so I was skeptical," Bethel said, but he had little to lose and nothing else had helped, so he decided to give it a try.

Today, Bethel is no longer a skeptic. "The swelling is gone. There is almost no pain. I had severe limping and could not run at all. Now I can run," states Bethel in a very matter of fact manner. "As we continue to work, I can move more, and I'm now matching Bill (the person he met in the grocery store) on the court step for step...something I never thought I would be able to do."

See Bob's story in the documentary, Miracles of Non-Medicine – https://vimeo.com/126935179

"Although we can work independently, we prefer to provide pre-management

diagnostics to health and medical practitioners," Edwards said.

Work in this field, dubbed "BioAcoustics" by Edwards, is most closely akin to biofeedback and is just now being perceived as a complement to preventive health practices. Three courses in BioAcoustics are offered online for a certificate program. Edwards has presented dozens of papers to conferences across the country concerning her research and findings. She and Dr. Terrence Bugno presented a paper to the International Conference of Energy Medicine.

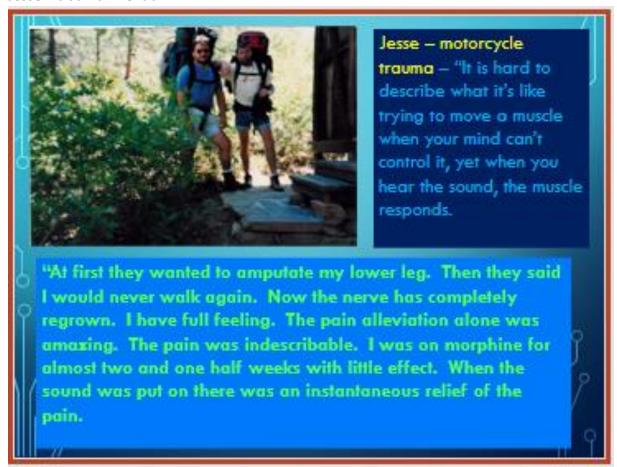
"BioAcoustics has a place in health care. We can assess clients, confer with their health care practitioners, and suggest programs of intervention. We provide insight into what may be happening with a person. We offer the opportunity to look at the body as a whole. Many times we can see directions that haven't ever been considered," Edwards said.

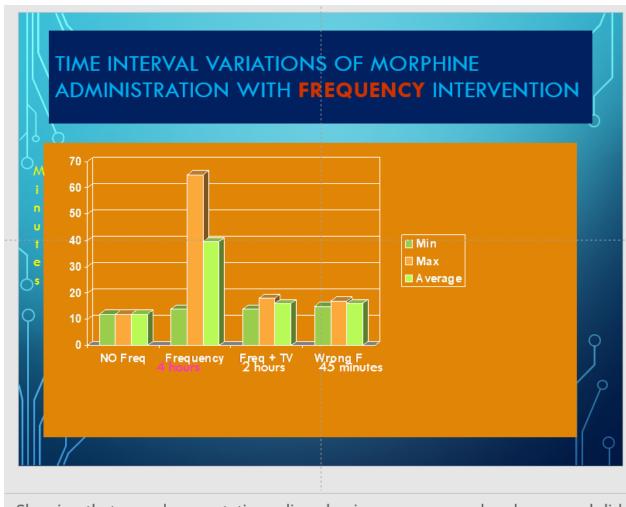
For people like Bethel, it is a miracle. He has his life back. Something he thought would never happen, once a skeptic, he now admits that BioAcoustics may be the medicine of the future.

"Sonic Apothecary," a video about BioAcoustics produced by Healing Vision Films, Inc., is available at area libraries for anyone interested in learning more about Sound Health technology.

This article was reprinted from the article that appeared in the Community section of the Athens Messenger on Monday, Sept. 13, 1999.

Jesse – trauma – rehab -





Showing that sound presentation relieved pain – wrong sound and no sound did not relieve pain

In the U.S., the annual cost of motor vehicle trauma rehabilitation is significant. In 2019 alone, motor vehicle crashes cost society \$340 billion, covering medical expenses, lost productivity, legal costs, and emergency services. The total societal harm, factoring in quality-of-life impacts, was estimated at nearly \$1.4 trillion (NHTSA). Additionally, the total cost of motor vehicle injuries in 2022 was approximately \$481.2 billion, reflecting expenses related to medical consultations, rehabilitation, and more (Injury Facts). These figures highlight the massive economic burden associated with trauma care from vehicular accidents each year.

### Elimination of Gout Pain

The Institute of BioAcoustic Biology & Sound Health, led by acknowledged BioAcoustic Pioneer, Sharry Edwards MEd, through her extensive research, has developed a unique technology that harnesses

the power of sound therapy to diagnose and treat various health conditions, including Gout.

### Gout Background:

Gout, a form of inflammatory arthritis characterized by sudden and severe pain, swelling, and redness in the joints, has long been a source of discomfort and debilitation for those affected. Approximately 9.2 million people in the US experience gout pain flare-ups. This represents around 3.9% of the adult population.

Traditionally managed through dietary modifications, medication, and lifestyle changes, recent advancements in health technology are exploring new ways to detect and manage gout that does not include debilitating gastrointestinal side effects. Online sources report that one such advancement is the emerging field of vocal biomarkers, a promising area that leverages voice analysis to diagnose and monitor health conditions. This innovative approach could provide new insights into gout and offer alternative pathways to healing.

# **Understanding Gout:**

# Causes and Symptoms

Gout is caused by an excess of uric acid in the blood, leading to the formation of sharp, needle-like crystals in the joints. This often results in intense pain, typically affecting the big toe but also other joints such as the lower back, ankles, knees, wrists, and fingers. The condition is often associated with a diet high in purines (found in red meat, shellfish, and alcohol), genetics, obesity, and certain medical

conditions. Recent studies have associated uric acid with diabetic joint pain.

The symptoms of gout can be unpredictable, with flare-ups occurring suddenly, often at night. The pain can be excruciating, accompanied by swelling, warmth, and redness in the affected joints. Over time, recurring gout attacks can lead to chronic joint damage and other health complications.

### **Vocal Biomarkers:**

### A New Frontier in Health Diagnostics

Vocal biomarkers have presented an innovative approach to health diagnostics, where the analysis of voice patterns can reveal underlying health conditions. Pioneered by researchers like Sharry Edwards, this field is based on the premise that the human voice reflects the body's internal state. By analyzing the frequencies and patterns within a person's voice, it is possible to detect imbalances and identify potential health issues.

In the context of gout, vocal biomarkers could provide a non-invasive method to monitor the condition. For example, changes in vocal frequencies might indicate an impending flare-up or provide insights into the body's inflammatory state. This could allow for early intervention, helping to prevent or mitigate the severity of gout attacks.

The Institute of BioAcoustic Biology & Sound Health has reported that their record for the relief of gout pain using specific low-frequency sound presentation is 16 seconds.

### The Connection Between Vocal Biomarkers and Gout

The relationship between vocal biomarkers and gout lies in the body's biochemical processes.

Gout is linked to metabolic disturbances, particularly the abnormal production of uric acid. These metabolic processes are reflected in the body's frequency patterns, which can be detected in the voice.

By analyzing these patterns, vocal biomarker technology could identify signs of metabolic imbalance before they manifest as a gout attack. For instance, specific frequency disruptions in the voice might correlate with elevated uric acid levels or inflammation. This information could be used to adjust treatment plans, dietary recommendations, or lifestyle changes to prevent flare-ups.

Moreover, vocal biomarkers could also be used to monitor the effectiveness of gout treatments.

By tracking changes in voice patterns over time, healthcare providers might gain insights into how well a patient is responding to medication or other interventions. This could lead to more personalized and effective treatment strategies, reducing the frequency and severity of gout attacks.

# **Healing Through Sound:**

# The Potential of Sound Therapy

Beyond diagnostics, the concept of healing through sound, also known as sound therapy, offers another intriguing possibility for managing gout. Sound therapy involves the use of specific frequencies to promote healing and balance within the body. This approach is rooted in the

idea that everything in the universe, including the human body, vibrates at specific frequencies.

When these frequencies are out of balance, it can lead to illness and discomfort. In the case of gout, sound therapy could be used to restore balance to the body's metabolic processes, potentially reducing inflammation and pain. While research in this area is still in its early stages, some practitioners of alternative medicine believe that targeted sound frequencies can help dissolve uric acid crystals that alleviate the pain associated with gout.

For example, low-frequency sound waves could be used to stimulate circulation and reduce inflammation in affected joints. Additionally, sound therapy might help reduce stress and improve overall well-being, both of which are important factors in managing gout. Although more research is needed to validate these claims, the potential of sound therapy as a complementary treatment for gout is an exciting area of integrating Vocal Biomarkers and Sound Therapy in gout management.

The integration of vocal biomarkers and sound therapy could represent a holistic approach to gout management. By combining the diagnostic capabilities of vocal biomarkers with the healing potential of sound therapy, healthcare providers might be able to offer more comprehensive and personalized care for those suffering from gout.

For instance, a patient's voice could be regularly analyzed to monitor for signs of imbalance allowing for early intervention before a gout attack occurs. Simultaneously, sound therapy could be used as a preventive measure or to alleviate symptoms during an attack, offering a non-invasive and natural approach to pain management.

While these concepts are still emerging, they highlight the growing interest in non-traditional methods of healthcare that focus on the

body's natural frequencies. As research in vocal biomarkers and sound therapy continues to evolve, there is potential for these technologies to play a significant role in the future of gout management and overall health.

### Exploring the Intersection of Sound and Health

Dr. Murphy was participating in BioAcoustic Vocal Profiling Training for medical professionals in which the class was evaluating the potential of pain relief using low-frequency sound. Being both skeptical and curious, he inquired if there was a sound that would eliminate gout pain. His big toe often swelled, turned red and was very painful if he ingested certain foods or drink. Imbibing Whisky caused the most pain for him.

The class decided to set up an experiment as a group intervention. Sure enough, the sound frequency combination that had been identified the year before, not only relieved the pain almost instantly but began to obviously decrease the redness and swelling.

The event was recorded, and we are making the 2002 class recording available to the public to show that Dr. Murphy was incredibly pleased that the sounds successfully relieved his discomfort. A Perspective on G-OUT Link: https://tinyurl.com/62mdvjr6

### Conclusion:

# The Future of Gout Management

Gout remains a challenging condition to manage, with flare-ups causing significant pain and discomfort. However, the advent of vocal biomarkers and the exploration of sound therapy offer new avenues for diagnosis and treatment. By leveraging the power of sound and voice,

these innovative approaches could revolutionize the way we understand and manage gout, providing patients with more personalized, effective, and holistic care.

As the science behind vocal biomarkers and sound therapy advances, we may one day see these techniques integrated into mainstream healthcare, offering a new standard of care for gout and other metabolic disorders. Until then, the intersection of vocal biomarkers, sound therapy, and traditional gout treatments represents a promising area of exploration for those seeking alternative and complementary approaches to healing.

### **September 2024 BioAcoustic SUMMARY:**

BioAcoustic Frequencies active for the month of Sept 2024 – these frequencies are cyclical each year depending on what frequencies are bombarding the earth. Keplar and Pythagoras both tried to explain the phenomenon of Orbital Resonances. Kepler reported that the frequencies of the movements of the planets are heard by our soul and establish our health equilibrium and personality traits.

Do your joints ache? It is likely that some nasty Prostaglandin frequencies that cause inflammation and pain are active during September if the body is too acidic. Try laying off those acid-producing foods (flour, grains, sugar, beans, alcohol, shrimp) until the end of next month. You may think your Gout is acting up, but it is just the inflammation-causing foods. Wheat Belly by William Davis explains the relationship between joint/muscle pain and the inflammatory response from foods.

Muscles in stress – the rectus abdominis frequencies are still activealong with the iliacus and muscles of the lower back. DDT has been outlawed for many years but those of you over 50 years of age might feel some muddled thinking and dizziness. DDT is a pesticide that was commonly sprayed in the presence of humans, especially school children. It lays down on the stomach muscle – rectus abdominus - since they are the same frequency and may be the toxin that is causing that round of fat around your midsection. Fats lay down more readily on muscles that have the same frequencies. There are plenty of good detox protocols out there – check the internet.

For this month, put a watch on anything that flares your ulcer – those frequencies will be coming in by mid-month.

Several pain medication frequencies will be active in the next month. Depending on your brain dominance, you may need more or less medication to remain pain free and stable. This is not medical advice, just letting you know to be vigilant about your reactions to pain meds.

Soy proteins (tofu, soymilk, veggie burgers, salad dressings, margarine-like spreads, dark sauces such as Tamari and Teriyaki) come into play on the first Tuesday of the month. Soy allergy symptoms might include asthma-like breathing issues, tingling in your mouth, itchy skin, nausea, drop in blood pressure, loss of sensation of lips, diarrhea, fuzzy thinking. Many foods you would not suspect contain soy; best to read the label.

Myosin, a family of proteins that helps the body rebuild (from hair follicles in the ear, kidney, and nose to actual muscle integrity involvement), along with ATP, come into play during this month. Myosin works closely with Actin which helps create microfilaments used to rebuild the body. Tinnitus is associated with myosin and actin stress.

Cytochalasin B is a mold referred to as a mycotoxin that strongly inhibits Actin and glucose transport and supports platelet aggregation. Cytochalasin is involved in food spoilage and fungal virulence.

Papain is an enzyme from papaya. It helps break down tough meat fibers. As a powder it is sold as a meat tenderizer. As a paste it can be used for bee stings since bee venom is made of protein. Papain is an ingredient in some toothpastes, mints, and tooth whiteners. WOW: It has been known to interfere with urine drug tests for cannabinoids.

Bromelain is an enzyme from fresh pineapple. It may slow blood clotting and is used as a tenderizer. As a protein-digesting enzyme, it may be a potent anti-inflammatory, and prevent pulmonary edema (water in the lungs). The list of uses for Bromelain is broad: from relaxing muscles, stimulating muscle contractions, <u>slowing clotting</u>, improving the absorption of antibiotics, preventing cancer, shortening labor, and helping the body get rid of excess fat.

<u>Clotting Factors</u> are obviously stressed for the month of Sept. Check your vulnerability at SoundHealthPortal.com – Coagulating Factors.

Muscles of the lower back and hips come into stress in mid-September, the Quadratus Lumborum (lower spine diagonal to hip crest) and Psoas (which help stabilize the hips).

Toxin - Mercury that is in your mouth and in the vaccinations that are given to your child are active until the third Wednesday of Sept. It is injected into our children, but it must be handled as a severe toxin by your dentist when it is removed from your teeth. Go figure!

Vitamin in Stress - Vitamin K4 from green leafy vegetables is active and is involved with <u>blood-clotting</u> proteins.

Bacteria in stress during Sept - Staphylococcus aureus, a bacterium, is commonly found in the human respiratory tract especially after a

hospital stay. It is responsible for skin infections, food poisoning, pneumonia, meningitis, osteomyelitis, endocarditis, toxic shock syndrome and serious skin issues such as impetigo, boils, cellulitis, MRSA, wound and respiratory infections. Each year 500,000 people contract a staphylococcal infection in American hospitals. Chlamydia Pneumonia is a bacterium that infects humans and is a major cause of pneumonia and sinusitis. Staphylococcus is known to disable antibodies.

Specifically Sept – Week 1 -

Biochemical and muscle-supporting energy comes into full stress this week. That backache is likely from weak stomach muscles. The Kreb (Energy Cycle) of the cells is coming into stress from several angles. Your local health food store will likely have supplements that support the Krebs cycle – starting with Potassium and magnesium. Blood clotting to fatigue will plague the population this week. Bioflavonoids and pyruvate may be helpful.

<u>Muscles influenced this week:</u> For this week mostly back and shoulder muscles are in stress. Remember that the stomach muscles need to be considered important back support.

Interspinales: We take the spine for granted, but it is made up of a significant number of muscles and nerves which enable it to support us physically and in so many other ways. There are layers of muscles in your back that attach to, and around, the spine. The interspinales muscles are in the deep muscle group. So, if your back is providing you pain signals, it may mean that some weakness exists. Exercises for this muscle can be found online or visit your local gym for assistance.

**Semispinalis Thoracis**: Another back muscle - this one originates from the Sixth Thoracic Vertebrae and extends to the Cervical 6<sup>th</sup> Vertebrae, which is about half of the back and the first part of the neck. This large muscle allows us to extend the cervical part of the spine (i.e., your neck) and the thoracic section of your back. It also allows us to flex those same parts of the body side-to-side as well as to rotate them. *Source: Get Body Smart - "Semispinalis Thoraces Muscle"* 

**Supraspinatus**: This muscle assists your deltoid (one of the shoulder muscles) to begin the action of abducting the arm. It also assists with keeping the shoulder stabilized. <u>Source: Get Body Smart "Supraspinatus Muscles"</u>

**Infraspinatus**: Another shoulder muscle, this one being 1 of 4 muscles in your rotator cuff. Specifically, this one externally rotates your humerus bone and keeps your shoulder joint stable. <u>Source: Get Body Smart "Infraspinatus Muscle"</u>

**Rectus Abdominus**: This is a large muscle of the abdomen that countervails the action of your diaphragm, but it does so much more, as indicated by InnerBodyImage, a website, in the following quote:

The rectus abdominis muscles, commonly referred to as the "abs," are a pair of long, flat muscles that extend vertically along the entire length of the abdomen adjacent to the umbilicus. Each muscle consists of a string of four fleshy muscular bodies connected by narrow bands of tendon, which give it a lumpy appearance when well defined and tensed. This lumpy appearance results in the rectus abdominis muscles being referred to as the "six-pack."

The name rectus abdominis comes from the Latin words for "straight" and "abdominal," indicating that its fibers run in a straight vertical line through the abdominal region of the body.

The rectus abdominis muscle performs the important task of flexing the torso and spine in the abdominal region. It does this by pulling the ribcage closer to the pelvis. The rectus abdominis can also tense to contract the abdomen without moving the torso, as in sucking in one's gut. This results in increased pressure within the abdominopelvic cavity and is useful to push substances out of the body during exhalation, defecation, and urination. <u>Source: Inner Body "Rectus Abdominis Muscle"</u>

Gluteus Maximus: Your largest sitting muscle, of course.

### Biochemicals/Nutrients in stress this month:

Potassium Phosphate Cell Salt: We have not seen cell salts in a while. Not often talked about in general, or even alternative media, they are really amazing. Little tiny pills work from the cellular level to support your body, in its efforts to self-maintain and self-heal, in so many ways. This particular cell salt works in the nerves and muscles of the body, helping the body to address such things as nervousness, so-called "nervous heart trouble," melancholy, and sleep discomfort, as well as learning disorders. <a href="Source: Schuessker Cell Salts"No. 5. (6">Source: Schuessker Cell Salts"No. 5. (6)</a> Potassium phosphate - Kali Phos"

**Arginine**: This is an amino acid that has been found to have a powerful impact on several body systems and is used in certain medications (Ibuprofen) and the following medical treatments:

- -Congestive heart failure;
- -Chest pain;
- -High blood pressure;
- -Coronary artery disease;
- -Intermittent claudication (leg pain due to blocked arteries);
- -Chemotherapy;
- -Fighting weight loss in AIDS patients;

- -Reducing infections;
- -improving would healing;
- -Shortening recovery time after surgery;
- -In the elderly, decreased mental capacity (i.e., senile dementia);
- -Erectile Dysfunction; and
- -Male Infertility

### Week 2

This week continues to support inflammation in joints and muscles.

The literature reports that this is from too much acid and suggests one teaspoon of naturally fermented vinegar in water can help balance pH –

Energy cycle faults continue to cause fatigue. Many of the people who have had Covid, or the shots report extreme fatigue - NAD (nicotinamide adenine dinucleotide) — has been helpful. It is an important co-enzyme for the body's energy cycle and has been reported to support many biological processes within the body — link - <a href="https://www.bulletproof.com/supplements/dietary-supplements/nadh/">https://www.bulletproof.com/supplements/dietary-supplements/nadh/</a>

Oxytocin, the human bonding biochemical becomes active this week.

<u>Blood clotting</u> issues continue this month along with iron stress. The <u>Obesity gene</u> comes into play on the 18<sup>th</sup> – Check your voice by doing a BioDiet check at SoundHeathPortal.com.

Serotonin – a neurotransmitter associated with mood comes into stress this week along with support for nerve sheathing. Nerves may attempt to reconnect which causes intermittent quick pain bursts. That is good news if they don't continue for long. Ulcer symptoms continue to hang on until the last week in Sept.

### Week 3

Pay close attention to your heart this week, cardiomyopathy frequencies are in stress this week along with troponin — an indicator of heart damage. Blood pressure indicators start to rise this week. Back stress continues into early Oct. Use your free nutrient software provided in our guest level course to monitor your mineralization as bone health stress begins now. -SoundHealthOptions.com — CLASS tab

Adrenal stress is solid this week – you may want to give people more "space" to work out their issues. This is especially important with Spike Protein on the rise; some of which influence your God Gene which supports empathy and family bonding.

Flu frequencies come into play at the end of the week.

### Week 4

Milk protein is the most prominent frequency activated this week. Milk allergies can cause sinus, throat, bronchial and lung issues.

Streptococcus pneumonia pathogens will come into play by the end of the week. Vitamin B2 is activated on Wednesday [Riboflavin is a B vitamin. It can be found in certain foods such as milk, meat, eggs, nuts, enriched flour, and green vegetables.]

The gene that is most in stress is familial Alzheimer's but at the same time the herb, Curcumin, is active. Curcumin is often touted as a spice that can dissolve deadly brain plaques that can cause Alzheimer's [Curcumin comes from Turmeric, an herb].

Edema might be in the air as the mineral, Sodium comes into play on Monday. You might find yourself craving salt-loaded fries or chips.

The Multifidi muscle, along with the Iliocostalis lumborum continues to stress the back in general, and specifically the lower back.

For those, whose ph. (acid/alkaline) balance might make you susceptible to Scabies - severe itching (pruritus), especially at night, is the earliest and most common symptom. Utter Balm is a sheep lanolin-based salve that may help. So may Campho Phenique salve or liquid (local Walmart).

A toxin – food additive high on the active list this month: MSG (Monosodium Glutamate) is contained in steak sauces, salad dressings, meat tenderizers, as a flavor enhancer in many packaged foods such as Hamburger Helper, Lipton's Onion Soup Mix and Progresso's and Campbell's soups. Sauces, gravy mixes, Bacon bits.... also contain high amounts of MSG. Many fast-food restaurants and Chinese restaurants utilize it. Snack foods (Pringles, Doritos, Planters nuts, Cheese-Its...) are frequently enhanced with MSG.

Reactions can be slight to severe from burning feelings in chest, arms and face, chest pains, headache, fatigue, heart palpitations, numbness, sweating and nausea. The incidence of reactions to MSG has become so prevalent that it has a name: Chinese Restaurant Syndrome.

Some people claim that taking B vitamins, particularly B6, before you eat will help eliminate some of the symptoms. Long term reactions to MSG can include stiff joints and connective tissue disorders, such as Carpal Tunnel.

The pathogen in stress for the next few days is Borrelia – a strain of Lyme disease.

Muscles include the tailbone area and above along with the muscles of the lower leg. Secondary muscles just coming into stress are the eye muscles and thumb.

Insulin becomes vulnerable on Monday along with Zithromax (Z-pak) which is nearly the same frequency as one type of insulin. Vasopressin,

a biochemical that helps regulate blood pressure and blood sugar plays a part in blood glucose frequency balance over the next few days.

If you are interested in learning more about our work or exploring potential collaboration opportunities, please do not hesitate to reach out.

Frequencies to eliminate the stress of gout pain almost immediately are available to the public. No one should be made to suffer gout pain any longer. There are over 6 million people worldwide who report gout pain. Many specialty toneboxes including G-Out can be found here: bioacousticsolutions.net/store

#### **Stroke Recovery**

On November 9, Hector Flores suffered a stroke. Immediately we could see that there was damage on the right side of his body. His leg dragged, his arm was limp, he could not form a fist, the right side of his mouth was drawn downward, and he could barely speak.

Within two weeks Hector began intense physical and speech therapies. Sara Taylor, MA, CCC-SLP, speech therapist at Ohio University Hearing, Speech and Language Clinic collaborated with him for fifteen months. He made good progress with her, but only regained about 60% of pre-stroke speaking abilities.

Emotionally, Hector was depressed that although he was better physically, he still could not carry on a conversation. He was only able to speak in five- and six-word sentences.

By June 2011, Hector was nineteen months from the stroke. His cardiologist, Gary Cordingly, MD, had told us that at twenty-four months the average stroke victim has maxed out his physical recovery.

It is thirteen months since then. Hector has his own sound box specific to his needs and an amplifier so that he can listen to the tones several hours a day while watching TV, visiting, or reading. His tones have changed, and his progress continues. His speech is 80-85% recovered. He is able to converse with people and talk on the telephone. Although the stroke damaged brain cells, the sound therapy continues to stimulate his cells to find alternative paths to allow his speech to improve.

We firmly believe that other RSC clients could benefit from sound therapy.
...by Connie Flores, Wife of Hector

#### **Confirmation with a look inside using Voice analysis**

2015 was the year that the author of this article fell off a two-story balcony fracturing her back in three places (T-12, L-1, and L-3) and smashing a few facial bones. A month in rehab wearing a body brace made walking possible. But now years later, the returning back pain is intense. Could anything be done? The frequencies associated with L-4 kept showing up in my computerized vocal print, but I wanted confirmation because L-1 was not a part of the original injury.

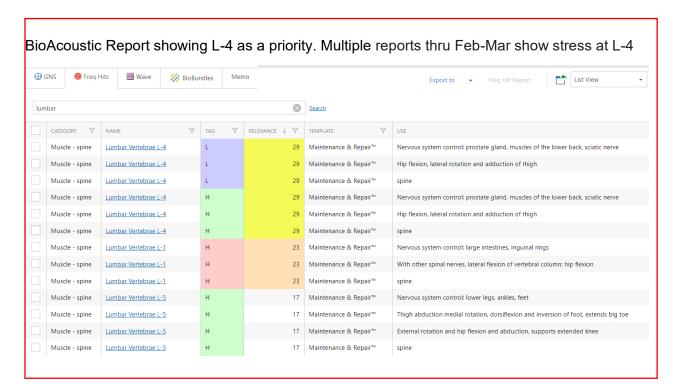
X-rays show misalignment of L-4 and L-5. Surgery was suggested.

View 1 View 2



[Anterolisthesis is an abnormal alignment of bones in the spine and usually affects the lower back. It occurs when an upper vertebra slips in front of the one below. Pain is often the first symptom of anterolisthesis.

Misaligned vertebrae can pinch the nerves, and this can have painful and debilitating consequences. Other parts of the body, such as the arms or the legs, can also be affected by anterolisthesis.]



The contributing events were identified through the frequencies of the voice without expensive, intrusive machinery and showed that vocal analysis can be done remotely.

## Radiology Report

XR Lumbar Spine 4 View Min

#### FINDINGS:

Levoconvex curvature of the lumbar spine.

Mild wedging deformity of L1 vertebral body.

Anterolisthesis of L4 over L5 by 12 mm.

Multilevel endplate degenerative changes, facet arthropathy, and disc disease.

Using the frequencies assigned to L-4 and L-5 together in specialized formulations creates the frequency associated with Ankylosing spondylitis – which my grandfather and aunt lived with for many years. This brings to mind that the body is consistently Mathematical, even genetically. Could we be mathbased sentient robots that can be supervised and managed using the math of the voice?

### How important is the truth?

Complete Benghazi hoax perpetrated by Hillary and Obama from the airport hangar bringing back the bodies, can be found page 33, Biggest Liar – https://tinyurl.com/tswtmnhy. It was originally published by Sound Health as an untruth shortly after the event. CBS news in 2013 came under fire for exposing the false Benghazi message being perpetrated by the government.

## The Magic of Math as Medicine

Trusting in math can answer questions that have remained a mystery for conventional medicine. Using math, it can be shown that the frequencies that manage the body are redundant across body systems. The Cornea of the eye and blood sugar are the same frequency thereby potentially explaining why diabetics have issues with loss of vision.

There are thousands of these mathematically relationships that explain everything from obesity to depression.

#### **Proof of concept**

Studies show that the human voice can substantiate the fact that people who share similar vocal architectures, share similar health and personality issues. These Signature Sounds were known to our ancestors. The data brings together ancient knowledge with modern ideas of harmonics and frequency relationships to show that math can be used as forms of predictive, diagnostic, and curative foundations for wellness.

Through entrainment of the frequency grids of the brain, the body can be programmed to support its own optimal form and function. The essential element is accurately identifying the appropriate/significant frequencies associated with each individual.

String theory proposes that infinitesimally small strings create our bodily structure, but it does not answer the question of how this transformation occurs. The brain communicates using the language of frequency and has the ability to reveal individual DNA/RNA templates that have the potential to promote and extend life. Sharry Edwards' work provides many of these answers as to how these theories can be put to use to bring the Truth to the surface about who we are, how we got here and where we are going in terms of our intentions and health.

Is frequency our new medicine or an ancient mystery revealed? There have only been a few modern keepers of the Holy Grail mysteries. Sharry Edwards has been identified as one of the extraordinary beings walking the earth to bring forth the secrets kept from mankind. Her work has helped identify the hidden Codes of life that add meaning and new dimensions to our existence. She will likely be best known for her ability to bridge the gap between the ancient, the esoteric and the scientific realms of human evolution.

Her ability to hear a space is astonishing. To walk with her into a room, watch her tilt her head and then sing a vocal pure tone (supposedly impossible for a human) that causes the room to echo back is a spine-tingling experience. She can also sing the sounds of nearly any vessel, a person, a thought, compound or animal. Even though she has now crossed the bridges of 7+ decades, she is still discovering unique qualities about her voice and ears.

She laughs as she explains that she was <u>uninvited</u> to a sound healing conference by an organizer stating that she has no musical talent, nor did she play any instrument. Edwards' unusual vocal abilities are likely one of the most unique musical voices on the planet. She cites her ability to "hear" the signature sound of almost anything as the reason that she has the ability to tap into the hidden nature of the universe via numbers.

Edwards believes that her work is well on the way to providing the proof that, at our core, we are very sophisticated, but mathematically managed, frequency-based entities.

She asks that we imagine a future in which we can be individually identified and maintained through our math matrix to permanently establish and maintain ourselves as healthy and emotionally balanced. Her work at the Institute of BioAcoustic Biology has shown that we can each have dominion over those frequencies by individual mind management or a simple, completely programmable remote control.

In the near future biofrequencies, as an indicator of health, will become as common as taking your temperature or blood pressure when you visit your healthcare provider. MIT, several universities, and the Mayo Clinic are working with these principles; with AT&T declaring that "bioacoustics is the medicine of the future."

The ancient idea of Signature Sounds combined with modern techniques of Vocal Profiling utilize the premise that the body can identify and prescribe for itself using the algorithms of vocalized frequencies to accurately quantify, organize, and extrapolate biometric information.

The science of BioAcoustics brings together ancient knowledge with modern ideas of harmonics and frequency relationship theories to show that math can be used as a form of predictive, diagnostic, and curative foundation for wellness. Through entrainment of the frequency grids of the brain, the body can be programmed to support its own optimal form and function.

Edwards explains that her research supports the idea that Health for THE PEOPLE, by THE PEOPLE, is making room for self-responsibility in health care. Dissatisfaction in the present systems leads to a demand for change but we also

realize there are obstacles to it. Edwards has created an open-to-the-public WorkStation that provides information and software as Tools & Solutions for Vocal Profiling that promotes SELF-HEALTH at SoundHealthPortal.com.

No one argues that our present health care system is in crisis or that people are seeking alternatives. Buckminister Fuller said "In order to change something, don't struggle to change the existing model. Create a new model and make the old one obsolete." Edwards, with her small, yet highly innovative educational research facility, is striving to do just that.

Edwards has created a BioAcoustics-based alternative Health Care System, she intends to share it with THE PEOPLE and leave those who insist they know what's best for us, in the dust.

Vocal Profiling has the ability to let us know the intentions of our leaders; the motivations of our partners; the foundation of our sense of Self-Health and wellbeing. Would those abilities be of value in the struggle to attain dominion over our intrinsic right to personal freedoms?

From birth to death, we use sounds to express our needs and emotions, but there are additional layers of information hidden within the words. In modern times we possess only limited conscious awareness of this information for ourselves or as a means to interpret the intentions of others.

Vocal Profiling software has been developed that can use the components of the voice to create a matrix of information about anyone, from fundamental DNA to the hidden intentions of those who claim to speak for us.

Sharry Edwards has been accused of being too scientific by some, too esoteric by others. In actuality she is a bridge between both fields of inquiry. She is an acknowledged pioneer in the emerging field of Human BioAcoustic Vocal Profiling. She has for many years provided the leading-edge research to show the voice as a holographic representation of the body that can be used to change the face of medicine.

Edwards' intention is to demonstrate how the present system of health and governmental tyranny is both a tragedy and an opportunity.

Our brain is the central processing unit of our body that initiates and circulates frequencies throughout our vast neural networks, providing directives and power to keep our bodies in exacting homeostasis (healthy balance). This indicates that even unspoken, thought can become our guiding force in keeping us healthy, emotionally balanced, or potentially controlled through electronic means.

We are on the precipice of learning to use the individual sounds exhibited by the body as intrinsic, individual healing directives. Edwards has opened the door to that possibility.

For centuries curious minds have attempted to compare sounds, light, emotions, disease states... with the health and maladies of the human condition.

Finding your own voice takes on new meaning if you begin to consider the possibility that the sounds of your voice may be a holographic representation of all that you are.

Everything that happens to the body reaches the brain as biofrequencies that are then sorted,

As man evolved, language became levels of intricate harmony nestled within structures of great elegance that carried meaning and allowed understanding.

routed and assigned an interpretation but it seems, in modern times, that we carry very little conscious awareness of this information. Did we as a human race forget, or were we forced to abandon, a great deal of our intrinsic abilities to glean information about another person simply by hearing their voice?

Down through the generations, the idea that humans are fostered and driven by ancient numeric codes has intrigued many scientists and visionaries. The popularity of publications such as the *Da Vinci Code* and *The Symbol* by Dan Brown has sparked interest in the possibility that a great deal of knowledge has been kept hidden from all but the elite of humankind. Is the idea that we have dominion over our lives through our thoughts and intentions an intrinsic fact of human spirit? Can we in truth chant the words and create our Reality?

The obvious success of the tide-turning movie, *The Secret*, showed that people are ready to accept the fact that we can think or say something and have it manifest. Have we matured enough to receive the bounty of consciousness-produced reality with wisdom? Do people really know what they want, deep down, devoid of old parental "tapes," advertising, peer pressure, the "oughts" and "shoulds" that we are subjected to every day?

If we want to manifest our neighbor's car or wife for ourselves is this a lack of respect or our basic right of conscious intention? If we accept the reality that we all fit perfectly into the perfectly conceived, perfectly interlocking puzzle of life, then how can we allow any two people to want the exact same item? Someone would do without and therein resides a basic problem. If we both pray for the same thing, who gets the prize? So how can someone "program" their lives with the voice of prayer and mantra without bumping into the needs and rights of others?

Many spiritual leaders, throughout the ages, have claimed that we have the power to be who we want to be, to have what we want. It could be that the world is designed perfectly and if we really knew the ideal life to manifest, then everything would be in harmony. But how can we ever know what will perfectly balance our lives? How can we know what we really want underneath the layers of greed and need?

We can find our true voice. Nothing is hidden from your own voice. You may be able to lie to your friends or deceive yourself with your words but the voice does not lie. Vocal Profiling computer software has been built that can evaluate the frequencies, architectures and harmonics of your voice. Vast frequency-based data banks can now be used to create a report of what you really think, who you are emotionally and the status of your health. The frequencies missing from your voice are just as important as those that are present. An entire matrix of information, from your DNA to your partner preferences can be evaluated.

Using this modality, your voice can be used to reveal who you really are under the layer of public personality you have created. This is an opportunity of the human

race to break free of all of the deceit and deception that we live with on a daily basis.

What would our world be like? Our legal system would be unneeded if your true voice could be so easily read: Unsound relationships would crumble, businesses would fall because for the most part, our world is built on what we can keep hidden from those who think they know us.

Vocal Profiling has the ability to let us know the intentions of our leaders, the motivations of our partners, the pathway to our sense of self. Would that be of value or an avenue toward destruction?

What would the world be like if everyone only spoke the TRUTH? Can you imagine a society where we are all known by our frequency signatures that people could read via a voice that truly represented who we are? Could finding our true voice allow us to create a world full of grace and dignity?

We loudly proclaim that truth should be valued as a virtue. Should it have taken a computer program for us to discover our internal truth and clarity?

#### References

- Alternative Medicine the Definitive Guide (2<sup>nd</sup> Edition) pg. 447 by John W. Anderson, June 1,2002.
- Health on the Edge, Visionary Views of Healing in the New Millennium,
   chapter 5 pg. 209 by Larry Trivieri Jr. Dec 29,2003.
- Helping People Help Themselves Through Sound Healing. Published Papers-
- 1993-1995. Articles By and About Sharry Edwards. By Various Jan 1,1996.
- Natural Detoxification the Complete Guide to Cleaning your Body of Toxins 2nd Edition Revised and Expanded. Pg.439 by Jacqueline Krohn M.D., Frances Taylor MA, Oct 20,2000.
- Pioneers of Recovery, Stories of Nine Pioneers Who Reversed the Symptoms of Parkinson's Disease. Pg 94. By Robert Rogers, Ph.D. 2012

- Secret Sounds-Ultimate Healing. Your Personal Guide to A Better Life Using Sharry Edwards' Revolutionary "Secret Sounds" by Jill Mattson, Nov 17, 2011 and in June 13, 2019.
- The Duke Encyclopedia of New Medicine, Conventional and Alternative Medicine for All Ages. Pg 556, Forward by Tracy W. Gaudet, M.D. 2006.
- The Lost Waves of Time. The Untold Story of how Music Shaped Our World,
   Chapter 1 by Jill Mattson, March 21,2006.
- The Scientific Basis of Integrative Medicine 1<sup>st</sup> Edition (Sharry Edwards 1997) by Lucy Anderson, M.S.W. March 27, 2007.
- The Tree of Life and The Holy Grail pg. 199 by Sylvia Francke and Simon Blaxland-de Lange Dec. 17, 2020.
- Vibrational Medicine, Third Edition, The #1 Handbook of Subtle-Energy Therapies. Sharry Edwards' Signature Sound Works (Uses "Bio-Acoustic" analysis of a person's voice print to determine a person's therapeutic sound frequency or soul note.).
- E-mail: soundhealthinfo@gmail.com by Richard Gerber, M.D.
- McArthur newspaper
- Bruce Lipton book
- Albert Roy Davis book
- Lynn McTaggert book
- https://www.msn.com/en-us/movies/celebrity/robin-williams-sufferedfrom-dementia-in-his-final-days-says-new-bio/ar-AAwQuSy?ocid=spartandhp&ffid=gz
- The Benghazi Hoax Chapter 16: 60 Minutes by David Brock, Ari Rabin-Havt, and Media Matters Staff, December 6, 2013.

BioAcoustics doesn't have all of the answers but has enough to know that we have a very good beginning to provide proof of concept of healing through frequencies. For the astute healer or investor, taking on the task to bring this to the world should be a no brainer. We need practitioners and trainers.

## Pioneering BioAcoustics: The Sharry Edwards Story

#### **Table of Contents**

- Introduction
  - The Power of Sound: A New Frontier in Healing
  - Why Sharry Edwards' Story Matters Now More Than Ever

#### Part I: The Woman Behind the Science

- Chapter 1: A Voice Beyond the Norm
- Chapter 2: The Making of a Maverick
- Chapter 3: Finding Her Frequency

#### Part II: The Science of

- Chapter 4: What Is BioAcoustics?
- Chapter 5: Frequencies as Medicine
- Chapter 6: Skepticism and Scientific Pushback

#### **Part III: Sharry in Action**

- Chapter 7: Real Lives, Real Results
- Chapter 8: Teaching the Next Generation
- Chapter 9: The Legacy and the Future
- Epilogue: The Revolution Will Be Audible
- References

## Introduction: The Power of Sound—A New Frontier in Healing

From the beginning of time, sound has shaped our lives. It has inspired revolutions, lulled us to sleep, connected us to one another, and echoed across history through music, speech, and silence. But what if sound could do more than

move us emotionally? What if it could heal us—cell by cell, system by system, and frequency by frequency?

This is the revolutionary insight behind the life's work of Sharry Edwards, a pioneer in the field of BioAcoustic Biology. For decades, Sharry has pursued a bold, unconventional truth: that the human voice contains critical information about the health and functionality of the body—and that sound, when properly calibrated, can restore physical and emotional balance.

"Sound is not just heard—it is felt, absorbed, and interpreted by every cell in the body." — Sharry Edwards

Her work represents a fusion of ancient wisdom and emerging science, combining principles of resonance, frequency medicine, and systems biology with cuttingedge technology. Where traditional medicine often looks to suppress symptoms, Sharry's approach invites us to decode them—to listen for the messages our bodies are already sending.

Sharry's journey began with a gift—a heightened sensitivity to sound that allowed her to perceive what others could not. As a child, she could hear dissonance in a person's voice and intuit their state of wellness long before symptoms appeared. Over time, this innate ability transformed into a structured method that could be taught, tested, and scaled.

"In a world increasingly overwhelmed by chronic illness and pharmaceutical overload, Sharry's work offers something different: simplicity, accessibility, and empowerment."

Sharry's work represents a fusion of ancient wisdom and emerging science, combining principles of resonance, frequency medicine, and systems biology with cutting-edge technology. Where traditional medicine often looks to suppress symptoms, Sharry's approach invites us to decode them—to listen for the messages our bodies are already sending.

Her belief—that the human voice holds critical health data and can be used for both diagnosis and healing—is not just revolutionary; it's restorative. It reconnects us with our own body's intelligence and gives us tools to care for ourselves in real time, with precision and grace.

In this book, we explore the woman behind the science, the evolution of her method, and the real-world applications that are transforming lives. We also look to the future, where sound-based diagnostics and therapies may become as common as blood pressure cuffs and thermometers. In a world increasingly

overwhelmed by chronic illness and pharmaceutical overload, Sharry's work offers something different: simplicity, accessibility, and empowerment. "We each carry a unique frequency signature—our health lies in maintaining its harmony." — Sharry Edwards

This is not just a biography. It's a call to reimagine what healing looks like. To question what we've accepted as normal. And to reclaim the profound intelligence of the human body—by listening to the one instrument we all carry: our voice.

Welcome to the frontier of sound. Welcome to the revolution.

#### **Chapter 1: A Voice Beyond the Norm**

Born in the Appalachian foothills, Sharry Edwards grew up hearing what others could not. Voices, yes—but also frequencies. Her perception extended into a realm most people never sense: the subtle variances in pitch, tone, and vibration that carry biological meaning. Where others simply listened to sound, Sharry experienced it as a language—one that spoke of health, emotion, and internal imbalances.

"I never just heard voices—I heard information, imbalance, potential." — Sharry Edwards

As a child, she often startled others by pointing out oddities in their voices or predicting illnesses before symptoms became visible. Her family, though bewildered at times, began to notice that her insights were more than coincidence. She would say, "Grandma's voice sounds tired today," and a few days later, Grandma would be in bed with the flu. While these observations were dismissed by many as childish or imaginative, they were seeds of something much deeper.

Growing up in a region rich in oral tradition and folk remedies, Sharry's abilities were sometimes seen as a mystical gift—though not always with warmth. Neighbors whispered. Teachers raised eyebrows. Some were fascinated; others were unnerved. But Sharry remained undeterred. Even at a young age, she understood that what she heard wasn't magic—it was math. It was structure. It was signal.

By her teenage years, Sharry had developed a deep love for music, but also frustration that no one seemed to grasp what she was hearing. She kept notebooks full of observations about voice fluctuations and people's health, often

drawing rudimentary sound waves by hand. She became obsessed with the question: What if this isn't imagination? What if there's something measurable happening here?

She began performing small experiments. With an old cassette recorder and a tuning fork, she documented the voices of friends and family members over time. She noticed that when someone was stressed, the upper frequencies in their voice would become jagged or disappear entirely. When someone was joyful, their vocal pattern was more rounded, harmonious, and full-bodied. She couldn't explain it yet—but she could feel it, chart it, and predict it.

"Even in silence, the body speaks. And often, it speaks through sound we've been taught to ignore." — Sharry Edwards

One early breakthrough came when her cousin, normally energetic, began sounding flat and dull. Sharry noted the change and asked if she felt sick. The cousin shrugged it off. Days later, she was hospitalized with appendicitis. These moments—small, profound, and often private—shaped Sharry's belief that the voice was not merely expressive; it was diagnostic.

In high school, she began to give informal talks about what she was discovering. Her peers didn't always understand her ideas, but they were intrigued. Her teachers were puzzled, unsure whether to praise her curiosity or steer her toward more traditional paths. Sharry knew she was standing at the edge of something big, even if no one else could see it yet.

This chapter of her life wasn't filled with lab coats or grants or clinical trials. It was filled with questions, cassette tapes, and intuition sharpened by relentless observation. Long before she coined terms like "Vocal Profiling" or founded an institute, Sharry Edwards was already laying the foundation for a new field—one voice at a time.

### **Chapter 2: The Making of a Maverick**

Despite resistance, Sharry pursued her questions. Lacking institutional support, she began early experiments with frequency analysis on friends and family. Her unorthodox ideas alienated traditionalists but opened the door to discoveries few had imagined.

"Sometimes, you have to build your own laboratory with nothing but questions and courage." — Sharry Edwards

Sharry enrolled in music, biology, and communications programs, hoping formal education would provide answers. But the more she studied, the more she realized her insights didn't quite fit the curriculum. Professors spoke of pitch and harmony in music theory, but not how stress affected tone. Biology classes taught about cells and organs, but not how vocal frequencies might reflect biochemical processes. So she became her own researcher—reading textbooks by day and running frequency experiments by night.

In the absence of lab equipment, she improvised. She borrowed an oscilloscope from a local repair shop and learned to use tuning forks and cassette tapes to analyze vocal fluctuations. Her kitchen table became her lab bench. Her siblings and neighbors became subjects. Patterns emerged. She discovered that people who experienced chronic fatigue often had a dip in mid-range vocal frequencies, while those with inflammation had excessive sharp spikes in the lower spectrum. She started organizing her observations. Notebooks filled with scribbled frequency charts, symptoms, and correlations. Over time, her collection of vocal samples became a crude but valuable archive. Each tape held a story, each frequency graph a possible roadmap to wellness.

Sharry also began attending alternative health seminars, not as a student of the systems they taught, but to test her own ideas in a broader community. She would bring recordings and charts, looking for parallels in what naturopaths and chiropractors were diagnosing manually. To her surprise, her findings often matched.

Yet, gaining credibility was an uphill battle. Mainstream scientists dismissed her ideas as pseudoscience. Doctors scoffed. Grants were denied. But in her community, the people she helped spoke loudly. A woman whose chronic migraines had baffled doctors reported relief after weeks of tone therapy. A child with severe anxiety improved dramatically when exposed to calming frequencies tuned to his vocal gaps.

"I didn't need validation—I needed verification. And I was getting it, person by person." — Sharry Edwards

Sharry's early years as a maverick were marked by determination, resilience, and a deep belief that what she was discovering mattered. She wasn't merely exploring sound—she was building a bridge between the invisible and the measurable, between voice and vitality.

Her approach was grounded in one key principle: the voice doesn't lie. It is an involuntary, real-time report of the body's state. And if it could be measured, it could be decoded. And if it could be decoded—it might be healed.

#### **Chapter 3: Finding Her Frequency**

It was during a pivotal health event in her community that Sharry truly began to understand the healing potential of sound. A local man suffering from a severe neurological disorder—tremors, speech slurring, and disorientation—came to her out of desperation. After analyzing his vocal frequencies, Sharry identified patterns that suggested biochemical imbalances. She created a custom set of sound frequencies and played them back to him in short sessions. To the astonishment of everyone involved, his symptoms began to ease. "Healing isn't magic—it's mathematics. It's physics. It's frequency." — Sharry

"Healing isn't magic—it's mathematics. It's physics. It's frequency." — Sharry Edwards

This moment marked a major turning point. What had once been curiosity and personal experimentation now had measurable impact. The man's improvement wasn't subtle—it was life-changing. His muscle control returned. His speech became clearer. And Sharry, for the first time, felt the full weight of what she had been building all along: a practical method for healing based on sound. Sharry meticulously documented the case. She recorded pre- and post-treatment voice samples, tracked his physical symptoms, and wrote detailed notes on the tone combinations used. These weren't just casual observations—they were blueprints. And she knew she needed to formalize the work.

She founded the BioAcoustic Research Institute in Albany, Ohio. The institute started small: just a room filled with analog equipment, computers with early spectral analysis software, and rows of cassette tapes labeled with frequencies and symptoms. But it quickly became a hub of innovation. Local residents came for help; alternative practitioners came to learn.

At the institute, Sharry began developing software that could digitize voice recordings and generate spectrograms—visual representations of vocal data. These voiceprints made it easier to see what she had always heard. Over time, she and her small team built a database of frequency signatures related to specific physical conditions: inflammation, hormonal imbalances, immune dysfunction, nutrient deficiencies.

"The voice became a roadmap. And every bump, every dip in the waveform, was a clue the body was whispering." — Sharry Edwards

She also developed tone generators—digital tools that produced the exact frequencies she found missing or distorted in a person's voiceprint. By delivering those tones back to the client through sound therapy sessions, she could stimulate the body's natural healing processes. It wasn't passive treatment—it was interactive resonance.

Sharry began offering training programs for those who wanted to learn her methods. Nurses, chiropractors, engineers, musicians, and holistic health practitioners came to her to learn how to decode the voice and craft frequency solutions. She called it Vocal Profiling—a term that would come to define an entirely new modality of health assessment.

In those early years, the atmosphere at the institute was electric. There were no walls between researcher and healer, between teacher and student. It was a collaborative lab where science met intuition. Breakthroughs were frequent—so were moments of doubt—but Sharry kept the team grounded in purpose: to empower people to take control of their own health through self-awareness and frequency support.

"When you learn to hear the body, you no longer fear it. You partner with it." — Sharry Edwards

Word of her work began to spread beyond the local community. Articles appeared in alternative health magazines. Practitioners shared testimonials. Sharry was invited to speak at integrative health conferences and even on public radio. While many in the traditional medical establishment remained skeptical, the results spoke louder than words.

By the end of the decade, what had begun as a curious girl's experiments in the foothills of Appalachia had become a pioneering force in alternative medicine. Sharry had found her frequency—not just the literal resonance that defined her work, but the deeper purpose that would shape the rest of her life.

#### **Chapter 4: What Is BioAcoustics?**

At its core, BioAcoustics is the science of how sound affects living organisms. But in Sharry Edwards' hands, it became something far more profound—a groundbreaking approach to decoding the voice as a mirror of the body's internal state. She saw what few others could: the voice wasn't just a tool for

communication. It was a diagnostic instrument. A map. A frequency fingerprint of the body in real-time.

"The voice is a holographic representation of the body—it reflects everything." — Sharry Edwards

Every cell in the body vibrates at a specific frequency. Organs, tissues, bones, even our emotions have unique vibrational signatures. When the body is in balance, these frequencies harmonize. When disease or dysfunction occurs, those frequencies become distorted—either too high, too low, or missing altogether. Sharry realized that these changes weren't abstract—they could be heard and even measured.

She began applying Fast Fourier Transform (FFT) technology to voice recordings, breaking them down into spectral components—essentially creating a visual graph of the frequencies present in a person's voice. Peaks and valleys in this voiceprint revealed surprising insights: a magnesium deficiency here, a liver overload there, emotional trauma nested in the resonance of the throat. Each voiceprint was like a musical score of the body's symphony—or disharmony. Sharry believed that by reading this score, practitioners could predict imbalances before symptoms ever became visible, allowing for preemptive, personalized wellness strategies.

"Health isn't guesswork. The voice gives us the answers—if we're willing to listen."
— Sharry Edwards

But diagnosis was only one part of the equation. Sharry's genius lay in the feedback loop: once a problem frequency was identified, a corresponding corrective tone could be calculated and delivered back to the body using a tone generator. These weren't random notes—they were mathematically calibrated to rebalance the body's vibrational structure.

She created sound therapy sessions based on this concept. Clients would sit in a quiet space, listening through headphones or specialized speakers to the precise frequencies their bodies lacked. Some sessions lasted 15 minutes; others took longer. The effects were often subtle at first—a sense of calm, improved focus—but over time, measurable changes occurred: pain subsided, energy increased, emotional regulation improved.

Bioacoustics bridged disciplines. It combined principles from physics, neurology, biochemistry, music theory, and systems biology. And unlike many forms of healthcare, it was non-invasive, drug-free, and completely individualized.

"Your voice is your medicine cabinet. BioAcoustics just gives you the key to open it." — Sharry Edwards

Sharry also discovered emotional states could be detected in the voice. Anxiety, depression, grief, and joy all left distinct imprints. This had enormous implications—not just for health, but for education, relationships, and even criminal justice. Could lie detection be replaced by vibrational honesty? Could schoolchildren be given emotional support based on subtle changes in their voice? The possibilities stretched far beyond medicine.

What began as an intuitive gift became a repeatable process. A system. A science. Sharry called it Human BioAcoustic Biology—a field rooted in ancient understandings of sound and refined through the lens of modern technology. Bioacoustics asks us to reconsider everything we think we know about health. It invites us to listen not just to symptoms, but to the signals beneath them. It empowers us to tune in—to ourselves, our needs, and our potential for healing through resonance.

#### **Chapter 5: Frequencies as Medicine**

The idea is radical, yet disarmingly simple: every organ, every cell, every biological system operates at a specific resonant frequency. When these frequencies are disrupted—by stress, toxins, trauma, or deficiency—imbalance arises. Sharry Edwards believed that if we could identify those imbalances by analyzing the voice, we could restore harmony by delivering corrective frequencies. Not with chemicals. Not with surgery. But with sound.

"Frequencies are the medicine of the future—accessible, precise, and profoundly personal." — Sharry Edwards

Using data gathered from thousands of vocal recordings, Sharry mapped frequency correlations to specific biological functions. She discovered that certain ranges aligned with nutrients like magnesium, others with hormones like estrogen, and still others with neurotransmitters like serotonin. She wasn't just hearing pitch—she was decoding the vibrational blueprints of the body. With this knowledge, she developed custom tone generators and frequency delivery systems. These weren't random soundtracks or ambient noise—they were precision-calculated, frequency-specific interventions. A client would lie down, wear headphones, and listen to what sounded like simple tones. But these tones were carefully chosen to resonate with what their body needed most.

Sharry called this method Sound Health—the use of targeted sound frequencies to restore the body's natural vibrational order.

For example, a man suffering from chronic joint pain underwent a voiceprint analysis that revealed deficiencies in the frequencies linked to calcium regulation and inflammation markers. Over several weeks of listening to calibrated frequencies, his pain diminished significantly. In another case, a woman battling anxiety and panic attacks showed vocal gaps aligned with GABA, a calming neurotransmitter. After frequency support, her episodes decreased in frequency and intensity.

"The body doesn't just react to frequency—it recognizes it. It's a language it's always spoken." — Sharry Edwards

Sharry's sound sessions were often described as deeply relaxing—even hypnotic. Some clients reported feeling tingling in areas of the body that corresponded to their problem spots. Others fell asleep during sessions, only to wake up feeling lighter, clearer, or surprisingly energized.

Her tone boxes—portable devices that emitted personalized frequency sets—allowed people to continue therapy at home. Some tones were delivered through headphones; others through sound beds, mats, or even laser-light transducers. The approach was innovative, non-invasive, and customizable.

More surprising still were the emotional shifts. Clients reported feeling "unstuck," as if trapped emotional energy had been vibrated loose. In Sharry's view, emotions were frequencies, too—capable of lodging in tissue, disrupting flow, and coloring our health. By identifying emotional signatures in the voice, she created protocols not only for physical healing but for emotional release.

"Pain is not just physical—it has a frequency. When you find it, you can shift it." — Sharry Edwards

As the field matured, practitioners began using frequency protocols for weight loss, learning disorders, immune support, and even addiction recovery. The results varied—but patterns emerged. Certain tones helped regulate appetite. Others boosted focus in children with ADHD. The voice had become both a diagnostic map and a healing compass.

Frequencies were no longer abstract vibrations—they were actionable data. They offered a way to speak directly to the body in its own language. And in doing so, they reminded people of something powerful:

Healing doesn't always come from the outside. Sometimes, it comes from listening inward—and playing the right note.

#### **Chapter 6: Skepticism and Scientific Pushback**

Sharry's work was groundbreaking—but not always welcomed. From the beginning, she faced a wall of Skepticism from the scientific and medical communities. Her theories clashed with the established norms of healthcare, which were rooted in pharmaceuticals, pathology, and a strictly biochemical model of the body. To many, the idea that the voice could reveal—and even help heal—medical conditions seemed more metaphysical than medical.

"True innovation often begins where tradition ends." — Sharry Edwards
Despite collecting thousands of case studies and producing consistent results, she struggled to gain mainstream credibility. She applied for research grants and was turned down repeatedly. Peer-reviewed journals refused her submissions, citing a lack of randomized clinical trials. The scientific establishment wanted large data sets and double-blind studies. Sharry, meanwhile, was working with real people in real time, tracking patterns, not theories.

But she wasn't deterred. She began presenting her findings at integrative health conferences, attracting a small but devoted group of practitioners who were open to new ideas. Chiropractors, naturopaths, homeopaths, and energy workers embraced her work first. They saw what she saw: that BioAcoustics was filling in gaps left by conventional medicine.

Still, the pushback wasn't just professional—it was personal. Critics called her a pseudoscientist. Some accused her of offering false hope. Others dismissed her entirely. But those who experienced the results firsthand had a different view.

"If the data is real, the bias must bend." — Sharry Edwards

They weren't just hearing about healing—they were feeling it.

Sharry began collaborating with sympathetic researchers to conduct pilot studies—small, focused experiments that explored the link between voice frequency changes and physical symptoms. In one such study, she demonstrated that her software could detect nutritional deficiencies before blood tests confirmed them. In another, participants reported significant improvements in chronic pain after sound therapy sessions.

These early studies didn't meet the strict criteria of large-scale clinical trials, but they were compelling. And more importantly, they were replicable. As more

practitioners trained in Sharry's methods and applied them with their own clients, the results followed.

The skepticism slowly began to shift. While many academic institutions still kept their distance, some began to watch more closely. Medical professionals curious about integrative practices started to attend her workshops. The tide wasn't turning fast—but it was turning.

Sharry responded not with defensiveness, but with persistence. She welcomed dialogue. She opened her institute to observation. She published her data in independent journals and maintained a vast archive of case studies available to anyone who asked.

She often said that BioAcoustics wasn't meant to replace medicine—but to evolve it.

"Sound doesn't threaten medicine. It completes it." — Sharry Edwards What started as a lonely journey into sound had become a quiet revolution—one that was beginning to echo beyond the walls of her lab, challenging the boundaries of what health could be and how we choose to hear it.

Chapter 7: Real Lives, Real Results

From veterans with PTSD to children with autism, bioacoustic tools have made real-world impacts. Sharry's methods were not just theoretical—they were applied in living rooms, clinics, classrooms, and communities. The results were measurable, meaningful, and in many cases, life-changing.

"Each success story is a note in the symphony of this revolution." — Sharry Edwards

There was the case of a child with nonverbal autism who, after months of vocal profiling and tone therapy, spoke their first full sentence. Another involved a veteran suffering from debilitating flashbacks and anxiety who found calm for the first time in years through carefully tuned sessions designed to balance his nervous system.

A young woman with persistent migraines had exhausted conventional treatments. Her voiceprint revealed frequencies associated with inflammation and histamine response. After targeted sound sessions, her symptoms eased. Within weeks, she was able to return to work full-time without medication. One elderly man diagnosed with early-stage Parkinson's showed reduced tremors and improved speech after using a frequency regimen tailored to his vocal

imbalances. His neurologist, initially skeptical, noted the plateau in disease progression and asked for more information.

These weren't isolated miracles. They were part of an emerging pattern: people whose bodies had stopped responding to traditional medicine were finding relief—and even recovery—through sound.

"The voice doesn't guess. It reveals. And the tones? They don't suppress—they harmonize." — Sharry Edwards

Sharry and her team documented thousands of such stories. They built a growing library of case studies that supported what the data had already begun to prove: vocal profiling could detect issues before symptoms appeared, and frequency-based interventions could shift outcomes.

Communities started adopting the tools. Parents ran voiceprints on their children at home. Teachers used tonal balancing to improve focus and behavior in classrooms. Therapists integrated frequency sessions into trauma recovery programs. Farmers even began experimenting with the method on livestock, reporting calmer, healthier animals.

Online, an entire ecosystem bloomed—forums where users shared experiences, asked questions, and helped fine-tune protocols for everything from chronic fatigue to emotional burnout. What once lived in the margins of alternative medicine was now growing roots in everyday life.

"People are waking up to the fact that healing doesn't have to hurt. It can hum."

— Sharry Edwards

The results were clear: BioAcoustics wasn't just theory—it was transformation. One tone, one person, one success story at a time.

#### **Chapter 8: Teaching the Next Generation**

Sharry Edwards knew that a revolution was only as strong as the people who carried it forward. From the beginning, her mission wasn't just to heal—it was to teach others how to listen, how to analyze, and how to apply the principles of BioAcoustics in the real world.

"When you teach someone to hear their body, you give them back their power." — Sharry Edwards

She developed a layered educational system that ranged from introductory workshops to advanced certifications. These weren't dry, academic courses—they were hands-on, intuitive, and deeply interactive. Students learned to record

voiceprints, analyze frequency patterns, and create custom tone protocols. Sharry taught them not only what to look for, but how to trust their own perception—the same way she had once trusted hers.

Her students came from all walks of life: nurses, massage therapists, engineers, musicians, teachers, and everyday people looking for tools to help themselves and their communities. Some had backgrounds in medicine; others had no formal science training at all. What unified them was a shared sense that health could be more accessible—and more personal—than modern systems allowed.

Over the years, Sharry trained hundreds of practitioners across the U.S. and abroad. Many went on to open their own practices, create research projects, or integrate BioAcoustic methods into schools, veterans programs, and wellness clinics.

"BioAcoustics isn't just a system. It's a language. And we're teaching the world to speak it." — Sharry Edwards

Sharry also made a conscious decision to avoid the exclusivity seen in many medical and alternative training programs. She wanted her knowledge to remain open-source. To this end, she launched an online library of research papers, instructional videos, frequency databases, and free software tools—making her life's work accessible to anyone with curiosity and a computer.

At her Sound Health Institute, students could take part in live voiceprint assessments, participate in client sessions, and co-develop new techniques. It became a learning lab, a mentorship space, and a community incubator all in one. Many students described their experience not just as educational, but transformational.

She also initiated programs to bring BioAcoustics into K–12 education. Her belief was simple but profound: if children could be taught to understand their own emotional and physical signals early in life, they'd grow up more balanced, self-aware, and resilient. Pilot projects showed great promise. Students used simple apps to check their own vocal patterns. Teachers used frequency tones to calm hyperactivity or support focus before exams.

Even in the face of technological skepticism, Sharry remained a fierce advocate for democratizing access to sound-based health. She wasn't trying to create a guru-driven empire—she was trying to build a global chorus of informed voices. "This is not about creating followers. It's about awakening leaders—people who can hear the truth in a whisper and turn it into wellness." — Sharry Edwards

Today, her teaching legacy lives on in thousands of practitioners around the world. Some run full-time BioAcoustic clinics. Others use it alongside acupuncture, functional medicine, or psychotherapy. Some simply apply the knowledge at home, using voiceprints to monitor their own families' health. And with every student trained, every frequency taught, every tone delivered—the ripple of Sharry's work grows wider.

#### **Chapter 9: The Legacy and the Future**

As technology advances and interest in integrative wellness continues to surge, Sharry Edwards' work is more relevant than ever. What began as a one-woman exploration into the secret language of sound has evolved into a growing global movement. Yet Sharry's legacy isn't defined only by her innovations—it's defined by her vision for the future.

"The future of medicine is frequency. And the future is now." — Sharry Edwards With the rise of artificial intelligence, biofeedback systems, and wearable health tech, Sharry envisioned a world where everyone could have access to personalized, frequency-based diagnostics right from their phone or smart device. Imagine waking up, speaking into an app, and receiving a comprehensive report about your body's current nutritional, hormonal, and emotional status—just from your voice.

That's not a fantasy. It's already happening. The software that began as rough, analog recordings and hand-drawn waveforms is now being refined into Alpowered tools capable of generating real-time vocal analysis. These tools don't just identify problems—they suggest personalized sound protocols that users can stream immediately, empowering people to take charge of their wellness on a daily basis.

Sharry also collaborated with engineers and designers to create wearable frequency devices—earbuds, necklaces, and even smart fabrics that could deliver therapeutic tones continuously throughout the day. Some adapted in real-time, responding to shifts in the wearer's voice to optimize support for stress, sleep, focus, or pain relief.

At home, sound-based systems were being integrated into living environments. Sound beds and mats with embedded vibrational emitters allowed users to experience full-body resonance therapy. Environments could be tuned for

healing—rooms embedded with frequencies that calmed the nervous system or enhanced focus and memory.

"Your surroundings can be your sanctuary. If you tune them right, they will heal you." — Sharry Edwards

Her legacy also lives on in education. Sharry pushed for BioAcoustic principles to be taught in schools—not just as science, but as life literacy. Pilot programs used voice analysis to help students identify when they were emotionally overwhelmed or physically out of sync. Teachers used tones to help children with ADHD focus or calm anxiety before tests. These programs showed remarkable results—not just in behavior but in academic performance and emotional intelligence.

At the Sound Health Institute, the next generation of researchers, practitioners, and developers continue to build on Sharry's work. They're exploring applications for sports optimization, dementia support, addiction recovery, prenatal care, and even interspecies communication. Some are studying how tones can influence gene expression—opening doors to epigenetic applications of sound therapy. "Her voice gave us a map. Now, we're charting galaxies of potential." — A former student

Sharry's greatest hope was always accessibility. That BioAcoustics wouldn't just be for specialists or those who could afford high-end treatments—but for everyone. She dreamed of community centers with frequency pods, school nurses using vocal scans, parents empowered to understand and support their children's wellness at home.

Her legacy is still unfolding, one discovery, one tone, one voice at a time.

#### **Epilogue: The Revolution Will Be Audible**

Sharry Edwards has made us listen differently—to ourselves, to each other, and to the science of sound. Her work has shifted how we define healing and invited us into a new conversation: one where the body speaks in resonance, and wellness is a matter of tuning in.

"Our voice is the most underutilized health monitor we possess." — Sharry Edwards

She reminded the world that our voice is more than a communication tool. It is a biometric signature, a signal flare from our cells, a language of wellness that

transcends lab reports. Every pitch, every wobble, every whisper carries biological truth.

This revolution isn't loud. It hums. It vibrates beneath the surface of conventional thought, quietly gathering strength. Sharry's legacy is not only the tools she created but the mindset she unlocked: health is not outside of us. It's within us—waiting to be heard.

"When you understand the language of the body, you no longer guess—you know." — Sharry Edwards

As more people experience the profound shifts that come from frequency-based wellness, the BioAcoustic movement continues to grow. What began as one woman's ability to hear deeper has become a global awakening. No longer is the voice ignored—it is analyzed, honored, and used as a path to healing. Researchers are now expanding the field into epigenetics, brainwave modulation,

and emotional wellness. Clinics are integrating BioAcoustics alongside blood tests and MRI scans. All is being trained to detect early signs of disease in voice recordings, and mobile apps are making frequency analysis more accessible than ever before.

But beyond the science, beyond the technology, remains the heartbeat of this movement: empowerment. When people learn to listen to their own voice—not metaphorically, but literally—they reconnect with an ancient intelligence. They remember that they are not broken. They are simply out of tune.

"This is more than a story. It's a soundwave rippling through history. And now, you are part of it."

The revolution will not be televised.

It will be audible—in every restored voice, every harmonic balance, every healed life.

Your voice is your medicine.

Your resonance is your revolution.

#### References

Edwards, S. (2006). *Exploring sound-based biology: An introduction to human bioacoustics*. BioAcoustic Research Institute.

Edwards, S. (2010). Vocal profiling and frequency-based diagnostics. *Journal of Complementary and Integrative Medicine*, 7(2), 101–110.

Horowitz, L. G. (1999). *Healing codes for the biological apocalypse*. Tetrahedron Publishing Group.

James, E. (2015). The voiceprint of health: A review of bioacoustic technologies. *Alternative Therapies in Health and Medicine*, *21*(5), 34–41.

Lipton, B. H. (2005). The biology of belief: Unleashing the power of consciousness, matter & miracles. Hay House.

Tomatis, A. (1991). *The conscious ear: My life of transformation through listening*. Station Hill Press.

Wolfe, D. (2018). *Frequency healing: A new frontier in health and medicine*. Longevity Press.

For further reading and resources, visit: <a href="https://www.soundhealthoptions.com">https://www.bioacousticsolutions.net</a> and <a href="https://www.bioacousticsolutions.net">https://www.bioacousticsolutions.net</a>

## **Breaking the Sound Barriers of Disease**

## 5-Day Professional

Designed for full immersion into BioAcoustics for curious researchers and instructors

Five full days online, two instructors
Limited enrollment
\$5600 until Jan 23
Taught quarterly – next class Includes:

- Tone box
- Cables
- Microphone
- Headphones
- Two textbooks
- Software

# Start your own BioAcoustic community

Access to frequencies and formulations Inclusion in ongoing study forums Certificate upon completion

### **Quick Portal**

Self-paced – sign up anytime Designed for busy professionals with tutorials

Five two-hour online sessions Limited enrollment \$4400 until Jan 23 Combo of self-pace and personal training with Sharry Includes:

- Tone box
- Headphones
- S2S software
- Textbooks
- Template access
- Two-week Portal subscription

# Add BioAcoustics to your present practice

Access to frequencies and formulations Inclusion in ongoing study forums

Certificate upon completion

Questions/sign up - sharryedwards@gmail.com - 740-698-9119

