

THE BODY WHISPERS BEFORE IT SCREAMS

(first hand report by Ananda Richtine)

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HOW IT STARTED - WHERE IT IS COMING FROM

This month's column is going to reveal a talent that I've kept hidden for most of my life. It may be unbelievable to some of you but we have hundreds of cases and witnesses who can confirm the story my granddaughter is about to reveal. I'm a mutant. I can hear frequencies others can't and vocalize pure tone; something most humans are not capable of. I think at one time, humans were capable of the same talent but as a human race, we have forgotten.

This talent has served me well, saved lives, actually, and in my opinion will change the history of our planet if it is allowed to surface publically with grace...

With all of the sabotage, theft and back stabbing that we have endured through the years, the kind of outcome reported below keeps me motivated and with it my, until now, hidden talent that keeps our company out in front of any competition. The plan is that every time someone tries to catch up with what we are sharing with the people, my talent leads us into another adventure that will help put all the pieces together.

There is a very specific kind of fear that lives inside a mother. It turns your hands cold. It sharpens your hearing. It slows time and speeds it up all at once.

Last night, I met that fear. My three-and-a-half-year-old son had a cough. Nothing dramatic. Nothing that felt dangerous. I gave him an over-the-counter medicine labeled "all natural," believing I was choosing the safest option.

Within minutes, his body began to change. His cheeks flushed deep red. His face started to swell. His breathing shifted — subtle at first, then unmistakable. His eyes looked at me differently. Not playful. Not tired. But searching.

There is a moment when a mother knows. We rushed to the doctor.



They identified early-stage anaphylaxis. Benadryl. Steroids. Monitoring, slowly, his little body began to settle.

Modern medicine did exactly what it was meant to do in that moment — and I am profoundly grateful. But when I asked what ingredient caused it, there was no clear answer. The medicine contained several natural components. There was no single identifiable trigger.

We were told to monitor him. But this hadn't started with the cough medicine. The day before he had been in the emergency room with severe stomach pain. He had rolled on the floor, clutching his belly, crying in a way that made something primal rise inside me. We were told it was constipation. We went home relieved — but unsettled.

Now, those two moments no longer felt separate. So I called my grandmother, Sharry Edwards.

The world knows her through her research and through her book, *Breaking the Sound Barrier of Disease*. They know her work through vocal print analysis — recording a person's voice and analyzing the frequencies within it to identify patterns of biological stress.

That is her formal method. But within our family, there is something more intimate.

What I call the "Familia Voice" is not her standard protocol. It is something I have watched her do with us for years — using her own calibrated voice patterns, combined with a photograph of someone she is biologically connected to, to detect resonance shifts and stress signatures without needing a direct vocal recording from the person.

I understand how that sounds a bit far fetched. All I can offer is what happened. She asked for a

recent photo of my son. A few hours later, an email arrived. She had identified the trigger.

Ivy leaf- an ingredient in the medicine I had given to my son, Kai. I hadn't noticed it. He had never ingested it before and it took me, his mother a full 48 hours of piecing things together to see it myself. Yet she had seen it immediately through the frequencies, before any symptoms, any lab, any test fully revealed it.

But she also identified markers consistent with a respiratory infection — and a bowel infection pattern. My breath caught in my throat! Because I had forgotten to tell her something critical: the day before the allergic reaction, before the cough medicine, he had been doubled over in stomach pain. That ER visit. His agony. I had not mentioned it to her.

Yet she saw it. Through sound. Through frequency. Through resonance.

The next morning, the hospital called with pending lab results. He tested positive for RSV — a respiratory infection.

She had identified respiratory stress approximately eighteen hours before the hospital confirmed it; from his picture, from hundreds of miles away. As I watched my son sleep that night, something else settled over me: Years ago, there was an article written about me titled, "Mommy, Why Do I Feel So Dumb?" Using vocal frequencies to determine what was poisoning me, changed my life!

I was once the child searching for answers inside a body that felt misunderstood. Now I am the mother searching for answers inside my child's body. The bridge between those two moments is sound. Not in opposition to medicine — because medicine saved him that night. But as a reminder

that the body communicates long before lab results catch up.

Biology is not random noise. It is organized communication. And sometimes, the body

whispers in frequencies before it screams in symptoms. And sometimes, if we know how to listen, the information provided by sound frequencies does not lie.

SOUND HEALTH NOTES FOR JUNE 2026

On this planet we are all influenced by frequencies coming at us from our solar system. The listing below is our attempt to forewarn the public of what influences will be active for the month of June.

Musical Note Association: D

Color Association: Orange

Astrological Association: Gemini

June 1-7

The eyeball and a cataract gene appear this week along with progesterone, a major reproductive hormone and are all active now. DHT (a sex hormone associated with the prostate gland), adiponectin (helps regulate glucose levels), and glutamate (an excitatory neurotransmitter) are all fighting for your attention. Prepare to feel a bit scattered.

Toxin: Those poisoned with Agent Orange (Vietnam era) may experience abnormal reactions; Aspartame and MSG come into play this week. You may have additional issues with diet drinks and Chinese (MSG-laced) food this week. May cause foggy, difficulty thinking and fatigue.

Muscle in stress this week: Platysma – it is located beneath the chin and extends downward to the chest. A double chin is located here and is often associated with low progesterone.

June 8-14

Gonadotrophin Releasing Hormone (gestation and pregnancy related) is responsible for the release of follicle-stimulating hormone and luteinizing hormone from the anterior pituitary.

Muscles in stress for the next few weeks – toes and back of neck.

Starches and carbohydrates may be more difficult to digest because Amylase (the enzyme that helps break down starch and carbs) is in stress for the next several days. Your ability to deal with Amylase stress may depend on your brain dominance – right brainers show the most difficulty.

A gene responsible for using sulfur at a cellular level (SUOX) comes up the end of the week. Sulfur protects the body against invading pathogens and is incredibly important as a constituent of connective tissue and the immune system.

Grain mold frequencies are active now. There are many articles on detoxing that can be found on the internet.

Berberus, an herb, may help lower blood pressure and control blood sugar levels.

Fosinopril, a medication for hypertension, is also active this week. Watch reactions of over- or under-dosing.

The human obesity gene begins to surface this week along with the parathyroid hormone (energy-related). It may be harder to start a diet or keep energy up.

Choline, a great brain booster, comes into play now. Choline has been shown to help increase focus and allow for greater cognition. It is also an excellent moderator of estrogen. Getting rid of excess estrogen that accumulates from our diet and lifestyle is important; especially for older men. Prostate issues were prominent last month with high estrogen being a cause.

June 15-21

Allergies begin to creep in this week as histamine-related issues emerge making way for respiratory viral invasions. Vitamin D receptors need to be active now to help support the immune system.

Glycine, an amino acid that helps treat insomnia and an enlarged prostate, is active now along with iron and B1. Sphingosine, a lipid responsible for transport signaling, is also active, as is Transthyretin, a protein involved in fluid transport. Your extremities may feel a bit sluggish.

Codeine becomes active the end of the week. Its painkilling benefit may be more or less than usual depending on brain dominance.

June 22-28

Guanine is a nucleobase found in nucleic acid, DNA – BioAcoustic research shows that stress of this nucleotide is associated with sensitivities to milk protein.

Other biochemicals in stress this week include bioflavonoids, Hesperidin, Quercetin (touted as a good item to combat Covid), manganese, Xanthine, Iron, and Arachidonic acid.

Spine in Stress – C-4 – nose, hips, mouth, Eustachian tubes

S-4 – hips, buttock

T-9 – adrenals

Muscles – still in stress – the back of the neck

Meds: Tylenol

Keratin, a major constituent of skin, hair and nails, is in stress for the next ten days or so. There are a lot of gummy products on the market labeled Hair, Skin, Nails – might be worth your attention this week.

Capsaicin, the active component of chili peppers, is activated until the first week of July. They may burn more going down but are known for being great for circulation and the heart.

Watch for indications of Chlamydia Pneumonia (labored breathing/stress). Chlamydia Pneumonia attacks the heart sac and can sometimes cause extra tooth plaque.

Cocaine and Scopolamine (both mind altering chemicals) are active until the end of the month.

Last few days of June 2026 into July

Adrenals are due for stress these last few days of June especially if you have sensitivity to gluten.

Dopamine, a feel-good biochemical, is stressed into the beginning of July.

Medicine in stress for this time includes some antidepressants. So, you may experience some emotional ups and downs – just know it is not coming from you but at you and it will be over by mid-July.

Nutrients in stress: niacin, glutathione and again, iron imbalances.

The future of BioAcoustic Vocal Profiling

Vocal profiling, as a form of biometric health assessment, is projected to be a growing area of interest in 2026, potentially valued in the hundreds of millions globally, particularly as AI-

driven voice diagnostics become more integrated into digital health platforms and early disease detection efforts.

How much will vocal profiling be worth as a health support in 2026?

The global market for vocal analysis services, encompassing voice analytics, speech recognition, and related technologies, is annual growth rate (CAGR) of 19.9% from 2024. [The Business Research Company](#)

Market Overview

Voice Analytics Market: Expected to grow from \$1.3 billion in 2024 to \$1.54 billion in 2026, with a CAGR of 18.5%. [The Business Research Company](#)

Voice and Speech Recognition Software Market:

Anticipated to reach \$31.82 billion by 2026, driven by the rising adoption of voice-activated systems in various sectors. [Grandview Research](#)