

Using computerized voice analysis to reveal wellness status

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The body is constantly communicating. It communicates through pain, fatigue, movement, temperature, breath, posture, chemistry, and emotion. Human BioAcoustic Biology proposes that the human voice may be another channel of that communication — not merely speech, but biological information expressed through sound. The body is not the problem. The body is the messenger.

That idea is simple enough for everyone to participate, yet expansive enough to encompass an entire new field of exploration. BioAcoustic communications can allow us to listen to what the body is saying!

It's simple. It's not a claim of diagnosis. It's not a claim of cure. It is an invitation to listen. If pain, fatigue or anxiety is present, the body is communicating. If a voice changes, the body may be communicating.

The challenge becomes: How do we learn the language? And suddenly BioAcoustics becomes less about frequencies and more about translation.

For centuries medicine has focused on symptoms. BioAcoustic Biology asks a different question: What if symptoms are messages? What if the body is not failing to communicate? What if we are failing to understand the communication?

We could define Human BioAcoustics as: The study of relationships between human-

produced vocalizations, biological function, physiology, behavior, and health. That definition stays broad enough to encompass:

- voice analysis,
- otoacoustic emissions,
- speech patterns,
- autonomic nervous system effects,
- emotional expression,
- physiological monitoring.

Now we're in a completely different conversation. Not: How do we govern the body? But: How do we listen to the body?

That feels incredibly aligned with everything we've been uncovering through the information shared within this column:

- Acoustic Biology
- Human BioAcoustics,
- Math as Medicine,
- and the idea that mathematics may allow us to see wellness relationships across many layers.

Then specifically under Human BioAcoustics:

- Voice-based physiological assessment
- Vocal biomarkers
- Frequency-equivalent mapping
- Personality and perception analysis through math
- Otoacoustic research
- BioAcoustic Biology

In that framework, BioAcoustic Biology becomes a specialized branch of Human BioAcoustics that may become a systems approach to Voice-Derived Biological Assessment.

Human BioAcoustics is the scientific field. BioAcoustic Biology is the specific methodology and framework developed for the public to distinguish anonymous physiognomies.

It is often said that the body ultimately heals itself. Math is a language that supports that idea beautifully. The practitioner and technology don't become the heroes. The body becomes the hero. BioAcoustics simply becomes a way of listening. That's elegant and it is available to each of us in support of the proposition of SELF-HEALTH. The premise allows us to explore and become responsible for individual maintenance.

The body is not the problem. The body is the messenger.

In the beginning we went to the National Institute of Health under the wings of Burton Goldberg, known as "the voice of alternative medicine." There we were instructed to compile case studies demonstrating our outcomes which has led to a large, searchable database that we have turned into a WorkStation open to the public.

So if you have weight management issues, go to SoundHealthPortal.com and have your vocal frequencies evaluated for abnormalities compared to hundreds of others who may also have weight management issues. Over 300 templates are available on a rotating basis that can be used by the public.

The portal includes a plethora of topics including some of the most prevalent issues plaguing our current populations: vascular faults, fatigue,

gout, fibromyalgia, infertility, thyroid imbalances, metabolism issues, Covid assessments, aging, brain conditions, immune conflicts, pain... Predictive medicine capabilities have been particularly supportive to help prevent sports injuries. Parkinson's templates have been accumulating for four decades.

Personality assessments are available on the Portal that may help in making difficult decisions.

These nanoVoice reports have the potential to reveal what will bring frequency balance to your being.

Decades of time and dedication have resulted in protocols we want to share because we feel the public will benefit greatly by knowing themselves more innately.

From ancient Pythagorean theories, through the earliest math models to conventional medical wisdom we have amassed information that will carry us toward a more vibrant future.

Whoever controls your health, controls your quality of life and we want that person to be you. We invite you to claim dominion over your own health and create your individualized profile, participate in our classes so that you can bring this new paradigm of wellness to your family and community.

As we work together with many modalities, we want to practice cooperation as we realize there are certainly enough sick people to go around.

Vocal Profiling Link: SoundHealthPortal.com
Class Catalog: <https://tinyurl.com/mvwxncyr>
BioAcousticSolutions.net
SoundHealthOptions.com

SOUND HEALTH NOTES FOR AUGUST 2026

Frequencies bombard the earth in a yearly cycle. Here, we attempt to report active frequency correlates for each week/month. Sensitive people will begin to notice the effects 8-10 days earlier than posted.

Keynote August 2026

Astrological association: Leo

Color association: Yellow

Musical note association: E

For most of August the muscles of the neck and upper back will be stressed along with B vitamins and their co-factors. Expect fatigue unless you load up on B vitamins and B vitamin containing foods. The literature suggests that NAD, a supplement, is great for those suffering from fatigue.

Jul 26 – Aug 1 – Iron comes into play this week, further exacerbating fatigue symptoms.

Cellular inflammation initiates this week. There are lots of articles about anti-inflammatories on the internet. Breathing may become strained as the diaphragm frequencies come into play.

Nerve sheathing proteins and biochemicals are active, including actin and myosin associated with Tinnitus. GLP-1 associated frequencies, Ozempic, Wegovy... come into play August 2.

Aug 2-Aug 8 – This is “*be kind to your liver*” week. It is working overtime to produce the enzymes and hormones that you need.

Lyme's pathogen frequencies begin to come active this week.

Aug 9-Aug 15 – Herpes Simplex, Hepatitis pathogens are active this week. Stress on B vitamins continues. Inflammation frequencies deepen.

The Vitamin K gene, along with Selenocysteine (enzymes and detox) and gout-causing biochemicals come into play at the end of the week.

Aug 16-Aug 22 – Allergic reactions bloom this week. Control of mast cell reactions will be tricky. Tooth plaque will be more noticeable. Iron and nerve sheathing issues may be as well – neuropathy and restless leg symptoms for example may be more bothersome.

Spine issues this week are associated with the neck vertebra, C-2, Thoracic – spleen, pancreas, gallbladder (T-7), prostate, and legs (S-2) – lower spine.

MSG and artificial sugars, as toxins, may cause increased brain fog until the end of the month.

Aug 23-Aug 29 – Some beginning throat and tongue irritation may be noticeable. More flu-like symptoms may appear as hemorrhagic virus spike proteins become more active causing clotting influences. Abdominal muscles become stressed and may cause more low back pain.

Several issues that deal with male sexual performance are beginning to climb. B1 is more stressed than other B vitamins this

week. Boron, a mineral (known to support bone health and alleviate arthritis pain), is activated this week.

It will depend on your brain dominance how you react to these frequencies. Play it safe and pay attention to your body's responses.

Author questions/comments:
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We are very thankful you read our information. Our goal is to provide information regarding Self-Health. We want to support those who want to take responsibility for their own wellness choices. Our latest campaign concerns weight management. Are you one of the people who just can't seem to lose weight?

Please share our ten part series about weight management published in *Masters of Health Magazine* – Dec 2024 – Oct 2025.

Ask about our public weight management classes.

To get the best results from the training, join our online WorkStation at SoundHealthPortal.com using a Guest or Apprentice Subscription. This is the site that houses all of our templates and much of our work.

Clients visit here first to share vocal prints. It can be accessed worldwide via the internet. Preliminary subscriptions are free for two weeks then \$20 a month is assessed to access and store your data. We are thinking of including additional advanced classes to help you work with clients.